

MCM DAV College for Women, Sector- 36/A, Chandigarh
Department of Psychology (Monthly Teaching Plans 2023-2024)

Name of the Teacher: Dr. Nitasha Khehra

Class: MA I (Semester I)

Subject: Theories and Systems of Psychology (Paper I)

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	16.08.2023	11.09.2023	Unit1: Nature, History and Status of Psychology as a Science.	Ice Breaking, Discussion of Syllabus, Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
2	12.09.2023	08.10.2023	Unit 4: Current Theoretical Developments: Cognitive (Information processing), Neurocognitive Science, Developmental perspective (Piaget), Social Learning (Bandura), Indian Perspective.	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
3	09.10.2023	04.11.2023	Unit 2: Schools of Psychology: Structuralism, Functionalism, Behaviorism, Gestalt, Classical Psychoanalysis (Freud).	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
4	05.11.2023	30.11.2023	Unit 3: Theoretical Perspectives in Psychology: Psychodynamic (Neo Freudians – Adler, Jung), Behaviouristic (Pavlov and Skinner), Humanistic- Existential (Maslow, Rogers, Rollo May), Field Theory (Lewin).	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh
Department of Psychology (Monthly Teaching Plans 2023-2024)

Name of the Teacher: Dr. Nitasha Khehra

Class: MA I (Semester II)

Subject: Theories and Systems of Psychology (Paper II)

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	09.01.2024	06.02.2024	Unit 1: Personality Theories: Erickson, Fromm, Murray, Eysenck, Cattell, Costa and McCrae, Kelly.	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
2	07.02.2024	06.03.2024	Unit 4: Motivation: Need theories (McClelland), Content theories (Maslow, Herzberg), Cognitive theories (Lewin, Vroom, Porter and Lawler).	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
3	07.03.2024	03.04.2024	Unit 3: Learning: Pavlov, Skinner, Guthrie, Tolman, Hull, Bandura.	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
4	04.04.2024	01.05.2024	Unit 2: Intelligence and Creativity: Intelligence; Guilford, Cattell, Sternberg, Emotional Intelligence (Meyer and Salovey and Goleman). Creativity: Freudian, Psychometric, Humanistic-Existential and Associationistic view points.	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh
Department of Psychology (Monthly Teaching Plans 2023-2024)

Name of the Teacher: Dr. Vidushi Jaswal

Class: MA I (Semester I)

Subject: Social Psychology (Paper –II)

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	16.08.2023	11.09.2023	Unit 1: Social Psychology as a Science: Nature and History. Social Learning Theories: Field, Role and Exchange, Developmental views of Self: Erikson, Sullivan and Rogers.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	12.09.2023	08.10.2023	Unit – 3 Social Learning. Impression formation. Theories of Attribution: Kelly, Weiner, Jones and Davis.	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	09.10.2023	04.11.2023	Unit- 2: Socialization Agents; Socialization in families with a Special child. Impact of culture on socialization.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	05.11.2023	30.11.2023	Unit – 4 Interpersonal Attraction : Concept, determinants. Personal Relationships : Self disclosure, Relationship maintenance. Review and revision of Syllabi for Semester Exams	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh
Department of Psychology (Monthly Teaching Plans 2023-2024)

Name of the Teacher: Dr. Vidushi Jaswal

Class: MA I (Semester II)

Subject: Social Psychology

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	09.01.2024	06.02.2024	Unit – 4 Social Power. Theories of Leadership: Situation approach, Trait approach, Functional approach and Fiedler’s contingency model of leadership effectiveness. Leadership Styles : Autocratic, Democratic, Task Oriented, People Oriented.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	07.02.2024	06.03.2024	Unit – 3 Groups : Types, Group Cohesion. Group Behaviour : Conformity, Obedience and Compliance. Group Antagonism : Prejudice (Nature, cognitive biases, strategies to reduce prejudice).. Impression formation.	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	07.03.2024	03.04.2024	Unit 1: Altruism and Prosocial Behaviour : Concept, Theoretical perspectives (Sociocultural and Learning). Learning to help : Seeking and receiving help. Factors affecting Helping Behaviour : Internal and Situational. Caregiving : Concept, types and its impact on caregiver.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	04.04.2024	01.05.2024	Unit – 2 Aggression : Nature, causes, control. Violence; Family Violence; Intimate Partner Violence: Nature, Causes and Interventions. Review and revision of Syllabi for Semester Exams	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh
Department of Psychology (Monthly Teaching Plans 2023-2024)

Name of the Teacher: Ms. Aditi Kaushish

Class: MA-I (Semester I)

Subject: Experimental Psychology (Paper –III)

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	16.08.2023	11.09.2023	UNIT-I Classical Conditioning : Basic phenomena, Temporal relations, the Rescorla-Wagner model, Opponent Process theories and Classical conditioning. Operant Conditioning : Basic phenomena, Reinforcement Schedules and their Experimental Analysis.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	12.09.2023	08.10.2023	UNIT-II Avoidance and Punishment : Two-factor theory and one-factor theory, Learned helplessness, punishment. Problems of Reinforcement : A Re-evaluation of the Stop-Action Principle, the Role of the Reinforcer, Prediction of a Reinforcer.	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	09.10.2023	04.11.2023	UNIT-III Biological Constraints on Learning : Attacks on the contiguity principle, Attacks on the equipotentiality premise, Heredity in Operant Conditioning , the General-Principle approach to learning.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	05.11.2023	30.11.2023	UNIT-IV Stimulus Control and Concept Learning : Generalization gradients, Absolute or Relational Stimulus Control, Errorless Discrimination Learning, Concept Formation.	Classroom Discussion, Review and revision exercises, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh
Department of Psychology (Monthly Teaching Plans 2023-2024)

Name of the Teacher: Ms. Aditi Kaushish

Class: MA-I (Semester II)

Subject: Cognitive Psychology

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1.	09.01.2024	06.02.2024	UNIT-I Pattern Recognition: Theories of pattern recognition, Top-down processing and Pattern recognition.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
2.	07.02.2024	06.03.2024	UNIT-II Attention : Divided and Selective attention, Feature Integration Theory, Neural Basis of attention.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
3.	07.03.2024	03.04.2024	UNIT-III Neural mechanisms of memory; Synapse and neural circuits, Formation and storage of memory, Role of long term Potentiation..	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any
4.	04.04.2024	01.05.2024	UNIT-IV Imagery : The Characteristics of Mental Images, Cognitive maps. Review and revision of Syllabi for Semester Exams	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any Review and revision exercises

MCM DAV College for Women, Sector- 36/A, Chandigarh
Department of Psychology (Monthly Teaching Plans 2023-2024)

Name of the Teachers: Dr Neha Pandeya / Ms. Deepsimran Kaur Ajnoha

Class: MA I (Semester I)

Subject: Research Methodology (Paper-IV)

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	16.08.2023	11.09.2023	Unit 1: Nature of Research in Psychology: Psychology as a science: Types of Variables; Review of literature; Research design (Definition and Types); Selection and formulation of research problem and hypotheses.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	12.09.2023	08.10.2023	Unit – 3 Special Correlation Methods: Biserial correlation; Point Biserial; Tetrachoric and Phi-Coefficient correlation	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	09.10.2023	04.11.2023	Unit – 4 Non-Parametric Techniques: Sign test, Wilcoxon Test; Mann Whitney U test; Kruskal Wallis and Friedman Tests.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	05.11.2023	30.11.2023	Unit – 2: Research Techniques: Naturalistic Observation: Field studies; Survey Research: Features, uses and limitations of surveys, steps in survey research and survey instruments. Review and revision of Syllabi for Semester Exams	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh
Department of Psychology (Monthly Teaching Plans 2023-2024)

Name of the Teachers: Dr Neha Pandeya

Class: MA I (Semester II)

Subject: Research Methodology (Paper-IV)

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	09.01.2024	06.02.2024	Unit – 1 Scales of Measurement : Nominal, Ordinal, Interval and Ratio; Experimental Method; Ethics of Psychological Research.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	07.02.2024	06.03.2024	Unit – 2 Assessment Techniques : Case study, Interview method; Sociometry. Ex Post Facto Research Technique and its applications. Sampling theory and its techniques.	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	07.03.2024	03.04.2024	Unit – 3 Advanced correlation methods; Multiple Correlation; Partial Correlation; Simple Regression Equation.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	04.04.2024	01.05.2024	Unit – 4 Factor Analysis : Basic Assumptions; History and applications of Factor Analysis; Centroid method of factor Extraction; Rotation; Interpretation of factors.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.