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Azadi Ka
Amrit Mahotsav



ऊर्जा

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A SKILL DEVELOPMENT INITIATIVE



2022-23

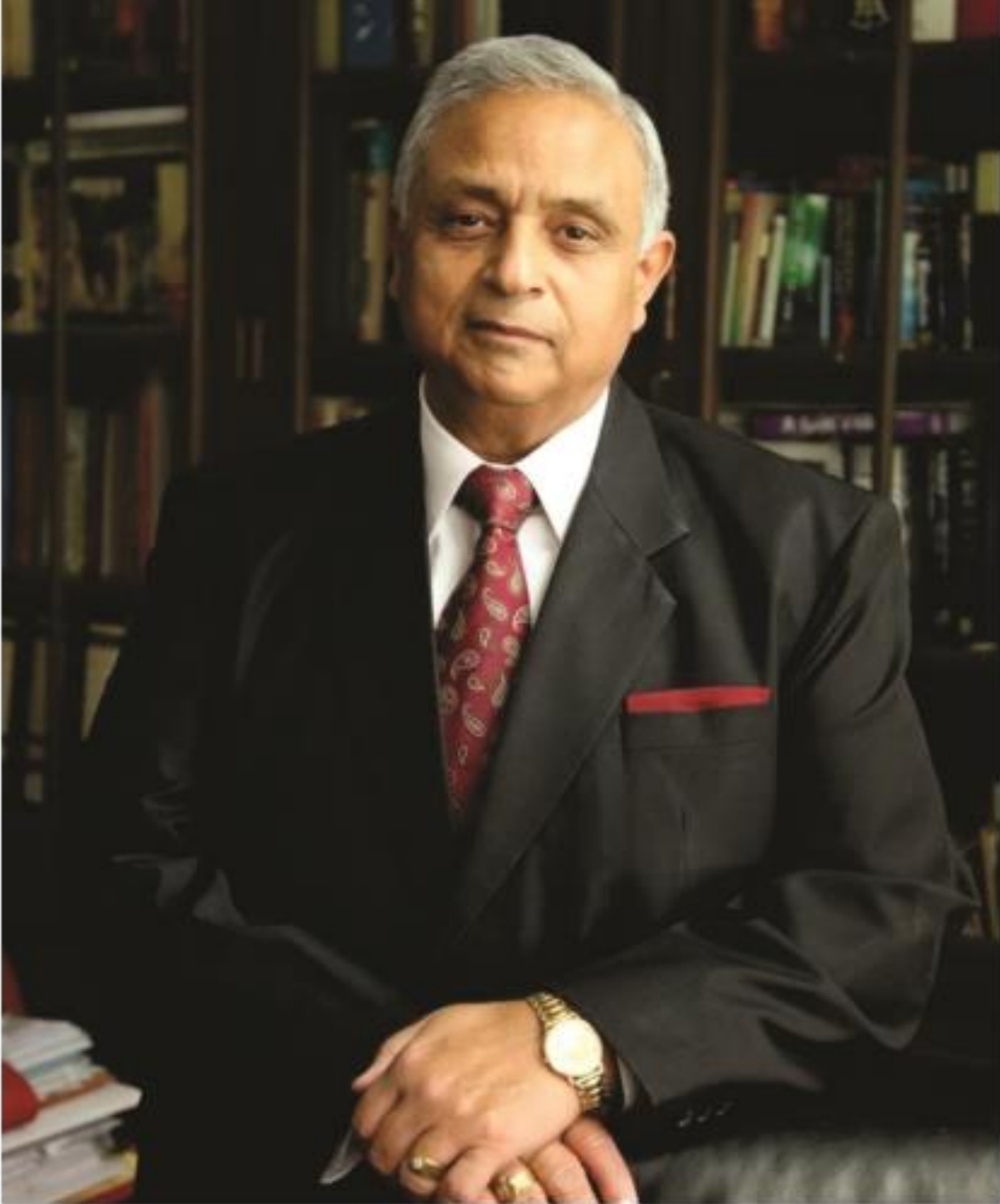
Mehr Chand Mahajan DAV College for Women
Sector- 36A, Chandigarh

Our Beacon of Light



MAHARISHI SWAMI DAYANAND SARASWATI

Our Guide and Mentor



*Dr. Punam Suri Ji, Padma Shree Awardee
Hon'ble President
DAV College Managing Committee
New Delhi*

Principal's Message

Our institution is committed to the holistic well-being of our students and honing their skills and talents is one of our major objectives. I feel happy that the unique initiatives of our skill development committee are consistently showing great results. The committee continues to innovatively plan various activities for enhancing skills in not only the fields of science and technology but also in the areas of humanities, social sciences, business management and commerce. The report generously showcases the creative genius of the skill development team led by Dr Gurvinder Kaur. I express my gratitude to her team for their consistent efforts towards empowering our girls with diverse skills. I express my deep sense of gratitude to our mentor Dr Punam Suri Ji, Padma Shree Awardee, our hon'ble president for being our guiding light, Shri H R Gandhar, Hon'ble Vice President and Senior Governing Body member for his guidance and motivation, Shri Shiv Raman Gaur, Hon'ble Director Higher Education for his motivation and support. May our Skill development initiatives continue to broaden the horizons of our girls, may they continue to rise and shine!



Nisha

Dr. Nisha Bhargava
Principal



Message from Chief Coordinator

It's a matter of great pride for India as it dons the mantle of G-20 Presidency in the year 2022-23 as also becomes the crucial force in declaration by UN of 2023 as the International Year of Millets.

The two milestones reiterate Government of India's emphasis on skilled India. The College takes pride in being a part of this phase of history being written for the generations to come. All the skill imparting workshops during the year aimed at giving theoretical as well as hands on training on various pertinent issues, thus exposing students to diverse possibilities of self-employment and jobs.

I am grateful to esteemed Principal, Dr. Nisha Bhargava for her able guidance, initiative and support for all the activities and events. I express my gratitude to incharges of various Departments and Committees/ Cells who organize these programs, and provide the relevant data and information. A heartfelt thanks to the report team of Skill Development Committee deserves for the meticulous and diligent efforts put in for compiling the report. On behalf of the report making team, I extend gratitude to the office staff for their cordial assistance.

Gurvinder Kaur

**Dr. Gurvinder Kaur
Chief Coordinator
Skill Development Committee**

Editor in Chief



Dr. Nisha Bhargava

Editor



Dr. Gurvinder Kaur

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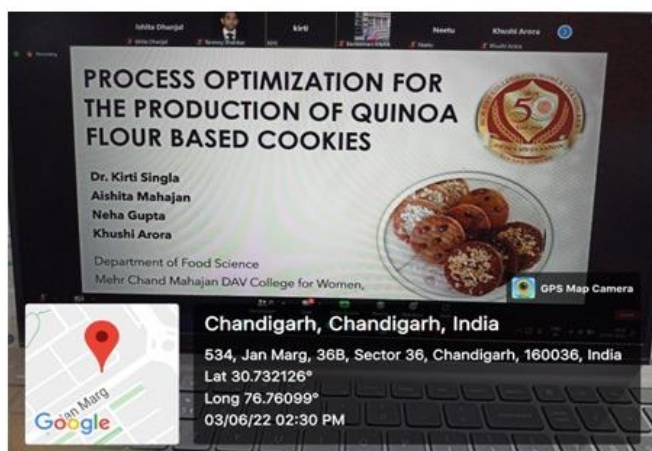


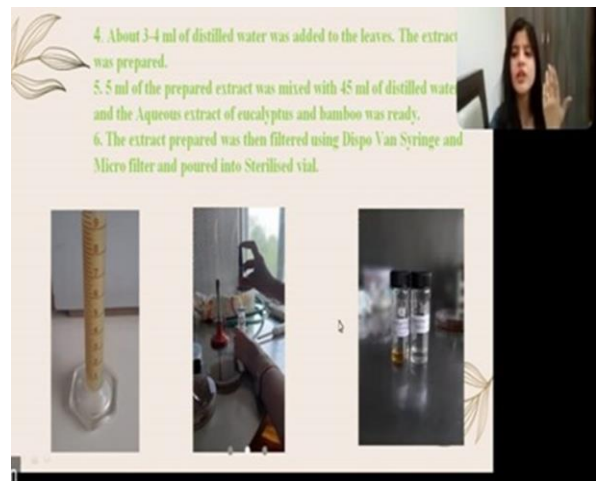
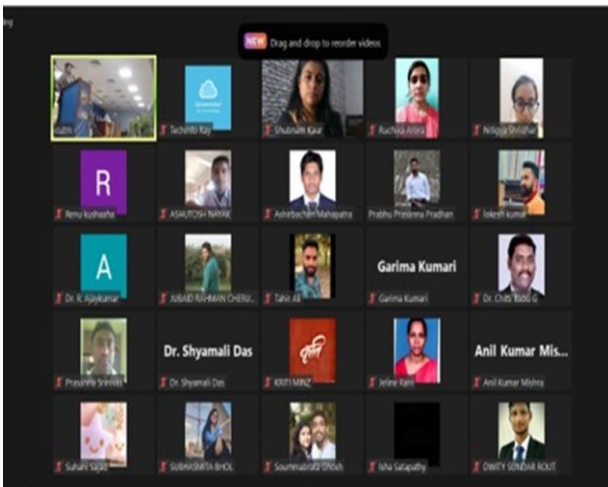
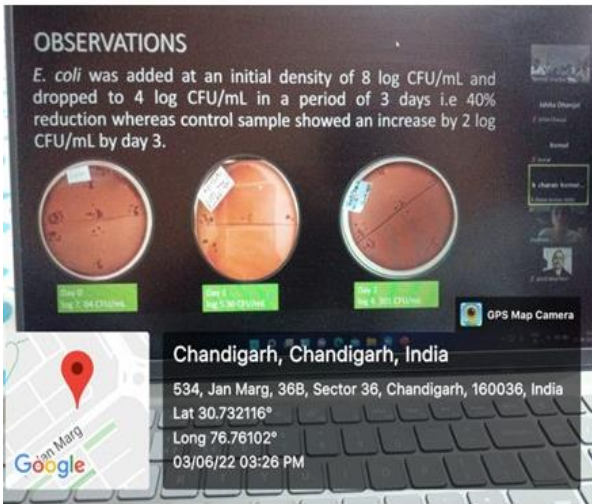
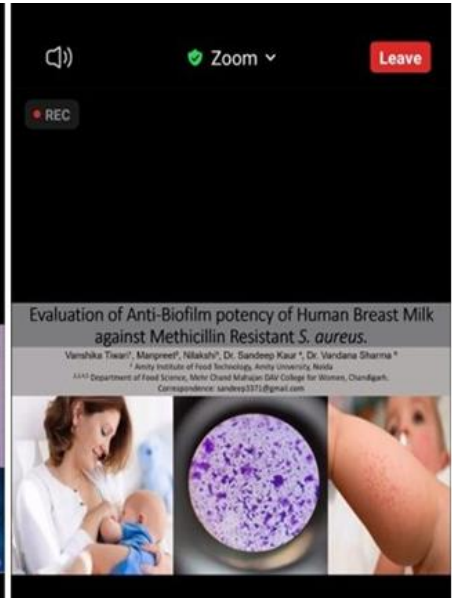
Ms. Sunita Kumari

SKILL REPORT 2022-23

Enhancing Scientific Skills

With the primary objective of enhancing the scientific skills of students and to promote awareness on crucial topic of Environment sustainability, a total of 24 students of BSc.(MFT)-III year along with three faculty members of the Department (Dr. Vandana Sharma, Dr. Sandeep Kaur and Dr. Kirti Singla) actively participated in the 5th International Conference on Advances in Agriculture Technology and Allied Sciences (ICAATAS- 2022) on June 4-5, 2022 (Hybrid mode) organized by the Society of Agriculture Research and Social Development, MS Swaminathan School of Agriculture, Centurion University of Technology and Management, Paralakhemundi, Odisha and Association of Rice Research Workers (ARRW), NRRI. All the students presented their undergraduate research work by giving oral presentation in the conference. The students presented their research projects done on various topics related to environmental conservation, waste management, water remediation, food preservation and safety, antibacterial effect of eucalyptus and bamboo extracts, novel food products etc. The students were enthusiastic about the entire event and more such conferences will help them to get apprised about the newer ideas and technologies being discovered and worked upon as possible solutions towards environment remediation by exploring the potential of microbes and their by-products.





Basic Practical Chemistry: Fundamental Facts and Applications to Modern Life

PG Department of Chemistry, MCM DAV College for Women organized a skill based seminar on **Basic Practical Chemistry: Fundamental Facts and Applications to modern life** on 25th Aug, 22. The Resource persons of the event were **Mr. Sachin Kumar and Mr. Sahib Singh, co-founders RANCHO CHEMISTRY**, Sector 11-C, Chandigarh. A total of 109 students and 16 Faculties were participated in the seminar. The seminar covered some basic and interesting concepts from Inorganic, Organic and Physical Chemistry. In this seminar the experiments based on Tomato going red-less spectroscopy, Role of Chiral Centre in our life: Laevo and Dextro- Cetirizine, Kidnapping medicines: Chloroform, Branching Medicine Chemistry, Theory of hot and cold, Thermodynamics of burning balloon and hydrophobic world were shown to students. This seminar gave important insights to the students about hands on experiential learning about the basic theoretical concepts of chemistry. Principal Dr. Nisha Bhargava applauded the efforts of the department and emphasized that such seminars will inculcate the spirit of science and students will be more inclined towards the subject.



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Mehr Chand Mahajan DAV College for Women
Sector 36-A, Chandigarh (U.T.)

Post Graduate Department of Chemistry
organizes **Skill-based activity on**
Basic Practical Chemistry:
Fundamental Facts and Applications to Modern Life
The workshop covers some basic and interesting concepts
from inorganic, organic and physical chemistry

*Experience the magic of Chemistry
and we promise to never Bore you!!*



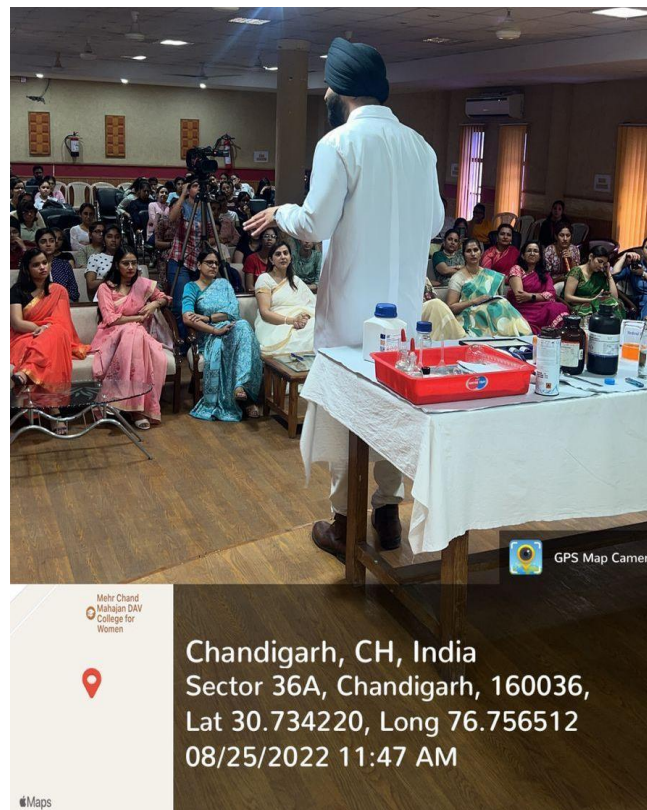

Resource Persons:
Mr Sahib Singh
Mr Sachin Kumar
Cofounders - Rancho Chemistry
Sec 11-C, Chandigarh (U.T.)

Date: 25 August 2022 | Time: 11:00 am | Venue: Multimedia Hall

Dr Rishu & Dr Aanchal Batra
Coordinators

Dr Shefali Dhiman
Co-convenor

Dr Nisha Bhargava
Convener & Principal



MCM holds workshop on practical Chemistry

August 29, 2022 03:23 PM



CHANDIGARH, 29.08.22-The Postgraduate Department of Chemistry at Mehr Chand Mahajan DAV College for Women, Chandigarh organised a skill based activity on 'Basic Practical Chemistry: Fundamental Facts and Applications to Modern Life'. The resource persons of the event were Mr. Sachin Kumar and Mr. Sahib Singh, Co-founders Rancho Chemistry, Chandigarh. The workshop covered certain basic and interesting concepts from Inorganic, Organic and Physical Chemistry. The

resource persons demonstrated experiments based on tomato going red-less spectroscopy, role of chiral centre in our life: Leavo and Dextro- Cetirizine, kidnapping medicine: chloroform, branching medicine chemistry, theory of hot and cold, thermodynamics of burning balloon and hydrophobic world. The workshop gave important insights to the students about the basic theoretical concepts of chemistry. A total of 125 students and faculty members participated in the workshop.

Principal Dr. Nisha Bhargava applauded the efforts of the department and emphasised that such workshops inculcate the spirit of science and students become more inclined towards the subject. She added that such workshops aid in expanding the horizons of students.

एमसीएम में व्यावहारिक रसायन विज्ञान पर कार्यशाला का आयोज



एमसीएम कॉलेज फॉर वुमेन सेक्टर-36 में व्यावहारिक रसायन विज्ञान पर करवाई कार्यशाला में भाग लेते हुए सचिन कुमार, र सिंह, रटाफ व विद्यायी।

चंडीगढ़, 29 अगस्त (राम सिंह बरहड़) : मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ में रसायन विज्ञान के स्नातकोत्तर विभाग ने 'बेसिक प्रैक्टिकल केमिस्ट्री: फंडामेंटल फैक्ट्स एंड एप्लीकेशन टू मॉडर्न लाइफ' पर एक कोशाल आयोजित गतिविधि का आयोजन किया। इस कार्यक्रम में रैंचो केमिस्ट्री, चंडीगढ़ के सह-संस्थापक

सचिन कुमार और साहब सिंह बतौर मुख्य वक्ता शामिल हुए। कार्यशाला में अकार्बनिक, कार्बनिक और भौतिक रसायन विज्ञान से कुछ बुनियादी और दिलचस्प अवधारणाओं को शामिल किया गया। संसाधन व्यक्तियों ने टमाटर गॉइंग रेड-लेस स्पेक्ट्रोस्कोपी, छमारे जीवन में फिलर केंद्र की भूमिका: लीबो और डेक्सट्रो- स्टेरिजिन,



अपहरण को दबा: क्लोरोफॉर्म, गर्म और ठंडे का सिद्धांत, जलते गुब्बारे के थर्मोडायनामिक्स और हाइड्रोफोबिक दुनिया आदि पर आधारित प्रयोगों का प्रदर्शन किया। कार्यशाला ने विद्यार्थियों को रसायन विज्ञान की बुनियादी सैद्धांतिक अवधारणाओं के बारे में महत्वपूर्ण जानकारी दी। कुल 125 विद्यार्थियों और संकाय सदस्यों ने कार्यशाला में

भाग लिया। प्राचार्या डॉ. निशा ने विभाग के प्रयासों की सराह और इस तथ्य पर जोर देते हुए कि इस तरह की कार्यशाला: विज्ञान की भावना पैदा होती! विद्यार्थियों में विषय के प्रति बढ़ा है। उन्होंने यह भी कहा कि तरह की कार्यशालाएं विद्यार्थियों का विस्तार करने में स

MCM holds workshop on practical Chemistry



CHANDIGARH, AUG 29


The Postgraduate Department of Chemistry at Mehr Chand Mahajan DAV College for Women, Chandigarh organised a skill based activity on 'Basic Practical Chemistry: Fundamental Facts and Applications to Modern Life'. The resource persons of the event were Mr. Sachin Kumar and Mr. Sahib Singh, Co-founders Rancho Chemistry, Chandigarh. The workshop covered certain basic and interesting concepts from Inorganic, Organic and Physical Chemistry.

The resource persons demonstrated experiments based on tomato going red-less spectroscopy, role of chiral centre in our life: Leavo and Dextro- Cetirizine, kidnapping medicine: chloroform, branching medicine chemistry, theory of hot and cold, thermodynamics of burning balloon and hydrophobic world. The workshop gave important insights to the students about the basic theoretical concepts of chemistry. A total of 125 students and faculty members participated in the workshop.

Hands on Skill development workshop on Electronic Equipments

Physics Department in collaboration with Skill Development Committee, Mehr Chand Mahajan DAV College for Women, Chandigarh organized a skill development workshop named "Hands on Skill development workshop on Electronic Equipments" on 29th August 2022.


The resource person for the workshop was Mr. Balwinder Singh Rawat, Managing Director, Lab Tech Equipments, Ambala. This workshop aims in imparting practical knowledge of various electronic components used in household appliances such as fan, bulbs, grinder, electronic irons etc. For this, students were given advanced knowledge about the uses of different components in such appliances followed by a practical session in which repairing of such devices was carried out by the students themselves. In the later

Mehr Chand Mahajan
DAV College for Women | 
Sector 36-A, Chandigarh (U.T.)

Department of Physics
in collaboration with
Skill Development Committee (SDC)
organizes
Hands on Skill Development Workshop on Electronic Equipments

Date: 29 August 2022
Time: 10:00 am
Venue: Physics Lab-I

Resource Person
Mr. Balwinder Rawat
Managing Director
Lab Tech Equipment, Ambala



*Interested students are required to pay Registration Fee: Rs 100.
*Certificates and refreshments will be provided to registered participants.

Dr. Swati Khatta & Dr. Pallavi Gupta
Coordinators

Dr. Renu Bala
Chief Coordinator & Head
Department of Physics

Dr. Gurvinder Kaur
Co-Convenor, SDC

Dr. Nisha Bhargava
Convenor & Principal

session, students practiced their practical knowledge imparted by the resource person by making a bridge rectifier. This will not only make them able to repair their household equipments but may also nurture their career as an electronic technician. More than 40 students enthusiastically participated in this program.



छात्राओं को इलेक्ट्रॉनिक उपकरणों की दी जानकारी

माई सिटी रिपोर्टर

चंडीगढ़। सेक्टर-36 स्थित एमसीएम डीएवी कॉलेज में कौशल विकास समिति के तत्वावधान में भौतिकी विज्ञान ने इलेक्ट्रॉनिक उपकरणों पर कौशल विकास कार्यशाला का आयोजन किया।

इसमें अंबाला स्थित लैब टेक उपकरण के प्रबंध निदेशक बलविंदर सिंह रावत बतौर

मुख्य वक्ता शामिल हुए। इसका उद्देश्य घरेलू उपकरणों पंखे, बल्ब, मिक्सर-ग्राइंडर इलेक्ट्रॉनिक आयरन आदि में उपयोग किए जाने वाले विभिन्न इलेक्ट्रॉनिक घटकों का व्यावहारिक ज्ञान प्रदान करना था। सत्र में उपकरणों को विद्यार्थियों को ओर संचयन ठीक करना सिखाया गया। प्रिंसिपल डॉ. निशा ने छात्रों को पेशेवर कौशल सीखने के लिए प्रेरित किया।



सेक्टर-36 स्थित एमसीएम में कार्यशाला में हिस्सा लेती छात्राएं। अपर उजाला



एमसीएम ने इलेक्ट्रॉनिक उपकरणों पर कौशल विकास कार्यशाला का आयोजन किया



चंडीगढ़, (आपका फैसला)। कॉलेज की कौशल विकास समिति के तत्वावधान में मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ के भौतिकी विभाग ने इलेक्ट्रॉनिक उपकरणों पर एक कौशल विकास कार्यशाला का आयोजन किया। कार्यशाला में अंबाला स्थित लैब टेक उपकरण के प्रबंध निदेशक बलविंदर सिंह रावत, बतौर मुख्य वक्ता शामिल हुए। कार्यशाला का उद्देश्य घरेलू उपकरणों जैसे पंखे, बल्ब, मिक्सर-ग्राइंडर, इलेक्ट्रॉनिक आयरन आदि में उपयोग किए जाने वाले विभिन्न इलेक्ट्रॉनिक घटकों का व्यावहारिक ज्ञान प्रदान करना था। प्रतिभागियों को ऐसे उपकरणों में विभिन्न घटकों के उपयोग के बारे में अवगत कराया गया, जिसके बाद

एक व्यावहारिक सत्र भी रखा गया जिसमें इस तरह के उपकरणों को विद्यार्थियों द्वारा स्वयं ठीक किया गया। वाद के सत्र में, विद्यार्थियों ने ब्रिज रेक्टिफायर बनाकर रिसोर्स पर्सन द्वारा दिए गए व्यावहारिक ज्ञान का अभ्यास किया। कार्यशाला में 40 से अधिक स्नातक विद्यार्थियों ने उत्साहपूर्वक भाग लिया। प्रिंसिपल डॉ. निशा भार्गव ने विद्यार्थियों को जीवन कौशल के साथ-साथ पेशेवर कौशल से लैस करने की इस पहल की सराहना की। उन्होंने कहा कि इस कार्यशाला के दौरान सीखे गए कौशल न केवल उन्हें अपने घरेलू उपकरणों की मरम्मत में आत्मनिर्भर बनाएंगे, बल्कि एक इलेक्ट्रॉनिक तकनीशियन के रूप में उनके करियर को भी दिशा देंगे।

Workshop on “Be a Designing Entrepreneur using Photoshop”

Department of Computer Science and Applications under the aegis of IIC 5.0 organized a 6 day skill-based offline workshop on “Be a Designing Entrepreneur using Photoshop” from 5 to 10 September 2022. The resource persons for the workshop were Ms. Nikita, Freelance Graphics Designer and alumna of the college and Master Saiansh Sharda, Graphics Designer and vlogger. 45 students and 5 faculties attended the workshop and learned various aspects of graphics designing using Photoshop. The participants learnt using basic and advanced tools of Photoshop, Image manipulation and enhancement. In the hands-on practical sessions, the participants created professional logos, brochures, advertisements, banners and book covers. The students appreciated the workshop as it enhanced their expertise in this most demanded skill and they recognized the professional aspects of this profession.

Principal Dr. Nisha Bhargava appreciated the efforts of the Department of Computer Science and Applications for organizing this workshop. She also appreciated the young resource persons for their skills and expertise.

Mehr Chand Mahajan DAV College for Women
Sector 36-A, Chandigarh (U.T.)
www.mcmdavcwchd.edu.in

Department of Computer Science and Applications
Under the aegis of
Institute's Innovation Council (IIC 5.0)
organizes
6-day Skill Development Workshop
Be a Designing Entrepreneur using Photoshop
5 to 10 September 2022
Resource Person: Ms. Nikita, Freelance Designer and Alumna, DCSA

Learning goals

- Introduction to Designing and Photoshop
- Elements of design in photoshop
- Basic selection tools of photoshop
- Advanced selection tools of photoshop
- Image manipulation & enhancement
- Designing logo, brochure, advertisement, banner and book cover

- Venue: Computer Lab 3 | Time :1:15 pm to 3:15 pm
- Registration fee for workshop is Rs.100 and last date for registration is 2 September 2022. Registration link is <https://forms.gle/B1fqf3LQqjhbfg4L6>
- Certificates will be given after successful completion of the course.
- Seats are Limited. It will be purely on First Come First Serve Basis.

Ms. Deepti Sharda
Ms. Punam
Dr. Ritika Bansal
Coordinators

Dr. Indu Arora, Vice President, IIC@MCM
Ms. Vandana Syal
Co-Conveners

Dr. Nisha Bhargava
Convener, President (IIC@MCM) & Principal



Dharohar

The Postgraduate Department of Hindi celebrated Hindi Diwas with 'Dharohar' on September 14, 2022, honoring the adoption of Hindi as India's official language by the Constituent Assembly in 1949. The event featured literary figure Sh. Rajkumar Rakesh as Chief Guest, who discussed Hindi's impact on personal growth and national development. A cultural program followed, featuring dances, songs, and a Hindi quiz, and certificates were awarded to participants. Principal Dr Nisha Bhargava commended the department for promoting the importance of Hindi and preserving India's linguistic heritage, reciting a self-composed poem to mark the occasion. 40 participants attended the event.



एमसीएम में धरोहर कार्यक्रम के आयोजन के साथ हिंदी दिवस मनाया



विजय चंडीगढ़, मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ में हिंदी के स्नातकोत्तर विभाग ने 14 सितंबर, 1949 को संविधान सभा द्वारा हिंदी को आधिकारिक भाषा के रूप में अपनाने के लिए एक कार्यक्रम धरोहर के साथ हिंदी दिवस मनाया। प्रसिद्ध साहित्यकार श्री राजकुमार राकेश इस अवसर पर मुख्य अतिथि एवं वक्ता के रूप में उपस्थित रहे इस अवसर पर आदर्श प्रकाशन के संपादक श्री देव निर्मोही भी मौजूद थे। राजकुमार ने हिंदी भाषा की उत्पत्ति और उसके विकास पर चर्चा करते हुए राष्ट्र के विकास में हिंदी का योगदान विषय पर अपनी बात शुरू की। उन्होंने कहा कि हिंदी जुड़ाव और अपनेपन की भावना को बढ़ावा देने के अलावा, मनुष्य की आंतरिक और बौद्धिक शक्ति विकसित करके और उनमें सहानुभूति का भाव उत्पन्न करके बेहतर प्राणियों में बदल देती है। भाषण के बाद एक सांस्कृतिक कार्यक्रम हुआ जिसमें नाटी और हरियाणवी नृत्य प्रदर्शन, लोक गीत प्रस्तुतीकरण, दोहा अंताक्षरी और हिंदी पर प्रश्नोत्तरी शामिल थे। समारोह में विद्यार्थियों की उत्साहजनक भागीदारी देखी गई। विभिन्न आयोजनों के प्रतिभागियों को गणमान्य व्यक्तियों द्वारा प्रमाण पत्र प्रदान किए गए। प्राचार्या डॉ. निशा भार्गव ने विद्यार्थियों को हमारे जीवन में हिंदी के महत्व के बारे में जागरूक करने के लिए हिंदी विभाग की इस पहल की सराहना की। उन्होंने कहा कि हम भारतीयों के लिए यह बहुत गर्व की बात है कि विदेशों में अब भारतीय भाषाओं और साहित्य की महानता की पहचान हो रही है, हमें भी अपनी भाषा के उत्थान और समृद्ध भाषाई विरासत को संरक्षित करने की दिशा में कार्य करने की ज़रूरत है। डॉ. भार्गव ने स्वरचित कविता कृष्ण और अर्जुन का पाठ भी किया।

एमसीएम में धरोहर कार्यक्रम के आयोजन के साथ हिंदी दिवस मनाया

चंडीगढ़।स्टेट समाचार

मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ में हिंदी के स्नातकोत्तर विभाग ने 14 सितंबर, 1949 को संविधान सभा द्वारा हिंदी को आधिकारिक भाषा के रूप में अपनाने के लिए एक कार्यक्रम धरोहर के साथ हिंदी दिवस मनाया। प्रसिद्ध साहित्यकार श्री राजकुमार राकेश इस अवसर पर मुख्य अतिथि एवं वक्ता के रूप में उपस्थित रहे इस अवसर पर आदर्श प्रकाशन के संपादक श्री देव निर्मोही भी मौजूद थे। राजकुमार ने हिंदी भाषा की उत्पत्ति और उसके विकास पर चर्चा करते हुए राष्ट्र के विकास में हिंदी का योगदान विषय पर अपनी बात शुरू की। उन्होंने कहा कि हिंदी जुड़ाव और अपनेपन की भावना को बढ़ावा देने के अलावा, मनुष्य की आंतरिक और बौद्धिक शक्ति विकसित करके और उनमें सहानुभूति का भाव उत्पन्न करके बेहतर प्राणियों में बदल देती है। भाषण के बाद एक सांस्कृतिक कार्यक्रम हुआ जिसमें नाटी और हरियाणवी नृत्य प्रदर्शन, लोक गीत प्रस्तुतीकरण, दोहा अंताक्षरी और हिंदी पर प्रश्नोत्तरी शामिल थे। समारोह में विद्यार्थियों की उत्साहजनक भागीदारी देखी गई। विभिन्न आयोजनों के प्रतिभागियों को गणमान्य व्यक्तियों द्वारा प्रमाण पत्र प्रदान किए गए। प्राचार्या डॉ. निशा भार्गव ने विद्यार्थियों को हमारे जीवन में हिंदी के महत्व के बारे में जागरूक करने के लिए हिंदी विभाग की इस पहल की सराहना की। उन्होंने कहा कि हम भारतीयों के लिए यह बहुत गर्व की बात है कि विदेशों में अब भारतीय भाषाओं और साहित्य की महानता की पहचान हो रही है, हमें भी अपनी भाषा के उत्थान और समृद्ध भाषाई विरासत को संरक्षित करने की दिशा में कार्य करने की ज़रूरत है।

सहानुभूति का भाव उत्पन्न करके बेहतर प्राणियों में बदल देती है। भाषण के बाद एक सांस्कृतिक कार्यक्रम हुआ जिसमें नाटी और हरियाणवी नृत्य प्रदर्शन, लोक गीत प्रस्तुतीकरण, दोहा अंताक्षरी और हिंदी पर प्रश्नोत्तरी शामिल थे। समारोह में विद्यार्थियों की उत्साहजनक भागीदारी देखी गई। विभिन्न आयोजनों के प्रतिभागियों को गणमान्य व्यक्तियों द्वारा प्रमाण पत्र प्रदान किए गए। प्राचार्या डॉ. निशा भार्गव ने विद्यार्थियों को हमारे जीवन में हिंदी के महत्व के बारे में जागरूक करने के लिए हिंदी विभाग की इस पहल की सराहना की। उन्होंने कहा कि हम भारतीयों के लिए यह बहुत गर्व की बात है कि विदेशों में अब भारतीय भाषाओं और साहित्य की महानता की पहचान हो रही है, हमें भी अपनी भाषा के उत्थान और समृद्ध भाषाई विरासत को संरक्षित करने की दिशा में कार्य करने की ज़रूरत है।



Learning Powerful Points: “मेरे सपनों का भारत”

To mark celebration of International day of Peace, the Character Building Committee of the college organized an inter college competition on the theme **मेरे सपनों का भारत** on 15th September, 2022. The participants were required to make a PowerPoint presentation showing an issue impacting peace and progress of the nation with recommended plan of action to resolve the problem. The event witnessed enthusiastic response from the students across the city. The participants highlighted some of the grave concerns impacting peace and well-being of citizens. The issues that were emphasized on include Violence against women and Gender Sensitization as an effective solution to curb the menace, Unemployment as reflected in overqualified candidates applying for under-qualified jobs and emphasis on improvement of the quality of education to tackle the issue. Furthermore, border disputes, cyber-crime and plastic pollution with an emerging need for ecosystem restoration, and their hampering the peace and prosperity of the nation were discussed. Child abuse and mental well-being of the would-be parents and training for effective parenting were other innovative issues that were deliberated. Also, the Impact of superstitions on

the country's progress and the expedient solutions focusing on the generation of awareness in the societal realm was also a major show of the event.

These innovative issues brought into limelight by young minds can form the grounds for propelling the future course of action that would involve the three pillars of the society that include the government, civil society and non-government agencies including the masses as the major stakeholders. A total number of 32 students across the city participated in the activity and led this activity to a huge success.

RESULTS:

1st prize: (4000/-)

Ashmeet (Bsc 2)
Mehr Chand Mahajan DAV College for Women,
Chandigarh

2nd Prize: (3000/-)

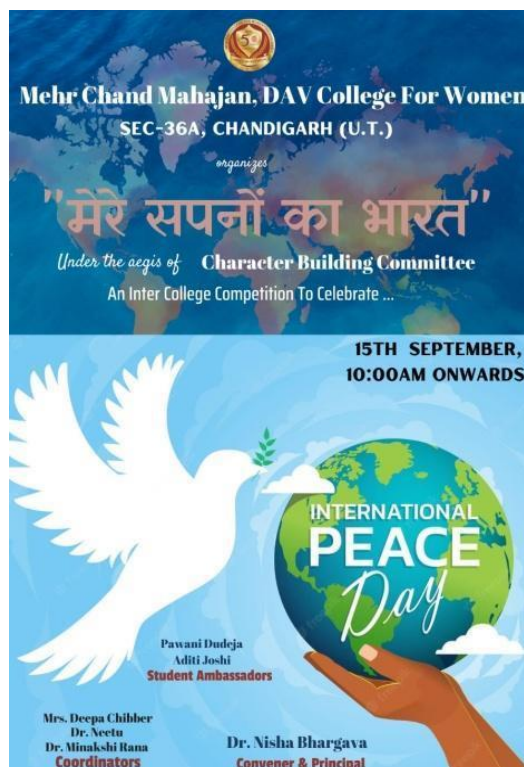
Riya (BA 3)
Post Graduate Girls College - 42, Chandigarh

3rd Prize: (2000/-)

Neeruj Sagwal (BA 3)
Mehr Chand Mahajan College for Women,
Chandigarh

Consolation Prize:

Shobhna (BA 2)
Niharika Chaudhary (BA 2)





Kala-utsav

To inculcate the skill of using waste material and encouraging sustainability practices by using unserviceable cutlery, broken crockery, twigs and dry leaves collected from College premises, a workshop was organized by department of Home Science on 21st September to 23rd September, 2022. A total number of 37 students participated.

The waste material lying in the Home Science labs and campus garden like twigs, dried leaves, flowers broken cutlery, blunt scissors, knives, broken trays, pans etc were used artistically to make mix media wall hangings. Students also tried their

skills to make fridge magnets of different shapes and sizes. Principal DrNisha Bhargava appreciated the initiative of the department and encouraged the students by awarding the certificates sponsored by Fevicryl.








Department of Home Science
Mehr Chand Mahajan DAV College for Women,
Sector 36-A, Chandigarh
in collaboration with Fevicryl (Pidilite Industries)
is organizing
A-three day Workshop- कलाUtsav -2022

(Inculcating Artistry)
&
A step towards Sustainability

Dates- 21.09.2022-23.09.2022
Time- 10.00 am to 1.00 pm
Venue- Clothing & textiles lab

Convenor & Principal
Dr. Nisha Bhargava

Co- convenor
Ms. Jyotsna

Coordinators
Dr. Harjot Kaur Mann
Ms. Rati Arora
Ms. Darpanjot Kaur

एमसीएम ने कला उत्सव का किया आयोजन



फास्ट मीडिया, अमूल्या चंडीगढ़। विद्यार्थियों में स्थायी प्रथाओं को प्रोत्साहित करते हुए कलात्मक कौशल विकसित करने के उद्देश्य से, मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ में गृह विज्ञान विभाग ने 3 दिवसीय कार्यशाला 'कला उत्सव' का आयोजन किया। फेविक्रिल (पिडिलिटाइट इंडस्ट्रीज) के सहयोग से आयोजित इस कार्यशाला का

संचालन फेविक्रिल की कलाकार सुश्री संतोष वर्मा ने किया। गृह विज्ञान प्रयोगशालाओं और परिसर के जगहों में टूटी टहनियाँ, सूखे पत्ते, फूल, टूटी हुई कटलरी, कुंद कैची, चाकू, टूटी हुई टे. आदि जैसी अपशिष्ट सामग्रों का उपयोग कलात्मक रूप से मिक्स मीडिया वॉल हैंगिंग बनाने के लिए किया गया था। वर्कशॉप के दौरान स्टूडेंट्स ने क्रिज मैनेज बनाने का

हुनर भी सीखा। प्रतिभागियों को फेविक्रिल द्वारा प्रमाण पत्र प्रदान किए गए। प्राचार्या डॉ. निशा भार्गव ने विद्यार्थियों को लाभान्वित करने के लिए कौशल से लैस करने हेतु गृह विज्ञान विभाग के प्रयासों की सराहना की। उन्होंने कहा कि इस तरह के कौशल विकास कार्यक्रम समय की आवश्यकता है। इनके माध्यम से विद्यार्थियों की रोजगार क्षमता बढ़ाने में मदद मिलती है।

Promoting Plant Research and Experimentation Skills

A one-day educational trip was organized on 23 September 2022 to the “Dr. Yashwant Singh Parmar University of Horticulture and Forestry, Nauni, Solan” by the Department of Botany and Add on Course in Floriculture and Landscaping, Mehr Chand Mahajan DAV College for Women, Sector 36-A, Chandigarh, under the aegis of Vigyan Manch. The field trip was sponsored by DST and was attended by 34 students of Botany and Add on course in Floriculture and Landscaping along with two faculty members; Dr. Gunjan Sud and Ms. Parool Kaushik and the Lab Assistant-Mr. Prakash Chand. The trip provided an opportunity to the students to learn about different aspects related to plant research, conservation, display, education and entrepreneurship. A group of eminent scientists both from the university as well as BSI provided an insight of the university starting from experimental field areas to labs and the herbarium of BSI. The educational trip commenced with the visit to the experimental farms of Department of Floriculture and Landscape Architecture under the guidance of Dr. Reshma Negi where the team was introduced to varieties of indoor and outdoor plants and illustrated their propagation techniques. During the visit to the experimental farm section of Medicinal and Aromatic Plants, maintained by the Department of Forest Products, Dr. Sunil Marpha briefed about the role of forestry in agriculture and also apprised students about medicinal wealth of Himalayan region. Various stages of mushroom cultivation viz. composting, spawning, casing, pinning, and cropping under controlled conditions were observed in the Mushroom Research Laboratory as well as technology used in soilless cultivation of vegetables such as Lettuce through hydroponics. Dr. Bharti Kashyap from the Department of Floriculture and Landscape Architecture, College of Horticulture gave us an insight of her Floral craft laboratory. She explained the technology and techniques for dehydration and value addition (included bleaching and dyeing) of crops utilized in dry flower making (cultivated ornamentals, agricultural crops/ residues and native flora) and how different value-added products were prepared. In the Department of Forest Products under the College of Forestry, The H.O.D, Dr. Meenu Sood, along with Dr. Reena Sharma and Mrs Chitra Bharadwaj gave a brief presentation about Research activities of the institute, showed the herbarium cum museum and focused on important technologies and techniques being used in laboratories. The tour concluded with the visit to the High Altitude Western Himalayan Regional Centre of the Botanical Survey of India (Ministry of Environment, Forest & Climate Change, Govt. of India). Dr. Kumar Ambrish, Scientist-E and In-charge gave a brief introduction about the centre and its role. The students were

then taken to the herbarium section where Dr. Kuldip S. Dogra Scientist-D along with Botanical Assistant Brijesh Meena explained about the relevance of the herbaria and live demonstration of the methodology involved.







Kaarigari- A workshop cum demonstration on Khadi bags

To mark the celebration of Gandhi Jayanti, a workshop cum demonstration on Khadi bags was organized on 4th October 2022 in collaboration with Character Building Committee of the college. A total of 19 students participated. The students were made aware and were encouraged to use khadi clothes. The sustainable practice inculcated use of Eco-friendly cloth instead of plastic ones.

The resource person demonstrated the cutting and stitching of bag using khadi fabric. Different techniques of ornamentation were explained. Each student designed and stitched a bag. Prepared bags were displayed.

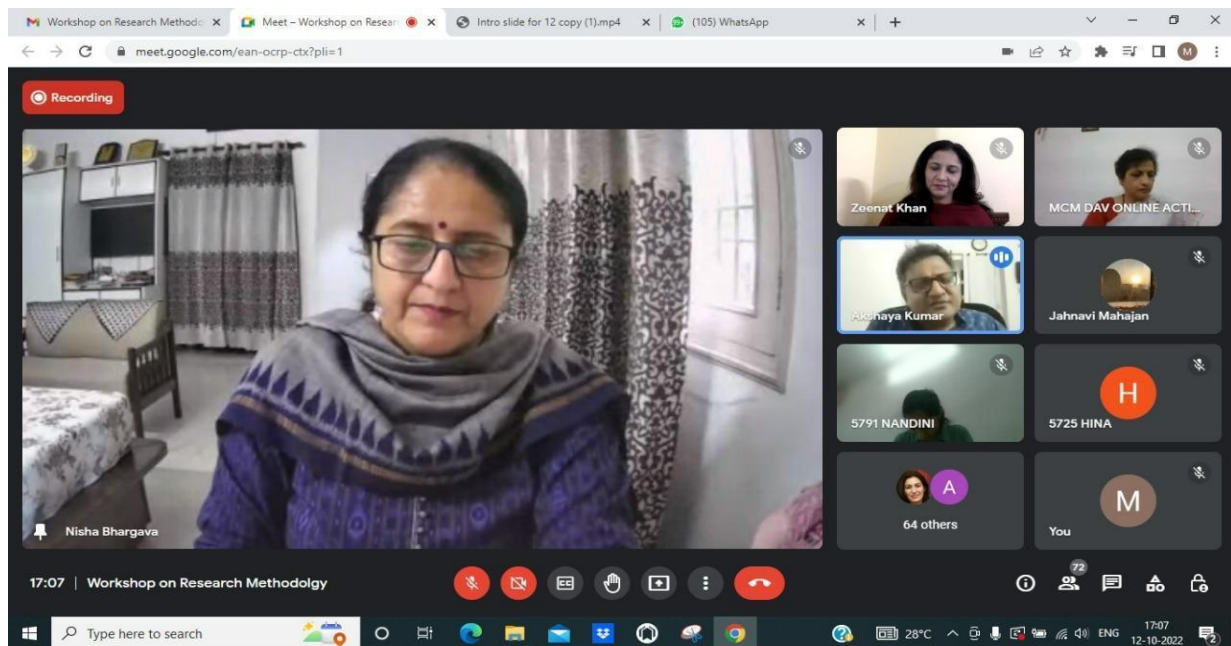


Workshop on Research Methodology

The Postgraduate Department of English in association with the MGNRCE (VENTEL Plan) organized a 'Workshop on Research Methodology' (October 2022) in blended mode to reinforce research aptitude among the students in view of NEP-2020. The workshop on Research Methodology was a comprehensive and informative event for research scholars, students, and participants interested in academic scholarship. The inaugural lecture by Prof Akshaya Kumar held on October 12, 2022 introduced the latest and emerging trends in research, emphasizing the importance of original, experimental, and systematic research. The subsequent sessions included talks on Open Educational Resources and Research, the Structure of Dissertation, Research Ethics, and References and Bibliography. Dr. Neeraj Kumar Singh in the next session, conducted on October 14, 2022, enumerated the challenges faced by young researchers in accessing and utilizing open educational resources, demystifying popular perceptions regarding copyrights and Creative Commons License. Dr. Meenu Gupta, an Associate Professor in the Department of English and Cultural Studies, in the next session held on October 15, 2022 apprised the students with the technical aspects of writing a dissertation for postgraduate students, providing detailed insights into various parts of the dissertation. Prof Deepti Gupta conducted a stimulating workshop on Research Ethics on October 27, 2022 highlighting the problems of plagiarism and giving hands-on training to the budding researchers on ethical practices. Prof Aneel Kumar Raina, in the session held on October 28, 2022, explained the process of writing References and Bibliography, providing detailed insights into citing sources and using MLA 8th edition.

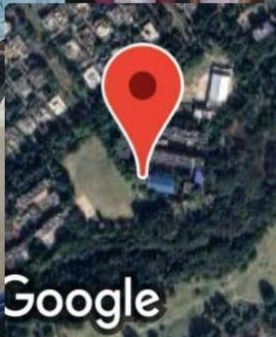
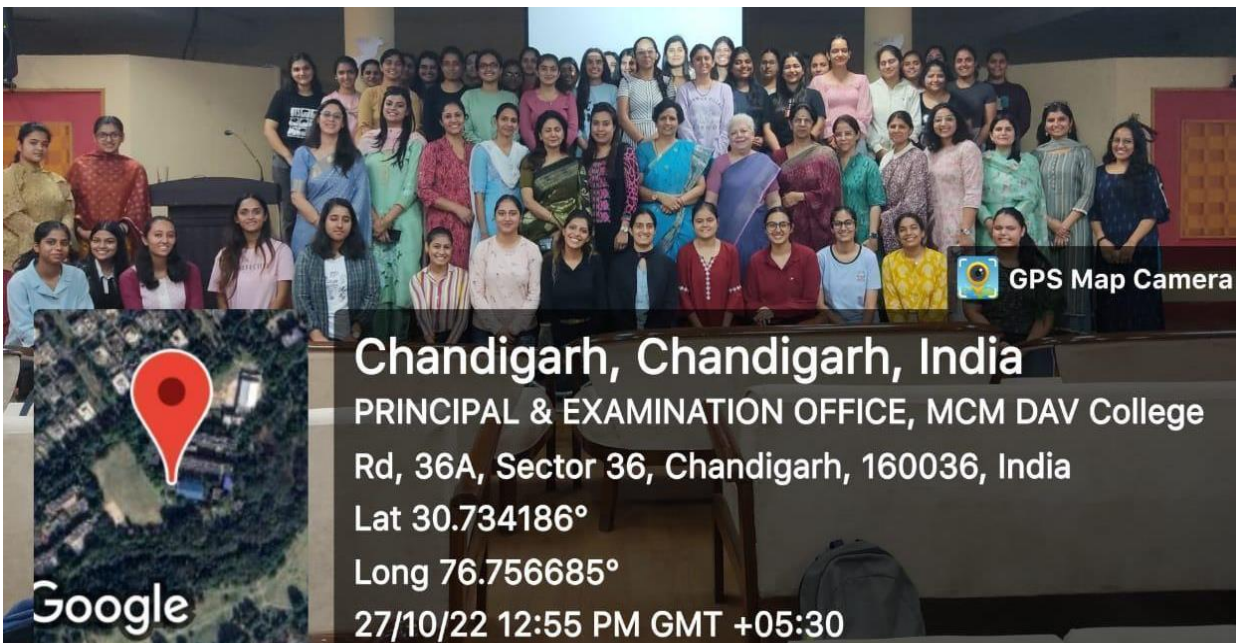


The workshop ended with Prof. Barad's session on October 29, 2022 on Research Methodology, which included an activity for identifying key areas of interest and suggestions for exploring journals and publishing research papers. Overall, the workshop provided the necessary impetus to the participants and budding researchers, giving them a comprehensive understanding of the nuances of research and the various aspects of academic scholarship. The workshop was attended by 95 students and faculty members.





Chandigarh, Chandigarh, India
ARTS & SCIENCE BLOCK, MCM DAV COLLAGE FOR GIRLS, MCM
DAV College Rd, 36A, Sector 36, Chandigarh, 160036, India
Lat 30.734745°
Long 76.756414°
14/10/22 11:37 AM GMT +05:30



Chandigarh, Chandigarh, India
PRINCIPAL & EXAMINATION OFFICE, MCM DAV College
Rd, 36A, Sector 36, Chandigarh, 160036, India
Lat 30.734186°
Long 76.756685°
27/10/22 12:55 PM GMT +05:30



Entrepreneurial Skills: Exhibition cum Diwali Fest

To develop the entrepreneurial skills in students, an exhibition cum sale was organized on 19th - 20th October, 2022 in collaboration with Character building committee. A total of **50** students of the Home Science department exhibited various articles prepared by them. A stall was also put up by them to sell hand painted earthen diyas.



Developing Research and Instrumentation Skills: Orientation programme and visit to Sophisticated Analytical Instrumentation Facility, CIL, Panjab University, Chandigarh

With the primary aim to apprise students about the national level E-YUVA scheme, started under Biotechnology Industry Research Assistance Council (BIRAC), Department of Biotechnology, Govt of India., students participated in the E-Yuva orientation programme organized by Panjab University (E-Yuva Centre), Chandigarh on 31 Oct 2022. The scheme is mandated to promote a culture of applied research and need-oriented (societal or industry) entrepreneurial innovation among young students and researchers. The scheme provides funding support (through fellowship and research grant), technical and business mentoring, exposure to bio-incubation model, orientation to



The poster is titled "EMPOWERING YOUTH FOR UNDERTAKING VALUE ADDED INNOVATIVE TRANSLATION RESEARCH (E-YUVA, PANJAB UNIVERSITY)" and "Presents ORIENTATION PROGRAMME OF EYUVA & INNOVATION FELLOWS". It lists the Chief Guest as Prof. Raj Kumar, Vice Chancellor, Panjab University, Chd. The Guest of Honour includes Prof. Sudhir Kumar, Director, Research & Development Cell, PU, Chd, and Dr. Anil Wali, MD, FITT-IIT Delhi. The event is scheduled for 10:30 am, 31st October, 2022, at the CIL Auditorium, PU, Sector 14, Chd. Logos for BIRAC, BN-PU, and Panjab University are shown. The name Dr. Rohit Sharma is at the bottom right.

We kindly request you to attend the Orientation Programme for EYUVA Fellows and Innovation Fellows
On 31 October 2022 10:30 am onwards
Venue: CIL Auditorium, Panjab University, Sector 14, Chandigarh

entrepreneurial culture etc. to students at various levels including undergraduates.

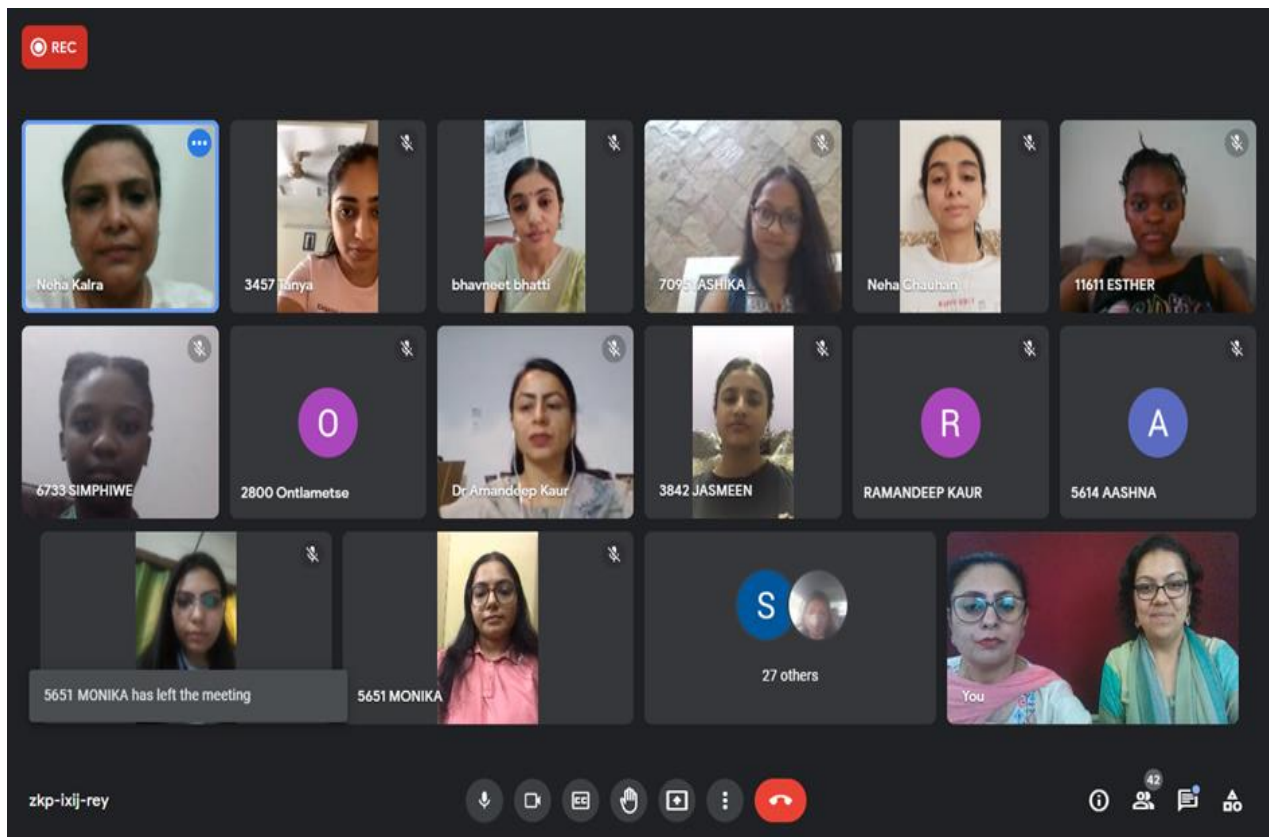
A total of five students of BSc. (MFT)-III year had submitted proposal titled “Cultivation of Zinc and Vitamin-D fortified Oyster Mushrooms: Dual Fortification for Deficiency Control” while applying to the E-Yuva Innovation Fellow Scheme under the mentorship of two faculty members (Dr. Vandana Sharma and Dr. Sandeep Kaur). The team of MCM DAV College for Women, CHD got selected and all the five students were qualified for the E-Yuva innovation scheme that provides financial assistance along with mentoring and instrumentation support for converting the proposed idea into a financial business model.



Gender Responsive Approach to Climate Change

The Foreign Students' Cell and Women Development Cell of Mehr Chand Mahajan DAV College for Women organized a one-day online workshop on "Gender Responsive Approach to Climate Change" on 10th November 2022. The eminent resource person, Prof. Namita Gupta from the Department of Human Rights, Panjab University, Chandigarh, lent an exhaustive narrative to the contemporary cum sensitive issue of women being the lead victims of the holocaust of climate changes and natural disasters. She said that the burgeoning statistics have been a precursor to the desired emergence of various environmental movements of India like Bishnoi movement, Chipko Movement, Aapiko movement, Silent valley movement and Narmada Bachao Andolan, to name a few. Prof. Namita Gupta corroborated her talk with research-based constructs in the domains of agriculture, plantation, mining, household chores, migration, and politics etc., all bearing testimony to the gender-based hiatus skewed towards women in society. She alluded to the famous environment sustainability books like 'Silent

Spring' and highlighted the categoric significance of equal opportunities to cast a strong influence in the sphere of Land and Property Governance, and the overall polity of the country and the world at large. Prof. Namita Gupta, being a hard-core positivist, reinforced the role of women in the mainstream of livelihood crusades backed by their vehement decision-making powers. The session exuded an overwhelming response from over eighty students who participated in the event with rapt attention. The students raised queries which were promptly addressed by Prof. Namita Gupta in both letter and content, with examples from countries like Switzerland. Around 80 participants were part of this online workshop. The Principal of the college, Dr. Nisha Bhargava appreciated the efforts of both the cells, to have worked in tandem, towards strengthening the awareness of gender inequality, that can serve to translate into a strong foothold of women in the environment projects and policies . The well- structured event was an apt move in the desired direction.



Meet link - bindudogra@mcm... Meet - zkp-ixij-rey

meet.google.com/zkp-ixij-rey?pli=1

REC Neha Kalra is presenting

Sample STAR Response

- Situation (S):** Advertising revenue was falling off for my college newspaper, The Review, and large numbers of long-term advertisers were not renewing contracts.
- Task (T):** My goal was to generate new ideas, materials and incentives that would result in at least a 15% increase in advertisers from the year before.
- Approach (A):** I designed a new promotional packet to go with the rate sheet and compared the benefits of The Review circulation with other ad media in the area. I also set-up a special training session for the account executives with a School of Business Administration professor who discussed competitive selling strategies.
- Result (R):** We signed contracts with 15 former advertisers for 1 daily ads and five for special supplements. We increased our new advertisers by 20 percent over the same period last year.

Click to add notes

12:11 | zkp-ixij-rey

40°C Sunny

Meet - zkp-ixij-rey

meet.google.com/zkp-ixij-rey

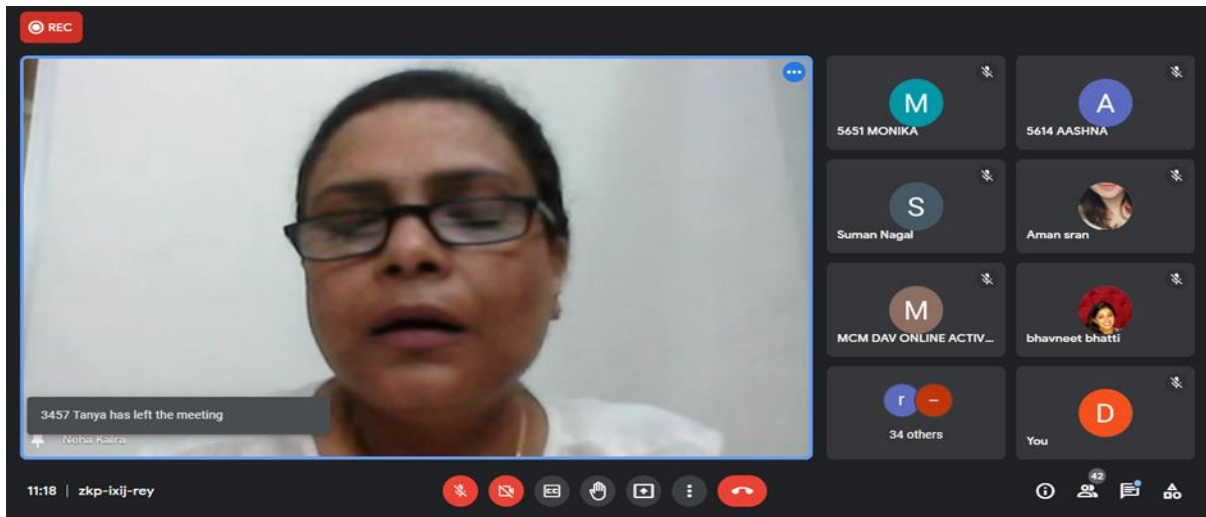
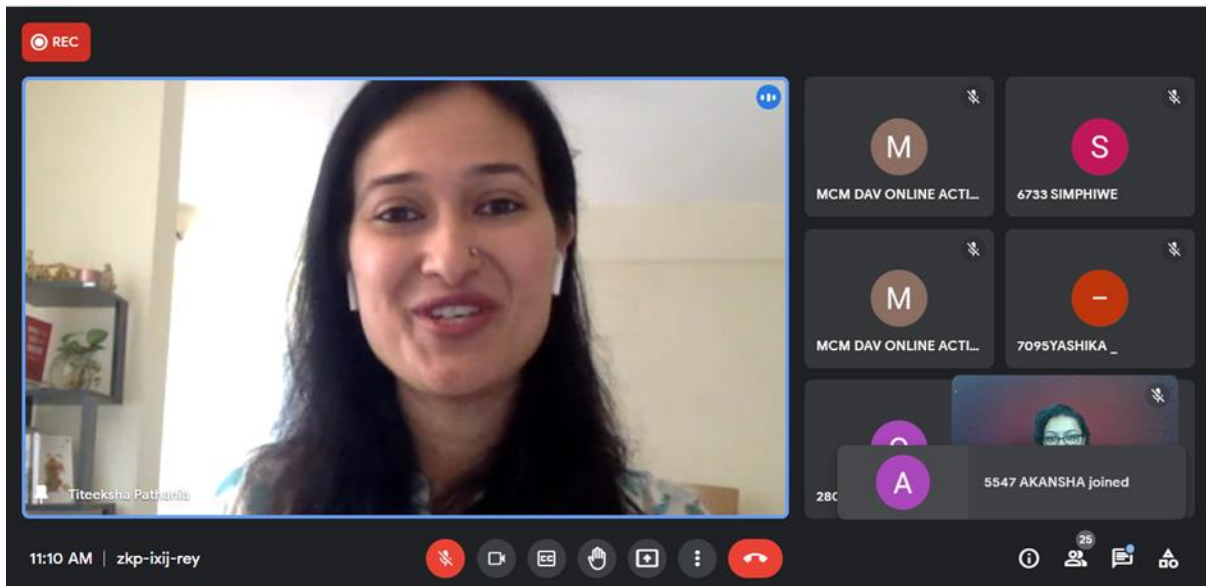
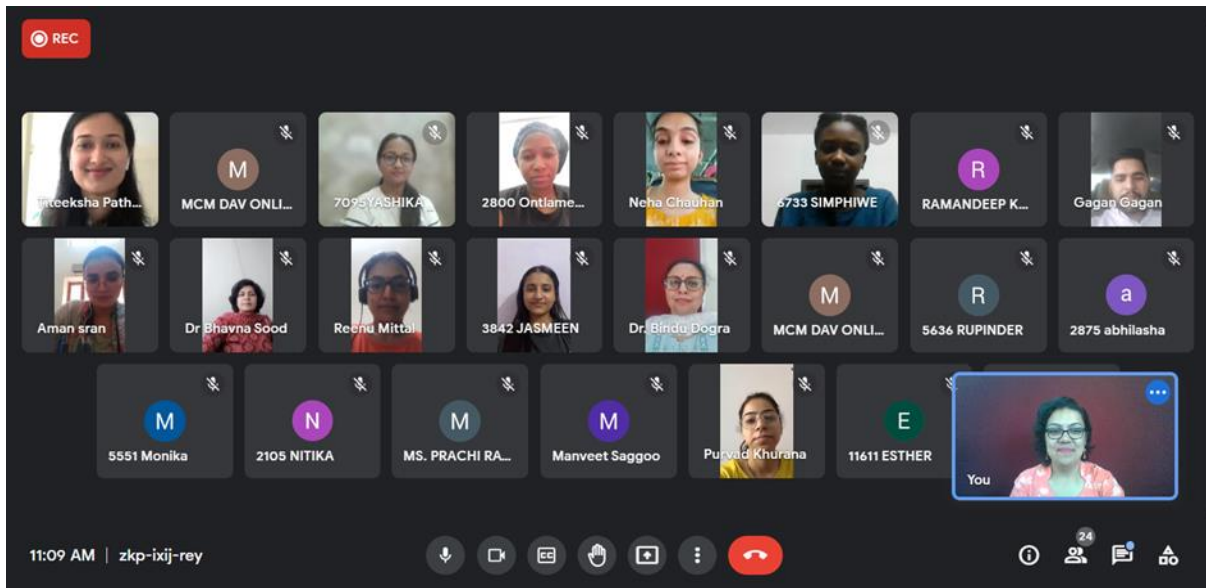
REC

Participants:

- bhavneet bhatti
- 5551 Monika
- 7095YASHIKA_
- 2875 abhilasha
- MCM DAV ONLINE ACTI...
- rama ravish
- 6733 SIMPHIWE
- 5636 RUPINDER
- 5520 AISHWARYA
- 5606 SHRISHTY
- Roond Mittal
- Gagan Gagan
- FOREIGN STUDENTS CELL
- RAMANDEEP KAUR
- 8 others
- You

11:18 | zkp-ixij-rey

40°C Sunny



Deciphering the Generation Z-New rules for The Gen Z Personality to be Future Ready

The Personality Development Cell and Equal Opportunity Cell of Mehr Chand Mahajan DAV College for Women, Chandigarh, organized an interactive session on “Deciphering the Generation Z-New rules for The Gen Z Personality to be Future Ready” on November 17, 2022. The objective of the programme was to equip the students with the knowledge of contemporary personality keywords of success, blended in the sheath of ancient wisdom. Excessive indulgence in social media derails one’s cognitive abilities, and it is this balance which needs to be struck objectively. The Personality Development Cell and Equal Opportunity Cell of Mehr Chand Mahajan DAV College for Women, Chandigarh, organized an interactive session on “Deciphering the Generation Z-New rules for The Gen Z Personality to be Future Ready” on November 17, 2022. Mrs Punita Vadhera, a motivational speaker and founder of ‘Edusensei’, was the resource person. The talk covered a spectrum of personality tenets ranging from the essence of reading, making personal observations, accepting imperfections to a conspicuous disengagement from the social media. Mrs. Vadhera highlighted the importance of listening to one’s inner self. She engaged the students in a lively mode to help them rehearse the principles governing their success fibre in sublime ways. She touched on the different quotients of one’s persona where the present times called for a greater resilience to combat adverse circumstances. She put across research based facts disclosing the importance of delving into our inner selves to seek the right answers. The talk lasted over an hour where the students raised queries, to which the resource person responded adequately. Around 100 students who participated in the session, took in, nicely, the concept of self-management put across to them.

The Principal of the college, Dr Nisha Bhargava, appreciated the efforts of both the cells for having organized the event in a student-friendly way. The session spanning around an hour brought in about 100 participants who took keen interest and took in, nicely, the concept of self-management put across to them. The session received an overwhelming response. Principal Dr. Nisha Bhargava appreciated the efforts of both the cells for showing the youth the path of self-discovery and personality development, thereby leading to well-rounded individuals. Highlighting the importance of the session, she added that the future belongs to those who work consistently on their personality and skill sets.



मेहर चंद महाजन डीएवी कॉलेज ने व्यक्तित्व विकास पर आयोजित सत्र

चंडीगढ़, 7 दिसम्बर (राज सिंह ब्राह्मण): मेहर चंद महाजन डीएवी कॉलेज फॉर वूमन, चंडीगढ़ के परसनालिटी डिब्रेलपमेंट सेल और इक्वल ऑपच्युनिटी सेल ने 'डिसेप्टिबलिंग द जेनरेशन जेड-न्यू रूल्स फॉर द जेनरेशन जेड परसनालिटी टू बी फ्यूचर रेडी' शीर्षक से एक इंटरैक्टिव सत्र का आयोजन किया। एक प्रेरक वक्ता और एजुसेन्सी को संस्थापक पुनीता वडेरा इस सत्र में बतौर मुख्य वक्ता शामिल हुईं। सत्र में पहुंचने के सार से लेकर व्यक्तिगत अवलोकन, खामियों को स्वीकार करने, सोशल मीडिया से अलग होने तक व्यक्तिगत सिद्धांतों के एक सेक्रेट्स को शामिल किया गया। वडेरा ने अपने अंतर्गमन को सुनने के महत्व पर प्रकाश डाला। उन्होंने



व्यक्तित्व के विभिन्न पहलुओं को उभारा, विशेष रूप से वर्तमान समय के संदर्भ में जो प्रतिकूल परिस्थितियों से निपटने के लिए अधिक लचीलापन की मांग करता है। विशेषज्ञ ने इस जैकब सत्र में 100 से अधिक प्रतिभागियों को शामिल किया, ताकि उन्हें उनकी सफलता के सूरज को संवाचित करने वाले सिद्धांतों का अभ्यास करने में मदद मिल सके।

एम्सीएम सेल के अध्यक्ष सत्र में मुख्य वक्ता वडेरा का उद्देश्य रखते हुए प्रचारक डॉ. निशा भागवत (बायां) बुद्धि दिए।

एमसीएम में छात्राओं को दिए व्यक्तित्व विकास के टिप्स

माई सिटी रिपोर्टर
सार से लेकर व्यक्तिगत अवलोकन, खामियों को स्वीकार करने, सोशल मीडिया से अलग होने तक व्यक्तिगत सिद्धांतों के एक सेक्रेट्स को सुनने के लिए प्रेरित किया। सत्र में सी के करीब छात्राओं ने हिस्सा लिया। प्रचारक डॉ. निशा भागवत ने दोनों प्रकोष्ठों के प्रयासों की सराहना की।



एमसीएम में आयोजित सत्र में छात्राओं को संबोधित करती मुख्य वक्ता पुनीता वडेरा। (अरुण शर्मा)

INC - Education Sector
MCM holds personality development session
December 07, 2022 01:20 PM

CHANDIGARH, 07.12.22 The Personality Development Cell and Equal Opportunity Cell of Mehr Chand Mahajan DAV College for Women, Chandigarh, organised an interactive session

itled 'Deciphering the Generation Z- New rules for The Gen Z Personality to be Future Ready'. Mrs. Punita Vadhera, a motivational speaker and founder of Edusensei was the resource person. The session covered a spectrum of personality tenets ranging from the essence of reading, making personal observations, accepting imperfections to disengagement from the social media. Mrs. Vadhera highlighted the importance of listening to one's inner self. She touched on the different quotients of one's persona, especially in context of the present times that call for greater resilience to combat adverse circumstances. The expert engaged the over 100 participants in a lively session to help them rehearse the principles governing their success fibre in sublime ways. Principal Dr. Nisha Bhargava appreciated the efforts of both the Cells for showing the youth the path to self-discovery and personality development, thereby leading to well-rounded individuals. Highlighting the importance of the session, she added that the future belongs to those who work consistently on their personality and skill sets.



एम.सी.एम. कालन 'च' करवाए सक्षमीअड विकास प्रोग्राम चरन मधु मणिमती सुमीती पुनीता वडेरा नु सनमानित करवे रोडे कालन प्रिंसिपल डा. निशा भारगव।
उपस्थित: शशिचंद्र सिध

एम.सी.एम कालन 'च' 'सक्षमीअड विकास' प्रोग्राम करवाएआ

चंडीगढ़, 7 दिसंबर (पु. अहताव सिध): मेहर चंद महाजन डीएवी कॉलेज फॉर वूमन, चंडीगढ़ के परसनालिटी डिब्रेलपमेंट सेल और इक्वल ऑपच्युनिटी सेल ने 'डिसेप्टिबलिंग द जेनरेशन जेड-न्यू रूल्स फॉर द जेनरेशन जेड परसनालिटी टू बी फ्यूचर रेडी' शीर्षक से एक इंटरैक्टिव सत्र का आयोजन किया। एक प्रेरक वक्ता और एजुसेन्सी को संस्थापक पुनीता वडेरा इस सत्र में बतौर मुख्य वक्ता शामिल हुईं। सत्र में पहुंचने के सार से लेकर व्यक्तिगत अवलोकन, खामियों को स्वीकार करने, सोशल मीडिया से अलग होने तक व्यक्तिगत सिद्धांतों के एक सेक्रेट्स को शामिल किया गया। वडेरा ने अपने अंतर्गमन को सुनने के महत्व पर प्रकाश डाला। उन्होंने

सक्षमीअड प्रोग्राम, जिस विषय पढ़ने के सार में लै के निजी निरीक्षण करना, कमीया नु सक्षीकार करना अउ सक्षम मीडीया तं चुर रोटा शामिल सी। सुमीती वडेरा नु आपडे अंदर दो रॉल सुटन दे मरुतव नु उजागर कीटा। प्रिंसिपल डा. निशा भारगव नु नैजवाना नु सवे-धन अउ सक्षमीअड विकास दा मारग रिचार्जिट लखी विडगा दे जतना दी सलगा कीटा।

एमसीएम ने व्यक्तित्व विकास पर सत्र आयोजित किया

सर्वे नुज/नीन
चंडीगढ़, 7 दिसंबर : एम्सीएम डीएवी कॉलेज फॉर वूमन सेंटर 36 के परसनालिटी डिब्रेलपमेंट सेल और इक्वल ऑपच्युनिटी सेल ने 'डिसेप्टिबलिंग द जेनरेशन जेड-न्यू रूल्स फॉर द जेनरेशन जेड परसनालिटी टू बी फ्यूचर रेडी' शीर्षक से एक इंटरैक्टिव सत्र का आयोजन किया। एक प्रेरक वक्ता और एजुसेन्सी को संस्थापक पुनीता वडेरा इस सत्र में बतौर मुख्य वक्ता शामिल हुईं।



पुनीता वडेरा के साथ प्रिंसिपल डा. निशा भागवत।

सत्र में पहुंचने के सार से लेकर व्यक्तिगत अवलोकन, खामियों को स्वीकार करने सोशल मीडिया से अलग होने तक व्यक्तिगत सिद्धांतों के एक सेक्रेट्स को शामिल किया गया। वडेरा ने अपने अंतर्गमन को सुनने के महत्व पर प्रकाश डाला। उन्होंने

‘Rock Climbing Camp’

A Rock Climbing Training Camp was organized by the Department of Sports from 18th to 24th January 2023 in collaboration with 1 CHD Naval Unit. 50 cadets from the college participated in camp and they were trained to climb on the adventurous rock and also learnt about the equipment used in the activity. This activity was initially organized for preparing them to enter into a course which is being organised by Indian Association of Adventure Sports with special focus on Rock Climbing.

MCM holds Rock Climbing Camp

THE AMAN SANDESH TIMES

Chandigarh: The NCC (Naval Unit) of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with NCC Naval Unit of Chandigarh, organised a five-day Rock Climbing Training Camp at the campus. The training was conducted on the 12 metre high artificial climbing wall at the college which is the only wall of its kind in the entire region, the



nearest one being in Delhi, and meets all international standards. 5 NCC Naval cadets from the college as well as other colleges and schools of Chandigarh

attended the camp and learnt rock climbing, belay and about climbing equipment in general. Principal Dr. Nisha Bhargava lauded this initiative to motivate girls to explore this unique sport and develop their skills in it. She added that a pioneer on many fronts, the college introduced the adventure sport of rock climbing in the year 2005 with the objective of promoting fitness, agility and mental fortitude that comes with conquering an ascension.

एमसीएम ने आयोजित किया रॉक क्लाइंबिंग कैंप

चंडीगढ़ (ट्रिब्यू) : मेहर चंद महाजन डीएवी कॉलेज फॉर वीमेन की एनसीसी (नौसेना इकाई) ने चंडीगढ़ की एनसीसी नौसेना इकाई के सहयोग से परिसर में पांच दिवसीय रॉक क्लाइंबिंग प्रशिक्षण शिविर का आयोजन किया। प्रशिक्षण कॉलेज में 12 मीटर ऊंची कृत्रिम चढ़ाई वाली दीवार पर आयोजित किया गया, जो पूरे क्षेत्र में अपनी तरह की एकमात्र दीवार है। ऐसी ही एक कृत्रिम दीवार दिल्ली में भी है और यह सभी अंतरराष्ट्रीय मानकों को पूरा करती है। कॉलेज के साथ-साथ चंडीगढ़ के अन्य कॉलेजों और स्कूलों के 35 एनसीसी नौसेना कैडेटों ने शिविर में भाग लिया और रॉक क्लाइंबिंग की तथा चढ़ाई करने वाले उपकरणों के बारे में सामान्य जानकारी प्राप्त की।

एमसीएम ने पांच-दिवसीय रॉक क्लाइंबिंग कैंप का किया आयोजन

फास्ट मीडिया

चंडीगढ़ (अमृतसरा)। मेहर चंद महाजन डीएवी कॉलेज फॉर वूमन, चंडीगढ़ की एनसीसी (नौसेना इकाई) ने चंडीगढ़ की एनसीसी नौसेना इकाई के सहयोग से परिसर में पांच-दिवसीय रॉक क्लाइंबिंग प्रशिक्षण शिविर का आयोजन किया। प्रशिक्षण कॉलेज में 12 मीटर ऊंची कृत्रिम दीवार पर चढ़ाई कराई गई। ये पूरे क्षेत्र में अपनी तरह की एकमात्र दीवार है। ऐसी ही एक कृत्रिम दीवार दिल्ली में भी है और यह सभी अंतरराष्ट्रीय मानकों को पूरा करती है। कॉलेज के साथ-साथ चंडीगढ़ के अन्य कॉलेजों और स्कूलों के 35 एनसीसी नौसेना कैडेटों ने शिविर में भाग लिया और रॉक क्लाइंबिंग और चढ़ाई करने वाले उपकरणों के बारे में सामान्य जानकारी प्राप्त की। प्राचार्या डॉ. निशा भार्गव ने लड़कियों



को इस कठिन खेल में हिस्सा लेने और अपने कौशल को विकसित करने के लिए प्रेरित करने वाली इस पहल की सराहना की। उन्होंने कहा कि कई मोर्चों पर अग्रणी, कॉलेज ने फिटनेस को बढ़ावा देने के उद्देश्य से वर्ष 2005 में रॉक क्लाइंबिंग के साहसिक खेल की शुरुआत की, जिसमें विजय प्राप्त करने के साथ फिटनेस और मानसिक दृढ़ता आती है।

INC - Education Sector



MCM holds Rock Climbing Camp

January 24, 2023 02:19 PM



CHANDIGARH, 24.01.23-The NCC (Naval Unit) of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with NCC Naval Unit of Chandigarh, organised a five-day Rock Climbing Training Camp at the campus. The training was conducted on the 12 metre high artificial climbing wall at the college which is the only wall of its kind in the entire region, the nearest one being in Delhi, and meets all international standards. 35 NCC Naval cadets from the college as well as other colleges and schools of Chandigarh attended the camp and learnt rock climbing, belay and about climbing equipment in general. Principal Dr. Nisha Bhargava lauded this initiative to motivate girls to explore this unique sport and develop their skills in it. She added that a pioneer on many fronts, the college introduced the adventure sport of rock climbing in the year 2005 with the objective of promoting fitness, agility and mental fortitude that comes with conquering an ascension.

पंजाब
केसरी

WED, 25 JANUARY 2023

EDITION. CHANDIGARH KESARI, PAGE NO. 1

रॉक क्लाइंबिंग कैंप में 35 कैडेट्स ने लिया भाग



कालेज में छात्राएं रॉक क्लाइंबिंग कैंप में हिस्सा लेते हुए।

चंडीगढ़, 24 जनवरी (आशीष): सैक्टर-36 स्थित मेहर चंद महाजन डी.ए.वी. कॉलेज फॉर वूमन की एन.सी.सी. नौसेना इकाई ने परिसर में पांच दिवसीय रॉक क्लाइंबिंग प्रशिक्षण शिविर का आयोजन किया।

प्रशिक्षण कॉलेज में 12 मीटर ऊंची कृत्रिम चढ़ाई वाली दीवार पर आयोजित किया गया। कॉलेज के साथ-साथ चंडीगढ़ के अन्य कॉलेजों और स्कूलों के 35 एन.सी.सी. नौसेना कैडेटों ने शिविर में भाग लिया और रॉक क्लाइंबिंग की और चढ़ाई करने वाले उपकरणों के बारे में सामान्य जानकारी प्राप्त की। प्राचार्या डॉ. निशा भार्गव ने लड़कियों को इस कठिन खेल में हिस्सा लेने और प्रेरित करने वाली पहल की सराहना की।

मविष्य अंधकार में

व्यापक रूप से चलाई जा रही है।

फॉरेंसिक साइंस विभाग के स्टूडेंट्स ने

पतिरोधी परीक्षाओं में पाई सफलता

‘Flowering’ Bouquet Arrangement: Kalakriti

To develop the skill of creating beautiful art pieces like bouquets and arrangements by utilizing dry natural plant material collected from and around college campus, a three day workshop was organized from 23rd January – 25th January, 2023 in association with Mahatma Gandhi National Council of Rural Education (MGNCRE), Ministry of Education, Govt. of India. The workshop was organized under VENTEL.

Day 1 Mr. Samarth Sharma, Consultant, MGNCRE, MOI, Govt. of India was the guest speaker, who motivated and encouraged the students and made them aware of the activities being conducted under VENTEL. Nature walk to identify and collect the material required for dry arrangements and bouquets. Finishing the collected material with paint and varnish

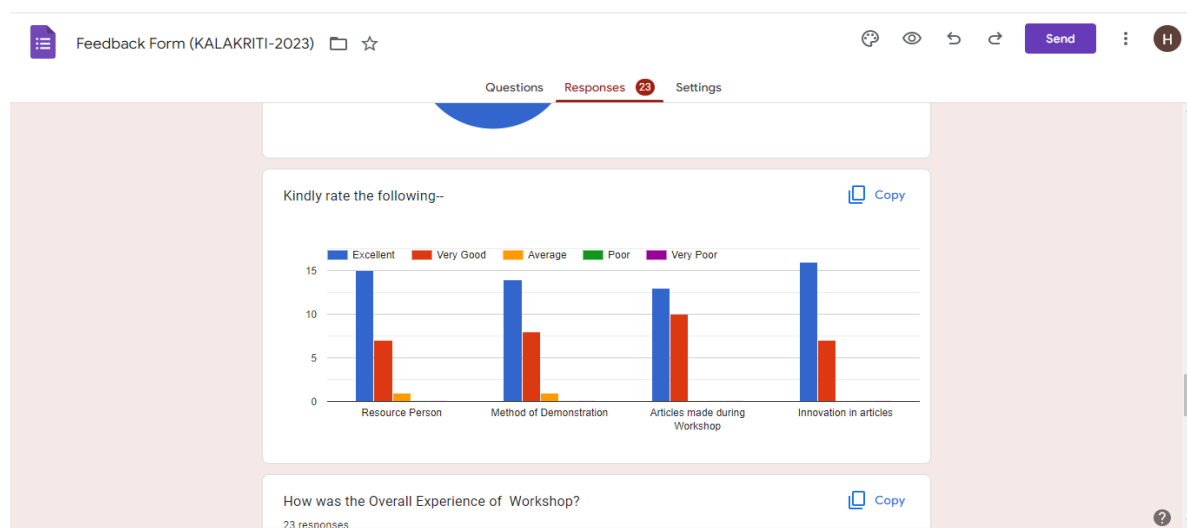
Day2: Hands on training on making and presenting different styles of arrangements and bouquets with dry material.

Day3: Exhibition and best entry competition.

Beautiful artistic dry arrangements were prepared and displayed by the students. Principal, Dr. Nisha Bhargava appreciated the efforts of the faculty & a student as minimal expenditure was incurred on the workshop. Bare minimum amount was spent that too for giving finishing touch to the final products in order to prolong their life. Only waste material which otherwise would not even be noticed was utilized. 33 students from various streams participated in the workshop. Best entries were adjudged and they were given prizes and certificates.

Name of the Prize Winners are -

- 1. 1st Prize: Niharika (B.A. I)**
- 2. 2nd Prize: Sonali (B.A. I)**
- 3. 3rd prize:Pranat (B.A.I)**
- 4. Special Prize: Nupur (B.A. I)**





Mehr Chand Mahajan DAV College for Women
Sector 36-A, Chandigarh (U.T.)
A recognized Vocational Education Nai Talim Experiential Learning [VENTEL] Action Plan Institution

To mark the celebrations of
NATIONAL GIRL CHILD DAY
Department of Home Science
In association with
Mahatma Gandhi National Council of Rural Education
(Ministry of Education, Govt. of India)
organizes A Skill-based 3 Day Workshop

Kalakriti
Waste to Art

Dates: 23 to 25 January 2023 | Timings: 10:00 am to 1:00 pm
Learn to create and present decorative dry arrangements and bouquets from natural dry plant material.

Guest Speaker: Mr Samarth Sharma, Consultant, MGNCRE, MoE, Govt. of India
Resource Person: Ms Darpanjot Kaur, Department of Home Science

Day1: Nature walk to identify and collect the material required for dry arrangements and bouquets. Finishing the collected material with paint and varnish. Day2: Hands on training on making and presenting different styles of arrangements and bouquets with dry material. Day3: Exhibition and best entry competition in different categories.

Prior Registration is mandatory. Registration Charges: Rs 200 (Two Hundred only).
Last date of Registration: 20 January 2023. [CLICK HERE](#) to register.

Online Registration Details: •Name of the Account: Principal, MCM DAV College for Women, Chandigarh. •Bank: State Bank of India. •A/C No: 3072717538 •IFS Code: SBI N0010609
•After payment, please attach the screenshot of the Transaction in the Registration Form

Ms Rati Arora & Dr Harjot Kaur Mann | Dr Vandana Sharma | Ms Jyotsna | Dr Nisha Bhargava
Coordinators | Nodal Officer | Co-convenor | Convenor & Principal

For any query, please contact at: 9501202881, 9464656728



National level painting competition on the theme: “Incredible India- Journey of India since independence.

The Character Building Committee of Mehr Chand Mahajan DAV College for Women in collaboration with the Swatchta Committee of Arts organized a National Level Painting Competition titled **Incredible India** - on the theme **Journey of India since Independence** to mark the 74th Republic Day of the country.

The participants showcased the theme beautifully on the canvas and shared their entries through a Google form. The competition witnessed enthusiastic participation from students across the country.

The great freedom struggle, universalisation of Education, procurement of historic monuments, cultural diversity, technological innovation and advancement, strength of armed forces, and various national highly acclaimed schemes were displayed amazingly well by the participants.

The sense of pride was reflected in all the entries, which reassured the bright future of the nation in the hands of our young brigade.

The top 5 paintings were awarded certificates and cash prizes.

Results

❖ 1st prize - **Shubhreet Kaur**

Cash prize- Rs 4000, MCM DAV College for women, Chandigarh

❖ 2nd prize- **Bhawna**

Cash prize- Rs 3000, Lakshmi Bai College, Delhi University

❖ 3rd Prize- **Bharti Yadav**

Cash prize - Rs 2000, MCM DAV College for women Chandigarh

❖ 4th Prize- **Shail Putri**

Cash prize- Rs 1500, Shivalik hills College of Education, Patti, Punjab

❖ 5th Prize - **Janvi Goyal**

Cash prize- Rs 1000, MCM DAV College for women, Chandigarh

Mehr Chand Mahajan
DAV College for Women
 Sec-36A, Chandigarh

Character Building Committee
 in collaboration with
 Swachhta Committee of Arts

IS ORGANISING **NATIONAL**
 PAINTING **LEVEL**
 COMPETITION

On This **73rd Republic Day** marking the journey
 of incredible India since Independence

Theme: **INCREDIBLE INDIA**
Journey of India since Independence

Instructions:

- Participants are required to make a painting on canvas (any size) showing journey of our country.
- Only 1 entry is allowed per participant.
- Register on this link and Upload your entry till 22nd January, 2023: [CLICK HERE](#)
- After submission, keep the hardcopies intact.
- Top 5 entries will be rewarded with Cash Prizes and Certificates. Decision of the judges would be final and binding.
- Results will be informed via registered E-mail on 26th January 2023.

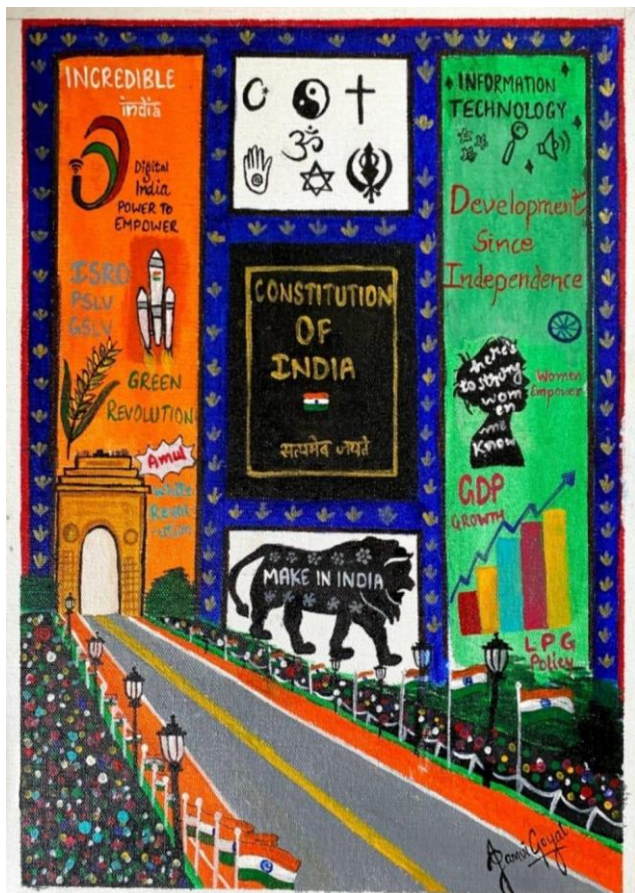
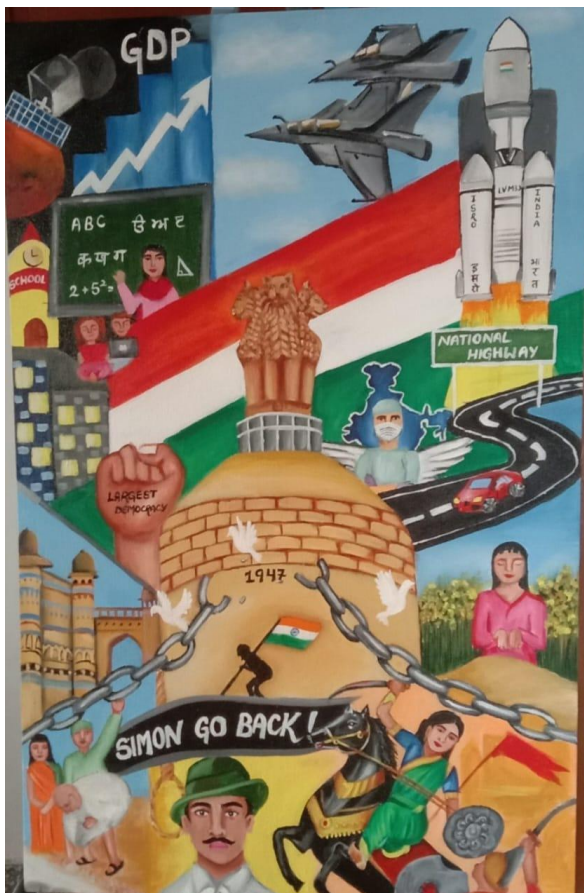
Best Entries!
 1st: 3,000/-
 2nd: 2,000/-
 3rd: 1,000/-

Neeruj Sagwal
 Chhavi (85589 80454)
 Hitakshi (78148 15914)
 Student Ambassadors

Dr. Minakshi Rana
 Coordinator

Mrs. Suman Mahajan
 Co-Convenor

Dr. Nisha Bhargava
 Convener & Principal



एमसीएम में देशभक्ति के जोश के साथ मनाया गणतंत्र दिवस समारोह



हृदय हरियाणा/अमृत चंडीगढ़। मेजर चंद्र महाजन कोरपो कॉलेज चंडीगढ़ में, एमसीएम ने देशभक्ति का भाव धरते हुए 74वें गणतंत्र दिवस को शानदार तरीके से मनाया। मेजर जनरल जसवीर सिंह संघू सेवानिवृत्त, एनडीएसएम, निदेशक

को प्रेरित करते हैं और हमें अपने देश की सेवा करने के लिए फिर से ऊर्जा देते हैं। राष्ट्र निर्माण में महिलाओं की अविभाज्य भूमिका पर अपने विचार साझा करते हुए, उन्होंने कहा कि अधिक से अधिक महिलाओं को साक्षर बनाने में शिक्षण प्रसार और विभिन्न क्षेत्रों को बढ़ने में अथवा मिशनर विचारों के माध्यम से युवाओं को प्रेरित करने में कॉलेज की भूमिका को महत्त्व देना है, जो देश के विकास के लिए प्रभावी ढंग से योगदान दे रही है।

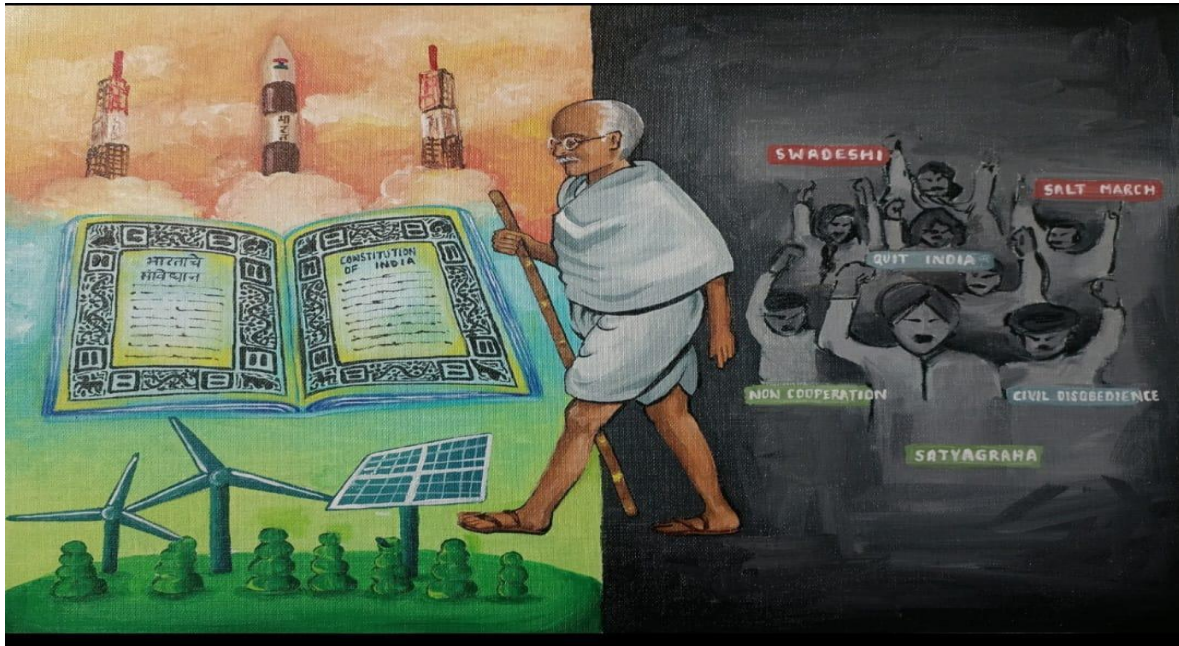
विद्यार्थियों को इससे दूरदर्शी राष्ट्र निर्माण के नवोन्मेष पर चलने के लिए प्रेरित किया और हमारे देश को गौरव की अनुभूति देना का संकेत से करने के लिए मार्ग प्रशस्त किया। समीप विभाग के विद्यार्थियों द्वारा आयोजित गीतों को सुनाया गया और एमएसएम स्वयंसेवकों द्वारा देश गीत और जब हो नौसे देशप्रीति गीतों पर गूण प्रदर्शन सहित सांस्कृतिक कार्यक्रम ने दर्शकों को मंत्रमुग्ध कर दिया। गणतंत्र दिवस की पूर्व संख्या पर अवैतन विभिन्न प्रायोजकों के विद्यार्थियों को कार्यक्रम के दौरान उत्साह और उत्साह प्रकट करने में सहायता प्रदान की।

विद्यार्थियों को इससे दूरदर्शी राष्ट्र निर्माण के नवोन्मेष पर चलने के लिए प्रेरित किया और हमारे देश को गौरव की अनुभूति देना का संकेत से करने के लिए मार्ग प्रशस्त किया। समीप विभाग के विद्यार्थियों द्वारा आयोजित गीतों को सुनाया गया और एमएसएम स्वयंसेवकों द्वारा देश गीत और जब हो नौसे देशप्रीति गीतों पर गूण प्रदर्शन सहित सांस्कृतिक कार्यक्रम ने दर्शकों को मंत्रमुग्ध कर दिया। गणतंत्र दिवस की पूर्व संख्या पर अवैतन विभिन्न प्रायोजकों के विद्यार्थियों को कार्यक्रम के दौरान उत्साह और उत्साह प्रकट करने में सहायता प्रदान की।

एमसीएम में मनाया गणतंत्र दिवस



कॉलेज प्रिंसिपल डा. निशा भागवत झंडा फहराते हुए।
सवेरा न्यूज/नीना चंडीगढ़, 27 जनवरी : एमसीएम डीएवी कॉलेज फॉर वूमैन सेक्टर 36 ने देशभक्ति का भाव धरते हुए 74वें गणतंत्र दिवस को शानदार तरीके से मनाया। मेजर जनरल जसवीर सिंह संघू सेवानिवृत्त, एनडीएसएम, निदेशक
 माई भागो सशस्त्र बल तैयारी संस्थान मोहाली ने इस समारोह में बतौर मुख्य अतिथि शिरकत की। कार्यक्रम की शुरुआत एक ध्वजारोहण समारोह के साथ हुई, जिसमें मेजर जनरल संघू ने तिरंगा फहराया और दुनिया के सबसे बड़े लोकतांत्रिक देश भारत के नागरिक होने का गर्व उपस्थित सभी लोगों के दिलों में भर दिया। मार्च पास्ट ने दर्शकों को देशभक्ति भाव और असीम जोश से भर दिया। अपने संबोधन में, मेजर जनरल संघू ने जोर देकर कहा कि गणतंत्र दिवस और स्वतंत्रता दिवस ऐसे अवसर हैं, जो प्रत्येक भारतीय को प्रेरित करते हैं और हमें अपने देश की सेवा करने के लिए फिर से ऊर्जा देते हैं। उन्होंने महिला नेताओं को तैयार करने में कॉलेज की भूमिका की सराहना की, जो देश के विकास के लिए प्रभावी ढंग से योगदान दे रही हैं साथ ही इस तथ्य की ओर इशारा किया कि कॉलेज की पूर्व छात्राएँ सशस्त्र बलों की सेवा कर रहे हैं। डॉ. निशा भागवत ने भारतीय संविधान के निमाताओं और स्वतंत्रता सेनानियों को श्रद्धांजलि अर्पित की। विजेताओं में शामिल हैं भावना एनसीसी नौसेना विंग कैडेट जिन्होंने डीजी एनसीसी पुरस्कार जीता और नौ सैनिक शिविर में भाग लिया, अर्वातिका एनसीसी नौसेना विंग कैडेट जिन्हें 1 सीएचडी नौसेना इकाई का सर्वश्रेष्ठ कैडेट घोषित किया गया था और सुष्टि साही यूबीए स्वयंसेवक जिन्होंने कक्षेरी में पुस्तक दान अभियान के लिए 15000/- रुपये का दान दिया। गणतंत्र दिवस के उपलक्ष्य में, कॉलेज ने उत्सव को यादगार बनाने के लिए कई अन्य गतिविधियों का आयोजन किया।



Session on 'Vocabulary Building'

The Career Counselling Cell of the college, in collaboration with Career Launcher, organised a session on 'Vocabulary Building' on 31st January, 2023. The resource person for the session was Mr. Vineet Sharma, Faculty, Career Launcher. The session aimed to spread awareness among the students about the importance of communication and the role played by good vocabulary in effective communication. 147 students participated enthusiastically in the session and learnt the best use of words in the simplest possible manner.



Samsung Quad Camera
 MCM DAV College for
 Women 31.01.2023



Samsung Quad Camera
 MCM DAV College for
 Women 31.01.2023

Pitching Perfect

The Department of Food Science under the aegis of Institution’s Innovation Council (IIC) organized a visit to Lovely Professional University, Phagwara, Punjab on 1st February 2023. 10 students of B. Sc MFT, under 6 teams, accompanied by two faculty members Dr. Gurpreet Kaur and Dr. Deepika Malik, participated in the “Pitch Fest” organized by the Department of Innovation and Entrepreneurship, LPU. This competition was open for all startups across India. The renowned investors like Mr. Rishav Agarwal, Mr. Himanshu Jain, Ms. Ridhima Dwivedi, Mr. Manish Kumar and Mr. Chandan Tiwari were present at the event. Our students represented their ideas and discussed their viability as daily needs in present as well as

upcoming time. All the innovative ideas were praised and applauded by the investors. The teams were called one by one and were asked to explain the relevancy of their product. A number of teams from various institutes and firms and some individuals took part in this pitch fest. Later our students got the opportunity to interact with one of the investors, Mr. Chandan Tiwari. He took a session of around 30 minutes where he emphasized the business tools and techniques to further strengthen the research ideas and innovative products. He listed various testing and verifying agencies for some products. Also, he suggested one of our team to get their Idea patented for ready acceptance by the market. Further he directed some students towards various funding Agencies for carrying forward the researches to meet next level for testing and commercialization. He highlighted and discussed the points where the individual teams were lacking behind.



LPU **STARTUP PUNJAB** **INNOVATION MISSION PUNJAB**
BUSINESS FIRST INFINITE POSSIBILITIES

PITCH FEST

30th JAN - 1st FEB 2023

VENUE: LOVELY PROFESSIONAL UNIVERSITY

INVESTORS

MR. RISHAV AGARWAL	MR. HIMANSHU JAIN	MS. RIDDHIMA DWIVEDI	MR. MANISH KUMAR	MR. CHANDAN TIWARI

IN ASSOCIATION WITH

10 CRORES OF FUNDING

REGISTER NOW

OPEN FOR ALL STARTUPS ACROSS INDIA

ORGANISED BY DEPARTMENT OF INNOVATION & ENTREPRENEURSHIP, STUDENT WELFARE (WING), LOVELY PROFESSIONAL UNIVERSITY

Visit to an Awareness cum interactive session on “An opportunity to nurture life science innovations, start-ups and individuals” organized by BioNEST & EYUVA Centre, Panjab University Chandigarh.

Under the BIG scheme, BIRAC provides a grant-in-aid of up to Rs.50 lakhs for a period of 18 months. An inspiring Awareness and Interactive session on Biotechnology Ignition Grant (BIG) was organized by BioNEST-Panjab University on 7th February, 2023. **Dr. Anil Wali**, Guest of Honour of the event gave the insight about the BIG Scheme and spread awareness amongst young minds about the opportunity to nurture life science innovations and start-ups. He further provided guidelines about the BIG scheme and details on writing proposals for the BIG grant. He added about the importance of the Entrepreneurship to the students and motivates them to be successful entrepreneurs. The speaker said there is need to identify the problem and works for its solution and emphasized that there is a need to focus on the impact and translation of Knowledge into wealth. A total of 35 Students of B. Sc. (MFT- II) attended the session.



BioNEST & EYUVA Centre
 Panjab University Chandigarh
 In collaboration with FITT Invites applications for

BIG 22nd Call

Biotechnology Ignition Grant
 Igniting new ideas

Grant-in-aid upto
INR 50 LAC

WHY
 BioNEST & FITT-IIT DELHI ?

- A vibrant innovation ecosystem
- Industry & investor connect
- Technical & business support
- IPR IPR management

ELIGIBILITY

- Startups
- Scholars
- Individual Innovators
- Faculty Members
- Technical Staff
- Scientists

Domain

- Healthcare & Life science
- Agriculture & Allied areas
- Drugs Vaccines & Drugs Delivery
- Industrial Biotechnology
- MedTech Devices & Diagnosis
- Veterinary Science
- Clean Energy & Environment
- Waste Management & Sanitation

An opportunity to nurture life science innovations, start-ups and individuals

Prof. Renu Vig
 Chief Guest
 Honorable Vice Chancellor
 Panjab University, Chandigarh

Dr. Anil Wali
 Guest of Honour
 Managing Director
 FITT, IIT, Delhi

Speaker
 Dr. Ashutosh Pastor
 Head Incubation
 FITT, IIT, Delhi

Success stories
 Innovator ki Kahani
 Start-ups sharing their journey of becoming a successful entrepreneur

CIL Auditorium, CIL Building,
 Panjab University, Sector 14,
 Chandigarh

7th February 2023
 11:00 a.m.

Apply By : 15th Feb,2023 | 5:30 PM

Contact Us:
 bio nest@pu.ac.in | eyuva2021@pu.ac.in
 bnfitt@gmail.com | m00071@fitt.ac.in

Communication Skills: Radio Mirchi

The Mass Communication Department, in collaboration with Mirchi 98.3, organised a Talent Hunt Competition. The competition, including Just a Minute (JAM) and RJ Hunt, received overwhelming response as 370 students registered for it. In JAM, the participants showcased their quick-thinking skills as they spoke on the topic given to them on the spot. As part of the RJ Hunt, the participants were required to exhibit their talent in the form of singing, mimicry, etc. and present a link for a radio programme. A fun-filled 'Sawal pe Sawal' round had the audience in splits as the answer to question was supposed to be a question only. Mirchi RJs Vishal, Shanky and Manisha interacted with the students during the event, and showcased their talent as well. The winners of JAM and RJ Hunt were felicitated at the end of the event. Principal Dr. Nisha Bhargava lauded this initiative of the Mass Communication Department to provide the students an opportunity to explore their talent in the dynamic and creative world of radio jockeying. She informed that the Department lays immense emphasis on imparting practical knowledge to the students and that the college proudly figures among top Mass Communication institutions of the country in surveys by India Today, Outlook, Open Magazine and The Week.



A Talk on Career Prospects in Radio and the Art of Voice Modulation

The Department of Mass Communication organised a talk on 'Career Prospects in Radio and the Art of Voice Modulation'. Mr. Sarvpriya Nirmohi, a Broadcasting expert with over 25 years of experience in All India Radio, was the resource person for this engrossing talk that aimed to educate students about the opportunities in the exciting world of radio broadcasting and to introduce them to the nuances of voice modulation. From Broadcast and Sound Engineers to Announcers, Directors, Station Managers and Operations Managers, Mr. Nirmohi shed light on the plethora of career options in radio industry in the key areas of technology, content and creative, and management. Adding that besides being an exciting career option voice modulation is also a crucial life skill, Mr. Nirmohi discussed at length and also demonstrated voice modulation techniques. The participants found the talk highly beneficial as it enriched their knowledge base. Principal Dr. Nisha Bhargava lauded this effort of the Mass Communication Department to help students discover the possibilities in radio and sharpen their skill of voice modulation. She further informed that the Department, through such initiatives, consistently endeavours to bridge the industry-academia gap for enhancing students' employability quotient.





Soft Skills Programme by Placement Cell

The Placement Cell organized a Soft Skills Programme, Mahindra Pride Classroom to impart soft skills to students to increase their employability. 12 sessions were conducted from 2nd February to 15th February 2023. The resource person was Ms. Monica Limbu, Adjunct Faculty, Certified Soft Skills Trainer, Employability Skills Training, Mahindra Pride Classroom. She covered topics relating to Life Skills, Soft Skills and Interview Skills. 47 participants enrolled for the programme and benefitted from the hands on sessions.





Placement Cell in collaboration with Institution Innovation Council organizes Orientation Session on Financial Lab Cum Incubation Centre

Placement Cell in collaboration with Institution Innovation Council organized an Orientation Session ‘Grow With Us: By joining our unique industry Readiness Program’ on Financial Lab Cum Incubation Centre conducted by Skill Labs on 20th February, 2023. It was attended by 78 students. This was followed by an internship offer for 14 students. These students also attended the classes (40 hours) that were conducted by Skills Lab.



Employability Enhancement Programme: Certificate Programme in Banking, Finance & Insurance (CPBFI)

Placement Cell of the College organised an Employability Enhancement Programme ‘Certificate Programme in Banking, Finance & Insurance (CPBFI)’ which was a 100 hour workshop (20th February to 30th March, 2023) in which 40 students participated. This was organised in collaboration with Bajaj FinServ. A nominal fee of Rs. 1000/- was paid by participants and balance was subsidized by Bajaj FinServ. Final Year Students of B.COM, BBA and BA (Economics), First and Second Year Students of MA (Economics) and M.COM were eligible. CPBFI, a customized certificate programme was designed for fresh graduates and final year students aspiring to build a career in the financial service industry with right attitude, domain knowledge and communication and workplace skills. The Placement cell initially organised an orientation session on CPBFI on 31st January, 2023. 134 students registered for this session and it was attended by 80 students. The orientation session was conducted by Mr. Kanwaljit Singh, Lead Trainer, CPBFI-A CSR Initiative of Bajaj FinServ. 40 students registered for the final programme by paying a fee of Rs.1000.

Mehr Chand Mahajan DAV College for Women | 
Sector 36-A, Chandigarh (U.T.)

Placement Cell
is organizing A EMPLOYABILITY ENCHANCEMENT PROGRAMME
Certificate Programme in Banking, Finance & Insurance (CPBFI)
in collaboration with



Dates: 20 February 2023 to 20 March 2023
Timings: 1:00 p.m. to 4 p.m.
Venue: Science Conference Hall

Eligibility:
Final Year Students of B Com, BBA and BA (Economics),
1 & 2 Year Students of MA (Economics) & M Com

Unique Features

- Short duration (100 hours over 32 days in classroom or 46 days online)
- Fee Rs. 1000/ (One Thousand Only)
- End-to-end experience of the recruitment process
- Programme designed by the industry, for the industry.

Snapshot of the syllabus

- Managing self - Swaroop
- Communication & Workplace Skills
- Overview of Retail Banking
- Overview of Insurance

Ms Sahiba Sharma & Dr Minakshi Rana
Coordinators

Dr Neha Pandeya
Associate Dean
Placements

Dr Mamta Ratti
Dean
Placements

Dr Nisha Bhargava
Convener & Principal

For more details, please contact Coordinators at: 8699771744 & 9780925742







Be a Health Manager 5th edition in series

A one week long workshop titled “**Be A Health Manager**” was organized by the Skill Development Committee of Mehr Chand Mahajan DAV College for Women, in association with the Department of Dietetics, GMCH, Sector 32, Chandigarh, in collaboration with the Unnat Bharat Abhiyan. It was the 5th edition of the workshop with the theme, “**Swatch Ann, Swatch Tann**”. The basic focus was to mark the **International year of Millets** and encourage and promote the use of the mighty grains among students. The whole workshop was designed keeping in mind the theme and the encouragement and promotion of the use of millets. The workshop was held over a period of 5 days, starting from 1st to 4th march, and then the final day, ie., 11th march. Each session was conducted in the college premises for 1 hour, with different resource persons coming to take up various sessions on each day. The participants and the student coordinators were given certificates on the last day of the workshop. The various sessions that took place during the workshop were:

1. Day 1 (1st March)-Inaugural Address by the Principal, Dr. Nisha Bhargawa and All About Millets, by Dr. Gurvinder Kaur(Department of Public administration)
2. Day 2 (2nd March)- Miracle of Millets: Preventive Diet Care with Millets by Dietician Raman Benipal (Department of Dietetics, GMCH)
3. Day 3 (3rd March)- Magic with Millets: Exclusive culinary skills to add millets in your daily life by Ms. Reena (founder of Reena’s Healthy Delights)
4. Day 4 (4th March)- Organic Hair and Skin Care by Ms. SeezaBhardwaj (founder of The Green Loom)
5. Day 4 (4th March)- Visit to farm; SanjhiMitti Tribe (a community model of eco friendly life)
6. Day 5 (11th March)- Millet Food Fest and facilitation of women working towards promotion of millets from villages adopted by UBA





Sustainable Urban Farming

Sustainable urban farming is an innovative way to promote healthy eating and eco-friendly living in urban communities. The college has been a pioneering institution committed to this cause since the year 2018. In a month-long initiative, beginning from 6 March 2022, a group of hostel students of the college embarked on an exciting project 'GROW YOUR OWN FOOD' to grow their own plants in pots, which they will nurture and obtain food from. The initiative aims to not only provide students with fresh and organic produce but also to reduce the carbon footprint associated with food transportation and packaging. Through this project, students have learned valuable skills in gardening and sustainable living, as well as gained a deeper appreciation for the food they consume. Overall, sustainable urban farming has the potential to transform the way we think about food and agriculture in urban environments. By growing their own plants in pots, these students have an opportunity to nurture their own food and learn valuable skills such as watering, fertilizing, and pruning. This project serves as a great example of how small-scale urban farming can contribute towards sustainable living, and how even those living in small spaces can play a role in promoting a greener and more sustainable future.

Mehr Chand Mahajan DAV College for Women
Sec-36A, Chandigarh (U.T.)

Is Organising
GROW YOUR OWN GREENS
An initiative of SUSTAINABLE PRACTICES COMMITTEE
Let the hostel be your home to provide you with nutrition.

INSTRUCTIONS:

- Only for hostellers (UG/PG).
- Participants are required to adopt food plants in their respective block and put a name slip including name, roll no. class, contact)
- Participants are required to take care and observe the growth of plants.
- Saplings can be planted on the basis of their nutritional value. Participants are required to keep the record of geotagged pictures with them. (While caring the plant, sowing the plants, watering it etc.)
- The pots will remain in the college.

HIGHLIGHTS

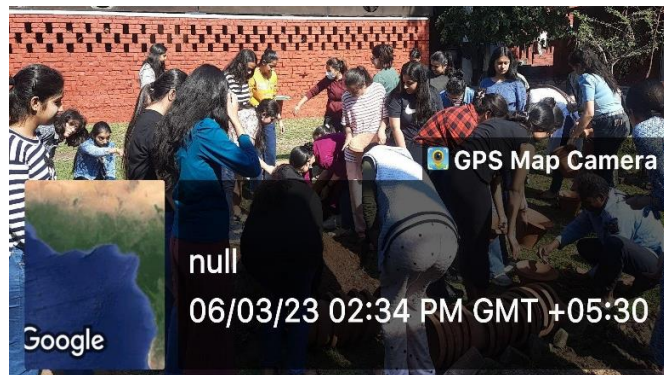
- ★ Certificate of Participation.
- ★ A Chance to appear on the college's channel.
- ★ A Prize for the pictures getting maximum likes on the Instagram post.
- ★ Orientation Class on March 4, 2023 from 2:00 - 3:00 p.m.
- ★ Observation Period : 4th - 31st March, 2023
- ★ Thereafter students will take care of their respective plants till the duration of their stay in the hostel.
- ★ Proper Guidance will be given by Maalis.

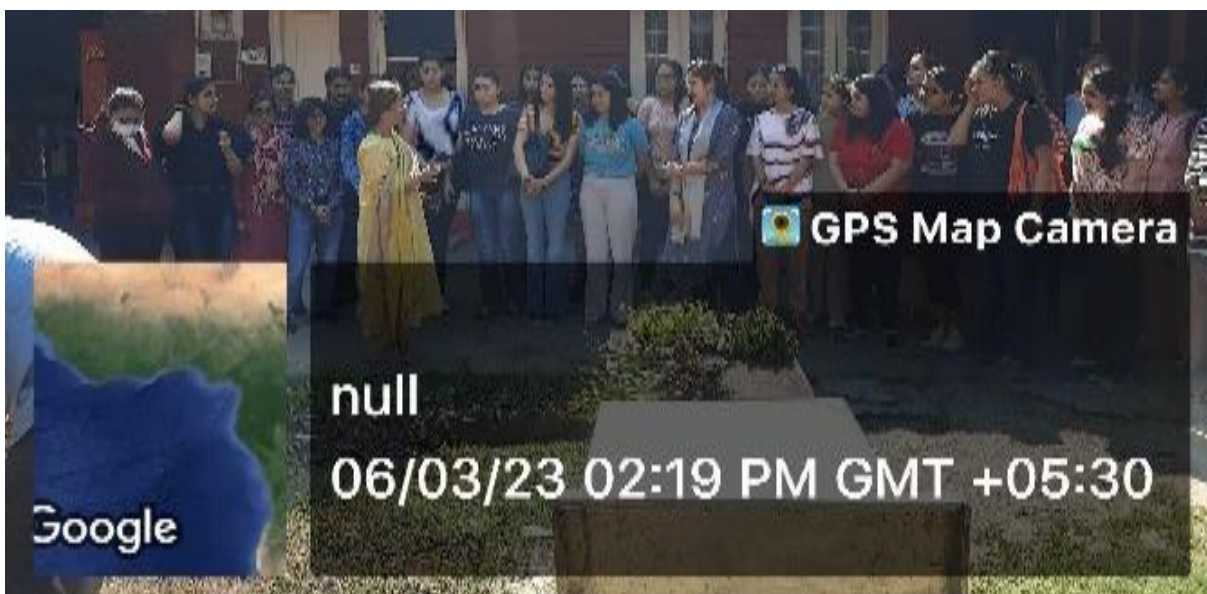
CLICK HERE! To register!

Dr. Minakshi Rana
Dr. Anubhuti Sharma
Ms. Sunita Kumari
COORDINATORS

Dr. Gurvinder Kaur
CO-CONVENER

Dr. Nisha Bhargava
CONVENER & PRINCIPAL

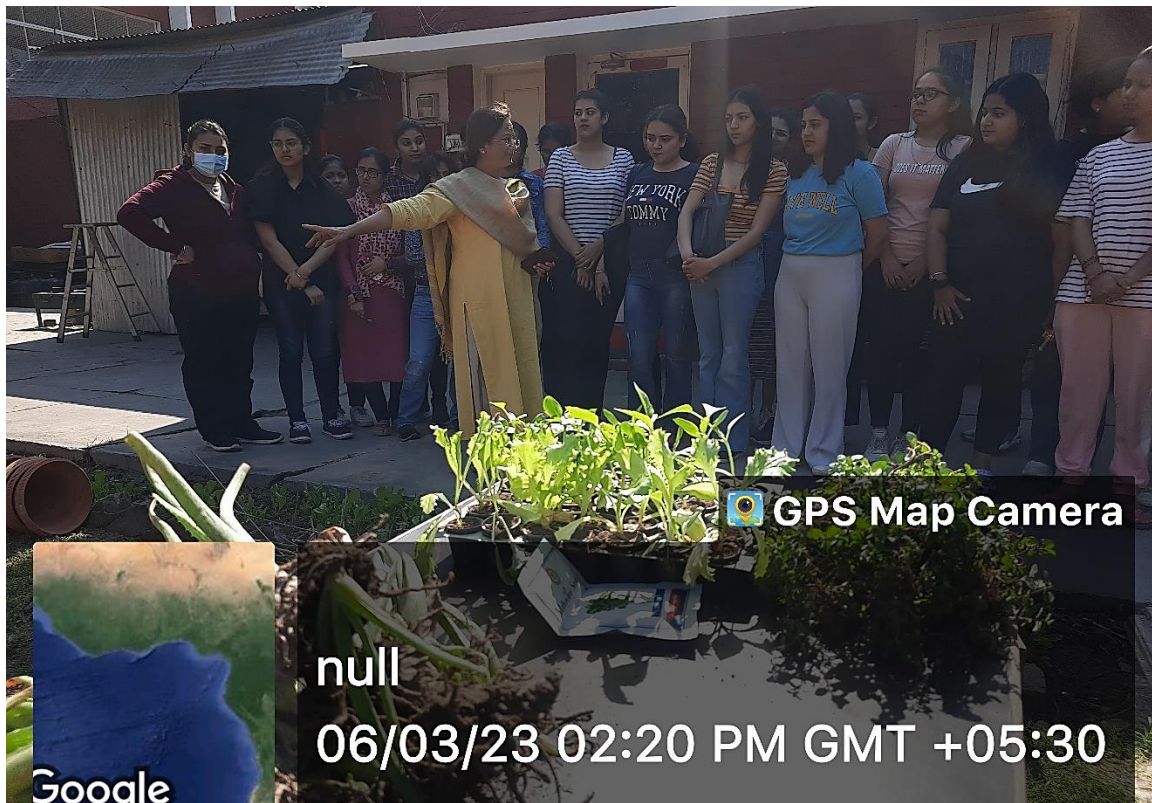




A nearly month long activity ' Grow your own food ' was started on 6 March in the hostel where hostel students were taught how to grow a few herbs and vegetables in pots.It was explained to them how nurturing a few pots could enable them to fulfil many of their nutritional needs.

They were made aware of the significance of seasonal and local food. Aloe Vera, mint, celery, brinjals, cucumber, coriander, were grown. During the course of month, the students were made aware of how to take care of plants in terms of nutrition, friendly/ not friendly insects and soil moisture. Students took care of the plants during the period.









ओरजा

OORJA

A SKILL DEVELOPMENT INITIATIVE
(2022-23)

Mehr Chand Mahajan DAV College for Women
Sector- 36A, Chandigarh