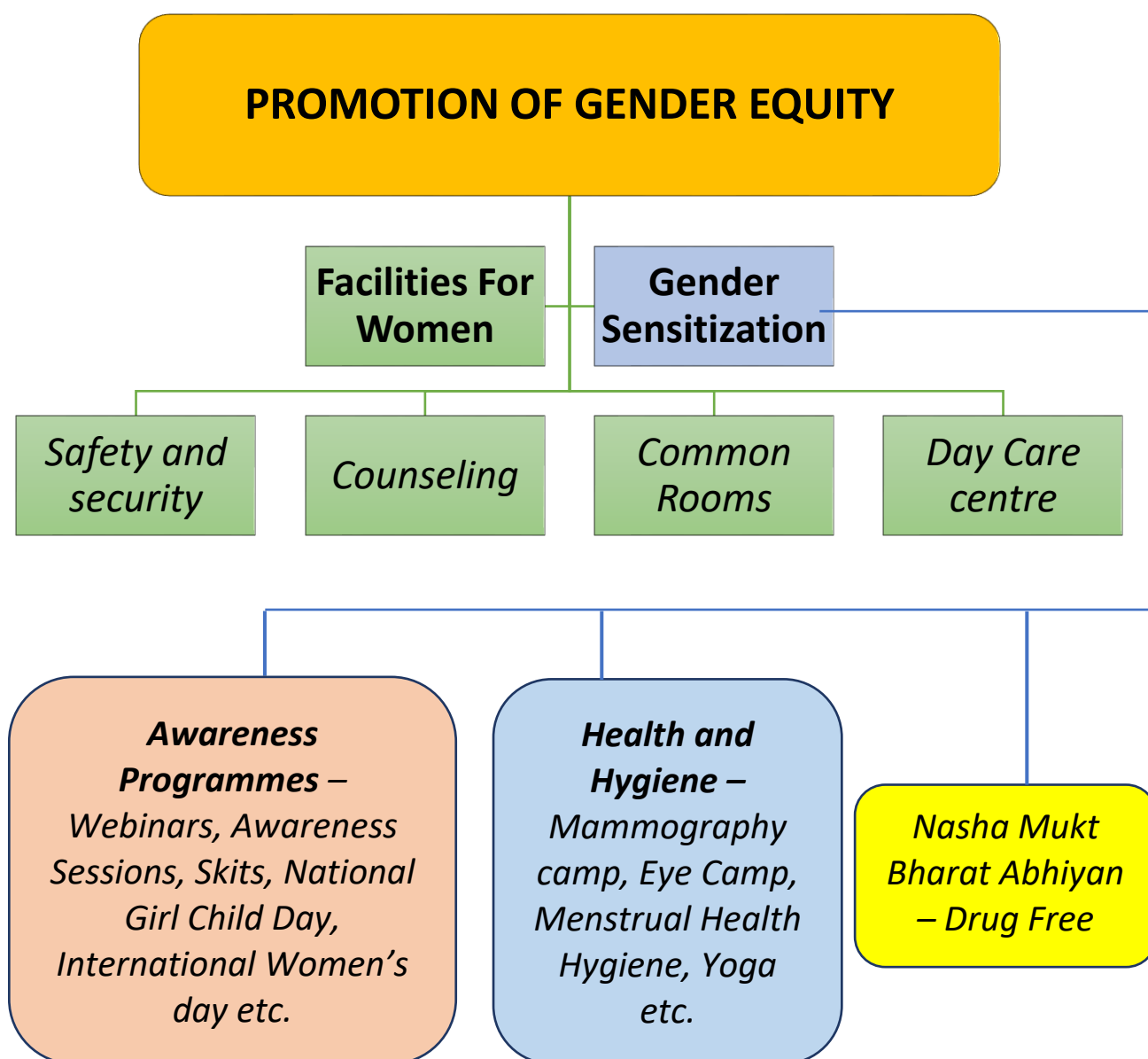


## Supporting Document

### **Criterion 7 – Institutional Values and Best Practices**

#### **Key Indicator - 7.1 Institutional Values and Social Responsibilities**

*7.1.1. Measures initiated by the Institution for the promotion of gender equity during the year.*

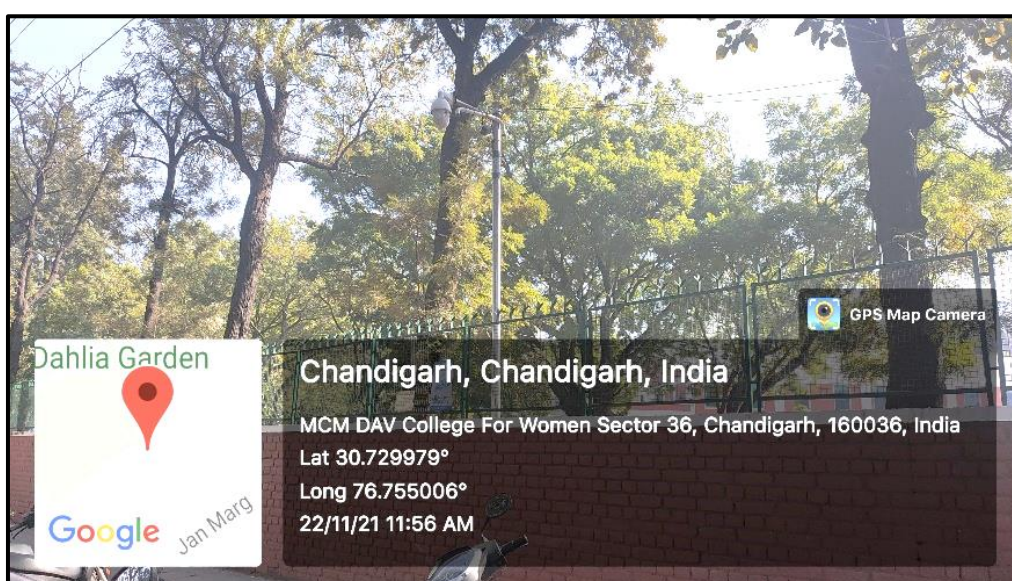


### **Initiatives to promote Gender Equity**

**Specific facilities provided for women in terms of:**

**a. Safety and security:**

- ✓ Being a Women's College, and in order to provide a safe space for its students to learn and grow, safety and security norms are strictly followed by Mehr Chand Mahajan DAV College for Women in all respects. In order to protect the campus from anti-social elements, college has demarcated its boundary with barbed wires and wall spikes. In addition, boundary walls of the campus are quite high so as to prevent the intruders from entering the premises. ID cards are issued to the students and staff to prevent the entry of outsiders into the campus



**Wall Spikes on High Boundary Walls**

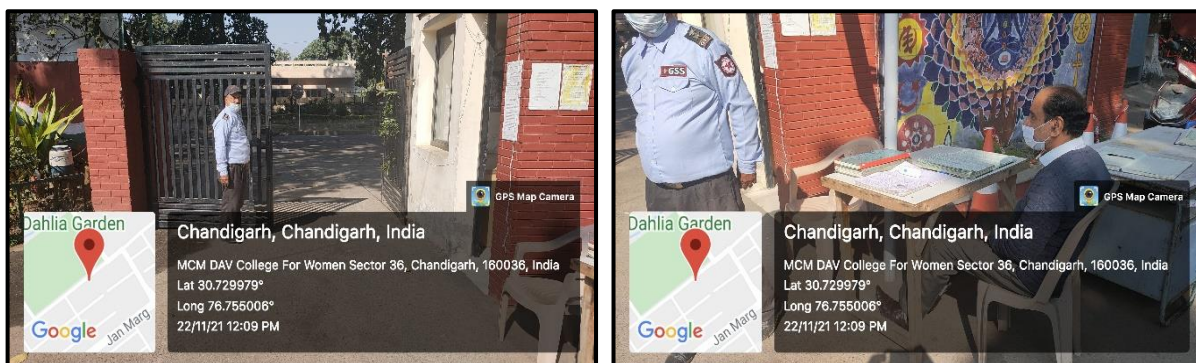


**Barbed Wires on High Boundary Walls**



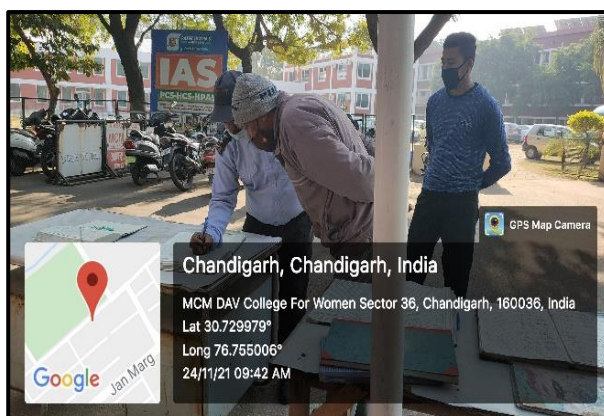
#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ College has a stringent round the clock security of high standards at the college gate. Well trained security guards from “Saarthi” organization have been stationed on a 08 hours roster who regularly check the IDs of everyone entering the campus. They have maintained separate incoming and outgoing registers for visitors and hostellers where information pertaining to their purpose of visit, time of arrival and departure and other necessary details are being noted.

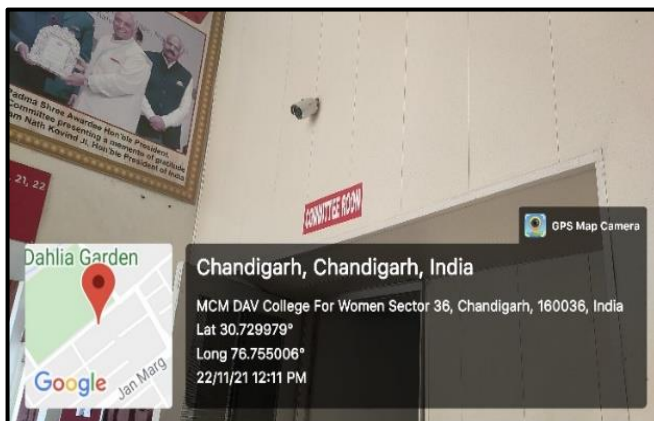


**Well trained Security Guards, stationed at College**

**Maintenance of incoming and outgoing data for visitors and hostellers.**

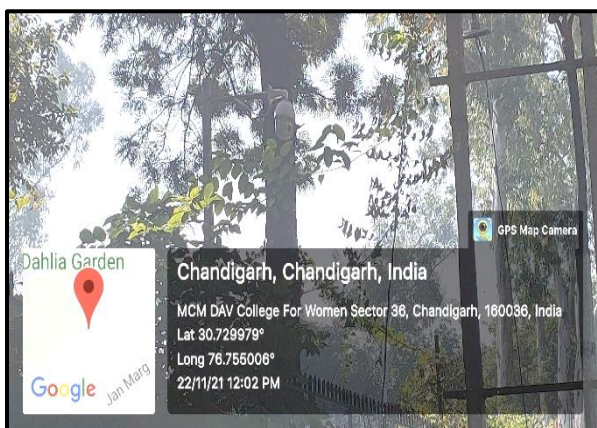
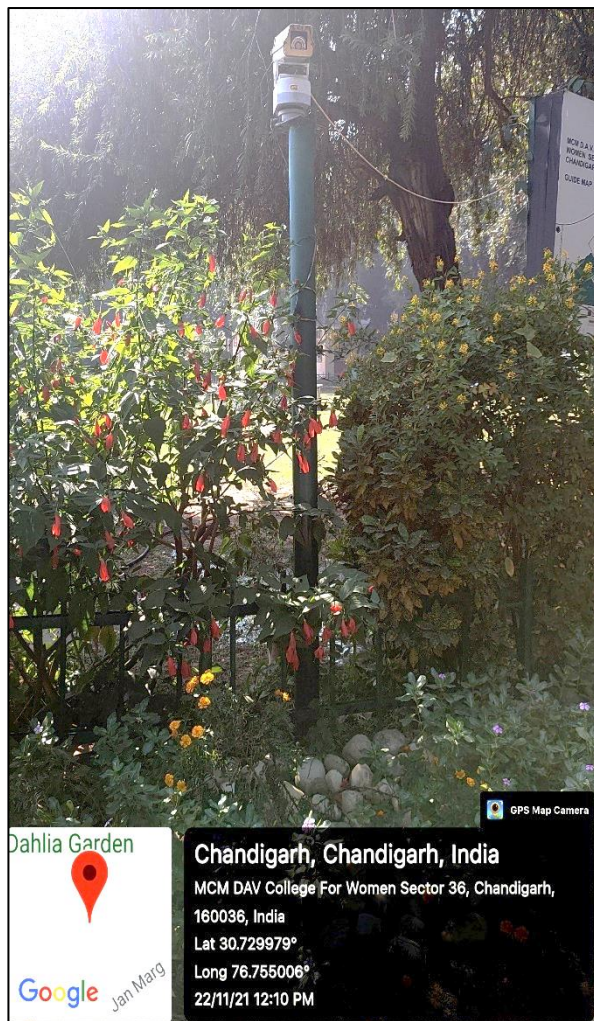
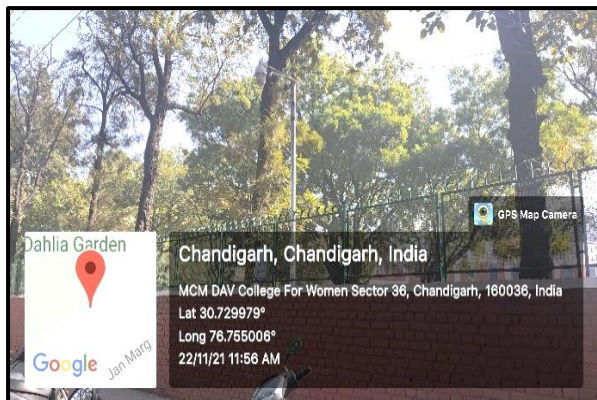


- ✓ To ensure security of students as well as for staff, college has been under 24X7 continuous CCTV Surveillance system. Several CCTV cameras have been installed at strategic positions including 2 on the outskirts of the college boundary, library, celebration ground each floor of Science, Arts, PG Block, Administrative Block, Hostel Gate as well as in Hostel premises. High resolution cameras with 360° rotation and night vision are installed on boundary walls for constant monitoring and security.

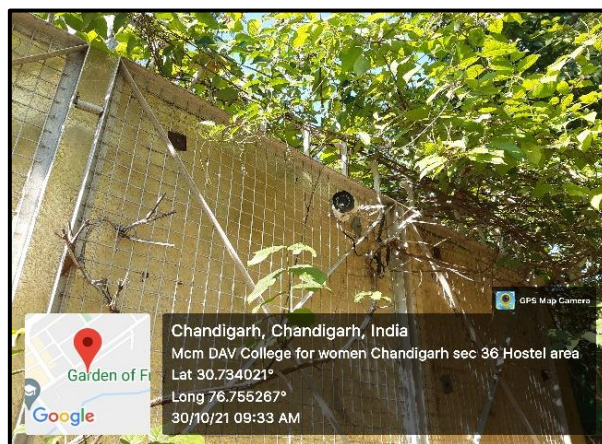




### 7.1.1. Measures initiated by the Institution for the promotion of gender equity



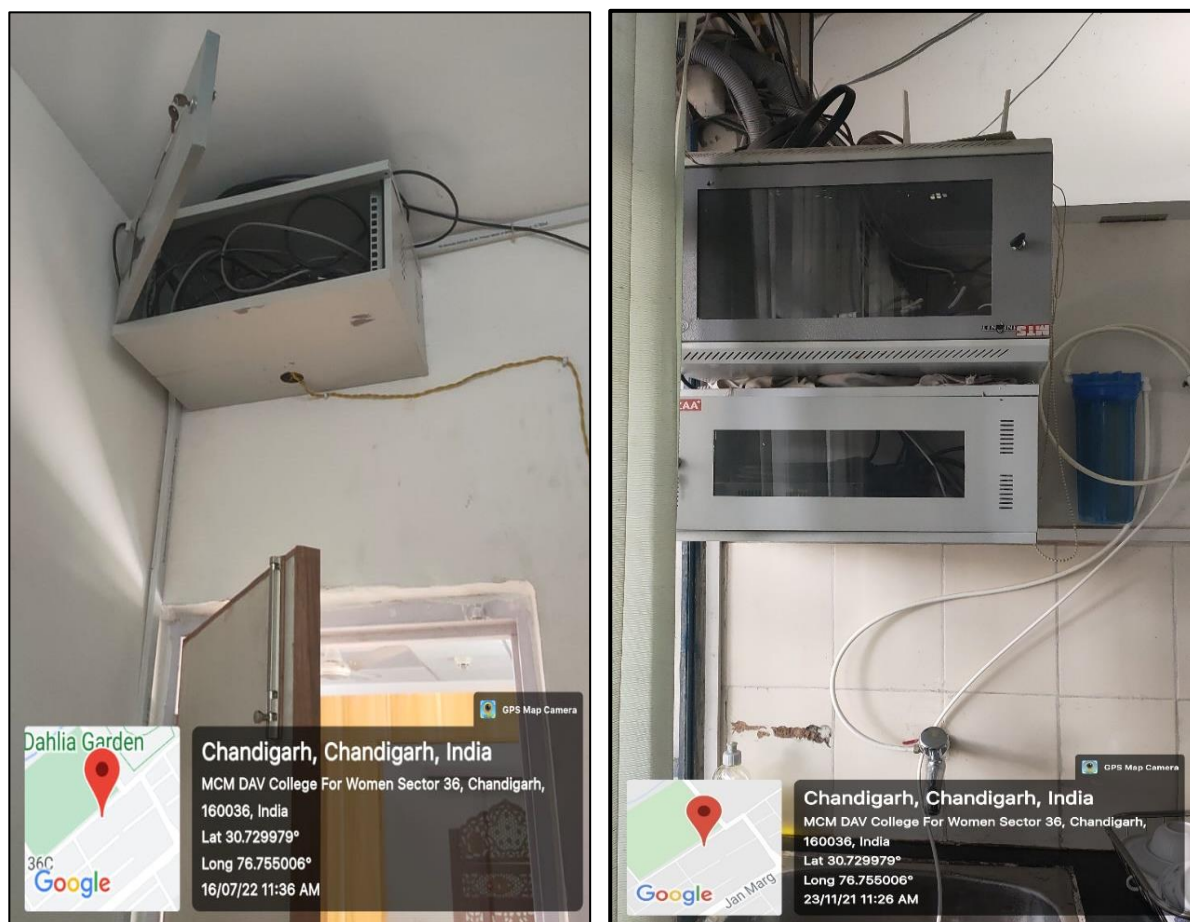
### CCTVs installed in Hostel and College premises



### CCTVs installed



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity



**DVR Units and Screen Monitor for CCTV surveillance in Principal office**

#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ Complaint boxes have been installed in hostel as well as in the campus to collect suggestions or complaints from the students.
- ✓ The college has constituted **Internal Complaints Committee (ICC)** against Sexual harassment with its composition as per the guidelines of MHRD, Government of India. **For its objectives and constitution, visit:**

- ✓ <https://mcmdavcwchd.edu.in/grievance-cell/#1561531392176-99af43c2-d3aa>



- ✓ Besides, **Anti-Ragging Cell, Student Grievance Redressal Cell, Discipline Cell** and **Student Council** have been duly constituted for the interest of students which have been working competently throughout the year (i) to prevents the incidents of ragging in the college and (ii) to address the grievances of students which they encounter in their day-to-day college life.

#### **b. Counseling:**

In order to ensure holistic development of students, Mehr Chand Mahajan DAV College for Women, Chandigarh has taken numerous initiatives and has duly constituted committees including **Geetanjali Counselling Helpline, Women Development Cell, Campus Mentorship Committee, Personality Development Cell, Career Counselling Cell** that are addressing the psychological, emotional concerns and monitoring academic grades of each student.

- ✓ **The Geetanjali Counselling Helpline** of the college provides **in-house counselling** support to the college students as well to staff members and ensure that they have access to mental healthcare services. The committee strives to fight the mental health stigmatization in the society by organizing several awareness or sensitization programmes on various psychosocial issues, personality development, empower our students to face life challenges, promoting their emotional well-being, stress management, teach effective coping strategies, encourage help seeking behavior and address personal psychosocial concerns of the stakeholders.

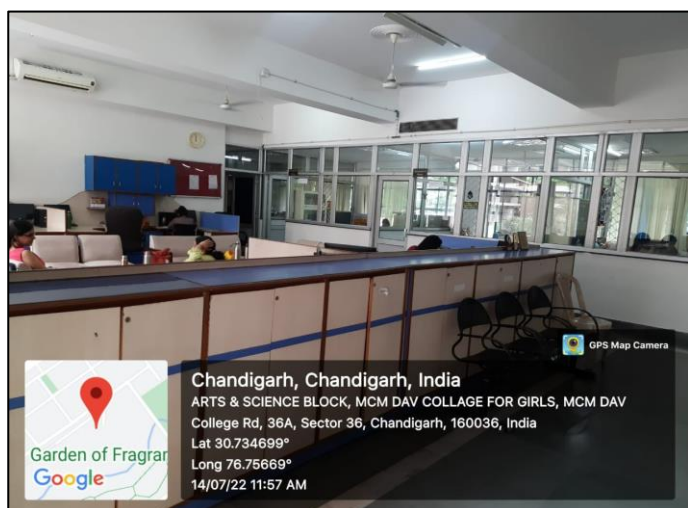


### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ **Campus Mentorship Committee** has been functional since 2017 that aims at close monitoring of the academic grades as well as emotional growth/healing of each student.

#### c. Common Rooms:

- ✓ The college has separate common rooms, computer labs, library, both for staff (in form of Staff room) as well as for students with all necessary facilities in hostel as well as in college campus. Besides, most of the Departments have been allocated with common rooms which facilitate meetings and discussions.



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity



Hostel Library



Hostel Common Room





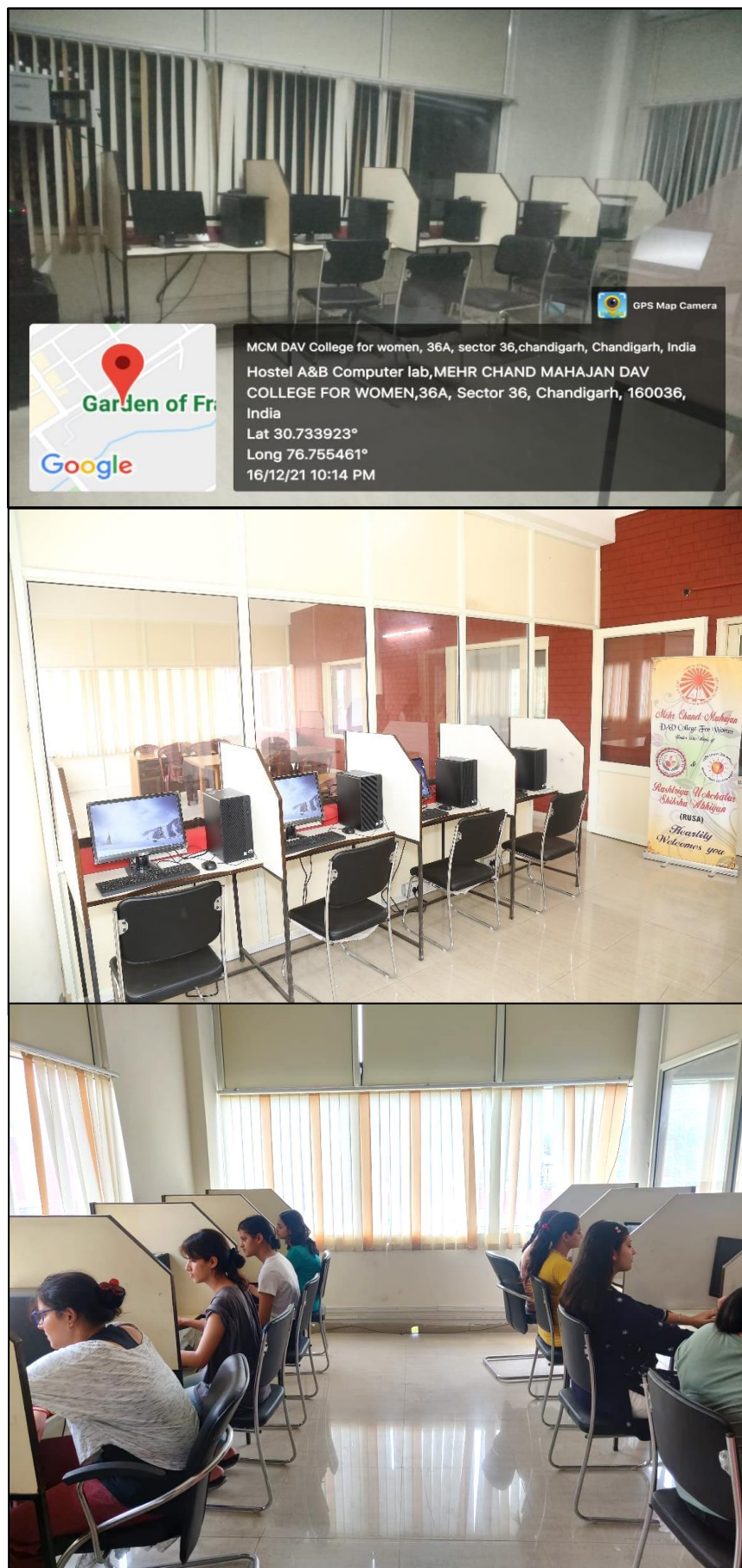
### 7.1.1. Measures initiated by the Institution for the promotion of gender equity



**College Library**



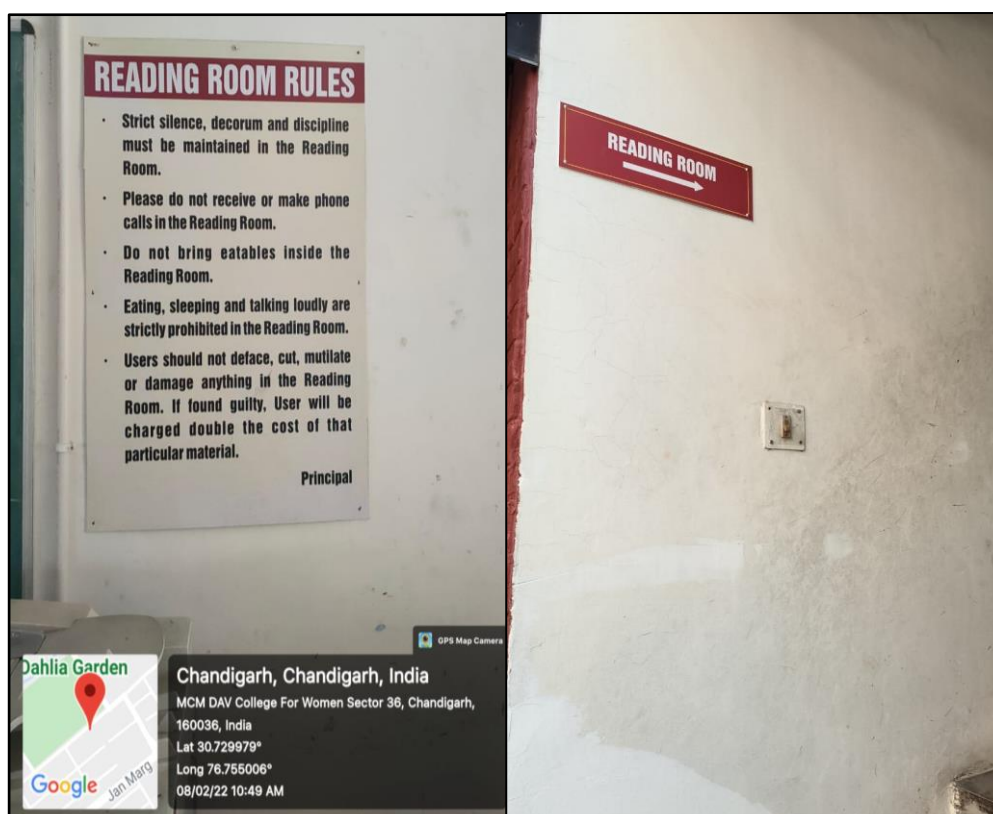
### 7.1.1. Measures initiated by the Institution for the promotion of gender equity



**Digital Room in Hostel**



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity



**COMMON ROOM**



#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ Special areas such as **Celebration Ground with benches/stools installed, Open theatre, grounds, Gym arena, Amphitheatre, Green Lawns, Sports Ground, Recreational Room** have been assigned for recreational cum cultural activities.



**Amphitheatre**



**Celebration Ground for recreational cum cultural activities**



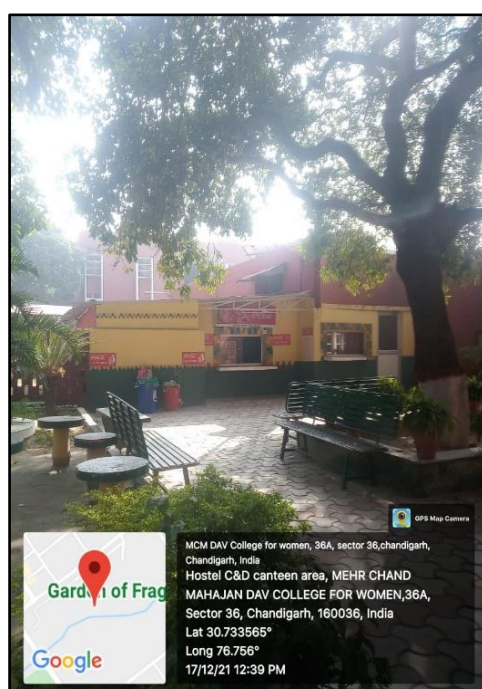
**Siting area in celebration Ground**



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity



Siting area outside canteen



Canteen in Hostel



Open Benches

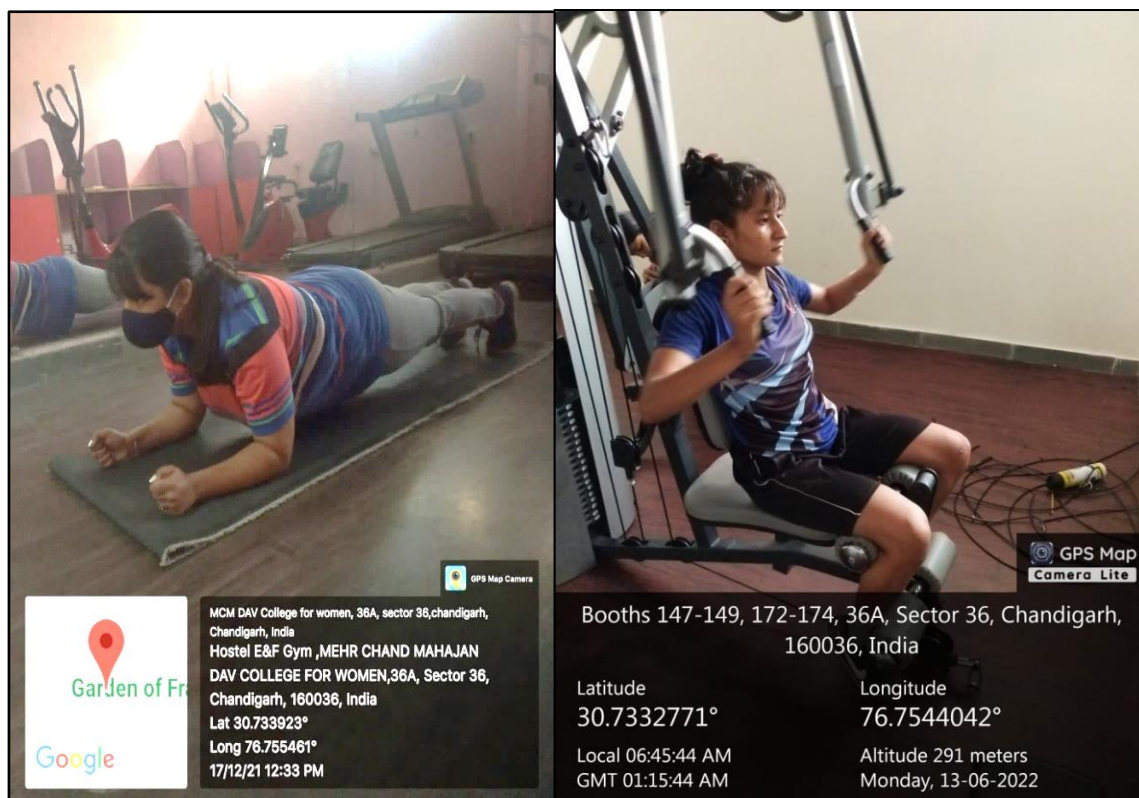


### 7.1.1. Measures initiated by the Institution for the promotion of gender equity



## Recreational Room

### 7.1.1. Measures initiated by the Institution for the promotion of gender equity



**Gym Arena in Hostel**

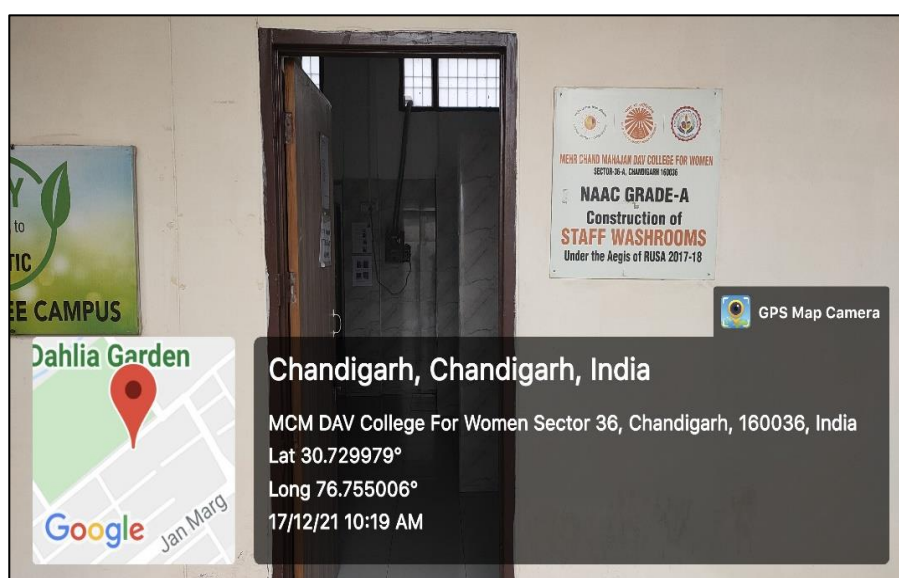


**Gym Arenas in Campus**



#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ Separate washrooms have been allocated for staff as well as for students where sanitary pad vending machine and Incinerators have been installed.



**Separate Washrooms for Staff and Students**

### 7.1.1. Measures initiated by the Institution for the promotion of gender equity



**Incinerator**



**Pad Vending Machine**

- ✓ To ensure good health, provision of medical room has been provided for both staff and students.



**Medical Room**





**d. Day Care Centre:**

For the welfare of the teaching and non-teaching staff, the institution opened a child care centre (creche) - **Madhuban**. It was inaugurated by Sh. Shiv Raman Gaur, Hon'ble Director Higher Education in 2019. Designed by the team



of our own students of the Department of Fine Arts, it caters to young children from the age group of 6 months to 10 years. In the year 2021, another room was added to the facility. It now boasts of well-educated and responsible supervision staff, two rooms with adequate facilities, kitchen, latest electrical equipment, cameras for child monitoring, a garden and open play space.





### 7.1.1. Measures initiated by the Institution for the promotion of gender equity





**List of activities/initiatives taken by Mehr Chand Mahajan DAV College for Women, Chandigarh in Session 2022-23 (1 July 2022 – 30<sup>th</sup> June 2023 are as follows:**

Sr. No	Name of the Committee	Title of the Practice	Duration	Number of Participants (students)	Objectives
1	Mehr Chand Mahajan DAV College for Women, Chandigarh, in association with Government College for Yoga Education and Health, Chandigarh, and with Lokayurved Wellness Concept as knowledge partner	5-day 'Integrated Yog and Ayurved Wellness Capacity Building Programme	02.08.2022 - 06.08.2022	50	To make the educators in higher education aware about enhancement of yog and pranayama practices with the adoption of right diet and lifestyle planning as mentioned in the timeless Ayurved scripture.
2	Victory Against Drug Abuse (VADA) Club	Taking Pledge Ceremony Under Nashe-se- Azzadi: A National Youth and Student Interaction Programme under Nasha Mukh Bharat Abhiyan	04.08.2022	90	To highlight the social problem of Drug Addiction in the contemporary society.
3	Victory Against Drug Abuse (VADA) Club	Taking Pledge Ceremony Against Drug Abuse on the Eve of 75 years of India's Independence Celebrations	12.08.2022	90	To fight the menace of drugs by staying away from drugs and also raising awareness about the same
4	NSS Units	POSHAN MAAH Pledge ceremony	01.09.2022	49	To mark the beginning of 5th Rashtriya Poshan Maah 2022 and generate awareness regarding the significance of ongoing Poshan Abhiyan 2022 among students

**7.1.1. Measures initiated by the Institution for the promotion of gender equity**

<b>Sr. No</b>	<b>Name of the Committee</b>	<b>Title of the Practice</b>	<b>Duration</b>	<b>Number of Participants (students)</b>	<b>Objectives</b>
5	NSS Units	Awareness rally on nutrition in the adopted village Badheri as part of the ongoing Poshan Maah 2022 under the aegis of Poshan Abhiyan	08.09.2022	38	To create awareness about the importance of good nutrition at the grassroots level
6	Victory Against Drug Abuse (VADA) Club in collaboration with NCC	Live Telecasting Awareness Session on "SAY NO TO DRUGS" by the Ministry of Social Justice and Empowerment, Government of India's event held under Nasha Mukta Bharat Abhiyan	12.09.2022	213	To sensitise the NCC Cadets, VADA members and other student volunteers to channelise their efforts for achieving the goal of a sustainable world free from substance abuse.
7	NSS Units and Medical Committee in collaboration with SGHS Sohana Hospital, SAS Nagar, Punjab	Two-day eye care awareness camp - Interactive cum Awareness Session on Eye Care and Eye Check-Up Camp – 2022	15.09.2022 - 16.09.2022	i. For interactive cum awareness Session = 750 ii. For Eye Check-up Camp = More than 250 (including 60 teaching and non-teaching staff)	To spread awareness on eye disorders, early detection of ailments, refractive errors and provide free consultation for solutions to the students and staff of the college
8	Victory Against Drug Abuse (VADA) Club	Elocution Competition: Is substance use addiction, A disease or a choice Essay Writing Competition: Nasha Mukta Bharat Abhiyaan & Road map ahead for its success Painting Competition: Impact of Substance use on individuals	24.09.2022	100	To strengthen the actions and cooperation in achieving the goal of a sustainable world free from substance abuse.
9	Women Development Cell	2-Day Workshop titled "Knotty Knots" in Macrame Art	29.09.2022 - 30.09.2022	21	To promote the macrame art and entrepreneurial skills among women



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

Sr. No	Name of the Committee	Title of the Practice	Duration	Number of Participants (students)	Objectives
10	Victory Against Drug Abuse (VADA) Club	Awareness Lecture on Drug Abuse Among Youth by Dr. Debasish Basu, Professor and Head, Department of Psychiatry, PGIMER, Chandigarh	30.09.2022	100	To educate and refrain the youth from the use of narcotic substances and spread awareness about the drug not only on individuals on society at large.
11	NSS Units and Medical Committee in collaboration with SGHS Sohana Hospital, SAS Nagar, Punjab	One Day Breast Cancer Awareness Camp - 2022	14.10.2022	4 volunteers + 45 staff members	To encourage more women to get their screening done and educate them on breast cancer risk reduction and cure
12	Women Development Cell in collaboration with The Foreign Students' Cell	Workshop on Gender Responsive Approach to Climate Change' by Prof. Namita Gupta from the Department of Human Rights, Panjab University, Chandigarh	10.11.2022	85	To apprise the audience of the contemporary cum sensitive issue of women being the lead victims of the holocaust of climate changes and natural disasters.
13	Unnat Bharat Abhiyan (UBA) Cell in collaboration with Sohana Multi Speciality Hospital, Mohali, along with the NSS unit of the Government Model Senior Secondary School, Maloya.	Mammography Screening Camp for early diagnosis of breast cancer at Government Model Senior Secondary School, Maloya.	10.11.2022	39	For early diagnosis of breast cancer
14	Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with Nivedita Trust for Aahar Kranti under the aegis of Ek Bharat Shrestha Bharat Club	Role of Women in Nation Building'	12.11.2022	200 students +50 faculty members	To celebrate women achievers and their role in nation building

**7.1.1. Measures initiated by the Institution for the promotion of gender equity**

<b>Sr. No</b>	<b>Name of the Committee</b>	<b>Title of the Practice</b>	<b>Duration</b>	<b>Number of Participants (students)</b>	<b>Objectives</b>
15	Mehr Chand Mahajan DAV College for Women, Chandigarh, a recognised Vocational Education Nai Talim Experiential Learning (VENTEL) Action Plan Institution in association with Mahatma Gandhi National Council of Rural Education (MGNCRE), Ministry of Education, Government of India	Skill-based 3-days Hands-on Training Workshop on "Oyster Mushroom Cultivation"	16.11.2022 - 18.11.2022	63 Students; 30 prison inmates	To mark the celebration of Women Entrepreneurship Day
16	Personality Development Cell and Equal Opportunity Cell	An interactive session on "Deciphering the Generation Z-New rules for The Gen Z Personality to be Future Ready"	17.11.2022	100	To equip the students with the knowledge of contemporary personality keywords of success, blended in the sheath of ancient wisdom
17	AIDS Awareness Committee and Medical Committee	Awareness session titled 'Techniques for being young and healthy as you age' by Dr. Preeti Jindal, Senior Gynaecologist, The Touch Clinic	18.11.2022	107 students + 12 faculty members	To apprise the audience of health issues and their treatment
18	Unnat Bharat Abhiyan (UBA) Cell	Awareness campaign on 'Good and Bad Touch' at the Anganwari of the adopted village Attawa, Chandigarh	18.11.2022	10 students	To sensitise the village children about the social evil of the touch related unscrupulous malaise plaguing the society in hidden ways
19	NSS Units	Awareness Session and Books Donation Drive in adopted Village Badheri,	24.01.2023	100	To create awareness about the rights of girls, discuss various issues about inequalities that girls face in their daily



**7.1.1. Measures initiated by the Institution for the promotion of gender equity**

<b>Sr. No</b>	<b>Name of the Committee</b>	<b>Title of the Practice</b>	<b>Duration</b>	<b>Number of Participants (students)</b>	<b>Objectives</b>
		Chandigarh as part of National Girl Child Day Celebration			lives
20	NSS Units	Awareness Rally in adopted village Badheri, Chandigarh as part of National Girl Child Day Celebration	24.01.2023	100	To increase awareness about the importance of girl education, nutrition, and health among the residents of Village Badheri, Chandigarh.
21	NSS Units in collaboration with Red Ribbon Club	Lecture on "HIV/AIDS Awareness and Voluntary Blood Donation"	25.01.2023	100	To highlight the role of Youth in controlling and preventing HIV/AIDS
22	NSS Units in collaboration with Department of Physical Education	Sports Training cum Games Session on Physical Fitness under Fit India Campaign	27.01.2023	100	To improve physical and mental wellbeing of students and inculcate the spirit of teamwork
23	NSS Units in collaboration with Medical Committee	Awareness lecture on the Prevention of Cervical cancer	27.01.2023	100	To make the volunteers aware of the vaccination for young adolescents against the HPV virus that causes cervical cancer.
24	NSS Units in collaboration with Medical Committee and Enactus, SSBUI CET, Panjab University	Workshop on Menstrual Health and Hygiene	28.01.2023	100+20 (Enactus members)	To create awareness about menstrual hygiene
25	NSS Units in collaboration with Department of Physical Education	Cross Fit Training under Fit India Campaign	28.01.2023	100	To make student volunteers fit and apprise them with the concept of Fit India Campaign
26	NSS Units and Medical Committee in collaboration with Fortis Hospital Mohali	Flash Mob Performance on World Cancer Day	03.02.2023	17	To encourage the prevention, early detection, and treatment of the Cancer.

**7.1.1. Measures initiated by the Institution for the promotion of gender equity**

<b>Sr. No</b>	<b>Name of the Committee</b>	<b>Title of the Practice</b>	<b>Duration</b>	<b>Number of Participants (students)</b>	<b>Objectives</b>
27	Post Graduate Department of Sociology	International Online Session on Domestic violence and Immigration Policy for Asian Indian Marriage Migrants in US by Dr Sonia Kapur, Associate Professor, International Studies, University of North Carolina, Asheville	03.02.2023	75	To lay special focus on domestic violence faced by women
28	Victory Against Drug Abuse (VADA) Club	Drug Abuse and Mental Health by Dr. Nelu, Licensed Psychotherapist with a speciality in Addiction and Mental Health, USA, was the resource person	09.02.2023	150	to create awareness about the menace of drug abuse.
29	Victory Against Drug Abuse (VADA) Club	Pledge Ceremony and Poster Making Competition under the aegis of Nasha Mukh Bharat Abhiyan	13.02.2023	100	To make themselves, their family and the nation drug free
30	Women Development Cell	Pad Collection Drive: "Donate a Pad"	20.02.2023 - 21.02.2023	3 students & 3 Teachers	To mark International Women's Day Celebrations 2023 and donate pad to the needy women
31	Victory Against Drug Abuse (VADA) Club	Declamation Contest - Say No to Drugs, Say Yes to Life under the aegis of Nasha Mukh Bharat Abhiyan	23.02.2023	15	To strengthen the actions and cooperation in achieving the goal of a sustainable world free from substance abuse.
32	Women Development Cell	Pad Distribution Drive	28.02.2023	18 students & 3 Teachers	To mark International Women's Day Celebration by donating sanitary pads to underprivileged women of Attawa village, Sec-42, Chandigarh and slum area of sector 25, Chandigarh
33	NSS Units and Medical Committee in collaboration with Amrit	Mammography and Bone Density Analysis Camp as part of International Women's Day	03.03.2022	15 NSS Volunteers + 50 (for Mammography Camp) +103	To encourage more women to get their screening done and educate them on breast cancer and



**7.1.1. Measures initiated by the Institution for the promotion of gender equity**

<b>Sr. No</b>	<b>Name of the Committee</b>	<b>Title of the Practice</b>	<b>Duration</b>	<b>Number of Participants (students)</b>	<b>Objectives</b>
	Cancer Foundation, Sector 35, Chandigarh	Celebrations		(for Bone Density Analysis)	osteoporosis risk reduction and cure
34	Victory against Drug Abuse (VADA) Club	Workshop titled Gender and Substance Abuse by Dr Sukhpreet Kaur, Psychiatric Social Worker, Drug De-Addiction & Treatment Centre, Hoshiarpur.	09.03.2023	100 students	To achieve goal of a sustainable world free from substance abuse.
35	Institution's Innovation Council 5.0 (IIC@5.0) and Health Committee of Mehr Chand Mahajan DAV College for Women, Chandigarh in collaboration with FLOREN	An entrepreneurial talk and an awareness session on Intimate and Menstrual Hygiene	10.03.2023	67	To mark the celebration of International Women's Day and apprise the audience of Entrepreneurship journey of India's first feminine brand 'FLOREN'
36	Women Development Cell	A skit to mark International Women's Day - "Awareness of Women Rights on safety	11.03.2023	16	To apprise the audience of the shackles that hold women back
37	Mehr Chand Mahajan DAV College for Women, Chandigarh, Yuvsatta and Zee Media under the aegis of Department of Higher Education, Chandigarh Administration	Veerangana	11.03.2023	54 awardees +54 representatives +300 including staff and students	To felicitate underprivileged girl students with distinguished achievements from schools and colleges on the occasion of International Women's Day Celebration
38	Department of Physical Education in association with NCC Army wing and NSS	National Level Online Competitions: Ayushmann Bhava and Moments of Life	20.06.2023	96	To celebrate International day of Yoga and reiterate the importance of Yoga for holistic growth

**7.1.1. Measures initiated by the Institution for the promotion of gender equity**

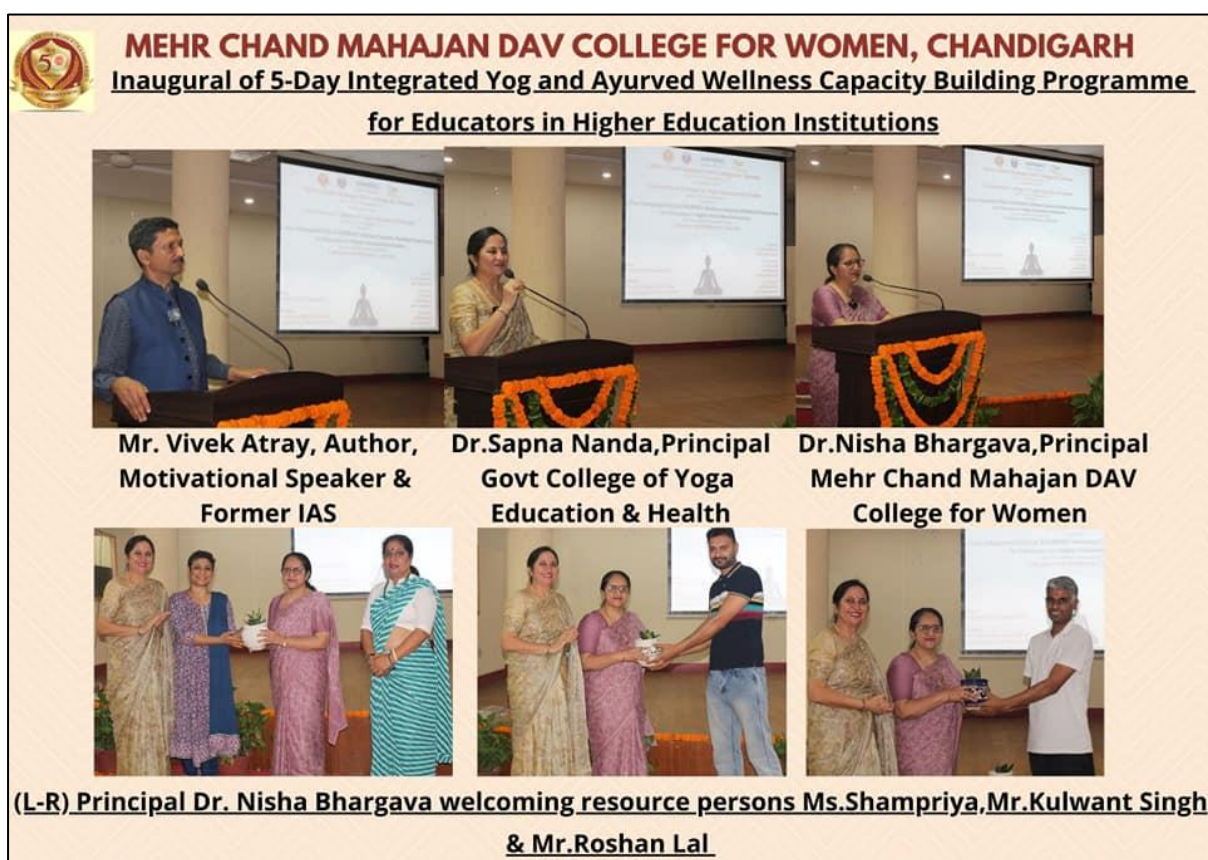
<b>Sr. No</b>	<b>Name of the Committee</b>	<b>Title of the Practice</b>	<b>Duration</b>	<b>Number of Participants (students)</b>	<b>Objectives</b>
	Units				
39	Department of Physical Education in association with NCC Army wing and NSS Units	Yoga Day Celebration - 2023	21.06.2023	80 students	To celebrate International day of Yoga and reiterate the importance of Yoga for holistic growth



### List of activities done during the session 2022-23

During the session 2022-23, Mehr Chand Mahajan DAV College for Women, Chandigarh has endeavored to escalate the level of awareness and appropriate practices amongst the students as well as staff about the subsequent areas:

- ✓ Mehr Chand Mahajan DAV College for Women, Chandigarh, in association with Government College for Yoga Education and Health, Chandigarh, and with Lokayurved Wellness Concept as knowledge partner, began a 5-day **'Integrated Yog and Ayurved Wellness Capacity Building Programme** for Educators in Higher Education Institutions' from 02.08.2022- 06.08.2022. Author, motivational speaker and former IAS Mr. Vivek Atray graced the inaugural as the Chief Guest. Dr. Sapna Nanda, Principal, Government College of Yoga Education and Health was also present on this occasion. The programme envisions to make the educators in higher education aware about enhancement of yog and pranayam practices with the adoption of right diet and lifestyle planning as mentioned in the timeless Ayurved scripture.



<https://www.facebook.com/MCMDAVCW/photos/a.239819746484286/1408564776276438/?type=3>

#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ To create awareness regarding Nasha Mukht Bharat, Chandigarh, a **pledge-taking ceremony** was organized on 04.08.2022 under able guidance of Principal Dr Nisha Bhargava and supervision of (VADAC) Victory Against Drug Abuse Club (Coordinator) Dr Gurjeet Kaur Virk. The pledge was administered to the male staff members of the college by Mr Kuldeep Singh, Superintendent (Administration), at the college, wherein everyone vowed to stay away from drugs and to make efforts to make India a drug free country.





#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ On the 75 years of celebrations of Har Ghar Tiranga Under Azadi Ka Amrit Mahotsav, Mehr Chand Mahajan DAV College for Women, Chandigarh under the aegis of Department of Higher Education, Chandigarh Administration, an awareness regarding Naha Mukht Bharat Abhiyan, a pledge taking ceremony against drug abuse was organized by Victory Against Drug Abuse Club (VADAC) on 12.08.2022. During the pledge against drug, the staff members pledged to fight the menace of drugs by staying away from drugs.



<https://www.facebook.com/MCMDAVCW/photos/a.239819746484286/1414163429049906/?type=3>

**Ministry of Social Justice and Empowerment**  
Department of Social Justice and Empowerment  
Government of India



**Mehr Chand Mahajan DAV College for Women**  
Sector 36-A, Chandigarh (U.T.)  
organized

**Pledge Against Drug Abuse** under



**Nasha Mukht Bharat Abhiyan**  
**Department of Social Justice and Empowerment**  
Govt. of India

### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ To mark the beginning of 5th Rashtriya Poshan Maah 2022, the NSS Units of Mehr Chand Mahajan DAV College for Women, Chandigarh organized a Pledge ceremony on 01.09.2022. During the ceremony, the students were motivated to assume the responsibility of making India a malnutrition-free country.



- ✓ The NSS Units of Mehr Chand Mahajan DAV College for Women, Chandigarh organized an awareness rally on nutrition in the adopted village Badheri as part of the ongoing Poshan Maah 2022 under the aegis of Poshan Abhiyan of Government of India on 08.09.2022. The objective of the rally was to create awareness about the importance of good nutrition at the grassroot level.





## MCM NSS holds nutrition awareness rally at Badheri

**The Aman Sandesh Times Network**

**Chandigarh :** The NSS units of Mehr Chand Mahajan DAV College for Women, Chandigarh organised an awareness rally on nutrition in the adopted village Badheri as part of the ongoing Poshan Maah 2022 under the aegis of Poshan Abhiyan of Government of India with an objective to create awareness about the importance of good nutrition








at the grassroot level. During the rally, NSS volunteers raised slogans including सही पोषण, देश रौशन; पोषण की है लहर चली, घर मोहल्ला गली गली, and created awareness regarding

the importance of nutrition among the residents of that area.

Principal Dr. Nisha Bhargava expressed appreciation for NSS units for promoting awareness about health, wellness and immunity to disease and malnutrition and added that by undertaking such social outreach activities, value of social responsibility is ingrained in students while promoting their holistic development.

- ✓ Victory Against Drug Abuse (VADA) Club of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with the college's NCC (Naval Wing and Army Wing), participated through live streaming of Awareness session on "Say No To Drugs" by the Ministry of Social Justice and Empowerment, Government of India's event held under Nasha Mukta Bharat Abhiyan on 12.09.2022



Ministry of Social Justice and Empowerment  
Department of Social Justice and Empowerment  
Government of India

**Mehr Chand Mahajan DAV College for Women**  
Sector 36-A, Chandigarh (U.T.)

Victory Against Drug Abuse (VADA) Club  
In Collaboration with  
NCC Naval & Army Wing  
under the aegis of  
Department of Social Justice & Empowerment  
Govt. of India  
live telecasting an Awareness Session on

# SAY NO TO DRUGS

Date: 12 September 2022 | Time: 4:00 pm | Venue: Multimedia Hall

Dr. Gurjeet Kaur Virk  
Coordinator, VADA Club

Dr. Amandeep Kaur  
CTO  
NCC Army Wing

Dr. Anju Lata  
ANO  
NCC Naval Wing

Dr. Nisha Bhargava  
Convener & Principal



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ Keeping in view the prevalence of eye related issues and disorders, a **two-day eye care awareness camp** that included - an **Interactive cum Awareness Session on Eye Care and Eye Check-Up Camp – 2022** was organized by NSS Units and Medical Committee in collaboration with SGHS Sohana Hospital, SAS Nagar, Punjab in the college premises on 15.09.2022 & 16.09.2022 for the benefit of students, teaching and non-teaching staff.





### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ The Victory against Drug Abuse Club of Mehr Chand Mahajan DAV College for Women, Sector 36 A, Chandigarh, conducted

three competitions -  
**Elocution**

**Competition:** Is substance use addiction, A disease or a choice; **Essay**

**Writing Competition:** Nasha Mukht Bharat Abhiyaan & Road map

ahead for its success; **Painting Competition:** Impact of Substance use on individuals under Naha Mukht Bharat Abhiyaan on 24.09.2022.



## एमसीएम कॉलेज ने नशीली दवाओं के दुरुपयोग पर जागरूकता सत्र और प्रतियोगिताओं का आयोजन किया

» मदरलैंड संवाददाता

चंडीगढ़। नशा मुक्त भारत अभियान के तत्वावधान में मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ के ड्रग एब्यूज (वाडा) क्लब ने 'युवाओं के बीच नशीली दवाओं के दुरुपयोग' पर जागरूकता सत्र आयोजित किया। सत्र का संचालन मनोचिकित्सा विभाग, पीजीआईएमईआर, चंडीगढ़ में प्रोफेसर और प्रमुख डॉ. देबाशीष बसु द्वारा किया गया था। नशीली दवाओं एवं दुरुपयोग को परिभाषित करते हुए इस ज्ञानवर्धक सत्र में डॉ. बसु ने नशीली दवाओं के दुरुपयोग की व्यापकता पर प्रकाश डाला। उन्होंने नशीली दवाओं के दुरुपयोग के प्रति युवाओं की संवेदनशीलता के लिए समाजशास्त्रीय, मनोवैज्ञानिक और जैविक कारणों पर विस्तार से चर्चा की। नशीली दवाओं के दुरुपयोग को रोकने के लिए, डॉ. बसु ने जोर देकर कहा कि युवाओं को जीवन को प्राथमिकता देनी चाहिए, मन और शरीर पर ध्यान देना चाहिए, स्वस्थ समाज बनाने में अपना



Principal Dr. Nisha Bhargava welcoming Dr. Debasish Basu

सहयोग देना चाहिए और अपने आप में आध्यात्मिकता की भावना पैदा करनी चाहिए। यह कार्यक्रम इंटरैक्टिव सत्र के साथ समाप्त हुआ, जिसमें विशेषज्ञों द्वारा प्रतिभागियों के प्रश्नों का उचित समाधान बताया गया। एक अन्य कार्यक्रम में, वाडा क्लब ने भाषण, निबंध लेखन और पेंटिंग

प्रतियोगिता आयोजित की जिसमें 'इज सबस्टेंस यूज अडिक्शन: ए डिजीज ओर ए चॉइस?', 'नशा मुक्त भारत अभियान एंड रोड मैप अहेड फॉर इट्स सक्सेस' और 'इम्पैक्ट ऑफ सबस्टेंस यूज ऑन इंडिविजुअल' विषय रखे गए। इस आयोजन का उद्देश्य मादक द्रव्यों के सेवन से मुक्त एक स्थायी दुनिया के लक्ष्य को प्राप्त करने के लिए कार्यों और सहयोग को मजबूत करना है। प्रतियोगिताओं में बड़ी संख्या में भाग लेने वाले विद्यार्थियों से उत्साहजनक प्रतिक्रिया मिली।

प्रिंसिपल डॉ. निशा भार्गव ने नशीली दवाओं के दुरुपयोग की समस्या को रोकने और एक स्वस्थ समाज के निर्माण के लिए ठोस प्रयासों के महत्व पर प्रकाश डाला। उन्होंने जोर देकर कहा कि प्रत्येक व्यक्ति को इस खतरों के बारे में अपने समुदाय में जागरूकता बढ़ानी होगी। इसके साथ ही नशीली दवाओं के दुरुपयोग को रोकने के तरीकों के बारे में लोगों को शिक्षित करके नशे के खिलाफ लड़ाई में सकारात्मक भूमिका निभानी होगी।

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#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ To promote the macrame art and entrepreneurial skills among women, Women Development cell of the college organized 2-Day Workshop titled “Knotty Knots” in Macrame Art on 29.09.2022- 30.09.2022.



#### MCM holds 2-day Macrame Art workshop



**CHANDIGARH:** The Women Development Cell of Mehr Chand Mahajan DAV College for Women, Chandigarh, organised a three-day skill development workshop on macrame art titled 'Knotty Knots'. The resource person for this workshop was macrame enthusiast Mrs. Vandana Syal, Associate Professor in Computer Science and Applications at the college. A total of 22 students participated in the workshop and got hands-on training in the techniques of this versatile form of fiber art. The participants created beautiful and artistic wall hangings and plant hangers with cascade of patterns using this art form. The unique artistic pieces created by the participants were appreciated by everyone.

Principal Dr. Nisha Bhargava expressed appreciation for the efforts of the Women Development Cell to empower students by equipping them with skills that will not only help them develop their creative acumen but also provide employment. She asserted that skill development is one of the important aspects of higher education and the college lays great emphasis on this aspect so as to enhance the employability quotient of its students.



#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ The Victory against Drug Abuse (VADA) Club of Mehr Chand Mahajan DAV College for Women, Chandigarh, under the aegis of Nasha Mukh Bharat Abhiyan, held an awareness session on '**Drug Abuse among Youth**'. The session was conducted by Dr. Debasish Basu, Professor and Head, Department of Psychiatry, PGIMER, Chandigarh on 30.09.2022.

The poster is for an awareness session organized by the Victory Against Drug Abuse (VADA) Club. It features the logos of the Ministry of Social Justice and Empowerment, Government of India, and Mehr Chand Mahajan DAV College for Women. The text specifies the session is on 'Drug Abuse among Youth' under the aegis of the Department of Social Justice & Empowerment, Govt. of India. It includes the date (30 September 2022), time (10:00 am), and venue (Multimedia Hall). A graphic shows a head filled with various drugs. A 'NO DRUGS' sign is also present. The resource person is Dr. Debasish Basu, Professor & Head, Department of Psychiatry, PGIMER, Chandigarh. The convener and principal is Dr. Nisha Bhargava, and the coordinator is Dr. Gurjeet Kaur Virk. Co-coordinators are Dr. Aanchal Batra, Dr. Minakshi Rana, and Dr. Apara Sharma.

Ministry of Social Justice and Empowerment  
Department of Social Justice and Empowerment  
Government of India

Mehr Chand Mahajan DAV College for Women  
Sector 36-A, Chandigarh (U.T.)

Victory Against Drug Abuse (VADA) Club  
under the aegis of  
Department of Social Justice & Empowerment  
Govt. of India  
organizes  
An Awareness Session on  
**Drug Abuse among Youth**  
Date: 30 September 2022  
Time: 10:00 am  
Venue: Multimedia Hall

**NO DRUGS**

Resource Person  
**Dr. Debasish Basu**  
Professor & Head  
Department of Psychiatry  
PGIMER, Chandigarh

Dr. Nisha Bhargava  
Convener & Principal

Dr. Gurjeet Kaur Virk  
Coordinator, VADA Club

Dr. Aanchal Batra  
Dr. Minakshi Rana  
Dr. Apara Sharma  
Co-Coordinator



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### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

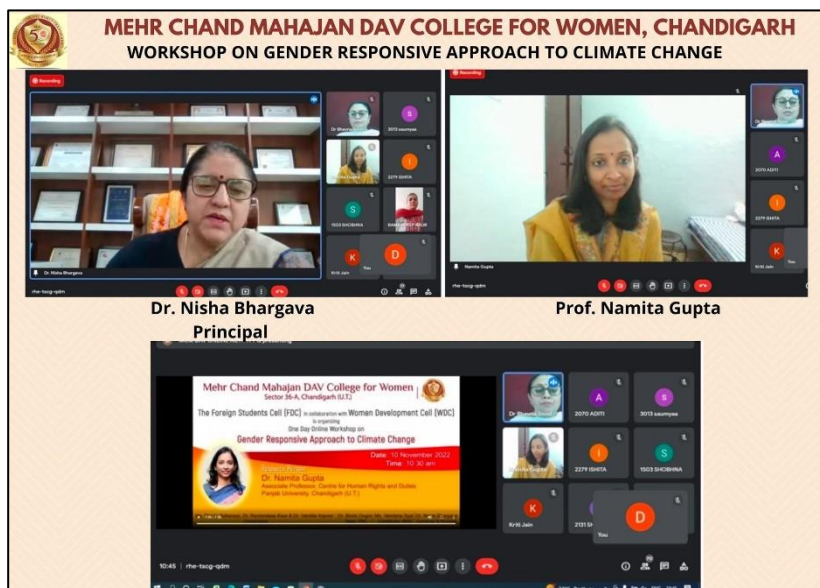
- ✓ In an effort to create awareness about breast cancer, a **One-Day Breast Cancer Awareness Camp – 2022** was organized by the Medical Committee and NSS Units of



Mehr Chand Mahajan DAV College for Women, Sector 36-A, Chandigarh in collaboration with **Multi Super Specialty Hospital, Sohana, Mohali** on **14.10.2022**.

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- ✓ Women Development Cell and Foreign Students Cell and of Mehr Chand Mahajan DAV College for Women, Chandigarh, organized an online workshop on 'Gender Responsive Approach to Climate Change on 10.11.2022'. The



eminent resource person, Prof. Namita Gupta from the Department of Human Rights, Panjab University, Chandigarh, lent an exhaustive narrative to the contemporary and sensitive issue of women being the lead victims of climate changes and natural disasters.

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#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ The Unnat Bharat Abhiyan (UBA) Cell of Mehr Chand Mahajan DAV College for Women, Chandigarh, organized a free Mammography Screening Camp on 10.11.2022 for early diagnosis of breast cancer at Government Model Senior Secondary School, Malloya. It was an endeavor undertaken in collaboration with Sohana Multi Speciality Hospital, Mohali, along with the NSS unit of the school. The medical team, constituting 12 members of Sohana Hospital, engaged the women of the village in a healthy interaction to make them aware of the rising instances of breast cancer and the importance of its early diagnosis. About 39 women of the village along with the staff members of the school above the age of 40 years, were counselled by the medical staff and were screened for breast cancer.



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### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with Nivedita Trust for Aahar Kranti, organized an event titled 'Role of Women in Nation Building' on 12.11.2022.

The programme was conducted under the aegis of Ek Bharat Shreshtha Bharat Club of the college and also aimed at upholding the spirit of Ek Bharat Shreshtha Bharat (EBSB), a Government of India initiative, which is a celebration of our multicultural ethos and a reaffirmation of our ancient values and holistic living.



### MCM and Nivedita Trust hold event 'Role of Women in Nation Building'



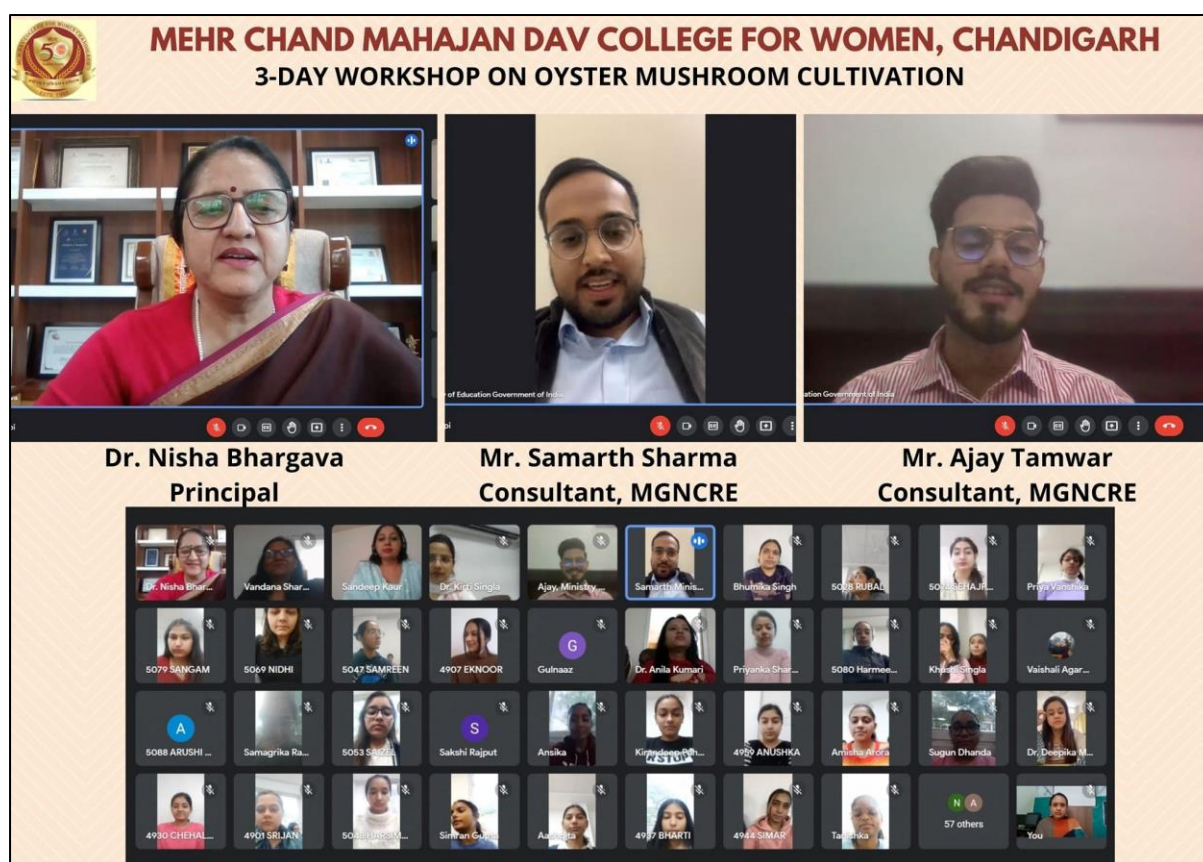
**CHANDIGARH:** Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with Nivedita Trust for Aahar Kranti, organised an event titled 'Role of Women in Nation Building'. A galaxy of dignitaries graced this mega event, including Chief Guest Sh. Som Parkash, Minister of State for Commerce and Industry, Government of India, and Guests of Honour Justice Daya Chaudhary, Former Punjab and Haryana High Court Judge, Dr. Varinder Garg, OSD to Union Health Minister at PGIMER, Chandigarh, Pracharak Sh. Prem Chand Goyal, Prant Pracharak Sh. Narender Kumar, Ms. Mallika Nadda, Social Activist, Singer Jaspinder Narula. Sh. Gian Chand Gupta, Speaker, Haryana Vidhan Sabha presided over the event. The event began with lamp lighting and welcome address by Principal Dr. Nisha Bhargava. Dr. Bhargava apprised the audience of the accomplishments of the glorious institution and said that the college is working incessantly towards the cause of women empowerment. She also highlighted the importance of the event as it celebrated women achievers and their role in nation building. The unveiling of a book titled 'Processed Food- Implications for Human Health and Sustainable Development' authored by Dr. Nisha Bhargava, Dr. Minakshi Rana, Dr. Aanchal Batra, Dr. Shafila Bansal and Dr. Shubhmangla Acharya, and the release of the documentary on Aahar Kranti were the highlights of the event.

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#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ **To mark the celebration of Women Entrepreneurship Day**, Mehr Chand Mahajan DAV College for Women, Chandigarh, a recognized Vocational Education Nai Talim Experiential Learning (VENTEL) Action Plan Institution, organized a 3-day skill development workshop on Oyster Mushroom Cultivation, in association with Mahatma Gandhi National Council of Rural Education (MGNCRE), Ministry of Education, Government of India from 16.11.2022 to 18.11.2022. The workshop was organized with the objective of promoting the spirit of Mahatma Gandhi's Nai Talim and experiential learning concept, and instilling in the participants the culture of entrepreneurship and sustainable development.



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#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ The Personality Development Cell and Equal Opportunity Cell of Mehr Chand Mahajan DAV College for Women, Chandigarh, organized an interactive session on “Deciphering the Generation Z-New rules for The Gen Z Personality



to be Future Ready” on 17.11.2022. The objective of the programme was to equip the students with the knowledge of contemporary personality keywords of success, blended in the sheath of ancient wisdom.

### एमसीएम में छात्राओं को दिए व्यक्तित्व विकास के टिप्स

माई सिटी रिपोर्टर

चंडीगढ़। सेक्टर-36 स्थित एमसीएम डीएवी कॉलेज फॉर वुमन के पर्सनैलिटी डेवलपमेंट सेल और इक्वैल ऑपॉर्च्युनिटी सेल ने बुधवार को व्यक्तित्व विकास पर सत्र का आयोजन किया। प्रेरक वक्ता और एडुसेंसी की संस्थापक पुनीता वडेरा बतौर मुख्य वक्ता शामिल हुईं। सत्र में पढ़ने के

सार से लेकर व्यक्तिगत अवलोकन, खामियों को स्वीकार करने, सोशल मीडिया से अलग होने तक व्यक्तित्व सिद्धांतों के बारे में छात्राओं को जानकारी दी गई। वडेरा ने छात्रों को अपने अंतर्मन को सुनने के लिए प्रेरित किया। सत्र में सौ के करीब छात्राओं ने हिस्सा लिया। प्राचार्य डॉ. निशा भार्गव ने दोनों प्रकोष्ठों के प्रयासों की सराहना की।



एमसीएम में आयोजित सत्र में छात्राओं को संबोधित करती मुख्य वक्ता पुनीता वडेरा। अमर उजाला



#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ The AIDS Awareness Committee and Medical Committee of Mehr Chand Mahajan DAV College for Women, Chandigarh, organized an awareness session titled 'Techniques for being young and healthy as you age' on 17.11.2022. Dr. Preeti Jindal, Senior Gynecologist, The Touch Clinic, was the resource person for this informative session.



- ✓ The Unnat Bharat Abhiyan (UBA) Cell of Mehr Chand Mahajan DAV College for Women, Chandigarh, organized an awareness campaign on 'Good and Bad Touch' at the Anganwari of the adopted village Attawa on 18.11.2022. The campaign sought to sensitize the village children about the social evil of the touch related unscrupulous malaise plaguing the society in hidden ways. The program entailed detailed explanation of the nuances attached with deciphering the signals flagging the evil practice. The students of the village were made to note down the helpline number for registering a complaint in case of any such incident.

#### अटावा में गुड एंड बैड टच पर जागरूक किया

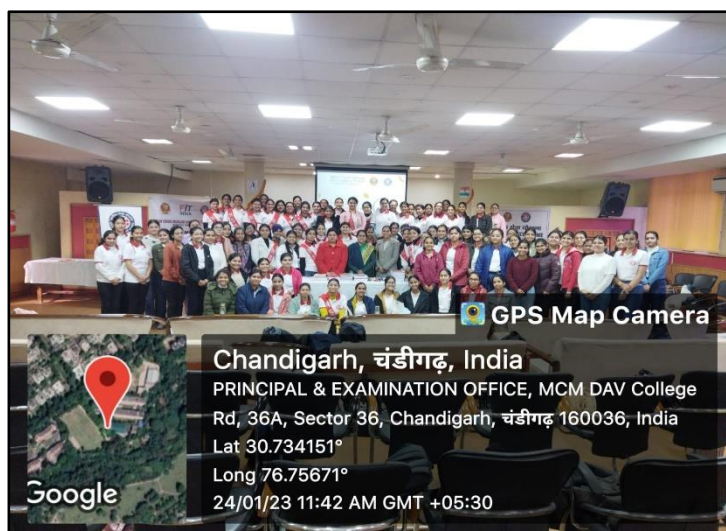


उन्नत भारत अभियान में भाग लेते हुए।

सवेरा न्यूज/नीना चंडीगढ़, : एमसीएम डीएवी कॉलेज फॉर वूमैन सैक्टर 36 के उन्नत भारत अभियान (यूबीए) प्रकोष्ठ ने अंगीकृत गांव अटावा की आंगनवाड़ी में गुड एंड बैड टच पर जागरूकता अभियान का आयोजन किया। इस अभियान ने गांव के बच्चों को स्पर्श से संबंधित अनैतिक सामाजिक बुराई के बारे में संवेदनशील बनाने की कोशिश की, जो समाज में गुप्त रूप से व्याप्त होती है और पीड़ित करती है। इस सत्र में बुरे संकेतों को समझने से जुड़ी बारीकियों की विस्तृत व्याख्या की गई। ऐसी किसी भी घटना की शिकायत दर्ज कराने के लिए गांव के विद्यार्थियों को हेल्पलाइन नंबर नोट करने के लिए कहा गया था। प्राचार्या डॉ. निशा भार्गव ने यूबीए प्रकोष्ठ की इस सामयिक पहल की सराहना की। उन्होंने जोर देकर कहा कि गुड और बैड टच के बारे में जागरूकता मासूम बच्चों में खराब स्पर्श को पहचानने में मदद करके उन्हें सशक्त बनाएगा।

### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ On 24.01.2023, **NSS Units** of the College celebrated **National Girl Child Day** by visiting their adopted Village Badheri where an awareness programme and Books Donation Drive was organized on the theme '*Beti Bachao Beti Padhao*' in the premises of Government Model High School, Sector 41-D, Chandigarh.

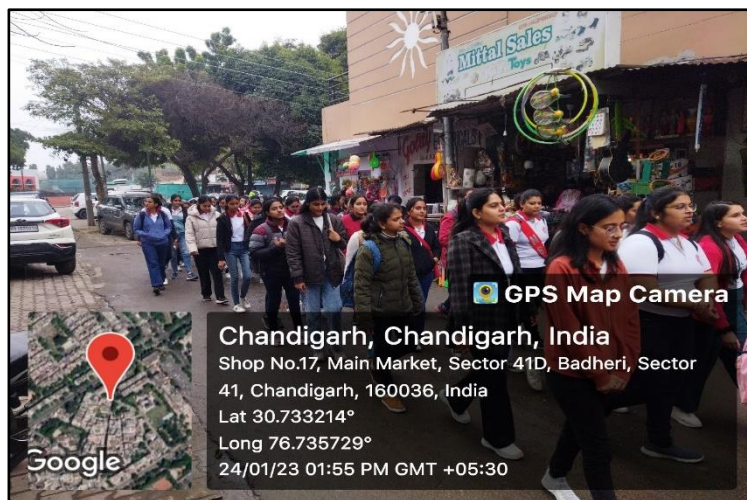


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#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ On 24.01.2023, NSS Units of the College celebrated National Girl Child Day by visiting their adopted Village Badheri, Chandigarh where an awareness rally was organized. During the rally, volunteers raised slogans - *Beti Bachao, Beti Padao, Beti Hai Kudrat Ka Uphar, Jeene Ka Do Usko Adhikar*, that were aimed to sensitize residents of that area regarding the rights of girls for education.



<https://fb.watch/iCS6HEPol/>

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- ✓ To sensitize volunteers about HIV/AIDS, an awareness session on “HIV/AIDS and Blood Donation” was organized by NSS Units in collaboration with the Red Ribbon Club of the college on 25.01.2023 where Mr. Sunil Panghal, Assistant Director (Youth Affairs), Chandigarh State AIDS Control Society and Programme Officer (Blood Safety Programme) and overall in charge of Red Ribbon Clubs was the resource person.



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#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ Towards achieving this mission, NSS Units in collaboration with the Department of Physical Education of our college organized a **Sports Training cum Games Session on Physical Fitness** in the subsequent session of Day 4 of Seven Day/Night NSS Special Camp on 27.01.2023.



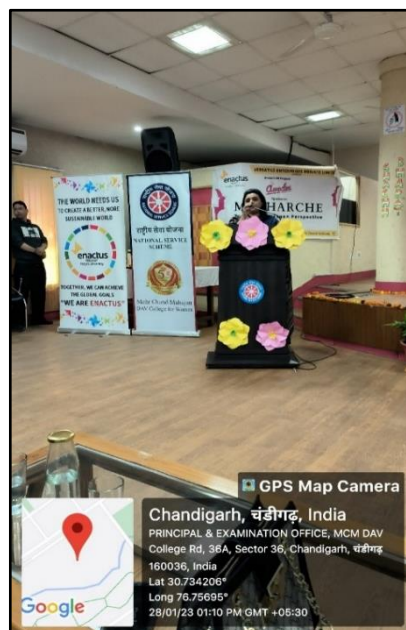
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- ✓ To generate awareness about Cervical Cancer and its preventive measures, an **awareness lecture on the Prevention of Cervical cancer** was organized by **NSS Units** and the **Medical Committee** of the college in collaboration with Fortis Hospital, Mohali on 27.01.2023. The resource person of the session was **Dr. Shweta Tahlan, Consultant- Gynae Oncosurgery, Fortis Hospital, Mohali.**



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- ✓ In the fourth session of Day 5 of the Seven Day/Night NSS Special camp, a Workshop on Menstrual Health and Hygiene was organized by NSS Units and the Medical Committee of the college in collaboration with Enactus, SSBUICT, Panjab University on 28.01.2023. The resource person of the event was Professor Seema Kapoor, Enactus Faculty Advisor. The workshop was attended by 100 NSS volunteers and 20 Enactus members.



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### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ With an aim to make volunteers fit and apprise them with the concept of Fit India Campaign, a Cross Fit session was organized in the evening by NSS Units in collaboration with Department of Physical Education of our college on Day 5 of Seven Day/Night NSS Camp on 28.01.2023.



- ✓ The NSS Units and the Medical Committee of Mehr Chand Mahajan DAV College for Women, Chandigarh in collaboration with Fortis Hospital,



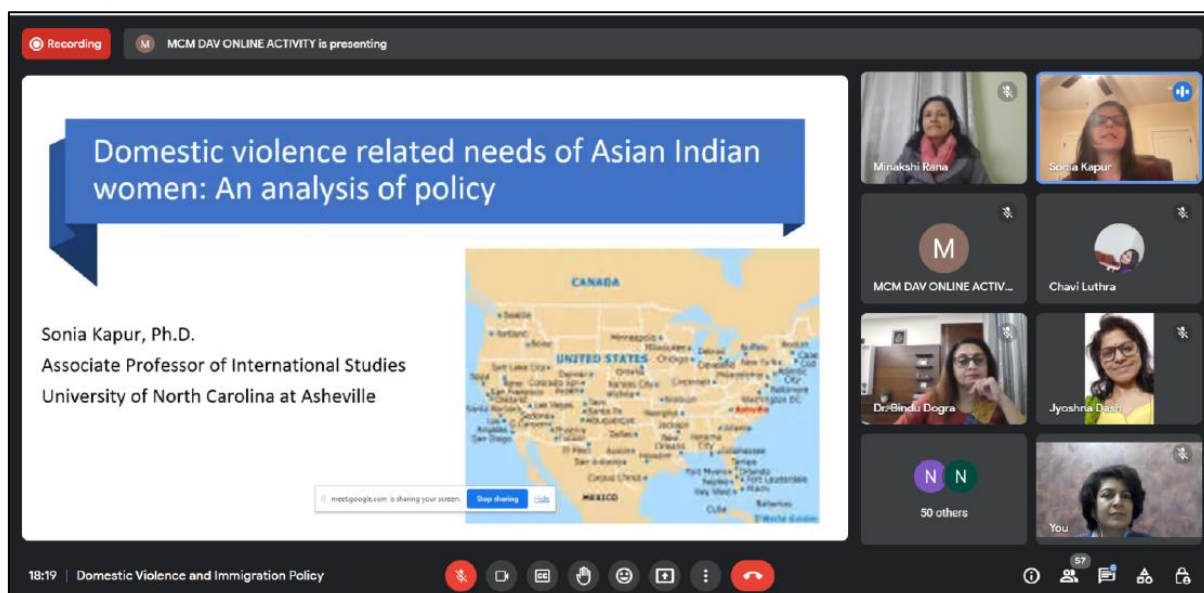
Mohali, envisioned an awareness program through performing Flash Mob on World Cancer Day.

<https://www.facebook.com/photo.php?fbid=665539565369398&set=a.549520590304630&type=3>



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ Post Graduate Department of Sociology, MCM DAV College For Women, Chandigarh organised an Online Lecture Session titled 'Domestic Violence and Immigration Policy for Asian Indian Marriage Migrants in US' on 03.02.2023. The resource person for the said session was Dr. Sonia Kapur, Associate Professor, International Studies, University of North Carolina, Asheville.





### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ The Victory Against Drug Abuse (VADA) Club of Mehr Chand Mahajan DAV College for Women, Chandigarh, under the aegis of Nasha Mukta Bharat Abhiyan of Ministry of Social Justice and Empowerment,



Government of India, organized a lecture titled '**Drug Abuse and Mental Health**'. Dr. Nemi Chand Golia, State Liaison Officer (NSS), Chandigarh Administration was Special Guest on this occasion. Dr. Nelu, Licensed Psychotherapist with a specialty in Addiction and Mental Health, USA, was the resource person. Over 150 students attended the session and found it highly insightful.

## MCM holds lecture on drug abuse and mental health



**CHANDIGARH:** The Victory Against Drug Abuse (VADA) Club of Mehr Chand Mahajan DAV College for Women, Chandigarh, under the aegis of Nasha Mukta Bharat Abhiyan of the Department of Social Justice and Empowerment, Government of India, organised a lecture titled 'Drug Abuse and Mental Health'. Dr. Nemi Chand Golia, State Liaison Officer (NSS), Chandigarh Administration was Special Guest on this occasion. Dr. Nelu, Licensed Psychotherapist with a specialty in Addiction and Mental Health, USA, was the resource person. She acquainted the participants with detrimental effects of drug abuse on mental health. Dr. Nelu also emphasised upon the need to nip the evil in the bud by finding out the underlying reasons behind youngsters resorting to drugs. She explained in detail how the mechanism and mind of an individual changes when one consumes drugs on regular basis and also discussed the myths related to drugs. Shedding light on different ways and methods to handle such situations, Dr. Nelu highlighted the role of institutions in spreading awareness about the same. The session was followed by an interactive session with the students wherein they discussed their issues and shared their queries. Over 150 students attended the session and found it highly insightful.

<https://www.facebook.com/photo.php?fbid=666811175242237&set=a.549520590304630&type=3>



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ The Victory Against Drug Abuse (VADA) Club of Mehr Chand Mahajan DAV College for Women, Chandigarh, as per the directions of Director Higher Education, Chandigarh Administration, organized a Pledge Ceremony and Poster Making Competition under the aegis of Nasha Mukta Bharat Abhiyan on 13.02.2023. More than 100 students pledged against drug



abuse with the aim to make themselves, their family and the nation drug free. Students also enthusiastically participated and displayed their creativity in Poster Making Competition, the theme of which was 'The importance of family in preventing substance abuse and promoting healthy and positive attitude towards life'. The best three posters were awarded cash prizes.

<https://www.facebook.com/photo.php?fbid=674517561138265&set=a.549520590304630&type=3>



#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

Women Development Cell, Mehr Chand Mahajan DAV College for Women, Chandigarh conducted a drive on Sanitary pads collection “Donate a Pad” for the underprivileged women to mark International Women’s Day Celebrations,2023. This activity was held on 21.02.2023 -21.02.2023 in the college campus near bank area of college.





#### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ The Victory Against Drug Abuse (VADA) Club of Mehr Chand Mahajan DAV College for Women, Chandigarh, organized a Declamation Contest under the aegis of Ministry of Social Justice and Empowerment, Government of India. The theme of the declamation was 'Say No to Drugs, Say Yes to Life' on 23.02.2023. Participants



## से नो टू ड्रग्स, से यस टू लाइफ

सवेरा न्यूज/नीना चंडीगढ़, 6 मार्च : एमसीएम डीएवी कॉलेज फॉर वूमैन सैक्टर 36 के ड्रग एब्यूज के खिलाफ विजय वाडा क्लब ने सामाजिक न्याय और अधिकारिता विभाग, भारत सरकार के तत्वावधान में एक भाषण प्रतियोगिता का आयोजन किया। जिसका विषय से नो टू ड्रग्स, से यस टू लाइफ था।

प्रतिभागियों ने ड्रग्स से लड़ने की आवश्यकता पर अपने विचार

व्यक्त किए और बताया कि मादक पदार्थों के सेवन से युवाओं को दूरगामी हानिकारक प्रभाव का शिकार होना पड़ता है। विजेताओं को नकद पुरस्कार दिए गए।

कॉलेज की प्राचार्या डॉ. निशा भार्गव ने वाडा क्लब के प्रयासों की सराहना की। प्रतियोगिता में हुसैनप्रीत कौर बीए तृतीय, रमनप्रीत कौर बीए प्रथम और रिया चतुर्वेदी बीए प्रथम ने क्रमशः पहला, दूसरा और तीसरा स्थान हासिल किया।

expressed their views on the need to fight this menace since its detrimental effects are far reaching. The event ended with a hope of making Nasha Mukta Bharat a reality. The winners were awarded cash prizes.

<https://www.facebook.com/photo.php?fbid=679263130663708&set=a.549520590304630&type=3>



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ Women Development Cell, Mehr Chand Mahajan DAV College for Women, Chandigarh took an initiative to conduct a drive on “Sanitary Pads Distribution” for the underprivileged women of Attawa village, Sec-42, Chandigarh and slum area of sector 25, Chandigarh to mark International Women’s Day Celebrations on 28.02.2023



## एमसीएम में महिला दिवस एवं होली का पर्व उल्लास से मनाया गया

चंडीगढ़ स्टेट समाचार पिज

मेहरचंद महाजन डीएवी महिला महाविद्यालय चंडीगढ़ में अंतरराष्ट्रीय महिला दिवस और होली बड़े उत्साह के साथ मनाया गया। अंतराष्ट्रीय महिला दिवस अवसर पर कॉलेज की एनएसएस इकाइयों और स्वास्थ्य समिति ने अमृत कैसर फाउंडेशन, चंडीगढ़ के सहयोग से अंगीकृत गाँव बधेरी में एक मैमोग्राफी और बोनो डेंसिटी शिविर का आयोजन किया।

शिविर का आयोजन पार्षद श्री हर्दीप सिंह द्वारा आयोजित रक्तदान शिविर और चिकित्सा जीव शिविर के साथ किया गया। शिविर के दौरान उपस्थित गणमान्य व्यक्तियों में चंडीगढ़ के मेयर अनूप गुप्ता, क्षेत्रीय निदेशक, युवा मामले और खेल मंत्रालय भारत सरकार से सुश्री हरिंदर कौर और राज्य एनएसएस सेल, चंडीगढ़ प्रशासन में संपर्क अधिकारी डॉ. नेमी चंद गोलिया शामिल थे। शिविर के लिए नवीनतम परीक्षण तकनीकों से लेस एक मैमोग्राफी बस और डॉक्टरों/तकनीशियनों और नर्सों की एक टीम को गाँव के सामुदायिक केंद्र



भेजा गया। 154 से अधिक महिला निवासियों ने मैमोग्राफी परीक्षण और अस्थि घनत्व विश्लेषण परीक्षण करवाया। कॉलेज के महिला विकास प्रकोष्ठ ने सेनेटरी पैड डोनेशन ड्राइव का आयोजन किया, जिसमें संकाय सदस्यों एवं विद्यार्थियों ने उदारतापूर्वक पैड दान किए, जो अटावा गाँव और सेक्टर 25 के स्तन क्षेत्र की महिला निवासियों के बीच वितरित किए। महिला विकास प्रकोष्ठ के स्वयंसेवकों द्वारा बाल विवाह और घरेलू हिंसा विषय पर नुकड़ नाटक भी प्रस्तुत किया। एक अन्य कार्यक्रम में, पीआरसीआई चंडीगढ़ चैप्टर के

तत्वावधान में यंग कम्युनिकेटर्स क्लब ने लेट्स रिडिफ़ाइन इकैलिटी विषय पर एक पोस्टर मेकिंग प्रतियोगिता का आयोजन किया।

महाविद्यालय की छात्र परिषद द्वारा होली का रंगारंग पर्व हर्षोल्लास के साथ मनाया गया। अपनी उद्यमशीलता का प्रदर्शन करते हुए, विद्यार्थियों ने हर्बल होली के रंग, सजावटी वस्तुएँ, आभूषण, क्रॉचेड वस्तुएँ, खाने-पीने की वस्तुएँ आदि के विभिन्न स्टाल लगाए, जो उत्सव के उत्साह को बढ़ाते नज़र आए। छात्राओं ने गुलाल खेलते हुए खुशी के रंग बिखरे और परिसर होली के गीतों से गुंजायमान हो गया।

प्राचार्या डॉ. निशा भार्गव ने नियोजित गतिविधियों के माध्यम से अंतराष्ट्रीय महिला दिवस को उपयुक्त तरीके से मनाने के लिए आयोजन समितियों के प्रयासों की सराहना की। उन्होंने कहा कि हालांकि महिलाओं ने एक लंबा सफर तय किया है, फिर भी एक न्यायसंगत समाज सुनिश्चित करने के लिए बहुत कुछ करने की ज़रूरत है ताकि महिलाओं को समाज में समान सदस्य स्वीकार किया जाए। उन्होंने सभी को रंगों के त्योहार होली की शुभकामनाएँ दीं और उनसे इस दुनिया में खुशी, प्रेम और करुणा के रंग फैलाने का आग्रह किया।



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ As part of International Women's Day Celebrations, NSS Units and Health Committee of the Mehr Chand Mahajan DAV College for Women, Chandigarh, under the able guidance of **Principal Dr Nisha Bhargava** and supervision of Dr Sarabjit Kaur – Co-Convener (Health Committee), NSS Programme Officers Dr Pallvi Rani and Dr Purnima Bhandari organized a **Mammography and Bone Density Analysis Camp** in collaboration with **Amrit Cancer Foundation, Sector 35, Chandigarh** on 03.03.2023 in their adopted Village Badheri, Sector 41-D, Chandigarh.



## MCM celebrates Women's Day and Holi

**THE AMAN SANDESH TIMES**

**Chandigarh:** Mehr Chand Mahajan DAV College for Women, Chandigarh, marked the celebration of International Women's Day and Holi with great enthusiasm. As part of International Women's Day celebrations, the NSS Units and Health Committee of the college organised a Mammography and Bone Density Analysis Camp at adopted village Badheri, in collaboration with Amrit Cancer Foundation, Chandigarh. The camp was organised along with Blood Donation Camp and Medical Check Up Camp that was organised by Councillor Mr Hardeep Singh. The dignitaries present during the camp included Mr. Anup Gupta, Mayor, Chandigarh, Ms. Harinder Kaur, Regional Director, Ministry of Youth Affairs and Sports, Government of India, and Dr. Nemi Chand Golia, State Liaison Officer, State NSS Cell, Chandigarh Administration. A mammography bus equipped with the latest testing techniques and a team of doctors/technicians and

nurses was stationed at the village community centre for the camp. More than 154 female residents underwent mammography test and bone density analysis test. The Women Development Cell of the college organised a Sanitary Pads Donation drive wherein the faculty and students donated pads generously that were distributed among women residents of Attawa village and Sector 25 slum area. A nukkad natak on the theme 'Child marriage and domestic violence' was also performed by the Women Development Cell volunteers. In another event, the Young Communicators Club, under the aegis of PRCI Chandigarh Chapter, organised a Poster Making Competition on the theme 'Let's Redefine Equality'.

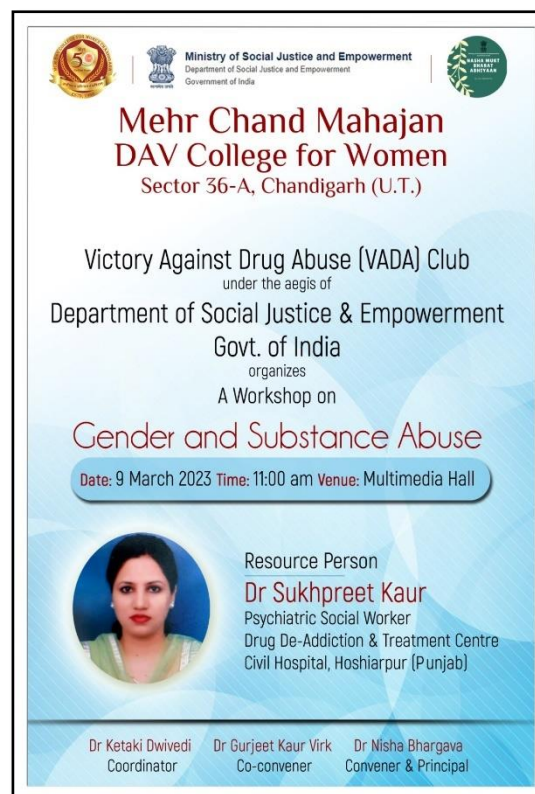
The colourful festival of Holi was celebrated with gusto by the Student Council of the college. Showcasing their entrepreneurial spirit, students put up different stalls of herbal holi colours, decorative items, jewellery, crocheted items, eatables, etc. that added to the festive vibe. The campus reverberated with Holi songs as the students spread the colours of happiness playing gulaal.

Principal Dr. Nisha Bhargava appreciated the efforts of the organising Committees to celebrate International Women's Day in a befitting manner through thoughtfully planned activities. She added that though women have come a long way, still much needs to be done for ensuring an equitable and just society that treats women as equal members of the society. She also wished everyone a joyous festival of colours and urged them to spread the colours of happiness, love and compassion in this world.



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ Victory Against Drug Abuse Club organised a workshop titled Gender and Substance Abuse under the aegis of Department of Social Justice & Empowerment, Govt. of India under Nasha Mukt Abhiyaan on 09.03.2023. The resource person was Dr Sukhpreet Kaur, Psychiatric Social Worker, Drug De-Addiction & Treatment Centre, Hoshiarpur.



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ To mark the celebrations of International Women's Day, Institution's Innovation Council 5.0 (IIC@5.0) and Health Committee of Mehr Chand Mahajan DAV College for Women, Chandigarh in collaboration with FLOREN - India's first feminine hygiene brand organised **an entrepreneurial talk and an awareness session on Intimate and Menstrual Hygiene**, on 10<sup>th</sup> March 2023 in Multimedia Hall of the college. It was followed by a **Competition on the theme: My Period Story**. Besides, an **Exhibition of Feminine Hygiene Products** was displayed at Panghat Area of the college.



**Mehr Chand Mahajan DAV College for Women**  
Sector 36-A, Chandigarh (U.T.)

To mark the celebrations of  
**International Women's Day**  
Institution's Innovation Council 5.0 (IIC)  
& Health Committee  
are organizing  
A talk on Entrepreneurial Journey to build  
FLOREN (India's First Feminine Hygiene brand)  
& Awareness session on Intimate & Menstrual Hygiene  
Date: 10 March 2023 | Time: 11:30 am | Venue: Multimedia Hall

Resource Person  
**Ms Sana Mittal**  
CEO & Co-founder, FLOREN

**Other activities include:**  
Exhibition of Feminine Hygiene Products  
Time: 10.00 am onwards | Venue: Near Panghat Area  
Competition on the Theme: My Period Story  
Time Limit: 2 Mins only | Venue: Multimedia Hall | Time: 12-30 pm  
Note: • Only first 15 registered participants will be given chance to participate. • Winners will be felicitated with gifts. • Prior Registration is Mandatory. [CLICK HERE](#) to register.

Dr. Purnima Bhandari Program Coordinator  
Dr. Sarabjeet Kaur Co-Convenor Health Committee  
Dr. Neetu Convenor IIC5.0@MCM  
Dr. Indu Arora Vice President IIC5.0@MCM  
Dr. Nisha Bhargava Principal & President IIC5.0@MCM





### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ Saluting the inimitable essence of womanhood, Mehr Chand Mahajan DAV College for Women, under the aegis of Department of Higher Education, Chandigarh Administration and in collaboration with Yuvsatta, organised 'Veerangana: The Indefatigable Women Power' to mark the celebration of International women's day on 11.03.2023.

<https://www.facebook.com/photo.php?fbid=681009553822399&set=a.549520603637962&type=3>

Celebrating Bicentennial Birth Anniversary of Swami Dayanand Saraswati ji

W20 ZEE Yuvsatta हिमालय YUVSATTा G20

Mehr Chand Mahajan DAV College for Women  
Sector 36-A, Chandigarh (U.T.)  
in association with YUVSATTा & ZEE Media  
under the aegis of

Department of Higher Education  
Chandigarh Administration  
is organizing

**वीरंगना** Celebrating The Indefatigable Women Power

Chief Guest  
Prof. Nishtha Jaswal  
Hon'ble Vice Chancellor  
Himachal Pradesh National Law University  
Shimla (Himachal Pradesh)

Date: 11 March 2023 | Time: 11:00 am | Venue: Golden Jubilee Auditorium



एमसीएम ने 'वीरंगना' के साथ अदम्य नारी शक्ति उत्सव मनाया

## शिक्षा सशक्तिकरण एवं मुक्ति की कुंजी: सौम्या

**आज्ञा समाज नेटवर्क**

चंडीगढ़: नारी के अद्वितीय मर को सम्मान करते हुए मेहर चंद महाजन डीएवी महिला महाविद्यालय ने उत्सव शिवा शिक्षा समाज नेटवर्क के सहयोग से ऑनलाइन महिला दिवस के उत्सव में 'वीरंगना: द इंडिफैटिगबल वूमन पावर' का आयोजन किया।

वर्तमान की पूर्व ज्ञाता शिक्षा प्रेरण केन्द्रों में 'वीरंगना' का आयोजन किया गया। इस अवसर पर, मुख्य अतिथि डा. सुधी नरसिम्ह राव 2022 शिक्षा आयोग के रूप में शामिल हुए। शिक्षा सौम्या, सौम्या नेटवर्क (पुलव, दिल्ली, गुजरात, महाराष्ट्र), श्री सौम्या कॉलेज ऑफ़ एजुकेशन (पुलव) के अध्यक्ष प्रो. सुधी नरसिम्ह राव और अन्य अतिथि शामिल थे। कार्यक्रम का उद्देश्य नारी शक्ति उत्सव मनाना और नारी शक्ति को बढ़ावा देना है।

आज्ञा समाज नेटवर्क के अध्यक्ष डा. सुधी नरसिम्ह राव ने कहा कि नारी शक्ति उत्सव नारी शक्ति को बढ़ावा देने का एक अच्छा अवसर है। उन्होंने कहा कि नारी शक्ति उत्सव नारी शक्ति को बढ़ावा देने का एक अच्छा अवसर है। उन्होंने कहा कि नारी शक्ति उत्सव नारी शक्ति को बढ़ावा देने का एक अच्छा अवसर है।

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आज्ञा समाज नेटवर्क के अध्यक्ष डा. सुधी नरसिम्ह राव ने कहा कि नारी शक्ति उत्सव नारी शक्ति को बढ़ावा देने का एक अच्छा अवसर है। उन्होंने कहा कि नारी शक्ति उत्सव नारी शक्ति को बढ़ावा देने का एक अच्छा अवसर है। उन्होंने कहा कि नारी शक्ति उत्सव नारी शक्ति को बढ़ावा देने का एक अच्छा अवसर है।

### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ Women Development Cell of the college staged a thought-provoking skit titled "Awareness of Women Rights on safety" on 11.03.2023. The skit highlighted various issues like child marriage, gender discrimination, sexual harassment, domestic violence etc. and drew thunderous applause as it closed with the motivating lines 'bekhauf azaad hai rehna tujhe' summoning the women to fearlessly break all the shackles that hold them back.



#### MCM celebrates the indefatigable women power with 'Veerangana'

##### THE AMAN SANDESH TIMES

**Chandigarh:** Saluting the inimitable essence of womanhood, Mehr Chand Mahajan DAV College for Women, under the aegis of Department of Higher Education, Chandigarh Administration and in collaboration with Yuvsatta, organised 'Veerangana: The Indefatigable Women Power' to mark the celebration of International Women's Day. Illustrious alumna of the college Prof. Nishtha Jaswal, Vice Chancellor, Himachal Pradesh National Law University, Shimla, graced the event as the Chief Guest. Ms. Somya Thakur, Ms. Wheelchair India 2022 was the Special Guest on this occasion. Mr. Deepak Dhiman, Channel Head (Punjab, Himachal, Haryana, Chandigarh), Zee Media Corp. Ltd. and Mr. Pramod Sharma, Founder, Yuvsatta NGO were also present on this occasion as the collaborating partners. Inaugurating the event, Principal Dr. Nisha Bhargava drew attention to the fact that women enjoyed position of reverence in the Indian society during the ancient times but years of British rule destroyed the indigenous social fabric, leading to assigning of secondary role to women. She exhorted the women to recognise their inherent power and asserted that this imbalance can be reversed by bringing about change in the mindsets of the people. In her energising address,



Prof. Nishtha Jaswal said that a single day dedicated to women is not enough as each day of the year is a celebration of womanhood for the way she touches different lives with her quintessential compassion, love and care. Pointing out the way Shiva and Shakti are one, Prof. Jaswal said that men and women are one and they should complement each other instead of competing with each other. Her rendition of a self composed poem on women left the audience spellbound. Mr. Deepak Dhiman said that women are in no way inferior to anyone and they themselves need to believe in their innate abilities, and empower themselves through knowledge. Ms. Somya spoke about the importance of small steps in making women empowered and said that education holds the key to empowerment and liberation.

The event was a befitting tribute to the indomitable spirit of womanhood as a total of 54 underprivileged girl students with exceptional performance in the field of sports/academics/community outreach/creative arts/music from across the tricity were

felicitated with cash prizes. A booklet titled 'Veerangana' comprising the accomplishments of these 54 students was released in this occasion. The audience's emotions reached a crescendo as the faculty and students of the college's Music Department rendered a stimulating song based on Principal Dr. Nisha Bhargava's poem 'Nari Shakti' which echoes the theme of Veerangana and calls upon women folk to realise their innate strength. A thought-provoking skit by the Women Development Cell of the college highlighted various issues like child marriage, gender discrimination, sexual harassment, domestic violence, etc. and drew a thunderous applause as it closed with the motivating lines 'bekhauf, azaad hai rehna tujhe'- summoning the women to fearlessly break all the shackles that hold them back. A lecture on 'Contribution of Women in Framing Constitution' by Dr. Manisha Pandey Tiwari, Assistant Professor of History at the college, enlightened the audience about illustrious women like Hansa Mehta, Sarojini Naidu, Leela Roy, Vijay Laxmi Pandit, Sucheta Kriplani and many more who played an instrumental role in laying the foundation of a strong India. Displaying their entrepreneurial spirit, the young student entrepreneurs of the college put up different stalls of their products. Amazing cultural performances enthralled the audience.



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ Department of Physical Education in association with NCC Army wing and NSS Units National Level Online Competitions: Ayushman Bhava and Moments of Life on 20.06.2023 as part of Yoga Day Celebration -2023 where 96 entries were received. Link for the activity include:

Celebrating Bicentennial Birth Anniversary of Swami Dayanand Saraswati ji

**Mehr Chand Mahajan DAV College for Women**  
Sector- 36-A, Chandigarh (U.T.)

**INTERNATIONAL DAY OF YOGA**

**NSS Units** organise

**1) Ayushman Bhava**

A national level poster making competition to promote practice of yoga in daily life.

• The posters should be based on practices of asanas and benefits of yoga in daily life. • Competition is open for all. • Participants may use any kind of colours. • Participants may use A3/A4 size canvas. • Digital prints are not allowed. • Best entries will be awarded. • Upload your entries by 12:00 noon, 20th June, 2023 at the link below.

**POSTER SUBMISSION**

**2) Moments for life**

A national level campaign to promote the practice of yoga in the family.

• Click a picture or make a 30 seconds video while doing yoga with your family members and upload on the given link by 12:00 noon, 20th June 2023. • Best entries will be showcased on the college's social media handles.

**PICTURE SUBMISSION**

**LAST DATE FOR SUBMISSION : 12:00 noon, 20th JUNE 2023**  
**Both activities are compulsory for NSS volunteers.**  
**Contact : 7807471860 , 8872030541 for any queries.**

<b>Activity Incharges</b> <b>Dr. Aparna Sharma</b> <b>Ms. Richa</b>	<b>NSS Program Officers</b> <b>Dr Preeti Gambhir</b> <b>Dr Minakshi Rana</b>	<b>Convenor &amp; Principal</b> <b>Dr Nisha Bhargava</b>
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**एमसीएम प्रतियोगिताएं आयोजित**

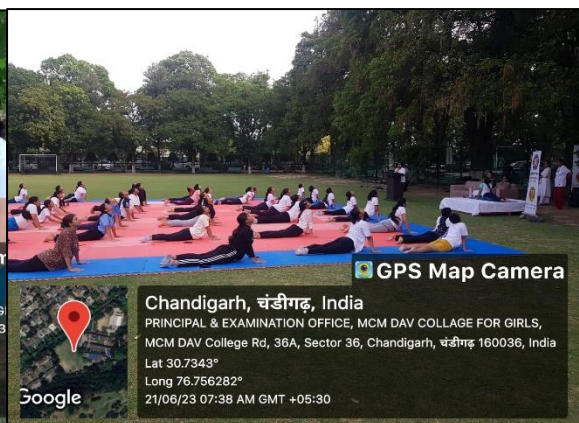
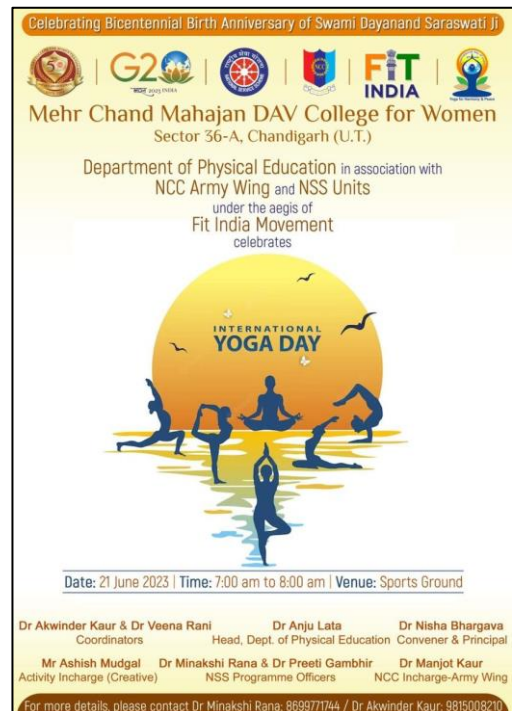
**चंडीगढ़ (ट्रिन्टू) :** एमसीएम डीएवी कॉलेज में योग दिवस पर कई गतिविधियों का आयोजन किया गया। योग विशेषज्ञ, सुश्री कैशम मोनारिटा ने आसनों का प्रदर्शन किया। सत्र में छात्राओं, एनएसएस स्वयंसेवक, एनसीसी कैडेट और कर्मचारियों सहित 80 प्रतिभागियों ने भाग लिया। एनएसएस इकाइयों ने 'योग @ घर और परिवार के साथ योग' विषय पर दो राष्ट्रीय स्तर के कार्यक्रमों 'आयुष्मान भवः' दैनिक जीवन में योग को बढ़ावा देने के लिए पोस्टर प्रतियोगिता और 'मोमेंट्स फॉर लाइफ' परिवार में योग अभ्यास को बढ़ावा देने के लिए एक ऑनलाइन प्रतियोगिता का आयोजन किया। प्राचार्या डॉ. निशा भार्गव ने योग के लाभों से अवगत करवाया।

**ये रहे परिणाम**  
आयुष्मान भवः में सुहानी, एमसीएम डीएवी, प्रथम, दीया सिंह ओम्टा, एमसीएम डीएवी द्वितीय, व अवतिका सूद, गवर्नमेंट होम साइंस कॉलेज चंडीगढ़ तृतीय रहीं। 'मोमेंट्स फॉर लाइफ' में रिद्धि सुयाल, एमसीएम डीएवी, प्रथम, ओजस्विनी सचदेवा, एमसीएम डीएवी, द्वितीय, डॉ. वंदना शर्मा, असिस्टेंट प्रोफेसर, मेहर एमसीएम डीएवी तृतीय रहीं। अनुष्का गौर, एमसीएम डीएवी और अवतिका सूद, गवर्नमेंट होम साइंस कॉलेज को प्रोत्साहन पुरस्कार से नवाजा गया।



### 7.1.1. Measures initiated by the Institution for the promotion of gender equity

- ✓ Department of Physical Education in association with NCC Army wing and NSS Units organized Yoga Session on 21.06.2023 as part of Yoga Day Celebration -2023.



Link for the activity:

## एमसीएम में धूमधाम से मनाया 9वां अंतर्राष्ट्रीय योग दिवस

चंडीगढ़, 21 जून (रम सिंह बराड़): मेहर चंद महाजन डीएवी महिला महाविद्यालय, चंडीगढ़ में 9वां अंतर्राष्ट्रीय योग दिवस का भव्य आयोजन कई गतिविधियों के साथ किया गया। कॉलेज के शारीरिक शिक्षा विभाग ने एएसएस इकाइयों और एनसीसी (आर्मी विंग) के सहयोग से फिट इंडिया मूवमेंट के तहत योग सत्र का आयोजन किया। योग प्रिन्सिपल, कैप्टन मोनिका ने एक बड़े के सत्र का संचालन किया। जिसमें उन्होंने योग दिवस प्रोटोकॉल में डॉक्यूमेंटेशन आर्सेनल का प्रदर्शन किया। प्रतिभागियों ने हाइसून, वृद्धासन, त्रिकोणसन आदि आसन किए और कपालभाति एवं अनुलोम-विलोम जैसे श्वास व्यायाम भी किए। सत्र में शारीरिक शिक्षा के छात्र, एएसएस स्वयंसेवक, एएससी कैडेट और कर्मचारियों सहित 80 प्रतिभागियों ने भाग लिया।

कॉलेज की एएसएस इकाइयों ने 'योग डायर और पॉस्चर के साथ योग' विषय पर दो राष्ट्रीय स्तर के कार्यक्रमों का भी आयोजन किया, जिसमें 'आयुष्यम भवः' दैनिक जीवन में योग के अभ्यास को बढ़ावा देने के लिए, पोस्चर बनाने की प्रशिक्षण और 'मोमेंट्स फॉर लाइफ' परिवार में योग अभ्यास को बढ़ावा देने के लिए आयोजित एक जात्राएं। (जयः गुरिन्द सिंह)

प्रदर्शित करते हुए अपने पोस्चर के माध्यम से योग के महत्व को प्रदर्शित किया। 'मोमेंट्स फॉर लाइफ' कार्यक्रम में योग अभ्यास को बढ़ावा देने के लिए आयोजित एक जात्राएं। (जयः गुरिन्द सिंह)

प्रतिभागियों ने अपने पोस्चर और दोस्तों के साथ योग का अभ्यास करते हुए अपनी लक्ष्यों और बॉडीस के माध्यम से 'परिवार के साथ योग' का संदेश लाइफ 'प्रतिभागिता में, प्रतिभागियों ने अपने पोस्चर और दोस्तों के साथ योग का अभ्यास करते हुए अपनी लक्ष्यों और बॉडीस के माध्यम से 'परिवार के साथ योग' का संदेश दिया। प्राचार्य डॉ. निरंज भर्गव ने योग को एक प्राचीन भारतीय अभ्यास बताया जो शरीर, मन और आत्मा को जोड़ता है। स्वयं योग के प्रति उत्साही, उन्होंने 'न प्रतिभागियों को योग के प्रति अभ्यास से होने वाले लाभों से अवगत कराया। डॉ. भर्गव ने यह भी कहा कि समग्र कल्याण के लिए योग के माध्यम से हमारे दैनिक जीवन में योग स्थापित करना आवश्यक है। आधुनिक भवः

प्रतिभागिता में प्रथम स्थान पर सुहनी, मेहर चंद महाजन डीएवी महिला महाविद्यालय, चंडीगढ़, द्वितीय स्थान पर दीप सिंह ओग्गा, मेहर चंद महाजन डीएवी महिला महाविद्यालय, चंडीगढ़ तथा तृतीय स्थान अवलिका सुद, गवर्नमेंट हेम साईस कॉलेज, चंडीगढ़ रही। 'मोमेंट्स फॉर लाइफ' प्रतियोगिता में प्रथम स्थान पर हिंदी सुवाल, मेहर चंद महाजन डीएवी महिला महाविद्यालय, चंडीगढ़, द्वितीय स्थान पर ओमनीयन सचदेव, मेहर चंद महाजन डीएवी महिला महाविद्यालय, चंडीगढ़ व तृतीय स्थान पर डॉ. बंदा शर्मा, असिस्टेंट प्रोफेसर, मेहर चंद महाजन डीएवी महिला महाविद्यालय, चंडीगढ़ रही। वहीं प्रोत्साहन पुरस्कार अवका गौर, मेहर चंद महाजन डीएवी महिला महाविद्यालय और अवलिका सुद, गवर्नमेंट हेम साईस कॉलेज, चंडीगढ़ को मिला।

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