

Report of PG Department of Psychology (2022-23)



**Mehr Chand Mahajan
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Sector-36/A, Chandigarh**

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**Names of Programmes/Courses/ offered (UG, PG, Ph. D): Undergraduate: BA (General and Honours),
Postgraduate: M A (Psychology) Doctorate: PhD**

Name of the Programme/ Course	Class	Subject
UG	BA-I	General Psychology
	BA-II	Experimental Psychology
	BA-II (Honours)	Social Psychology and Recent Perspectives on Psychology
	BA-III	Abnormal Psychology
	BA-III(Honours)	Psychological Testing, Organisational Psychology and Counselling
PG	MA-I	1.Theories and Systems of Psychology 2. Social Psychology 3.Experimental & Cognitive Psychology 4.Research Methodology 5. Practicals
	MA-II	1. Clinical Psychology 2. Counselling Psychology 3. Child Psychopathology 4. Organisational Psychology 5. Research Methodology 6. Practicals/Dissertation
Ph.D		12

Details of Presentations by the Faculty in the session:

Name	Title of Paper	Title of the Conference/ Seminar	Month/ Year	Sponsoring Agency	National/ International	Award, if any
Dr Manjit Sidhu	Fearing the unknown: Intolerance of uncertainty and psychological response to the pandemic.	11th India International Psychological Science Congress (virtual),	October 2022	Organized by the Department of Psychology, Panjab University, Chandigarh & National Association of Psychological Science	International	-
Dr. Anubhuti Sharma	Are we raising a tech- addicted generation? Psychological impact & implications of Social Media.	“Transformation , Survival & Sustainability in a Post COVID World & creating a New Bhaarat: Some dimensions from Panjab & Haryana State”	26-27 May’ 23	ICSSR	National	-

Details of Publications by the Faculty in the session:

Name	Title of Paper	Title of the Journal	Month/Year	PEER Reviewed/Refereed	UGC Care Listed Yes/No	ISSN	Name of Database Enlisted
Dr Neha Pandeya	Psychological Impact of the COVID 19 Pandemic among Adults in India: A Longitudinal Study	Indian Journal of Public Health	September 2022	Yes	Yes	2229-7693	SCOPUS
Dr Manjit Sidhu	Psychological Impact of the COVID 19 Pandemic among Adults in India: A Longitudinal Study	Indian Journal of Public Health	September 2022	Yes	Yes	2229-7693	SCOPUS
Dr. Anubhuti Sharma	State of Research on Giftedness and Gifted Education: An in-depth analysis	International Journal of Health Systems & Implementation Research	June' 23	Yes		2581-4427	International Scientific Indexing
Dr. Vidushi Jaswal	Utility of the Comprehensive health and Stringency Indexes in Evaluating Government Responses for CONTaining the Spread of COVID-19 in India: Ecological Time- Series Study	JMIR Public Health and Surveillance	February 2023	Yes		2369-2960	SCOPUS

Faculty as members in:

Name	Committees (State / National / International)	University Bodies/ Board of Studies	NGOs (State / National / International)	Reviewers (State / National / International)
Dr Nitasha Khehra	Life Member of Indian Association of Child and Adolescent Mental Health Life Member of Indian Association of Clinical Psychologists	Member, Post-graduate Board of Studies in Psychology, Panjab University, Chandigarh Member, Board of Studies in Psychology, KMV Jalandhar	-	Subject Editor, New Horizons Journal (National)
Dr. Anubhuti Sharma	-	-	Sahayta Cancer Trust	SpringerLink (International) IGI Global (International)

Awards/ Recognitions received by faculty/students:

Name and Designation	Name of the Award	Name of the Agency	Month/Year	Level (State / National / International)
Dr Nitasha Khehra	Star Teacher Award	Rashtriya Mahila Mandal	05.09. 2022	State
PG Department of Psychology	Overall First Runners up Trophy	Inter College Psychology Fest - Zeitgeist 2023 organized by Post Graduate Govt. College for Girls, Sector-11, Chd	02-03-2023	-

Title	Date	Objective	No. of Students benefited	Name/Designation/ Organization of Resource Person/s
Poetry Competition on the theme "Catharsis: Express the Repressed" to mark the celebration of to mark the celebration of the United Nations International Day of Happiness and World Poetry Day	21.03.2023	The objective of this activity was to apprise students about the significance of understanding and supporting mental health literacy. This activity encouraged our college students to produce their own literary works to express their deep-seated emotions and incorporate cathartic poetry as a form of expressive arts therapy for self-healing and to promote well-being.	85	Organized by PG Department of Psychology and Geetanjali Counselling Helpline Committee

Projects/ Awards/Positions bagged by students:

Name and Class	Name of the Award/ Position	Name of the Agency/University	Month/Year
Rhythm Kalia	Rank II	Panjab University Psychology Honours Examinations	May'2023
Nandini Jain	Rank II	Panjab University Psychology Honours Examinations	May'2023
Irina Kaur	Rank III	Panjab University Psychology Honours Examinations	May'2023
Deeksha Kaur	Rank IV	Panjab University Psychology Honours Examinations	May'2023
Srishti Verma	Rank VII	Panjab University Psychology Honours Examinations	May'2023
Ayushi	Rank VIII	Panjab University Psychology Honours Examinations	May'2023
Falak Aggarwal	Rank II	Panjab University MA 4 th Semester Examinations	May' 2023
Rubalpreet Kaur Kharoud	Rank IV	Panjab University MA 4 th Semester Examinations	May' 2023
Shazia Pratap Brar	Rank V	Panjab University MA 4 th Semester Examinations	May' 2023
Aarchi Katyal	Rank VII	Panjab University MA 4 th Semester Examinations	May' 2023
Aastha Kanwar	Rank VIII	Panjab University MA 4 th Semester Examinations	May' 2023
Aadya Mishra	Rank IX	Panjab University MA 4 th Semester Examinations	May' 2023
Falak Aggarwal	Rank III	Panjab University MA 3 rd Semester Examinations	Dec' 2022
Rubalpreet Kaur Kharoud	Rank IV	Panjab University MA 3 rd Semester Examinations	Dec' 2022
Chahat Kapoor	Rank IV	Panjab University MA 2 nd Semester Examinations	May' 2022
Amrteshwar Kaur	Rank I	Panjab University MA 1st Semester Examinations	Dec' 2022
Tejaswini Godara	Rank III	Panjab University MA 1st Semester Examinations	Dec' 2022
Harsimran Kaur Chimni	Rank X	Panjab University MA 1st Semester Examinations	Dec' 2022
Shruti Singh	Rank X	Panjab University MA 1st Semester Examinations	Dec' 2022

Details of Presentations/Publications by the students in the session:

Name, & Class	Title of Paper Published	Title of the Journal	Month/Year	ISSN/ ISBN	National / International	Award, if any
Kareena Sant	Work-Life Balance of Oil and Gas Public Sector Employees in India: A Survey	International Journal for Research in Applied Science and Engineering Technology	2023	2321-9653	International/UGC Approved	-
Jahnvi Sayal	A Study on Caffeine Expectancy and Stress Among College Consumers	International Journal of Research Publication and Reviews	2023	2582-7421	Peer Reviewed International Journal	-

Details of the Achievements/ Participation of students of the Department outside the Campus:

S.No	Name	Class	Event/Category	Title of the Activity	Date	Organising Institution/ Agency	Position / Participation
1	Khushdeep Kaur	BA II	Online Internship	Internship	20-07-22 to 10-08-22	High School Moms & International Alliance of Counselors and Educators	Participation
2	Divyanshi Sharma	BA III	Online Internship	Internship	26-07-22 to 25-08-22	Cognizavest	Participation
3	Harnoor Arora	BA II	Online Internship	Internship	26-07-22 to 26-08-22	Cognizavest	Participation
4	Kareena Sant	BA III	Offline Internship	Internship	01-08-22 to 30-09-22	Hindustan Petroleum Corporation Ltd.	Participation
5	Riya Bansal	BA II	Online Internship	Internship	15-10-22 to 15-11-22	FOBET: The Psychology School	Participation
6	Chhavi Luthra	BA III	Offline Internship	Internship	02-12-22 to 15-03-23	Health Square Clinic	Participation
7	Guntas	BA III	Online Internship	Internship	09-01-23 to 27-01-23	Mindlogs Psychological Services	Participation
8	Chhavi Luthra	BA III	Online Internship	Internship	09-01-23 to 03-02-23	Mindlogs Psychological Services	Participation

9	Gurbani Singh	BA III	Offline Internship	Internship	01-02-23 to 28-02-23	Cognitivee	Participation
10	Riya Talwar	BA III	Offline Internship	Internship	01-02-23 to 28-02-23	Cognitivee	Participation
11	Disha Singh	BA III	Offline Internship	Internship	01-02-23 to 28-02-23	Cognitivee	Participation
12	Hiteshi Sukhija	BA II	Online Internship	Internship	01-03-23 to 27-04-23	Muskurahat Foundation	Participation
13	Aakriti Sidhu	BA III	Online Internship	Internship	09-03-23 to 11-04-23	Socially Souled	Participation
14	Sarvagya Thakur	BA III	Offline Internship	Internship	16-03-23 to 16-04-23	Cognitivee	Participation
15	Himanshi	BA III	Offline Internship	Internship	16-03-23 to 16-04-23	Cognitivee	Participation
16	Guntas	BA III	Offline Internship	Internship	16-03-23 to 16-04-23	Cognitivee	Participation
17	Harpreet Kaur	BA III	Offline Internship	Internship	16-03-23 to 16-04-23	Cognitivee	Participation
18	Jasleen Kaur Sarao	BA III	Offline Internship	Internship	16-03-23 to 16-04-23	Cognitivee	Participation
19	Rhea Grover	BA III	Offline Internship	Internship	16-03-23 to 16-04-23	Cognitivee	Participation
20	Hiteshi Sukhija	BA II	Online Internship	Internship	01-04-23 to 30-04-23	Atulya Psychological Solutions	Participation
21	Shaina Pathania	BA II	Online Internship	Internship	01-06-23 to 31-07-23	FOBET: The Psychology School	Participation
22	Ishneet Kapoor	BA III	Online Internship	Internship	02-06-23 to 01-07-23	Cognizavest	Participation
23	Ashna Talwar	MA II	Offline Internship	Internship	03-06-23 to 03-07-23	Jeevandhara Rehabilitation and Research Institute	Participation
24	Riddhi Singla	BA III	Offline Internship	Internship	03-06-23 to 03-07-23	Pruthi Neuropsychiatry Clinic	Participation
25	Ananya Sood	BA III	Offline Internship	Internship	05-06-23 to 05-07-23	Fortis Hospital	Participation
26	Gurbani Singh	BA III	Offline Internship	Internship	12-06-23 to 12-07-23	Synapses Neuropsychiatry	Participation
27	Dilraj Kaur	BA III	Online Internship	Internship	13-06-23 to 31-07-23	FOBET: The Psychology School	Participation
28	Sehaj	BA III	Online Internship	Internship	15-06-23 to 14-07-23	Cognizavest	Participation

29	Kunjalika Tikku	MA II	Offline Internship	Internship	16-06-23 to 16-07-23	NIMHANS	Participation
30	Gurleen Kaur Mehta	BA III	Offline Internship	Internship	19-06-23 to 19-07-23	Fortis Hospital	Participation
31	Harsimran kaur	MA II	Offline Internship	Internship	20-06-23 to 19-07-23	Crayons Clinic	Participation
32	Navpreet Kaur	MA II	Offline Internship	Internship	20-06-23 to 19-07-23	Crayons Clinic	Participation
33	Muskan Antil	BA III	Offline Internship	Internship	20-06-23 to 20-07-23	Cognitivee	Participation
34	Riya Bansal	BA II	Online Internship	Internship	24-06-23 to 24-07-23	KRSH Welfare Foundation	Participation
35	Vidushi Kalia	BA III	Online Internship	Internship	27-06-23 to 27-07-23	FOBET: The Psychology School	Participation
40	Rhea Grover	BA III	Offline Internship	Internship	01-06-2023 to 01-07-2023	Fortis Healthcare Limited	Participation
41	Himanshi	BA III	Inter College Psychology Fest - Zeitgeist 2023	Psychology Exhibition - Working Model	02-03-2023	Post Graduate Govt. College for Girls, Sector 11, Chd	First Prize
42	Chhavi Luthra	BA II	Inter College Psychology Fest - Zeitgeist 2023	Psychology Exhibition - Working Model	02-03-2023	Post Graduate Govt. College for Girls, Sector-11, Chd	First Prize
43	Chhavi Luthra	BA II	Inter College Psychology Fest - Zeitgeist 2023	Psychology Quiz (Group)	02-03-2023	Post Graduate Govt. College for Girls, Sector-11, Chd	Second Prize
44	Deeksha Thakur	BA III	Inter College Psychology Fest - Zeitgeist 2023	Psychology Quiz (Group)	02-03-2023	Post Graduate Govt. College for Girls, Sector-11, Chd	Second Prize
45	Aanchal Verma	BA III	Inter College Psychology Fest - Zeitgeist 2023	Psychology Quiz (Group)	02-03-2023	Post Graduate Govt. College for Girls, Sector-11, Chd	Second Prize
46	Anhad Bal	MA II	USOL Annual Prize Distribution	Advance Diploma in Guidance & Counselling	11-04-2023	USOL, Panjab University, Chd	Second Prize
47	Jahnvi Sayal	BA II	Inter College Psychology Fest - Zeitgeist 2023	Debate (Team)	02-03-2023	Post Graduate Govt. College for Girls, Sector-11, Chd	First Prize

48	Tisha Arora	MA II	Inter College Psychology Fest - Zeitgeist 2023	Debate (Team and Individual Prize)	02-03-2023	Post Graduate Govt. College for Girls, Sector-11, Chd	First Prize And Second Prize in Individual Category
49	Anubha Sharma	BA III	Inter College Psychology Fest - Zeitgeist 2024	Poster Making	02-03-2023	Post Graduate Govt. College for Girls	First Prize
50	Riya Saini	BA II	Inter College Psychology Fest - Zeitgeist 2024	Research Paper Presentation	02-03-2023	Post Graduate Govt. College for Girls	First Prize
51	Suhaani Bora	BA II	Inter College Psychology Fest - Zeitgeist 2024	Charismatic Personality	02-03-2023	Post Graduate Govt. College for Girls	Second Prize
52	Asmita Chhibbar	BA III	Inter College Psychology Fest - Zeitgeist 2024	Collage Making	02-03-2023	Post Graduate Govt. College for Girls	Third Prize
53	Ishita Sharma	BA II	Inter College Psychology Fest - Zeitgeist 2024	Psychology Meme	02-03-2023	Post Graduate Govt. College for Girls	Third Prize

Names of students who have cleared National / State competitive examinations such as NET, SLET, GATE, UPSC, CDS, etc.:

S.No.	NAME	BATCH	Date of the result notification	Examination cleared
1	Kareena Sant	BA III Psychology Honours 2020-23	2023	Strathclyde Business Master's Scholarship 2023 at University of Strathclyde, Glasgow, Scotland of Rs 12 lakhs to pursue MSc Work and Organisational Psychology
2	Arpita Vij	MA II Psychology 2021-23	2023	National Level Exam for M.Phil Clinical Psychology at Department of Psychiatry, GMCH 32, Chandigarh