

Mehr Chand Mahajan D.A.V. College for Women Sector 36-A, Chandigarh – 160036 Phone: 0172-2603355, Fax; 0172-2613047

Supporting Document for Criterion 7

7.1 - Institutional Values and Social Responsibilities

7.1.8 Describe the Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities.

(Any other relevant information):

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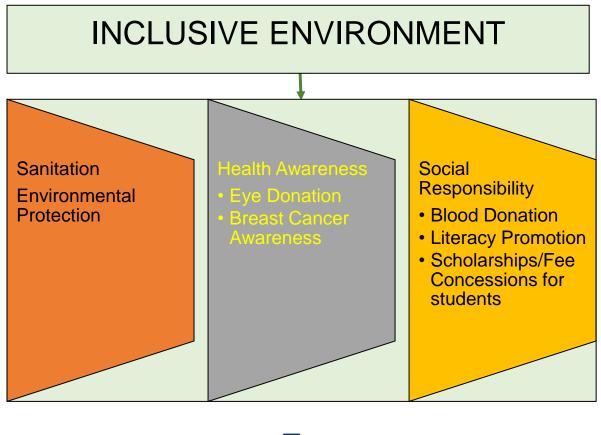
IQAC, Coordinator

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Offg. Principal

7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

7.1.8 Describe Institutional Efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic.





College initiatives in form of

Equal Opportunity Cell, Women Development Cell, VADA CLUB, NSS, Department of Political Science, Electoral Literacy Club, IIC, Universal Values Cell, Swachhta, Cultural Committee

7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

List of activities undertaken as part of Institutional efforts/initiatives in providing inclusive environment in session 2023-24 are as follows:

S. No	Name of committee	Title of the practice	Duration	Number of participants	Objectives
1.	NSS	Swachh Survekshan Survey	25.07.2023- 27.07.2023	755	To. encourage large scale citizen participation and create awareness amongst all sections of society about the importance of working together towards making towns and cities better places to reside in.
2.	NSS	Set up of Amrit Vatika	09.08.2023		To pay homage to the motherland through events dedicated to the 'Mitti of the Motherland'
3.	NSS	Tree Plantation Drive and Pledge Ceremony	09.08.2023	70	 To sensitize students towards the need to preserve our environment and ecology. To develop a sense of national pride and inspire to protect India's cherished heritage
4.	VADA Club	Pledge Ceremony- Observance of 'International Day against Substance Abuse & Illicit Trafficking'	12.08.2023	60	To strengthen action and cooperation in achieving a world free of drug abuse. To combat stigma and discrimination against people who use drugs by promoting respectful and non- judgemental language and attitudes.
5.	VADA Club	"Meri Mati Mera Desh" campaign	15.08.2024	25	To commemorate the sacrifices of the freedom fighters and in celebration of 75years of India's Independence
6.	NSS	Awareness Session on Eye Donation	25.08.2023	100	 To educate participants about the importance of eye donation Dispelling myths and misconceptions about eye donation.
7.	NSS and Swachhta Committee	Importance of Personal Hygiene	08.09.2023	25	 To keep your body healthy To prevent spreading germs to other people and prevent illness To keep the space, you live and work in clean and germ- free

S. No	Name of committee	Title of the practice	Duration	Number of participants	Objectives
8.	NSS & Swachta Committee	Celebration of International Literacy Day	08.09.2023	25	 To bolster the public sentiment in favour of continuous efforts to combat illiteracy. To promote girl education and various Government schemes. To raise awareness about literacy and its importance among individuals, communities, societies.
9.	NSS	Preventive Diet Care for Anaemia	09.09.2023	60	 To make students aware about preventive diet care for anaemia To make volunteers aware about the symptoms and iron requirement for the body
10.	NSS & SACS	Red Run	10.09.2023	02	To share the knowledge on HIV/AIDS
11.	NSS	Food for mind activity	11.09.2023	20	 To educate school students about the impact of food on mental health To promote healthy eating habits To encourage acts of kindness
12.	NSS	Nutrition during adolescence	12.09.2023	21	To highlight the importance of nutrition and exercise for the proper growth of students and to educate students about the early stages of body development
13.	NSS, Red Ribbon Club and Medical Committee	Blood Donation Camp	26.09.2023	300	 To raise awareness about the importance of regular blood donation and its positive impact on the community To dispel myths and misconceptions about blood donation and encourages more people to become regular donors To promote healthy eating habits among students to maintain a balanced hemoglobin
14.	VADA Club	Raising Awareness and Taking a Stand: Victory against Drug Abuse Club's Initiative	26.09.2023	40	To educate and empower the youth to make informed decisions about their wellbeing against drug abuse

S. No	Name of committee	Title of the practice	Duration	Number of participants	Objectives
15.	VADA Club	'Drug Addiction Free Youth' (Movie Screening on Awareness on Drug Abuse)	28.09.2023	100	To engage and educate young people about the dangers of substance abuse.
16.	NSS and the Department of Political Science	International Non- Violence Day	30.09.2023	75	 To encourage all students and NSS volunteer to take a solemn pledge towards non- violence To reduce conflict, anger and violence on personal, local, national and global levels. To secure a culture of peace, tolerance, understanding and non- violence
17.	NSS	Blood Donation Camp and Free Mammography Test	07.10.2023	10	 To raise awareness about blood donation as a social cause and to motivate people to donate blood. To provide free medical check-up and mammography tests which ensure early diagnosis of disease To generate awareness about the need to get routine health checkups
18.	NSS	Breast Cancer Awareness Rally	07.10.2023	50	To raise awareness for breast cancer, its detection, its treatment and the need for reliable permanent cure To educate women about the importance of diagnosing cancer at early stages when treatment is easier, and the outcome is better
19.	NSS	Cyber safe Chandigarh	11.10.2023	150	 To educate individuals about online risks and best practices for staying safe on the internet. To empower participants to protect themselves and their information while using digital technologies.
20.	NSS unit in collaboration with the Health and Family Welfare Department	Anti Dengue Awareness Program	14.10.2023	25	 To create general awareness among the masses to reverse the rising trend of dengue and its ill effects on the society To strengthen monitoring and evaluation to ensure programme implementation, management and performance

S. No	Name of committee	Title of the practice	Duration	Number of participants	Objectives
21.	IIC 6.0	Interactive session on Innovative Day	20.10.2023	55	To promote Innovation was organized to celebrate Innovation Day and commemorate the birth anniversary of honourable Dr. A.P.J Abdul Kalam
22.	NSS & PGI	Free Eye Check- up Camp	26.10.2023	21	 To spread awareness about eye disorders Early detection of ailments and o detect refractive errors
23.	NSS Units and Medical Committee	Breast Cancer Awareness Program	26.10.2023	100	 To raise awareness for breast cancer, its detection, its treatment and the need for reliable permanent cure. To educate women about the importance of diagnosing cancer at early stages when treatment is easier, and outcome is better
24.	NSS and Red Ribbon club	AIDS Awareness Rally	20.11.2023	31	 To create awareness among the students about the symptoms, causes and preventives of AIDS To sensitize people in college for not taking it as stigma & speak openly about AIDS To encourage people to get tested for HIV/AIDS
25.	NSS units in collaboration with the Character Building Committee	सौहार्द	04.12.2023- 14.12.2023	25	 To help bridge the gap between people who are willing to aid the less fortunate and those in positions of necessity. Donating clothes helps many people; it aids those with disabilities, disaster victims, veterans and people who cannot afford clothes
26.	Institution's Innovation Council@6.0 in collaboration with NSS	National Youth Day	13.01.2024	15	To generate awareness about entrepreneurial exchange among students
27.	Electoral Literacy Club	Electoral Awareness Rally	25.01.2024	13	To enlighten the students about the power of casting vote judiciously and advised them to perform this national duty in letter and spirit.
28.	VADA Club	Unite Against Drug Abuse: An Awareness Rally against Drug Abuse	30.01.2024	100	To educate students on the risks associated with substance abuse, promote a culture of prevention, and provide resources for those seeking assistance.

S. No	Name of committee	Title of the practice	Duration	Number of participants	Objectives
29.	NSS in collaboration with Viksit Bharat Abhiyan Cell and Health Committee	Testing and Meal distribution	12.02.2024	300+	 To raise awareness about anaemia, Aims to make it convenient for students and staff to check their haemoglobin levels and receive necessary guidance from healthcare professionals The goal is to promote proactive healthcare measures and contribute to creating a healthier campus community.
30.	NSS in collaboration with Viksit Bharat Abhiyan Cell and Health Committee	Interactive Session on 'Understanding Implications of Anaemia on women's health' and preventive care in medical cases	16.02.2024	50	To educate, inform, and empower healthcare professionals, students, and the community about the implications of anaemia on women's health
31.	NSS Units and Electoral Literacy Club	Mera Phela Vote Desh ke Liye	0603.2024- 08.03.2024	40	 To educate students about the electoral process, including voter registration, polling procedures, and the importance of every vote. Instilling a sense of civic responsibility among students, • Ethical Voting: Promoting ethical voting practices
32.	VADA Club	Special Lecture on Anti-Drug Awareness among Youth	13.03.2024	80	To enlighten and empower young minds, equipping them with the knowledge and resilience needed to combat the scourge of drugs.
33.	VADA Club	Poster Making Competition on Gender Equality to mark the International Women's Day	15.03.2024	20	To celebrate the indomitable spirit and achievements of women while advocating for gender equality and empowerment.

S. No	Name of committee	Title of the practice	Duration	Number of participants	Objectives
34.	NSS Unit in collaboration with Viksit Bharat Abhiyan	One Day Workshop and awareness program on 'Social Entrepreneurship: Challenges, Future Prospects, and Plans'	16.03.2024	50	Introduce students to the concept of social entrepreneurship, helping them understand how it differs from traditional entrepreneurship and the potential it holds for addressing social and environmental issues. • Inspire students by showcasing successful social entrepreneurs and their impactful ventures. • Equip students with the knowledge and skills needed to develop, launch, and sustain social enterprises.
35.	NSS	Water Conservation Rally	22.03.2024	30	 To educate the public about the importance of sustainable water management practices. To raise awareness about the goals and initiatives of the Water Convention for fostering global water security and environmental conservation
36.	NSS	Utsav - Jeevan Ka	29.03.2024	15	• To address the growing prevalence of substance abuse among young people, highlighting the risks and consequences associated with drug use
37.	Department of Political Science	Bridge Course on 'Introduction to Indian Constitution'	03.06.2024- 08.06.2024	20	To make them understand the basics of the Indian Constitution and facets of democracy
38.	NSS Units & Vikshit Bharat Abhiyan	Celebration of International Yoga Day	21.06.2024	100	To promote physical health but also takes care of our mind and soul.
39.	Electoral Literacy Club	Electoral Literacy Club Camp for Voter ID Registration	13.07.2023- 22.07.2023	100	To register voter and apprise them of their rights

S. No	Name of committee	Title of the practice	Duration	Number of participants	Objectives
40.	Electoral Literacy Club	Lecture on "Ethical and Informed Voting"	09.01.2024	100	To sensitize the participants about the latest reforms made and initiatives taken by the Election Commission of India concerning voter services
41.	Electoral Literacy Club	Screening of Documentary titled 60 years of Election Commission of India	19.02.2023	20	To aware the students about the electoral system of India
42.	Electoral Literacy Club & NSS Units	Vote for Sure Selfie Competition	06.03.2024- 08.03.2024	30	To inspire the students to become an integral part of the voting process
43.	Electoral Literacy Club & NSS Units	Essay Writing competition on 'Chunav Ka Parv, Desh Ka Garv'	01.03.2024	30	To highlight Significance of Citizen participation
44.	Foreign Students Cell in collaboration with the Post Graduate Department of Sociology & knowledge partner Government Degree College, Chamba, Himachal Pradesh	Online National Workshop on Contemporary Gender issues in India: Some Reflections.	29.09.2023	78	To apprise the audience of privileges and affirmative actions for women like menstrual leave, maternity facilities etc
45.	Foreign Students Cell in collaboration with the Post Graduate Department of Sociology	Workshop on Navigating Success through Building Soft Skills and Critical thinking	15.02.2024	75 students + 05 teachers	To apprise audience of how to navigate success through building soft skills and critical thinking.

S. No	Name of committee	Title of the practice	Duration	Number of participants	Objectives
46.	Red Ribbon Club/AIDS Awareness Committee in collaboration with the Post Graduate Department of Sociology	Interactive Session on "Health and Anti- Aging for Young Girls"	12.09.2023	47 students + 06 faculty members	To apprise audience of common cancers among women which included ovarian, breast and cervical cancers and their preventive/diagnostic techniques
47.	Foreign Students Cell and the Equal Opportunity Cell in collaboration with Government College Chamba (Himachal Pradesh)	Workshop on "Self- Management for the Personal Growth"	12.03.2024	45	To develop the ability in students to manage their behaviours, thoughts, and emotions in a conscious and productive way.
48.	Department of Political Science, Electoral Literacy Club & NSS Units	Declamation contest on 'social media and Elections'	15.03.2024	17	To understand the complex interplay between social media dynamics and democratic processes
49.	Women Development Cell	Session on "Wellness waves: Surfing through Cervical and Breast health"	07.02.2024	130	To highlight the importance of regular screenings, self- examination techniques, and lifestyle modifications that can significantly reduce the risk of developing these types of cancer.
50.	Mehr Chand Mahajan DAV College for Women, Chandigarh	Lohri Celebration	13.01.2024	100	To celebrate the festival in true spirit and harmony
51.	Students Council	Meraki	20.02.2023 - 21.02.2023	More than 500	To celebrate fest with laughter, friendships and grandiose

S. No	Name of committee	Title of the practice	Duration	Number of participants	Objectives
52.	NSS Units in collaboration with the Character Building Committee	Diwali Fest 2023	November 8, 2023	More than 100 and faculty members	To celebrate tradition, culture, and heritage with happiness, peace, and harmony during the festival days. To symbolize the spiritual victory of light over darkness, good over evil and knowledge over ignorance.

Details of these activities are as follows:

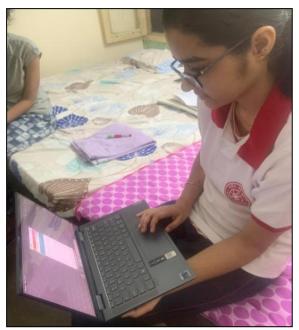
Swachh Survekshan Survey

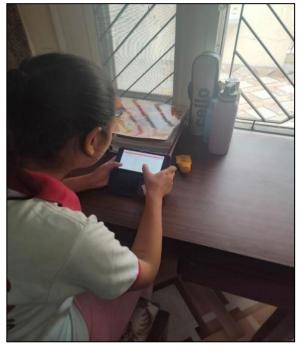
Date: 25 July 2023- 27 July 2023

Number of participants: 755

As per the directions of Director of Higher Education (DHE), Chandigarh

Administration, the NSS Units of Mehr Chand Mahajan DAV College for Women, Sector 36-A, Chandigarh, raised awareness about Swachh Survekshan Survey to ensure maximum participation in the Survey. The NSS Units helped in surveying by registering 755 participants and encouraging their friends, siblings, and neighbors to participate in it. The NSS Volunteers of the college not only participated in the survey but also encouraged citizens to participate in it.755 citizens filled the survey that provided valuable insights into the cleanliness and hygiene practices within the surveyed area.





Setting up of Amrit Vatika

Date: 9 August 2023

The NSS units of Mehr Chand Mahajan DAV College for Women, Chandigarh, under the aegis of Meri Mati Mera Desh Abhiyan, Ministry of Youth Affairs and Sports, Government of India, began the celebration of Azadi ka Amrit Mahotsav Week, here today. The celebration, marking the 75 years of India's Independence, focuses on paying homage to the motherland through events dedicated to the 'Mitti of the Motherland'. On



the first day of the celebration, the NSS units set up 'Amrit Vatika' in the campus wherein plantation of 75 saplings of indigenous varieties was undertaken. Principal Dr. Nisha Bhargava planted the first sapling. Thereafter, the staff and students took 'Panch Pran' holding 'maati' in their hands, pledging to make India a developed country, eliminate the mentality of slavery, be proud of our rich heritage, uphold unity and solidarity, fulfill duties as citizens, and respect those who protect the nation.

Tree Plantation Drive and Pledge Ceremony

Date: 9 August 2023

Number of NSS Volunteers participated: 70

Practice: To mark the celebration of 75th Independence Day, the NSS Units of Mehr Chand Mahajan DAV College for Women hosted a week-long celebration on August 9, 2023. A tree plantation drive and pledge ceremony were organised under the aegis



7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

of Meri Maati Mera Desh, Ministry of Youth Affairs. The event started with a plantation drive in Amrit Vatika within the college premises wherein plantation of 75 saplings of indigenous varieties along with medicinal plants was undertaken.

Observance of 'International Day against Substance Abuse & Illicit Trafficking'

Date: 12 August 2023

Number of participants: 60

Victory Against Drug Abuse Club (VADA) of Mehr Chand Mahajan DAV College for Women, Chandigarh organized a Pledge Ceremony on 12th August 2023 in the Observance of "International Day against Substance Abuse & Illicit Trafficking under the Ministry of Social Justice and Empowerment, Government of India. The aim of the pledge ceremony was to strengthen action and cooperation in achieving the goal of sustainable world free from substance abuse. In this event more than 60 students participated.





MCM celebrates International Day against Substance Abuse and Illicit Trafficking

THE AMAN SANDESH TIMES

Chandigarh: The Victory Against Drug Abuse Club (VADA) of Mehr Chand Mahajan DAV College for Women, Chandigarh, organised a Pledge Ceremony to mark the observance of 'International Day against Substance Abuse and Illicit Trafficking' under the Ministry of Social Justice and Empowerment, Government of India. The aim of the ceremony was to strengthen action and cooperation in achieving the goal of sustainable world free from substance abuse.

The pledge was administered to the college students by student volunteer of VADA Club, wherein



everyone vowed to stay away from drugs and make efforts to create drug free Chandigarh and country. Over 60 students participated in the ceremony.

Principal Dr. Nisha Bhargava expressed concern over the issue of drug abuse which has detrimental impact on the individual as well as the society as a whole.

She highlighted that there is an urgent need to organise more sensitisation programmes and activities which aim at raising mass awareness about the menace of addiction.

"Meri Mati Mera Desh" campaign

Date: 15 August 2023

Number of participants: 25

In order to commemorate the sacrifices of the freedom fighters and in celebration of 75years of India's Independence, a series of events under the aegis of 'meri matti mera desh' campaign kick-started at Mehr Chand Mahajan DAV College on 15th August 2023 under Victory Against Drug Abuse Club. The Prime minister of India, Shri Narendra Modi, has launched 'Meri Mera Desh Campaign's Matti in a continuation for celebration of Azadi ka Amrit Mahotsva. Under this campaign





various events were conducted in the college campus, like Pledge for Panch Pran, Pledge against Drug Abuse, Veeron ka Vandan, and Vasudha Vandhan as per the directions of Social Justice and Empowerment, Government of India, Nasha Mukt Bharat Abhiyaan.

MCM hold events under 'Meri Matti Mera Desh'

SATHE AMAN SANDESH TIMES

Chandigarh: To pay tributes to the sacrifices of our freedom fighters and to mark the celebration of the completion of 75 years of India's Independence, a series of events under the aegis of 'Meri Matti Mera Desh' campaign were held at Mehr Chand Mahajan DAV College for Women, Chandigarh, by the Victory Against Drug Abuse (VADA) Club of the college.

As per the directions of the Ministry of Social Justice and Empowerment, Government of India, the events included 'Panch Pran' pledge, pledge against drug abuse, Veeron ka Vandan and Vasudha Vandhan.

The Panch Pran pledge endeavours to focus the citizens' energy on five resolutions that include making India a developed nation. removing every trace of bondage, taking pride in our heritage and unity, and fulfilling our duties in



the next 25 years.

As part of Azadi Ka Amrit Mahotsav, the Club also administered pledge against drug abuse with the aim to spread awareness among the students about the menace of drug abuse. As part of 'Vasudha Vandan', 'Amrit Vatika' was developed the country's development by within the college by planting saplings of indigenous species to replenish Mother Earth. The idea was to generate awareness with

regards to ecological benefits of plantation drives.

Principal Dr. Nisha Bhargava motivated the students to work towards realising the dreams of our great visionaries. She also added that drug addiction is an issue of grave concern that threatens adversely impacting the human capital, and needs to be addressed in a suitable way through sensitisation programmes.

7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

Awareness Session on Eye Donation Date: 25 August 2023

Number of participants: 100

Medical committee and NSS unit of Mehr Chand Mahajan DAV College for women in collaboration with Department of Ophthalmology, Govt. Medical College and Hospital Sector 32 Chandigarh conducted an



awareness session on eye donation. The session aimed to educate students and staff about the significance of eye donation, dispel myths, and encourage participation in this noble cause. Dr. Suresh Kumar Arya, a renowned ophthalmologist from govt. Medical College and hospital sector 32, was the keynote speaker. Dr. S.K Arya discussed the importance of eye donation in restoring vision for the visually impaired.



Raising Awareness and Taking a Stand: Victory against Drug Abuse Club's Initiative

Date: 26 September 2023

Number of participants: 40

Victory Against Drug Abuse (VADA) Club of Mehr Chand Mahajan DAV College organized a remarkable event on 26 September 2023, in Government Secondary School, Kajheri, one of the adopted villages under this club. The event was successfully coordinated and organized by the nodal officer of the club. The event featured a screening of animated video and concluded with a solemn pledge-taking ceremony.

'Drug Addiction Free Youth' (Movie Screening on Awareness on Drug Abuse) Date: 28 September 2023

Number of participants: 200

Victory Against Drug Abuse Club of Mehr Chand Mahajan DAV College embarked a powerful journey of awareness and enlightenment through the medium of documentaries. By screening three thoughts -provoking



films –Sanjay Dutt life journey towards drugs, Kamin and Doonge Dariya ON 28.09.2024. 100 students participated in this screening event.

Importance of Personal Hygiene

Date: 8 September 2023

Number of Volunteers participated: 25

Day 1 was dedicated to an interactive session on 'Importance of personal hygiene'. The resource person for this event was Dr Sandeep Kaur. In the school's lecture hall, Dr. Sandeep told students and



volunteers about self-care and personal hygiene. Students were enlightened about the waste management and personal health care. Less screen time, more outdoor games, mental peace, waste segregation, excess use of electronic devices, etc. were suggested as improving measure.

Preventive Diet Care for Anaemia Date: 9 September 2023

Number of Volunteers participated: 60

Practice: An awareness session was conducted by Dr. Kirti Singla on the Topic "Preventive Diet Care for Anaemia" under the aegis of NSS. The volunteers learned about the symptoms, iron requirement and preventions from anaemia. An activity was also conducted during the session where students were asked to plan their meal for the day such that the meal have sufficient iron to fulfil body's requirement.



Red Run

Date: 10 September 2023

Number of participants: 02

An HIV/AIDS awareness Red Run was organized by SACS on 10th September 2023, at the Lake which was flagged off by worthy Advisor to the Administration UT Chandigarh. It witnessed a participation of many students from 17 colleges and our BA 1 students Vineeta Gurjar got 1st position with a cash prize of Rs15000/ and Nisha of BA 1 got consolation prize of Rs 2000/-.



7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

Sr. No.	Name	College	Position	Prize
1	Sahil	SD College-32	1 st position	Rs. 15,000/-
2.	Ravi Yadav	SD College-32	2 nd position	Rs. 10,000/-
3.	Nitin	SD College-32	3 rd position	Rs. 5,000/-
4.	Manish	DAV-10	Consolation prize	Rs. 2000/-
5.	Suraj	DAV-10	Consolation prize	Rs. 2000/-
6.	Suraj Gupta	SD College-32	Consolation prize	Rs. 2000/-
7.	Amit Kumar	DAV-10	Consolation prize	Rs. 2000/-
8.	Aman Joshi	GCM-11	Consolation prize	Rs. 2000/-
		Female Cat	tegory	
1.	Vineeta	MCM DAV-36	1 st position	Rs. 15,000/-
2.	Swati Paul	DAV-10	2 nd position	Rs. 10,000/-
3.	Nisha	SD College-32	3 rd position	Rs. 5,000/-
4.	Sakshi	Dev Samaj-45	Consolation prize	Rs. 2000/-
5.	Nisha	MCM DAV-36	Consolation prize	Rs. 2000/-
6.	Pinki	Dev Samaj-45	Consolation prize	Rs. 2000/-
7.	Muskan	DAV-10	Consolation prize	Rs. 2000/-
8.	Kanchan	GCCBA-50	Consolation prize	Rs. 2000/-

सजेंडर्स ने छात्रों संग दौड़ लगा एड्स से बचाव के लिए किया जागरूक

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सुमन सिंह और

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एँडवाइजर ने सीटीय की बस जिस पर एड्स की रोकथाम को लेकन

वास्थ्य निदेशक हा चिकित्सा अघीक्षक डा. मौजूद थे।

दौड़ के विजेता आत अक्टूबर को गोवा में राष्ट्रीय रेड रन में लेंगे हिस्सा पांच किमी. दौड़ में 20 कालेज के

रेड रन

250 छात्रों ने लिया हिस्सा जगरूकत संदेश सहित हेल्पलाइन नंबर लिखा था को हरी झंडी दिखाकर



सुखना लेक पर रविवार सुबह एड्स से बचाव के लिए जागरूक करने को रेड रन दौड़ का

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टूबर को नेशनल एड्स कंट्रोल निइजेशन गोवा में नेशनल रेड रन	रवि यादव	एसडी कालेज सेक्टर-32	दूसरा	१० हजार	स्वाती पौल	डीएवी–10	दूसरा	१० हजार
	नितिन	एसडी कालेज सेक्टर-32	तीसरा	पांच हजार	নিখ্যা	एसडी कालेज-32	तीसरा	पांच हजार
का आयोजन करेगी। विवार को शहर में हुई इस रेड रन	मनीष	डीएवी सेक्टर-10	सांत्वना	दो हजार	साक्षी	देव समाज-45	सांत्वना	दो हजार
विवार का राहर में हुई इस रह रन के छह विजेता राष्ट्रीय स्तर रेड रन	सूरज	डीएवीं सेक्टर-10	सांत्वना	दो हजार	নিগা	एमसीएम डीएवी–36	सांत्वना	दो हजार
में शामिल होंगे। दौड़ में शामिल	सूरज गुप्ता	एसडी कालेज सेक्टर-32	सांत्वना	दो हजार	पिकी	देव समाज-45	सांत्वना	दो हजार
जेंहर श्रेणी में किट्टू, राखी और	अमित कुमार	डीएवी सेक्टर–10	सांत्वना	दो हजार	मुस्कान	डीएवी–10	सांत्वना	दो हजार
को दो-दो हजार रुपये का सांत्वना हार भी दिया गया।	अमन जोशी	जीसीएम सेक्टर–11	सांत्वना	दो हजार	कंचन	जीसीसीबीए-50	सांत्वना	दो हजार
	0				10			

Food for mind activity

Date: 11 September 2023

Number of Volunteers participated: 20

Practice: The theme for 11 September was 'Food for mind' where school students were told about the importance of good food for a healthy mind. Dr. Meenu Singla, was the resource person for this activity. It was an interactive session where the school students were told about



how eating healthy can turn into a superfood for their mind along with other activities like exercise, acts of kindness etc. They were encouraged to intake healthy food and

7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

avoid junk food to avoid negative impact on their health, moods and lifestyle. After the session, 50 tiffin boxes with healthy food were distributed among students.



Nutrition during adolescence

Date: 12 September 2023

Number of Volunteers participated: 21

Practice: The main aim of interactive session held on Day – IV i.e. September 12 was requirement of imperative nutrients during adolescence.

Practice: The day commenced with bursting energy from 19 NSS volunteers under the charge of the NSS leaders, Kavya and Kirti. The resource person was Dr Harjot Kaur Mann who delivered lecture on nutrition required during Adolescence to almost 60 8th and 9th students of Govt. High school, Sector 41 D Chandigarh. Her session was insightful intending to inculcate healthy eating habits in students. Her expertise provided students with a manual to lead new juncture of their growth ably. Students were eager to ask questions which were earlier incomprehensible to them.



Celebration of International Literacy Day

Date: 8 September 2023

Number of Volunteers participated: 25

Practice: To promote girl's education on occasion of International Literacy Day, the NSS Units of Mehr Chand Mahajan DAV College for Women, in collaboration with the Swachhta Committee of Arts of the College, hosted a day celebration on September 8, 2023. This event was all about right to education and education for all. The volunteers participated whole-heartedly in Nukkad Natak. It was performed to promote various government schemes like compulsory education and fee relaxation for economically weaker sections of society. It promoted the valuable message for girl's education. It was a small initiative from the volunteers to bolster the public sentiment in favour of continuous efforts to combat illiteracy.





7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

Blood Donation Camp

Date: 26 September 2023

Number of Volunteers participated: 300

Practice: The NSS units of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with the Red Ribbon Club and Medical Committee of the College organized a Blood Donation Camp. The college conducted its 20th annual Blood Donation Camp in collaboration with the Department of Transfusion Medicine, Postgraduate Institute of Medical Education and Research (PGIMER). Notably, around 300 students enthusiastically registered for the Camp and contributed to the donation of 70 units of blood. In a heartening display of community support, the event was supported by Sukh Foundation, a charitable organization.



International Non-Violence Day Date: 30 September 2023

Number of Volunteers participated: 75

Practice: The NSS Unitsof Mehr Chand MahajanDAV College for Womenand the Department ofPoliticalSciencecelebratedInternationalDay of Non-Violence to



commemorate birth anniversary of Mahatma Gandhi Ji on 30 September 2023. All the students and NSS volunteers came forward for the non-Violence pledge and wrote their anger, sadness or any negative emotion on a piece of paper and threw it into the Let It Go Box.

Blood Donation Camp and Free Mammography Test

Date: 7 October 2023

Number of Volunteers participated: 10

Practice: The NSS Units of Mehr Chand Mahajan DAV College for Women Chandigarh provided their wholehearted support to the cause of blood donation and free mammography test at the Community Centre, Sector 41-B, Chandigarh, which was organized in association with Amrit Cancer Foundation on 7 October 2023. A Blood Donation Camp along with free Mammography Test was undertaken during this program. 105 units of blood were donated and blood samples were also taken Diabetes. for testing Cholesterol and r lipid tests. A mammography Mobile Van equipped with the latest testing techniques along with a



team of doctors and technicians were stationed at the community center and around 25 females underwent mammography tests. 9 enthusiastic volunteers of NSS units exhorted people to come forward and support this noble cause.

Breast Cancer Awareness Rally

Date: 7 October 2023

Number of Volunteers participated: 50

Practice: A breast Cancer Awareness Rally was organised on 7th October,2023 by the Chandigarh NSS Cell in collaboration with Sahayta Charitable Welfare Society at Sukhna Lake. NSS Volunteers of Mehr Chand Mahajan DAV College for Women participated in the rally with great enthusiasm. The event started with a nukkad natak by different schools and then the rally started covering the route across Sukhna Lake. The members of the Sahayta Charitable Welfare Society shared their experiences with the volunteers on how they fought the battles against breast cancer and how an early examination can help save lives.





Cyber safe Chandigarh

Date: 11 October 2023

Number of Volunteers participated: 150

Practice: The NSS volunteers took the lead in conducting a cyber safety awareness session. Their day began with raising awareness about cyber risks and safe online behaviour at Sector 36 market. Afterward, they visited Government Model High School in Sector 36, Chandigarh, where they educated students from classes 6 to 8 on cyber safety. The students' enthusiastic response and the positive feedback from the school's principal and teachers were truly heartening. In fact, they were so impressed that they requested additional sessions for higher grade levels. It was, without a doubt, a memorable and fulfilling day.

7.1.8 Institutional Efforts/initiatives in providing an inclusive environment



Anti Dengue Awareness Program

Date: 14 October 2023

Number of Volunteers participated: 25

Practice: Enthusiastic volunteers of NSS in collaboration with the Health Department, UT Chandigarh undertook the Dengue Awareness Campaign at Badheri village, Sector 41 Chandigarh. The volunteers participated in the rally raising the slogans to encourage the residents to lead a healthy lifestyle. Further, they went door to door in their campaign and interacted with the residents to be cautious against the breeding of mosquitoes and apprised them to take precautionary measures to avoid dengue. The residents of Badheri and the Health Department officials appreciated the college for wonderful initiative and expressed gratitude to the Principal, Dr. Nisha Bhargava for supporting the noble cause.





Innovation Day

Date: 20 October 2023

Practice: Interactive lecture on start-up focused activities and research to promote Innovation was organized to celebrate Innovation Day and to commemorate the birth anniversary of honourable Dr. A.P.J Abdul Kalam on 20th Oct 2023 by Dr. Naveen Gupta (Professor, Department of Microbiology, Panjab University, Chandigarh). A total of 55 students and 4 faculty members attended the session. The resource person

7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

initiated the session with though provoking work done by Dr. A.P. J Abdul Kalam and how we can learn from his work and dedicated efforts. Further, he gave a useful insight into his own research based innovative projects done towards benefit of society and health. He discussed the skills required towards setting research goals, challenges faced, risks taken and how to work on multidisciplinary work in a team to find the solutions without losing patience and willpower.





Free Eye Check-up Camp

Date: 21 October 2023

Number of Volunteers participated: 21

Practice: The NSS Units of Mehr Chand Mahajan DAV College for women, Sector 36-A, in collaboration with the Advanced Eye Centre, PGIMER, Chandigarh, organized a Free Eye Check -Up Camp at Government Health and Wellness Centre, Badheri , Sector 41- D, Chandigarh on 21st October 2023. A team of doctors led by Dr. Parul Chawla Gupta, Associate Professor, Advanced Eye Centre PGIMER, conducted the Eye check-up of the residents of Badheri. The camp received an overwhelming response with more than 100 people turning up for the camp. Cataract, Eye dryness, and myopia were some of the most- reported eye ailments. The patients were advised eye care with eye drops and the team of doctors suggested that they should visit visiting the Eye centre for follow- up.

7.1.8 Institutional Efforts/initiatives in providing an inclusive environment



Breast Cancer Awareness Program

Date: 26 October 2023 Practice: The NSS units and Medical Committee of Mehr Chand Mahajan DAV College for Women. Chandigarh in collaboration with Fortis Cancer Institute. Mohali insightful organized an



event to commemorate 'Breast Cancer Awareness Month' on 26th October 2023. With an unwavering commitment to women's health, the event aimed to help drive down mortality rates from breast cancer by focusing on early detection and busting myths regarding diagnosis and treatment. One of the resource persons of the event, Dr Shweta Tahlan, Consultant Gynae Oncologist and Advanced Laparoscopic Surgeon,

laid out the self-breast examination techniques under the acronym 'DIY - Detect It Yourself'. Dr. Tahlan urged students and faculty to selfexamine themselves once a month for any early signs, visit their doctor regularly, and get mammography tests periodically.



7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

AIDS Awareness Rally

Date: 20 November 2023

Number of Volunteers participated: 31

Practice: The NSS unit of Mehr Chand Mahajan DAV College for women in collaboration with Red Ribbon Club and AIDS Awareness Committee organized an AIDS awareness rally on November 20 to commemorate World AIDS Day. The rally aimed to raise awareness about



the dangers of HIV/AIDS, promote safe sex practices, and encourage people to get tested for the virus. The volunteers, dressed in white t-shirts and carrying placards with messages about HIV/AIDS prevention, marched enthusiastically while chanting the slogans such as "Savdhani ko banaye rakho AIDS se khud ko bach aye rakho, Hate the disease but not the diseased".

सौहार्द - Woolen Distribution Drive

Date: 4 December to 14 December 2023 and 20 December 2023

Practice: The NSS units of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with the Character Building Committee, organized "सोहार्द", an annual Woolen Clothes Donation Drive to mark International Human Solidarity Day. A dedicated box was placed in the college premises from 4th December to 23rd December where the students and staff contributed clothes to offer comfort and warmth to the lives of those grappling with the harsh realities of winter. The donation drive received a good response, and the clothes were donated in Sector 38.



7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

National Youth Day - 'Entrepreneurial Exchange: Igniting Innovation among Young Minds'

Date: 13 January 2024

Number of Participants: 25

Practice: The Institution's Innovation Council@6.0 in collaboration with NSS Units organized an interactive session of young entrepreneurs with the students of the college on the occasion of National Youth Day on 13th January 2024 on the theme Entrepreneurial Exchange: Igniting innovation among young minds Three young eminent entrepreneurs Ms Darshita, Ms Khushi Lamba and Ms Srishti Garg from the oozing colors, Thriftee Affair and Tints Of Vanilla respectively delivered insightful lectures and encouraged the students to think critically so as to create an ecosystem of innovation.



Electoral Awareness Rally

Date: 25 January 2024Practice:TheCluborganisedanElectoralAwarenessRallyon25thJanuary 2024on the collegecampus.A team of studentsinformed their fellow studentsabouttheirrighttovote.Student members of the Club



raised slogans like "Nothing Like Voting I Vote For Sure", "Bharat Ki Awaz Hai Bharat Ka Matdan", "Voting Ballots Are Powerful Than Shooting Bullets".

Unite Against Drug Abuse: An Awareness Rally against Drug Abuse

Date: 30 January 2024

Number of participants:100+

VADA Club of the college organized a rally focused on raising mass awareness on drug abuse on 30.01.2024. The rally commenced with an enthusiastic gathering of more than 100 student volunteers at a central location of the college premises, where they proudly displayed banners and posters adorned with anti-drug messages.





रैली की शुरूआत 100 से अधिक छात्र स्वयंसेवकों के साथ हुई, जिसमें उन्होंने मादक पदार्थ विरोधी कि विद्यार्थियों के निरंतर प्रयासों द्वारा सकारात्मक बदलाव को बढावा देने में यह रैली जमीनी स्तर की पहल द्वारा परिवर्तन का प्रदर्शन करती है।

7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

Testing and Meal distribution

Date: 12 February 2024

Number of Participants: 300+

Practice: The NSS Units of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with Viksit Bharat Abhiyan Cell and Health Committee of the College, organized "Testing and Meal distribution" event under the Anti-Anemia Awareness Week on 12th February 2024. This event represented a significant step in promoting community health and raising awareness about the importance of detecting and managing anemia. During the event, students and



staff of the college availed free blood check-up to assess their hemoglobin levels. A team of trained healthcare professionals from PGIMER, Chandigarh performed more than 300 tests. They also provided personalized guidance



based on the results as identification of individuals at risk of anemia allows for timely medical intervention, dietary counselling and supplementation which helps to prevent the condition from worsening and mitigate associated health risks.

Interactive Session on 'Understanding Implications of Anaemia on women's health' and preventive care in medical cases

Date: 16 February 2024 Number of Participants: 50 Practice: The NSS units of Mehr Chand Mahajan DAV College for Women. Chandigarh, in collaboration with Viksit Bharat Abhiyaan Cell and Medical Committee of the College, organized an interactive session on



7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

'Implications of Anemia on Women's Health and Preventive Care in Medical Cases' on 16th February 2024. Dr. Sangeeta Rani, Department of Transfusion Medicine, PGIMER Chandigarh, delivered comprehensive insights into the significance of blood donation and the pivotal role of genetic mapping in the management of anaemiarelated conditions.

Mera Phela Vote Desh ke Liye

Date: 6 March 2024 to 8 March 2024

Number of Participants: 40

Practice: The NSS Units of Mehr Chand Mahajan D.A.V College for Women, Chandigarh, in collaboration with the Electoral Literacy Club of the College, organised a 'Vote for Sure Selfie Competition', 'Chunav ka parv, desh ka garv-Essay Writing competition' and 'Voters Pledge' as a part of



the Electoral Literacy and Awareness Programme under the aegis of the campaign on 'Mera Pehla Vote Desh Ke Liye' by Ministry of Youth Affairs and Sports, Government of India from 6th March to 8th March, 2024.

One Day Workshop and awareness program on 'Social Entrepreneurship: Challenges, Future Prospects, and Plans' Date: 16 March 2024

Objectives:

Practice: The NSS Units of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with Viksit Bharat Abhiyan@2047 Committee of the College, organized a one-day workshop and awareness program on 'Social Entrepreneurship: Challenges, Future Prospects, and Plans' along with a felicitation ceremony for the dedicated NSS volunteers on 16th March 2024. The resource person was Ms. Satvika, who not only shared real-life case studies where innovative solutions





addressed the pressing needs of the environment and society, but also gave insights into various aspects of social entrepreneurship-like designing sustainable business models, navigating funding, corporate social responsibility etc.

Water Conservation Rally

Date: 22 March 2024

Number of Participants: 30

Practice: The NSS Units of Mehr Chand Mahajan D.A.V College for Women, Chandigarh, in collaboration with the Medical Committee of the College, organized an awareness rally on 'Water Conservation' at Maloya to commemorate World Water Day on 22nd March 2024. Amidst the vibrant banners and slogans, participants wholeheartedly embraced their solemn responsibility to protect this precious natural resource for the benefit of future generations. The rally underscored the crucial need for united action in safeguarding our water resources and collective responsibility amid pressing environmental concerns.



Utsav - Jeevan Ka...

Date: 29 March 2024

Number of Participants: 15

Practice: The context of the skit on anti-drug awareness is a community or school setting where drug abuse is a recognized concern. It aims to address the growing prevalence of substance abuse among young people, highlighting the risks and consequences associated with drug use. This performance seeks to engage the

7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

audience, often comprised of students, parents, and educators, in a thought-provoking exploration of the topic. By weaving together relatable scenarios and characters, the skit aims to educate, raise awareness, promote prevention strategies, and encourage empathy and support for those affected by drug addiction.









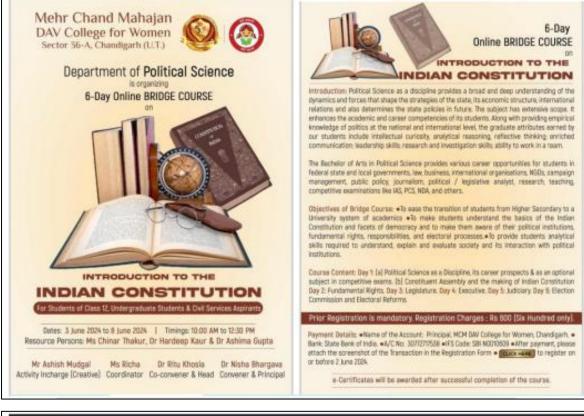
Bridge Course on 'Introduction to Indian Constitution'

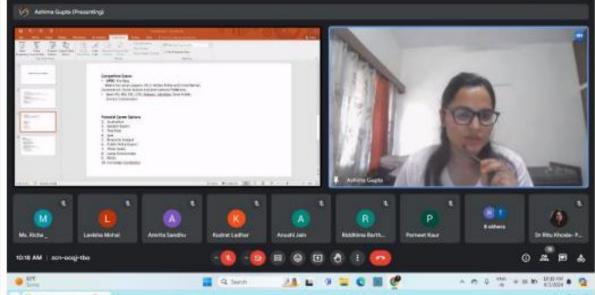
Date: 3 June to 8 June 2024

The Department of Political Science organised a 6-day Bridge Course on 'Introduction to Indian Constitution' for the students of higher secondary, undergraduate, and aspiring candidates for Civil Services and various Competitive examinations to make them understand the basics of the Indian Constitution and facets of democracy from 3 June to 8 June 2024. Dr Ashima Gupta, Dr Hardeep Kaur and Ms Chinar Thakur were the resource persons.

7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

They provided valuable insights that enriched the participants with learning experiences. Interactive online sessions, assessments, and quizzes were conducted to provide a conducive learning environment to the participants to foster their intellectual growth and boost their confidence.





MCM celebrates International Yoga Day

Date: 21 June 2024

Number of participants: 100

The NSS units and Physical Education Department of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with the Viksit Bharat Abhiyan Committee of the college, marked the celebration of 10th International Day of Yoga with an event on the theme 'Yoga for Women Empowerment' under the overarching theme of 'Yoga for Self and Society'. The event was graced by Ms. Kanwardeep Kaur, SSP, Chandigarh, as the Chief Guest. Ms. Kanwardeep, who herself has been practising yoga since the last 11 years, highlighted the fact that today's fast paced lifestyle makes health take a backseat.



Lecture on Anti-Drug Awareness among Youth

Date: 13 March 2024

Number of participants: 80

The Victory Against Drug Abuse (VADA) Club recently organized a pivotal lecture on antidrug awareness among youth, spearheaded by the esteemed Professor Mamta Sharma, Department of Psychology, Punjabi University, Patiala on 13.03.2024. This event, held under the auspices of the Nasha Mukt Bharat Abhiyan, marked a significant step forward in our collective fight against the menace of drug abuse. More than 80 students attended the session.



7.1.8 Institutional Efforts/initiatives in providing an inclusive environment



नशे के दुष्प्रभाव के बारे में किया जागरूक

सेक्टर-36 स्थित एमसीएम डीएवी कॉलेज में व्याख्यान, 80 से अधिक विद्यार्थियों ने लिया भाग

माई सिटी रिपोर्टर

चंडीगढ़। सेक्टर-36 स्थित एमसीएम डीएवी महिला महाविद्यालय के विक्ट्री अगेंस्ट डूग एब्यूज (वाडा) क्लब ने सामाजिक न्याय एवं अधिकारिता विभाग के तत्वावधान में नशा मुक्ति जागरूकता पर व्याख्यान आयोजित की।

पंजाबी यूनिवर्सिटी पटियाला के मनोविज्ञान विभाग की प्रो. ममता शर्मा मुख्य वक्ता रहीं। प्रो. शर्मा ने युवाओं में नशा मुक्ति के प्रति जागरूकता के महत्त्व पर प्रकाश डालते हुए कहा कि युवा ही समाज को नशा मुक्ति के प्रति जागरूकता अभियान से आगे बढ़ा सकते हैं।

उन्होंने देश में मादक पदार्थों के सेवन को कम करने के लिए सकारात्मक दुष्टिकोण, मादक द्रव्यों को अभ्यास से छोड़ने की रणनीति और पुनर्वासन के



एमसीएम डीएवी महिला महाविद्यालय में व्याख्यान के दौरान विद्यार्थी और शिक्षक। अमर उजाला

लिए हानि न्यूनीकरण दृष्टिकोण अपनाने इस तरह के प्रासंगिक कार्यक्रम आयोजित हानिकारक प्रभावों के बारे में जागरूकता सराहना की। उन्होंने कहा कि यह क्लब आयोजन और सत्रों की शृंखला आयोजित प्राचार्या डॉ. निशा भार्गव ने कॉलेज में समय- समय पर नशा मुक्ति के करता रहता है।

पर बल दिया। इस सत्र में 80 से अधिक करने के लिए वाडा क्लब के प्रयासों की पैदा करने के लिए विभिन्न कार्यक्रम, विद्यार्थियों ने भाग लिया।

Poster Making Competition on Gender Equality to mark the International Women's Day

Date: 15-03-2024

Number of participants: 20

On the eve of International Women's Day, Mehr Chand Mahajan DAV College for Women proudly hosted a Poster Making Competition on Gender Equality and Gender Sensitization under the auspices of the Victory against Drug Abuse Club on 15.03.2024. In this competition 20 students participated from different Through their thought-provoking streams. artwork, participants highlighted the need for inclusivity. empowerment respect. and regardless of gender identity.





MCM holds poster making competition on gender equality



CHANDIGARH: The Victory against Drug Abuse (VADA) Club of Mehr Chand Mahajan DAV College for Women, Chandigarh, organised a Poster Making Competition on Gender Equality and Gender Sensitisation. The event aimed to commemorate the spirit of woman empowerment and foster awareness about the pressing issues surrounding gender equality. Students from various disciplines enthusiastically participated in the competition, showcasing their creativity and sensitivity through thought-provoking posters. The themes of the posters ranged from challenging gender stereotypes to advocating for equal rights and opportunities for all genders. The competition served as a platform for students to express their perspectives on gender equality and raise awareness about the importance of the same. The entries were judged on the basis of creativity, relevance to the theme, and effectiveness in conveying the message of gender equality.

7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

Electoral Literacy Club Camp for Voter ID Registration

Date: 13-22 July 2023

The Electoral Literacy Club promotes voter registration for the students. The club organized a camp for voter ID registration and displayed a banner for the registration of electrical roll.



Lecture on "Ethical and Informed Voting"

Date: 09 Januray 2024

Numbe rof participants: 100

To sensitize the participants about the latest reforms made and initiatives taken by the Election Commission of India concerning voter services, the Electoral Literacy Club promotes informed voting by organzing an Lecture on "Ethical and Informed Voting" on 09.01.2024. Dr. Suraj Thapa, Assistant Professor Political Science, PGGC-11, Chandigarh, and National level Master Trainer (ECI) gave a lecture and provided hands-on training.



Screening of a documentary titled 60 years of the Election Commission in India Date: 19 February 2024

Number of participants: 50

To make the students aware of the electoral system in India and the significance of a vote to make the Indian democracy strong, a documentary titled 60 years of the Election Commission in India was screened.



Vote for Sure Selfie Competition'

Date: 6-8 March 2024

Number of participants: 30

To educate students about the democratic process of the nation and inspire them to become an integral part of it, the Electoral Literacy Club organized a Selfie Competition as a part of the Electoral Literacy and Awareness Programme under the aegis of the campaign on 'Mera Pehla Vote Desh Ke Liye'.



7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

Essay Writing competition on 'Chunav Ka Parv, Desh Ka Garv'

Date: 1 March 2024

Number of participants: 30

To highlight the significance of citizen participation in election, an essay writing competition on 'Chunav Ka Parv, Desh Ka Garv' organized was by Electoral Literacy Club and NSS Units



Online National Workshop on Contemporary Gender issues in India: Some Reflections

Date: 29 September 2023.

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Number of participants: 78

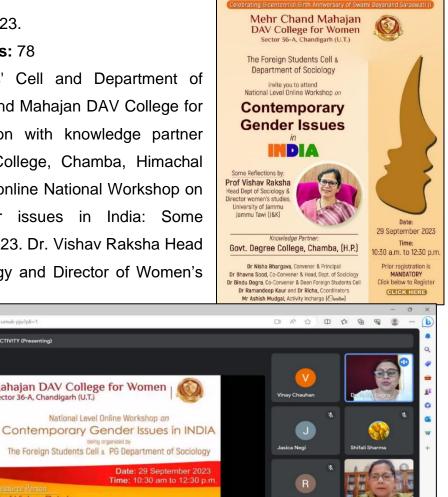
The Foreign Students' Cell and Department of Sociology of Mehr Chand Mahajan DAV College for Women in collaboration with knowledge partner Government Degree College, Chamba, Himachal Pradesh organized an online National Workshop on Contemporary Gender issues in India: Some Reflections on 29.09.2023. Dr. Vishav Raksha Head Department of Sociology and Director of Women's

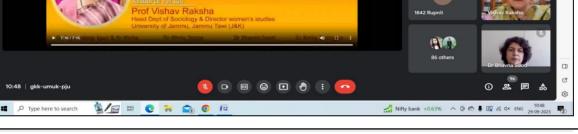
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MCM DAV ONLINE ACTIVITY (Presenting)

Mehr Chand Mahajan DAV College for Women Sector 36-A, Chandigarh (U.T.)

National Level Online Workshop on





7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

Studies, University of Jammu was the event's keynote speaker. The event was attended by 78 participants who were apprised of privileges and affirmative actions for women like menstrual leave, maternity facilities etc.

National Workshop organised

SATHE AMAN SANDESH TIMES

Chandigarh: The Foreign Students' Cell and Department of Sociology of Mehr Chand Mahajan DAV College for Women, Sector 36-A, Chandigarh, in collaboration with knowledge partner Government Degree College, Chamba, Himachal Pradesh organised an online national workshop on 'Contemporary Gender issues in India: Some Reflections'. The resource person of the workshop was Dr. Vishav Raksha, Head Department of Sociology



and Director of Women's Studies, University of Jammu. She talked about the facilities and special benefits available to women. She also highlighted the problems faced by safai karamcharis. She talked about the high dropout rate among girls in schools due to the lack of basic facilities for them in educational institutions. The principal of the college, Dr. Nisha Bhargava, applauded the efforts of the Foreign Students' Cell in arranging the workshop and added that the progress of any nation remains incomplete unless gender disparities are reduced. She also emphasised the fact that women themselves can play a key role in resolving gender issues and in empowering women.

Workshop on Navigating Success through Building Soft Skills and Critical thinking Date: 15 February 2024

Number of participants: 75

Foreign Students Cell in collaboration with the Post Graduate Department of Sociology organized a workshop on Navigating Success through Building Soft Skills and Critical thinking on 15.02.2024. Mr. Wemsley B.W. Okuku, special Educator and Counsellor from Kenya gave a wonderful address on how to navigate success through building soft skills and critical thinking. 05 teachers and 75

students participated in the workshop.





Interactive Session on "Health and Anti-Aging for Young Girls"

Date: 12 September 2023

Number of participants: 47

With an aim to apprise audience of of cancer and their types preventive/diagnostic techniques, Red Ribbon Club/AIDS Awareness Committee in collaboration with the Post Graduate Department of Sociology of Mehr Chand Mahajan DAV College for Women. Chandigarh organized an Interactive Session on "Health and Anti-Aging for Young Girls" by



Gynecology Expert and Director of The Touch Clinic Dr Preeti Jindal, on 12.09.2023. The session was attended by 6 faculty members and 47 students.

Declamation contest on 'social media and Elections'

Date: 15 March 2024

Number of participants:17

With an objective to understand the complex interplay between social media dynamics and democratic processes, the Department of Political Science in collaboration with the Electoral Literacy Club and NSS Units organized a declamation contest on 'social media and



Elections'. The Club in collaboration with NSS unit of the college also organized an Essay Writing competition on 'Chunav Ka Parv, Desh Ka Garv'. The Winners of the Essay Competition were Prachi (BA II), Aditi (BA II) and Ilena (BA III). Their enthusiastic involvement in this initiative highlighted the significance of citizen participation in elections.

Workshop on "Self- Management for the Personal Growth"

Date: 12 March 2024

Number of participants: 45

Foreign Students Cell and the Equal Opportunity Cell of the Mehr Chand Mahajan DAV College for Women, in Chandigarh collaboration with Government College Chamba (Himachal Pradesh) organized a Workshop on "Self-Management for the Personal Growth" on 12.03.2024. Dr. Savneet, Head Department of Psychology, Guru Gobind Singh College for Women, Sector -26, Chandigarh was the resource person. The objective of the workshop was to develop the ability in students to manage their behaviours, thoughts, and emotions in a conscious and productive way. Around 45 students who participated in the session, took in, nicely, the concept of self-management for personal growth, put across to them.

Mehr Chand Mahajan DAV College for Women Sector 36-A, Chandigarh (U.T.) Foreign Students Cell & Equal Opportunity Cell Government College Chamba (Himachal Pradesh) Self Management for the Personal Growth Date: 12 March 2024 Time: 11:00 am Venue: Science Conference Hall Resource Person Dr.Savneet Guru Gobind Singh College for Women Sector 26, Chandigarh (U.T.) Dr Nisha Bhargava Convener and Principal Ms Nidhi Sharma Dr Bindu Dogra Co-conveners Dr Ramandeep Kaur Ms Sonica Coordinators Mr Ashish Mudgal Activity Incharge (Creative)



एमसीएम कॉलेज की छात्राओं को आत्म-प्रबंधन पर आयोजित कार्यशाला के दौरान संबोधित करती हुई गुरु गोबिंद सिंह कॉलेज फॉर विमेन, सैक्टर-26, चंडीगढ के मनोविज्ञान विभाग की प्रमुख डॉ. सवनीत बेदी। (छाया : कमलजीत सिंह)

एमसीएम ने आत्म-प्रबंधन पर कार्यशाला का आयोजन किया

बराड): मेहर चंद महाजन डीएवी महिला महाविद्यालय, चंडीगढ़ के कि अपनी शक्तियों को अपनाना, फॉरेन स्टूडेंट्स सेल और इक्वल चुनौतियों के अनुकूल होना, रिश्तों को अपॉर्चुनिटी सेल ने सरकारी कॉलेज, चंबा (हिमाचल प्रदेश) के सहयोग से अपनी भावनाओं को समझना, धैर्य 'सेल्फ मैनेजमेंट फॉर पर्सनल ग्रोथ' शीर्षक से कार्यशाला का आयोजन किया। गुरु गोबिंद सिंह कॉलेज फॉर विमेन, सैक्टर-26, चंडीगढ़ के मनोविज्ञान विभाग की प्रमुख डॉ. सवनीत बेदी इस कार्यशाला में बतौर मुख्य वक्ता शामिल हुई, इस कार्यशाला का उद्देश्य विद्यार्थियों में अपने व्यवहार, विचारों और भावनाओं को सचेत तरीके प्रकोष्ठों के प्रयासों की सराहना की, से प्रबंधित करने की क्षमता विकसित करना था। विशेषज्ञ ने आत्म-विकास के मनोवैज्ञानिक पहलुओं पर विस्तार से चर्चा की, व्यक्तिगत विकास को प्रभावित करने वाली रणनीतियों और

चंडीगढ़, 6 अप्रैल (राम सिंह कारकों पर भी चर्चा की। उन्होंने आत्म-प्रबंधन के विभिन्न मापदंडों जैसे पोषित करना, लक्ष्य निर्धारित करना, रखना और अपनी भलाई को प्राथमिकता देना आदि के बारे में बताया। सत्र में 45 से अधिक विद्यार्थियों ने भाग लिया और इससे लाभान्वित हुए। प्राचार्या डॉ. निशा भार्गव ने युवाओं को स्वयं को जानने, व्यवहारिक पहलुओं को प्रबंधित करने का मार्ग दिखाने के लिए दोनों जिससे वे एक अच्छे व्यक्तित्व के रूप में उभर सकें। सत्र के महत्व पर प्रकाश डालते हुए उन्होंने कहा कि भविष्य उनका है जो खद को प्रबंधित कर सकते हैं।

Session on the topic "Wellness waves: Surfing through Cervical and Breast health"

Date: 07 February 2024

Number of participants: 130

Women Development Cell of the college organized a session on the topic "Wellness waves: Surfing through Cervical and Breast health" on 07.02.2024. Resource persons for the same were Dr. Naval Bansal (Consultant Breast and Endocrine Surgery, Fortis Hospital, Mohali) and Dr. Shweta Tahlan (Consultant, Surgical Gynecology Oncology, Fortis Hospital, Mohali). 130 participants including students and faculty members attended the event.





7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

Lohri Celebration

Date: 13 January 2024

Number of participants: 100

Mehr Chand Mahajan DAV College for Women, Chandigarh, celebrated the festival of Lohri with traditional fervour and zeal. Exuding festive spirit in its true sense, Principal Dr. Nisha Bhargava and staff members gathered around the traditional bonfire to mark

festival. Dr. the Bhargava lit an auspicious fire and the wished staff members on this occasion. She prayed for everyone's good happiness health.



and prosperity in the coming year. Everyone presents offered prayers to the holy fire and rejoiced in its warmth.

Meraki

Date: 20-21 February 2024 Number of participants: More than 500

Student Council of the college organized Mehr Chand Mahajan DAV College for Women campus transformed into а fantasyland reverberating with energy, cheer and festivity as its annual cultural fest Meraki began with a bang here today. A two-day affair, the most happening fest of the tricity embarked on its 6th edition this year with

एमसीएम कालेज में सांस्कृतिक उत्सव 'मेराकी' का भव्य शुभारंभ



दिव्य हिमाचल ब्यूरो — चंडीगढ़

ऊर्जा, उत्साह और उत्सव के माहौल में सराबोर मेहर चंद वंदना के साथ इस भव्य कार्यक्रम डीएवी महाजन महिला महाविद्यालय का परिसर वार्षिक सांस्कृतिक उत्सव 'मेराकी' के भव्य शुभारंभ से गुंज उठा। टाइसिटीके सबसे आकर्षक दो दिवसीय उत्सव का इस वर्ष छठा संस्करण हैए जिसमें टाइसिटी के 12 से अधिक संस्थानों के प्रतिभागियों ने भाग लिया। इस विचार व्यक्त किए।

कार्यक्रम के उद्घाटन समारोह में आईएएस (एजीएमयूटी कैडर) चंडीगढ से हरि केल्लिकट, मुख्यातिथि के रूप में शामिल हए और एसडी प्रतिनिधि सभा के महासचिव डा. गुरदीप शर्मा ने विशेष अतिथि के रूप में शिरकत को। दीप प्रज्ज्वलन और सरस्वती का शुभारंभ हुआ । इस उत्सव की अनूठी आत्मिक रचनात्मकता को अभूतपूर्व संख्या में आए आगंतुकों ने अनुभव किया । अपने कॉलेज के दिनों को याद करते हुएए श्री केल्लिकट ने किसी के व्यक्तित्व को आकार देने और जीवन में सफलता के लिए कॉलेज जीवन के महत्व

participants from over 12 institutions from across the tricity.

7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

Diwali Fest 2023

Date: 08.11.2023

Number of Participants: More than 100 and faculty members

The NSS Units of Mehr Chand Mahajan DAV College for Women, Chandigarh in collaboration with the Character-Building Committee organized a grand celebration of Diwali festival - Diwali Fest 2023, with an aim of promoting women entrepreneurship and environmental citizenship. Decorated with beautifully designed rangoli and colours of lights, the college campus glowed with excitement and vibrant community engagement.



7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

Besides, our college established the Universal Values Cell after a meeting of the Principal, Dr. Nisha Bhargava, with Prof. Munshi Yadav, Regional Coordinator, NWR, UHV Cell-AICTE on 19th January 2024.

- The main objective of constitution was to orient staff and students to incorporate • universal human values, striving for overall well-being, fulfillment of basic human aspirations, exploring the points of friction and replacing them with collaboration, understanding self, cross-cultural pedagogical approach, delving into the treasure trove of Indian Knowledge System, NEP 2020 and experiential learning.
- The Cell seeks to identify the confluence of values and skills with the end goal of attaining bliss and continuity of happiness in one's life.

		the second s	HAJAN DAV COLLEGE FOR WOMEN, SECTOR 36 Committees (2023-24)	A CHARDIONAL
	Date of		<u>Committees (2023-24)</u>	
S.No.	Re-Constitution	Name of the Committee		
106	19.01.2024	Universal Human Values Cell	Teaching:	Non-Teaching :
			Chairperson	Mr. Kuldeep Singh
			Dr. Nisha Bhargava, Principal	Mr. Pawan Sharma
				Mr. Navpreet Kashyap
			Convener:	
			Dr. Apara Sharma	
			Coordinators:	
			Dr. Pallvi Rani	
			Dr. R. Ridhi	
			Members:	
			Ms. Deeksha Gupta	
			Dr. Nisha Sharma	
			Dr. Bhavna Tiwari	
			Ms. Richa	
			Dr. Navjot Kaur	

With an objective	
to apprise	F.No AICTE/FDP-SI/NWRO/378/215145
themselves with the Universal values, some of the members of the cell participated in	ALL INDIA COUNCIL FOR TECHNICAL EDUCATION NELSON MANDELA MARG, VASANT KUNJ, NEW DELHI Certificate of Participation This is to certify that Dr. Pallvi Rani from Mehr Chand Mahajan DAV College for Women, Chandigarh has participated and successfully completed the 3-day Face-to-Face FDP on the theme "Inculcating Universal Human Values in Technical Education" organized by All India Council for Technical Education (AICTE) at Panjab University, Chandigarh from 21st March to 23rd March 2024.
UHV-I FDPs.	Dr. Rajneesh Arora Chairman National Coordination Committee for Induction Program

7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

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		sity, Chandigarh from 2		
Dr. Rajn Chairma	eesh Arora	5		Prof. Rajive Kumar
		Committee for Induction	Program	Member Secretary, AICTE
		Committee for Induction	Program	Member Secretary, AICTE
	Coordination	Committee for Induction	R TECHNICA ANT KUNJ, NEW D	F.No AICTE/FDP-SI/NWRO/389/219606
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Besides, the institution provides fee concessions and scholarships to the students of economically weaker sections and students belonging to Single Girl Child.

Scholarships were given to students belonging to the category – **Single Girl Child** for session 2023-24.

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Prof. Sanjay Kaushik	
Dean, College Development Counci	1
Panjab University	
Sector 14	1
Chandigarh.	et.
Subject: Application for grant of Sc	holarships for Single Girl Child for the
session 2023-2024.	
Respected Sir,	
Please refer to your letter no. D	CDC/23/3302 dated 06.11.2023.
	the scholarship forms for the grant of
scholarship on the basis of Single Girl	Child.
Thanking you	
	Yours faithfully
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Encl: As Above	DAV College for Women
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7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

Scholarships were given to students on **means cum merit basis** for session 2023-24.

(ReFor 3060 mm
	Prof. Sanjay Kaushik Dean, College Development Council
	Panjab University Sector 14
•	Chandigarh.
10	4
	Subject: <u>Application for grant of Scholarships for Means-cum-Merit basis</u> for the session 2023-2024.
	Respected Sir,
	Please refer to your letter no. DCDC/23/3302 dated 06.11.2023.
	Kindly find enclosed herewith the scholarship forms for the grant of
	scholarship on the basis of Means-cum-Merit.
	Thanking you
	Yours faithfully
	Encl: As Above
	DAV College for Women Chandigarh
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r. 0.	College Name	5 Nos. Student Name	Father's Name (Sh.)	Class in which	Semester	Marks Obtai	ned in	Total Marks Obtained	Max Marks	Nage	Name of the Bank	Bark Account No.	FSC Code	Mobile No	GURDIAN INCOME
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7.1.8 Institutional Efforts/initiatives in providing an inclusive environment

Sr. No.	Name of the Student	Class	Roll	ege for Women, Sector-36, Chain college has been awarded Scholarship on Merit-cum-Means Basis. Name of Scholarship	Amount			
1	Ms. Pragya Kharbanda	BA II /	No. 4531	Shri, N.P. Kakria, Shri Nihal Chand Choudhary, Smt.	4000.			
2	Ms. Diksha Sharma		198863	Jyotishmati, Shri Brahm Datt Ball	4000.			
		M.Sc I Math	8539	Smt. Satyavati Khandpur, Smt. Jyotishmati, Shri Brahm Datt Ball, Shri S.K. Mahajan				
3	Ms. Simran Kaur	M.Sc I Math	8511	Smt. Vidyavati Mahajan, Col. G.S. Saini	4000.			
4	Ms. Anubha Sharma	MAIPsy /	8221	Mrs. Sneh Pandit, Smt. Saria Devi Sharma, Col. G.S. Saini				
5	Ms. Shivangi Nautiyal	M.Sc III Math	8625	Smt. Kaur Del, Smt. Sarla Devi Sharma, Col. G.S. Saini	4000.0			
6,	Ms. Anshita Walia	BAI,	3319	Smt. Sumitra Devi, Sh. H.L. Wasudev Fio Dr. Archana Bakshi, Dr. Bharti Uppel	3000.			
7	Ms. Pooja	BCAI ,	7146	Smt. Sarla Devi Sharma, Smt. Leelawati	3000.0			
8	Ms. Ramita 🕢	BCAII	6610	Smt Leolawati	3000.0			
9	Ms. Pal Kaur Kharal	BAIII	1630	Smt. Leelawati	3000.0			
10	Ms. Arsha /	M.Sc II Math	8637	Smt. Sarla Devi Sharma, Smt. Savitri Handa Wio Late Prof. D.R. Handa, Smt. Leolawati	3000.0			
11	Ms. Komalpreet Kaur	BCAI,	7192	Late Prof. D.R. Handa, Seit. Leolawati Sint. Leolawati	3000.0			
			0070	Shri Daulat Ram Mehndiratta, Shri J.C. Juneja, DR.	1800.0			
12	Ms. Palak Dhruv	BAI,	3378	Bharti Uppel	3000.0			
13	Ms. Harshita C/o Mr. Sanjeev Kumar	BA II	4768	Smt. Leelawati	7000.0			
14	and the second se	B.Sc I Med	178	Smt. Malti Shah Memorial Scholarship	1200			
15	and the second se	BCAI ,	7134	Smt. Selyavati Khandpur, Smt. Satyavati, Smt. Sushila Devi, Pandit Nanak Chund	3000.0			
16	Ms. Ruby	BAII,	4210	Sh. H.L. Wasudev F/o Dr. Archana Bakshi, Dr. Bharti Uppal, Sh. S.K. Mehan	3000.0			
17	Ms. Monika Negi C/o	BCAII	6612	Dr. Bharti Uppel	3000.			
11	Ms. Kheema Devi	/ BA1	3168	Smt. Leelawati	3000.			
18	Ms. Aarti Devi /	1		Seth. Bhagirath Dass, Shri S.K. Mehan, Shri S.R.	3000.			
19	Ms. Sehajveer Kaur	BA III ,	1946	Kapoor	5000.			
20	Ms. Jhalak	B.Com I	5838	Smt. Vidyavati Mahajan, Col. G.S. Saini, Sh. H.L. Wasudev Fio Dr. Archana Bakshi,				
21	Ms. Amisha	MFT II	7201	Smt. Malti Shah Nemorial Scholarship	7000.			
22	Ms. Diksha Bhatia	B.Com II	10062	Smt. Veoran Devi Puri, Smt. Kartar Devi Puri, Smt.	2900.			
22		1	-	Sarla Devi Sharma	79700.			
A)	Total							
B.C	om I Topper			Harry (Cabalambia	Amount			
Sr.	Name of the Student	Class	Roll No.	Name of Scholarship	18000			
NO. 1	Ms. Asmi C/o Mr. Abhishek Kumar	B.Com II	10298	Mrs. Kamlesh Jain	10000			
	Aphisnek Kumar	1						

Scholarships were given to students on disability basis for session 2023-2024.

Refor 3061/mm Prof. Sanjay Kaushik Dean, College Development Council Panjab University Sector 14 Chandigarh. Subject: Application for grant of Scholarships for Disability basis for the session 2023-2024. dil Respected Sir, Please refer to your letter no. DCDC/23/3302 dated 06.11.2023. Kindly find enclosed herewith the scholarship forms for the grant of scholarship on the basis of Disability. Thanking you Yours faithfully PRINCIPAL Principal Mehr Chand Mahajan Encl: As Above **DAV** College for Women Chandigarh No. of Scholarship Forms = 02 DISABILITY SCHOARSHIP (2023-24) %0 Sr Disabi College Student Father's Name (Sh.) No. Class in which admitted IFSC Code Name Semeste Name Marks Obtained in Bank Account No Total Marks Obtained Max Marks %age Name of the Ban 60 887266709 May December MCM DAV CIC0000782 Naumika Khanna 2022 403.75 41.7 Sh. Manu MA Psy 2023 COLLEGE 6283229 795 62 1000 078201513624 Channa 79.56 ICICI BAN MCM DAV SBIN0051323 hristin Sh. Johr B.Sc MFT COLLEGE 302 302 500 60.4 State Bank of India 41909100420 Bank Account No Column is already in the text format. Kindly don't change its property and also mention a Note: Bank Account must be active. Don't close the account upto 2 years e of the Incharge Teacher) 9872971489 Mehr Chand Mahajan DAV College for Women Chandigarta QS