

Mehr Chand Mahajan D.A.V. College for Women Sector 36-A, Chandigarh – 160036 Phone: 0172-2603355, Fax; 0172-2613047

## **Supporting Document for Criterion 7**

### 7.1 - Institutional Values and Social Responsibilities

7.1.9 Sensitization of students and employees of the Institution to the Constitutional obligations: values, rights, duties and responsibilities of citizens (*Any other relevant information*):

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Offg. Principal

7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens

#### **Supporting Document**

## Criterion 7 – Institutional Values and Best Practices Key Indicator - 7.1 Institutional Values and Social Responsibilities *Human Values and Professional Ethics*

7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens

List of activities organized by Mehr Chand Mahajan DAV College for Women, Chandigarh in the session 2023-24 (1July 2023 – 30 June 2024) for inculcating values for being responsible citizens as reflected in the Constitution of India are given below:

Sr. No	Name of the Committee	Title of the Practice	Duration from	Duration to	Number of Particip ants	Objectives
1.	Electoral Literacy Club	Voter ID Registration Drive	13 July 2023	22 July 2023	165 online and 66 offline	To guide and motivate students for voter registration
2.	Viksit Bharat Abhiyan Committee	Hand Painting Competition	12 August 2023		100	To promote unity and celebrate diversity through art
3.	NSS Units	Azadi Ka Amrit Mahotsav	8 August	15 August 2023	200	Marking 75 years of independence and paying homage to the motherland
4.	VADA Club	Meri Mati Mera Desh	15 August 2023		25	To commemorate Independence Day
5.	NSS Units and Swachhta Committee of Arts	Poshan Maah Week	8 Septemb er 2023	14 Septemb er 2023	241 (cumulati ve) for all events	For the promotion of health under the aegis of Poshan Abhiyaan
6.	NSS Units and Swachhta Committee of Arts	Celebration of International Literacy Day	8 Septemb er 2023		25	To commemorate International Literacy Day

Sr.	Name of the	Title of the	Duration	Duration	Number	Objectives
Νο	Committee	Practice	from	to	of Particip ants	
7.	Electoral Literacy Club	"Nothing like voting, I vote for sure" Campaign	11 Septemb er	12 Septemb er 2023	390	To encourage students to cast their vote surely
8.	NSS Units and Character Building Committee	Lokayurved- Ayurveda wellness awareness program	18 Septemb er 2023		100	To promote health and wellbeing of young girls
9.	NSS Units	Cyber Safe Chandigarh	11 October 2023		150	To promote cyber hygiene and share important safety tips
10.	NSS Units	Amrit Kalash Yatra	13 October 2023		66	To pay tribute to the motherland and honour the nation's martyrs
11.	NSS Units	Khadi Bag Making Competition and Pledge	20 October 2023		20	To promote the use of khadi and the values of self-reliance
12.	NSS Units	Speech Competition	31 October 2023		20	To commemorate National Unity Day
13.	Electoral Literacy Club	Electoral Awareness Rally	6 Novemb er 2023		13	To encourage students for electoral registration
14.	NSS Units and Red Ribbon Club	AIDS Awareness Rally	20 Novemb er 2023		31	To raise awareness about HIV/AIDS and promote preventive methods
15.	Electoral Literacy Club	Electoral Awareness Rally	9 Decemb er 2023		12	To spread awareness of voting rights
16.	Viksit Bharat Abhiyan Committee and NSS Units	Hand Painting Competition	4 January 2023		100	To promote art on India's progress and development
17.	NSS Units	Cyber Safety and Security	5 January 2023		100	To promote cyber safety and security among students

Sr.	Name of the	Title of the	Duration	Duration	Number	Objectives
No	Committee	Practice	from	to	of	-
					Particip ants	
18.	Electoral Literacy Club and NSS Units	Ethical and Informed Voting- An Expert Session	9 January 2024		100	To sensitize the participants about the latest reforms made and initiatives taken by the Election Commission of India concerning voter services
19.	Institution's Innovation Council@6.0 and NSS Units	National Youth Day – Entrepreneuria I Exchange 'Igniting Innovation among Young Minds'	13 January 2023		25	To generate awareness about entrepreneurial exchange among students
20.	Electoral Literacy Club	Wall Magazine	18 January 2024	31 January 2024	10	To promote the awareness of Right to Vote
21.	Electoral Literacy Club	Electoral Awareness Rally	25 January 2024		15	To create awareness among the students about their electoral rights and duties
22.	Electoral Literacy Club	Quiz competition: Elections and Electoral Reforms in India	12 February 2024		12	To highlight the significance of Elections in Indian democracy and to create awareness among the students regarding the electoralprocess
23.	NSS Units & Health Committee	Anti-Anemia Week	12 February	17 February 2023	300-350	To raise awareness about anemia and promote Right to Health
24.	NSS Units	Yuva Samvad- India@2047, India's Panch Pran- a youth dialogue	19 February 2023		80	To encourage active participation of the youth in constructive dialogue regarding the future of India

Sr.	Name of the	Title of the	Duration	Duration	Number	Objectives
No	Committee	Practice	from	to	of	
					Particip ants	
25.	Electoral Literacy Club	Screening of Documentary titled 60 years of Election Commission of India	19 February 2024		50	To aware the students about the electoral system of India
26.	Electoral Literacy Club and NSS Units	Vote for Sure Selfie Competition	8 March 2024		40	To inspire the students to become an integral part of the voting process
27.	NSS Units and Women Development Cell	Cyber Saheli Program	8 March		25	To commemorate International Women's Day and promote cyber safety among women
28.	Electoral Literacy Club in collaboration with Dept of Pol Science	Social media and Elections; Declamation Contest	15 March 2024		17	To highlight the potential of social media to amplify voices, facilitate political discourse, and promote civic engagement
29.	Electoral Literacy Club and NSS Units	Essay Writing Competition- Chunav ka parv Desh ka Garv	5 March 2024		30	To Highlight Significance of Citizen participation
30.	Department of Political Science	Bridge Course on Introduction to Indian Constitution	3 June 2024	8 June 2024	16	To make the students understand the basics of the Indian Constitution and facets of democracy
31.	NSS Units and Viksit Bharat Abhiyan Committee	International Yoga Day	21 June 2024		100	To commemorate International Day for Yoga
32.	Vigilance Cell	Pledge taking ceremony as part of Vigilance Awareness Week	31 October 2023		25	To combat corruption and malpractices

Sr. No	Name of the Committee	Title of the Practice	Duration from	Duration to	Number of Particip ants	Objectives
33.	Career Counselling Cell	Interactive session on the topic "Wealth Management and Home Loans"	16 Septembe r 2023		14	To apprise the audience of financial wealth management schemes
34.	Women Development Cell	Training session on "First Aid and CPR"	20 Septembe r 2023		100	To impart knowledge of commonly occurring situations in our day-to-day life. Importance of maintaining calm in adverse situations and how to give basic medical aid to anybody, if required.
35.	Legal Literacy Cell	Interactive session on 'Gender Equity and Women's Rights: Exploring Legislative Frameworks'	08 February 2024		80	To apprise the members of faculty and students about various statutes pertaining to the protection of women
36.	Health committee and Character Building Committee in collaboration with Cardiomersion & Max Health Care	World Heart Day Celebration – 2024	15 February 2024		More than 200	To spread awareness about the health of the heart among staff and students at the college.
37.	Department of Political Science	Rashtriya Ekta Diwas - Essay Writing Competition & Pledge	31 October, 2023		14	To mark the celebration of "Rashtriya Ekta Diwas"
38.	Medical Committee in collaboration with Fortis Hospital, Mohali	Medical Camp	06 March 2024		350	To monitor the overall health parameters of the staff and students of the college.
39.	Department of Philosophy	National Youth Day Celebration - Lecture by Sh. Lallan Singh Baghel, Department of Philosophy, Panjab	12 January 2024		150	To enlightened students how to promote individual's holistic growth

Sr.	Name of the	Title of the	Duration	Duration	Number	Objectives
Νο	Committee	Practice	from	to	of Particip ants	
		University, Chandigarh, under the Indian Council of Philosophical Research (ICPR) sponsored World Philosophy Day Lecture Series				
40.	Department of Zoology and MCM Eco-Club 'Parivesh'	Popular talk on 'Latest avenues of jobs and entrepreneurshi p in Environment and waste management in India for professionals of other fields' as part of National Science Day Celebration	28 February, 2024		125 students and 20 staff members	To celebrate National Science Day
41.	Swachhta Committee (Commerce) and Sustainable Practices Committee	E- Waste Collection Drive	11 Septembe r 2023	15 Septembe r 2023	9 (student volunteer s), 500 students approx. were made aware of e-waste and its proper disposal, Approx. 50 students and 50+ staff members contribute d towards disposing off e- waste	To raise awareness about the importance of proper e-waste disposal and to provide a convenient and environmentally friendly way for students and staff members to dispose of their old electronic devices.

7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens
During the session 2023-24, Mehr Chand Mahajan DAV College for Women, Chandigarh has endeavored to escalate the level of awareness and appropriate practices amongst the students as well as staff about the subsequent areas including constitutional rights, patriotism, right to education, cleanliness, environmental consciousness etc:

#### **Voter ID Registration Drive**

Date: 13-22 July 2023

#### Number of participants: 165 online and 66 offline

The Electoral Literacy Club of College organized a Camp in its campus for the **voter ID registration of the students** from July 13-22, 2023. Booth-level officers also visited the camp in the college for two days. A banner for the registration of electrical roll was displayed in the college campus as well as on the college.



# Hand Painting Competition organized by Viksit Bharat Abhiyan Committee during 'Har Ghar Tiranga' week'

Date: 13 August 2024

#### Number of participants: 10

With an aim to promote unity and celebrate diversity through art. India's rich showcasing cultural heritage and encouraging young minds to express their creativity, Viksit Bharat Abhiyan Committee organized Hand Painting Competition organized by Abhiyan Viksit Bharat Committee



7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens
during 'Har Ghar Tiranga' week' on 13.08.2023. A very stimulating activity on 'Youth Engagement in Viksit Bharat' saw the enthusiastic and talented volunteers paint the idea of a developed nation in their hands. They shared their ideas on literacy, equity, and improved quality of life through colorful displays of their creativity.



## Independence week celebrations at MCM enter 5th day

CHANDIGARH : The fifth day of Independence Week celebrations at Mehr Chand Mahajan DAV College for Women, Chandigarh, took patriotic fervour to a higher pitch with a slew of activities aiming at celebrating our great nation. The Home Science Department organised a recipe



competition on the theme 'Traditional dishes of India'. The competition drew an enthusiastic response as 23 students participated in it and presented mouthwatering delicacies from different parts of India. With the objective of promoting unity and celebrating diversity through art while showcasing India's rich cultural heritage, the Viksit Bharat Abhiyan Committee organised a Hand Painting Competition on the theme 'Unity in Diversity'.

#### AQAR 2023-24 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens

## Azadi Ka Amirt Mahotsav Week

Date: 08 August – 15 August

#### Number of participants: 200

The NSS units of Mehr Chand Mahajan DAV College for Women, Chandigarh, under the aegis of **Meri Mati Mera Desh** Abhiyan, Ministry of Youth Affairs and Sports, Government of India, began the celebration of **Azadi ka Amrit Mahotsav** Week. The celebration, marking the culmination of the glorious 75 years of India's Independence, focuses on paying homage to the motherland through events dedicated to the 'Mitti of the Motherland'.

This initiative included the following events:

# Tree Plantation Drive and Pledge Ceremony







7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens Desh Bhakti ke Rang, Rangolike Sang (Rangoli making Competition)



**Flag March** 



Vasudha Vandan, Veeroko Chandan (Competition of Rakhi making for soldiers)



7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens



Tricolor Food Making Competition (Competition of Rakhi making for soldiers)

Inter College Power Point Presentation Competition on theme: 'पर्यावरण



संरक्षण – समस्या एवं समाधान'

## 'आज़ादी के तराने' Patriotic Song and Poem Recital Competition



7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens "Meri Mati Mera Desh" campaign

Date: 15 August 2023

#### Number of participants: 25

In order to commemorate the sacrifices of the freedom fighters and in celebration of 75 years of India's Independence, a series of events under the aegis of 'meri matti

mera desh' campaign kick-started at Mehr Chand Mahajan DAV College on 15<sup>th</sup> August 2023 under Victory Against Drug Abuse Club. The Prime minister of India, Shri Narendra Modi, has launched 'Meri Matti Mera Desh Campaign's in a continuation for celebration of Azadi ka Amrit Mahotsva. Under this campaign



various events were conducted in the college campus, like Pledge for Panch Pran, Pledge against Drug Abuse, Veeron ka Vandan, and Vasudha Vandhan as per the directions of Social Justice and Empowerment, Government of India, Nasha Mukt Bharat Abhiyaan.

# MCM hold events under 'Meri Matti Mera Desh'

#### 💊 THE AMAN SANDESH TIMES

Chandigarh: To pay tributes to the sacrifices of our freedom fighters and to mark the celebration of the completion of 75 years of India's Independence, a series of events under the aegis of 'Meri Matti Mera Desh' campaign were held at Mehr Chand Mahajan DAV College for Women, Chandigarh, by the Victory Against Drug Abuse (VADA) Club of the college.

As per the directions of the Ministry of Social Justice and Empowerment, Government of India, the events included 'Panch Pran' pledge, pledge against drug Vasudha Vandhan.

removing every trace of bondage, taking pride in our heritage and unity, and fulfilling our duties in



the next 25 years.

As part of Azadi Ka Amrit Mahotsav, the Club also administered pledge against drug abuse, Veeron ka Vandan and abuse with the aim to spread awareness among the students The Panch Pran pledge endeavours about the menace of drug abuse. to focus the citizens' energy As part of 'Vasudha Vandan', on five resolutions that include 'Amrit Vatika' was developed making India a developed nation, within the college by planting saplings of indigenous species to replenish Mother Earth. The idea was to generate awareness with

regards to ecological benefits of plantation drives.

Principal Dr. Nisha Bhargava motivated the students to work towards realising the dreams of our great visionaries. She also added that drug addiction is an issue of grave concern that threatens the country's development by adversely impacting the human capital, and needs to be addressed in a suitable way through sensitisation programmes.

#### AQAR 2023-24 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens Poshan Maah Week

Date: 8 September -14 September 2023

Number of participants: 241 (cumulative for all events)

The NSS Units of Mehr Chand Mahajan DAV College for Women in collaboration with the Swachhta Committee of Arts of the College and under the aegis of Poshan Abhiyan, a flagship program of Ministry of Women and Child Development, Govt of India, organised a सम्पूर्ण स्वास्थ्य सप्ताह, 8 September -14 September 2023.

#### **Importance of Personal Hygiene**



#### Preventive Diet Care for Anaemia



7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens

#### Food for mind



#### Nutrition during adolescence



#### My Lunch Box



7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens Reading Food Labels



#### **Celebration of International Literacy Day**

Date: 8 September 2023

#### Number of Volunteers participated: 25

The NSS Units of Mehr Chand Mahajan DAV College for Women in collaboration with the Swachhta Committee of Arts of the College performed a Nukkad Natak to promote girl's education on occasion of International Literacy Day. It was all about right to education and education for all. It



was performed to aware people about the different government schemes related to education.

#### Nothing like voting, I vote for sure" Campaign

Date: 11-12 September

#### Number of participants: 390

The Club of our College organized a Camp on its campus for the voter ID registration of the students from September 11-12,2023 and September 20-21,2023. A total of 390 forms were filled online as well as offline. A banner for the registration of



Electoral Roll was displayed on the college campus and on the college website, and MEHR CHAND MAHAJAN DAV COLLEGE FOR WOMEN, CHANDIGARH 15 | P a g e

# 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens Form 6 for the students' information. The club initiated a signature campaign amongst the Teaching and Non-Teaching state upcoming election with the tagline "Nothing like vertices" Lokayurved- Ayurveda wellness awareness properties and the students of the tagline tagli

Number of Volunteers participated: 100

The NSS Units of Mehr Chand Mahajan DAV College for Women in collaboration with the Characterbuilding committee organized an interactive session on Lokayurved-Ayurveda wellness awareness program. The lecture focused on the issues concerning the health and wellbeing of young girls. p Cam Chandigarh, चंडीगढ़, India ARTS & SCIENCE BLOCK, MCM DAV COLLAGE FOR GIRLS, MCM DAV College Rd, 36A, Sector 36, Chandigarh, चंडीगढ़ 160036, India Lat 30.73498° Long 76.75743° 18/09/23 11:46 AM GMT +05:30



#### Cyber safe Chandigarh

Date: 11 October 2023

NumberofVolunteersparticipated: 150

The NSS units of Mehr Chand Mahajan DAV College for Women under state NSS cell's initiative to promote cyber safety conducted an awareness session to promote cyber hygiene at Sector 36 Market and Govt model high school sector 36, Chandigarh, where volunteers shared valuable cyber safety tips among shopkeepers and school children.



#### AQAR 2023-24 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens Amrit Kalash Yatra

Date: 13 October 2023

#### Number of Volunteers participated: 66

The NSS units of Mehr Chand Mahajan DAV College for Women, Sector 36, Chandigarh, organized "अमृत कलश यात्रा" under the aegis of "मेरी माटी, मेरा देश, माटी को नमन वीरो को वंदन"

Campaign, Government of India on 13th October 2023.The initiative aimed to pay tribute to our motherland and honor the nation's martyrs who are at stamen to India's strength and progress.



#### Khadi Bag Making Workshop and Pledge

Date: 20 October 2023 Number of Volunteers participated: 20

The NSS units of Mehr Chand Mahajan DAV College for women in collaboration with home science department organised "Khadi bag making" workshop. Resource person, Ms Rati Arora initiated the participants into a very



creative and useful skill of making Khadi tote bags. The workshop briefed the participants about various measures and initiatives being undertaken by the

7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens

government to promote local artisans in the Khadi industry. The workshop was followed by a pledge to promote the use of domestic Indian products. Principal Dr Nisha Bhargava appreciated this endeavor and motivated the students to follow the footprints of Gandhi ji.



**Speech Competition on National Unity Day** 

Date: 31 October 2023

#### Number of Volunteers participated: 20

The NSS Units of Mehr Chand Mahajan DAV College for Women, Chandigarh, organised an insightful event to commemorate 'National Unity Day' on 31 October 2023. A Speech Competition was held, this event, centred around the theme "Global peace and harmony:



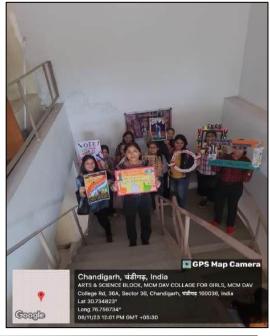
issues, challenges, and solutions," which showcased the student's insightful perspectives on a matter of great global significance.

#### **Electoral Awareness Rally**

Date: 6 November 2023

#### Number of participants: 13

The Club organized **an Electoral Awareness Rally** on the college campus on 6<sup>th</sup> November 2023. A team of student volunteers went to each class to inform the students about their right to vote and gather together in the celebration ground.



#### AQAR 2023-24 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens AIDS Awareness Rally 2023

#### Date: 20 November 2023

#### Number of participants: 31 students and 4 faculty members

The Red Ribbon Club/AIDS Awareness Committee in collaboration with the NSS Units of Mehr Chand Mahajan DAV College for Women, Chandigarh organized AIDS awareness rally in the campus on 20<sup>th</sup> November 2023. The theme for this year is "**Let Communities Lead**". The rally raised awareness about HIV/AIDS and promoted prevention methods. It witnessed the participation of 31 students and 4 faculty members.







## Electoral Awareness Rally Date: 9 December 2023 Number of participants:

The Electoral Literacy Club organized **an Electoral Awareness Rally** on the campus on 9<sup>th</sup> December 2023. A team of students inform the students about their right to vote



#### AQAR 2023-24 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens Hand painting competition on the theme 'Vision India'

#### Date: 4 January 2024

#### Number of participants: 100

Viksit Bharat team organized an insightful event on January 4, 2024, during a Seven day and night NSS Camp of Mehr Chand Mahajan DAV College for Women, Chandigarh. A Hand Painting Competition was held to unleash the artistic flair of students, on the theme 'Vision India'.



# एमसीएम ने विजन इंडिया पर हैंड पेंटिंग प्रतियोगिता आयोजित

सवेरा न्यज/नीना चंडीगढ, 18 जनवरी : एमसीएम डीएवी कॉलेज फॉर वुमैन सैक्टर 36 की विकसित भारत समिति ने 'विजन इंडिया' विषय पर हैंड पेंटिंग प्रतियोगिता का आयोजन किया। इस प्रतियोगिता ने प्रतिभागियों को एक ऐसा मंच प्रदान किया जहां प्रतिभागियों ने हाथ के कैनवास पर भारत देश के विकास और प्रगति के विषय में अपने दृष्टिकोण को चित्रित करने का प्रयास किया। अपनी कलात्मक प्रतिभा का प्रदर्शन करते हुए, प्रतिभागियों ने समुद्ध और उत्तन धारन के लिए अपनी



प्रदर्शित किया। विद्यार्थियों द्वारा बनाई गई समझ को बढावा मिला। यह कलाकृतियां प्रगति, एकता, स्थिरता, नवाचार, समावेशिता एवं पर्यावरणीय विचार साझा करते हुए कहा कि प्रबंधन के सिद्धांतों पर ध्यान केंद्रित करते 'विकसित भारत' केवल एक अमूर्त दृष्टि हुए एक सामंजस्यपूर्ण विकसित भारत के नहीं बल्कि एक सामुहिक जिम्मेदारी और निर्माण के लिए सांझी प्रतिबद्धता की एक यात्रा है जिसमें प्रत्येक व्यक्ति के भावना को दर्शाती हैं। इस प्रतियोगिता ने सक्रिय योगदान की आवश्यकता है। न केवल विद्यार्थियों को कला के माध्यम प्रतियोगिता में प्रथम स्थानः सिमरप्रीत से 'विकसित भारत' पर अपने विचार कौर, द्वितीय स्थानः पलक नारंग, ततीय व्यक्त करने के लिए एक मंच प्रदान किया, स्थानः इश्नर कौर और सेजल,प्रोत्साहन बल्कि विचारों के आदान-प्रदान की पुरस्कार- जैसमीन और गरिमा ने हासिल सतिशा भी पटान की जिससे इसारे देश

आकांक्षाओं को हाथ के कैनवास पर के विकास के बहमखी पहलुओं की

प्राचार्या डॉ. निशा भार्गव ने अपने

#### Cyber safety and security, Chandigarh Police

#### Date: 5 January 2024

#### Number of participants: 100

In the spirit of cybercrime for the criminals, NSS Units organized an interactive session on Cyber safety and security, Chandigarh Police on 05.01.2024 where resource person highlighted the fact that women, children, and senior- citizens are the most vulnerable sections in society.



7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens

#### Session on "Ethical and Informed Voting"- Expert Session

**Date:** 09 January 2024

#### Number of participants: 100

The Club in collaboration with NSS Units of the College invited Dr. Suraj Thapa, Assistant Professor Political Science, PGGC-11, Chandigarh, and National level Master Trainer (ECI) on 9th January 2024 as a resource person. He deliberated



on the topic "Ethical and InformedVoting" and sensitized the participants about the latest reforms made and initiatives taken by the Election Commission of India concerning voter services. He gave hands-on training to participants on how voting takes place and acquainted them with the Electoral process in detail.

**National Youth Day** 'Entrepreneurial Exchange: Igniting Innovation among Young Minds'

Date: 13 January 2024

#### Number of Participants: 25

The Institution's Innovation Council@6.0 in collaboration with NSS Units organized an interactive session of young entrepreneurs with the students of the college on the occasion of National Youth Day on 13<sup>th</sup> January 2024 on the theme



Entrepreneurial Exchange: Igniting innovation among young minds Three young eminent entrepreneurs Ms Darshita, Ms Khushi Lamba and Ms Srishti Garg from the oozing colors, Thriftee Affair and Tints Of Vanilla respectively delivered insightful lectures and encouraged the students to think critically so as to create an ecosystem of innovation.

#### AQAR 2023-24 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens Electoral Awareness Rally

#### Date: 25 January 2024

#### Number of participants: 15

The Club also organized an Electoral Awareness Rally on 25<sup>th</sup> January 2024 on the college campus. A team of students informed their fellow students about their right to vote. Student members of the Club raised slogans like "Nothing Like Voting I



Vote for Sure", "Bharat Ki Awaz Hai Bharat Ka Matdan", "Voting Ballots Are Powerful Than Shooting Bullets". Voter's Awareness Rally depicted the site of unity in the youth, firmness and strength in their hearts for a prosperous future.

#### **Quiz Competition- Elections and Electoral Reforms in India**

Date: 12 February 2024

#### Number of participants: 12

**The Club** conducted a **Quiz Competition** on February 12, 2024, on the theme 'Elections and Electoral Reforms in India'. The objective of the competition was to highlight the significance of Elections in Indian democracy and to create awareness among the students regarding the electoral process. **12 students** participated in the quiz with 3 students in each team and team D won the quiz. The winners are Pawani of BAIII, Doly of BAIII, and Anchal of BAIII



#### AQAR 2023-24 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens Anti-Anaemia Week

#### Date: 12 February – 17 February 2024

#### Number of participants: 300-350 (cumulative of all events)

The NSS Units of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with Viksit Bharat Abhiyan Cell and Health Committee of the College, observed Anti-Anaemia Awareness Week. This event represented a significant step in promoting community health and raising awareness about the importance of detecting and managing anaemia and aimed to raise awareness about anaemia, a prevalent health issue among women, and encourage early detection and prevention strategies. This helped in promotion of Right to Health. This initiative included the following events:

#### **Testing and Meal distribution**



7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens

Interactive

Session on "Diet Counselling"



Interactive Session on "Management of Anaemia based on Indian



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Anti-Anaemia Awareness

Rally



Food Making Competition and Slogan Writing Competition



Interactive Session on 'Understanding Implications of Anaemia on women's health' and preventive care in medical cases



7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens

#### "Yuva Samvad-India@2047, India's Panch Pran- A Youth Dialogue"

Date: 19 February 2024

#### Number of Participants: 80

The NSS units of Mehr Chand Mahajan DAV College for Women. Chandigarh, organized а thought-provoking event titled "Yuva Samvad India@2047: India's Panch Pran - A Youth Dialogue" on 19th February 2024. The



event aimed to delve into the foundational principles of 'Panch Pran' and encourage a constructive dialogue among the youth regarding the future trajectory of India.

## Screening of a documentary titled 60 years of the Election Commission in India Date: 19 February 2024

The Electoral Club of the college organized the screening of a documentary titled 60 years of the Election Commission in India on February 19, 2024, to make the students aware of the electoral system in India and the significance of a vote to make the Indian democracy strong.



discussion session was held after the screening wherein the challenges faced by the Election Commission were deliberated upon.

#### AQAR 2023-24 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens 'Vote for Sure Selfie Competition

Date: 6 March 2024 - 8 March 2024

#### Number of participants: 40

The Electoral Literacy Club in collaboration with NSS Units of the College, organized a 'Vote for Sure Selfie Competition' as a part of the Electoral Literacy and Awareness Programme under the aegis of the campaign on 'Mera Pehla Vote Desh Ke Liye' by Ministry of Youth Affairs and Sports, Government of India from 6<sup>th</sup> March to 8<sup>th</sup> March 2024. The event aimed to educate students about the democratic process of the nation and inspire them to become an integral part of it.



#### Cyber Saheli' Programme

Date: 8 March 2024

#### Number of Participants: 25

The NSS Units of Mehr Chand Mahajan D.A.V College for Women, Chandigarh, in collaboration with the Women Development Cell of the College, organised 'Cyber Saheli' to commemorate International Women's Day. The event aimed to promote good cyber hygiene practices among women residing in Badheri and raise awareness about the importance of staying safe online. As part





of the initiative, volunteers created a Cyber Saheli Helpline Desk to offer assistance to the people in case they had any doubts or queries about online safety.

7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens Declamation Contest on Social Media and Elections

Date: 15 March 2024

#### Number of volunteers: 17

The Electoral Literacy Club in collaboration with the Department of Political Science of the college hosted a captivating declamation contest on social media and Electionson 15<sup>th</sup> March 2024.The theme, spurred contestants to explore



various facets of this contemporaryissue, ranging from misinformation dissemination to the mobilization of voter turnout. They highlighted the potential of social media to amplify voices, facilitate political discourse, and promote civic engagement.

Essay Writing Competition; Chunav ka Parv Desh ka Garv

Date: 5 March 2024

#### Number of participants: 30

The Electoral Literacv club essay organized an writing competition Chunav ka Parv desh ka Garv in collaboration with NSS units of the college. Their enthusiastic in this involvement initiative highlighted the significance of citizen participation in elections.



Bridge Course on 'Introduction to Indian Constitution'

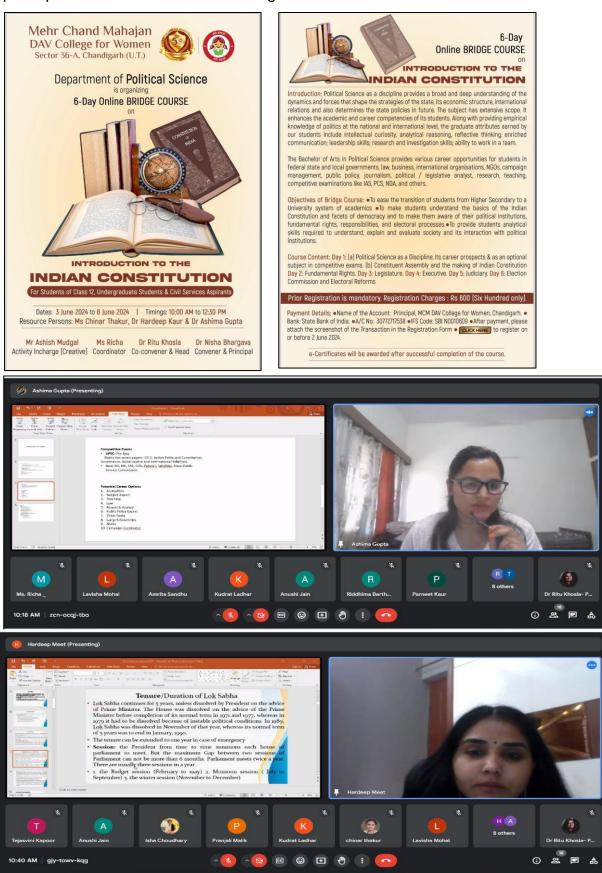
Date: 3 June to 8 June 2024

#### Number of participants: 16

The Department organized a 6-day Bridge Course on 'Introduction to Indian Constitution' for the students of higher secondary, undergraduate, and aspiring candidates for Civil Services and various Competitive examinations to make them understand the basics of the Indian Constitution and facets of democracy from 3 June to 8 June 2024. Dr Ashima Gupta, Dr Hardeep Kaur and Ms Chinar Thakur were the resource persons. They provided valuable insights that enriched the

## 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens

participants with learning experiences. Interactive online sessions, assessments, and quizzes were conducted to provide a conducive learning environment to the participants to foster their intellectual growth and boost their confidence.



#### AQAR 2023-24 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens International Yoga Day

#### Date: 21 June 2024

#### Number of Participants: 100

The NSS units and Physical Education Department of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with the Viksit Bharat Abhiyan Committee of the college, marked the celebration of 10th International Day of Yoga with an event on the theme 'Yoga for Women Empowerment' under the overarching theme of 'Yoga for Self and Society'.





7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens Pledge Ceremony as part of National Vigilance Day

#### Date: 31.10.2023

#### Number of participants: 25

As part of Vigilance Awareness Week, Vigilance Cell of our college took an integrity pledge to combat corruption. pledge



Interactive session on "Wealth Management and Home Loans"

Date: 16 September 2023

#### Participants: 14

The Career Counselling Cell organized an interactive session on the topic "Wealth Management Home Loans" and on 16.09.2023 which was attended bv 14 staff members of the College. The key speakers were Mr.



Gaurav Chaddha, Regional manager, SBI Wealth Northern Region and Ms. Manjeet Kaur, Chief Manager, HLST SBI, Panchkula.

#### AQAR 2023-24 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens A training session on Cardiopulmonary Resuscitation (CPR) and First Aid

Date: 20 September 2023

#### Number of participants:100

training session on Cardiopulmonary Α Resuscitation (CPR) and First Aid was conducted at Mehr Chand Mahajan DAV Chandigarh College for Women. on 20.09.2023 for the staff and Undergraduate students by Women Development Cell. Hands-on training was demonstrated in CPR and other medical conditions like bruises, cuts, nose bleeding, choking, vertigo, fits etc. by the team.







एमसीएम डीएवी महिला महाविद्यालय में प्राथमिक चिकित्सा और सीपीआर पर सत्र का आयोजन किया गया



चण्डीगढ (हिमप्रभा ब्युरो)। मेहर चंद महाजन डीएवी महिला महाविद्यालय सेक्टर 36-ए, चंडीगढ की महिला विकास सेल ने +प्राथमिक चिकित्सा और सीपीआर॰ पर एक प्रशिक्षण सत्र का आयोजन किया। इस सत्र में आपदा प्रबंधन प्रशिक्षक व महात्मा गांधी राज्य लोक प्रशासन संस्थान (एमजीएसआईपीए), सेक्टर 26, चंडीगढ़ में अतिथि संकाय सदस्य श्री योगेश और सुश्री गुलशन हीरा बतौर मुख्य वक्ता शामिल हुए। उन्होंने हमारे दैनिक जीवन में आमतौर पर होने वाली आपात स्थितियों के बारे में विस्तृत जानकारी दी। सत्र के दौरान विद्यार्थियों को यह समझाया गया कि विपरीत परिस्थितियों में उन्हें शांत रहने की जरूरत है और उन्हें यह भी बताया गया कि किसी जरूरतमंद को प्राथमिक चिकित्सा सहायता कैसे दी जाए। इस सत्र का उद्देश्य विद्यार्थियों को वास्तविक जीवन की स्थितियों में प्राथमिक चिकित्सा और सीपीआर का उपयोग करने के कौशल से लैस करना था। सत्र विद्यार्थियों के लिए इंटरैक्टिव एवं शिक्षाप्रद रहा। कॉलेज प्राचार्या डॉ. निशा भागव ने महिला विकास सेल के प्रयासों की सराहना की और विद्यार्थियों से बुनियादी चिकित्सा सहायता को जानने का आग्रह किया ताकि वह अपने आसपास होने वाली आपात स्थितियों का सामना कर सकें।

#### AQAR 2023-24 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens

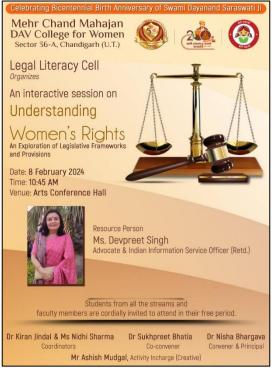
Interactive session on 'Gender Equity and

#### Women's Rights

Date: 08 February 2024

#### Number of participants: 80

Legal Literacy Cell of the College conducted an interactive session on 'Gender Equity and Women's Rights: Exploring Legislative Frameworks' on 08.02.2024. Ms. Devpreet Singh, Advocate & Indian Information Service Officer (Retd.) was the Resource Person for the Ms. Devpreet Singh apprised event. the members of faculty and students about various statutes pertaining to the protection of women. Students were also made aware of the Vishaka



Guidelines against sexual harassment of women at workplaces.



## एमसीएम ने महिलाओं के लिए कानूनी साक्षरता पर सत्र आयोजित किया

चंडीगढ़ (एसएनबी)। मेहर चंद महाजन डीएवी महिला महाविद्यालय, चंडीगढ़ के लीगल लिटरेसी सेल ने कॉलेज की इंटरनल कंप्लेंट्स कमेटी के सहयोग से 'जेंडर इक्विटी एंड वीमेंस राइट्स : एक्सप्लोरिंग लेजिस्लेटिव फ्रेमवर्क्स पर एक इंटरेक्टिव सत्र का आयोजन किया। इस कार्यक्रम में अधिवक्ता एवं भारतीय सूचना सेवा से सेवानिवृत्त अधिकारी सुश्री देवप्रीत सिंह, बतौर मुख्य वक्ता शामिल हुईं।

अंतरराष्ट्रीय महिला दिवस से एक माह पूर्ण

आयोजित इस कार्यक्रम का विशेष महत्व है क्योंकि महिला दिवस 2024 की थीम 'काउंट हर इन: एक्सीलरेटिंग जेंडर इक्वलिटी थ्रू इकोनॉमिक इंपावरमेंट' निर्धारित की गई है, जो सत्र के साथ सरेखित है, जिसमें स्त्री को कानूनी रूप से मजबूत एवं सशक्त बनाने की आवश्यकता पर जोर दिया गया है। सिंह ने



प्रतिभागियों को महिलाओं की सुरक्षा से संबंधित विभिन्न कानूनों से अवगत कराया। मुख्य वक्ता ने पीछा करना, ताक-झांक, एसिड हमलों एवं यौन उत्पीड़न जैसे अपराधों के संबंध में आईपीसी के तहत प्रासंगिक दंड प्रावधानों के बारे में विस्तार से जानकारी प्रदान की। विद्यार्थियों को कार्यस्थल पर महिलाओं के यौन उत्पीड़न के खिलाफ विशाखा दिशानिर्देशों के बारे में भी जागरूक किया गया। सत्र के दौरान घरेलू हिंसा अधिनियम और दहेज के लिए हत्या की जटिलताओं पर भी चर्चा की गई। सुश्री सिंह

ने प्रतिभागियों की कानूनी जागरूकता को बढ़ावा देने के लिए आईआईएस अधिकारी के रूप में अपनी यात्रा के कई व्यावहारिक अनुभवों को साझा कर सत्र को जीवंत बना दिया । कार्यक्रम के दौरान आईआईसी के सदस्यों द्वारा तैयार किए गए यौन उत्पीड़न विरोधी पोस्टर भी प्रदर्शित किए गए।

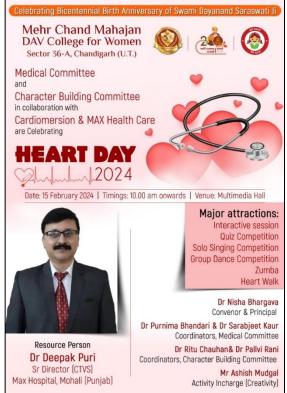
7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens

#### **World Heart Day Celebration**

Date: 15 February 2024

#### Number of participants: 200

With an objective of creating awareness among Heart month, Medical committee and Character Building Committee of the collaboration college in with Cardiomersion & Max Health Care organized an informative session on 15.02.2024 where the resource person was Dr Deepak Puri, Director- CTVS at max hospital, Mohali, Panjab. During the event, Dr. Deepak Puri through music, dance, skits etc, apprised the audience of the ways that keep heart healthy. More than 200 students participated enthusiastically.



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#### AQAR 2023-24 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens Essay Writing Competition on "Rashtriya Ekta Diwas"

Date: 31 October 2023

#### Number of participants: 14

The Department of Political Science of the college organised an Essay Writing Competition to mark the celebration of "Rashtriya Ekta Diwas" on 31st October 2023. The topic was "The Contribution of Sardar Vallabhbhai Patel to India's Unity and Integrity" or "Meri Matti Mera Desh". 14 Students participated in the

competition. The winners were awarded cash prizes. This event was followed by the Ekta Diwas Pledge.





## Medical Camp Date: 06 March 2024

Number of participants: 350

Medical Committee of the college in collaboration with Fortis Hospital, Mohali organized a day long medical camp for staff as well students at the college on 06.03.2024 where more than 350 people including staff and students were benefitted from this camp. The objective of organizing this camp was to monitor the overall health parameters of the staff and students of the college.



7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens









#### **National Youth Day celebration**

Date: 12 January 2024

#### Number of participants: 150

The Philosophy Department of the College marked the celebration of National Youth Day to honor the ideals and thoughts of Swami Vivekananda on 12.01.2024. The Philosophy Department organized a lecture by Sh. Lallan Singh Baghel, Department of Philosophy, Panjab University, Chandigarh, under the Indian Council of Philosophical Research (ICPR)



#### AQAR 2023-24 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens sponsored World Philosophy Day Lecture Series. Around 150 participants

participated enthusiastically.



#### AQAR 2023-24 7.1.9. Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties, and responsibilities of citizens

#### Popular Talk on Environmental Issues on National Science Day

#### Date: 28.02.2024

Number of participants: 125 students and 20 staff members The department of Zoology and MCM Eco-Club 'Parivesh' under the aegis of Department of Science & Technology and Renewable energy, Chandigarh Administration organized а Popular talk on 'Latest avenues of



jobs and entrepreneurship in Environment and waste management in India for professionals of other fields' on the occasion of National Science Day on 28.02.2024. The resource person, Dr. Reena Chadha emphasized that a lot of opportunities are available in the areas of waste collection, waste handling, waste sorting, waste storage, waste transport, waste transformation and energy recovery from the waste.

#### **E- Waste Collection Drive**

#### Date: 11-15 September 2024

**Number of participants**: 9 (student volunteers), 500 students approx. were made aware of e-waste and its proper disposal, Approx. 50 students and 50+ staff members contributed towards disposing off e-waste

Swachhta Committee (Commerce) and Sustainable Practices Committee orgaznied an E- Waste Collection Drive from 11.09.2023 to 15.09.2023. The primary objective of the e-waste collection drive is to raise awareness about the importance of proper e-waste disposal and to provide convenient а and environmentally friendly for way



students and staff members to dispose of their old electronic devices.