

Report of Department of Sociology (2023-24)



**Mehr Chand Mahajan
DAV College for Women
Sector-36/A, Chandigarh**

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Our student **Ishika Singh** of M.A II Sociology has cracked **GATE 2024** with All India Rank **185**. She has got admission in IIT Madras. She has also cracked UGC-NET.



University Toppers:

M.A. 1st Semester	42267	Sushmita Thakur	1st Position 338 /400 University topper	Panjab University	Dec, 2024
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1. Interactive Session on “Health and Anti-Aging for Young Girls”

The Red Ribbon Club/AIDS Awareness Committee in collaboration with the Post Graduate Department of Sociology of Mehr Chand Mahajan DAV College for Women, Chandigarh organized an Interactive Session on “Health and Anti-Aging for Young Girls” by Gynaecology Expert and Director of The Touch Clinic Dr Preeti Jindal, on 12th September, 2023.

After a formal introduction of the speaker and the relevance of such sessions, the event started off with discussion about common cancers among women which included ovarian, breast and cervical cancers with the cervical cancer being the most common in India as almost 200 women die from the cancer nationwide with about 1 women dying every 7 minutes. She highlighted that the prevention of the cancer through PAP Smear can be done anytime. She apprised the audience on HPV vaccination which includes only two doses for girls between the age group of 8 to 14 years to prevent the HPV infection which is sexually transmitted. She regarded it as life-saving for all young girls. Then, the young audience got a brief about the Breast cancer, the genes responsible for it (BRCA 1 and 2), its causes as well as its prevention which is through

commonly known technique of Mammography (now replaced by breast ultrasound) and Self Examination. She also took up the prevalent topic of PCOD (Polycystic Ovarian Disease) which leads to irregular periods due to delayed ovulation. Its symptoms include hairfall, weight gain, acne and also how it is a mere lifestyle disorder. She also expressed her concern regarding many women, particularly in Punjab, having their uterus' removed when they get fibroids. She gave a vital information that there is no such need to do so as fibroids are very common and do not lead to excessive bleeding. She also enlightened the young girls about labiaplasty, hymenoplasty and Egg Freezing which are very rarely discussed. Egg freezing is a technique through which the female eggs in their best stage (i.e, 28 to 33) are saved or 'freezed' to be used at a later stage if any woman wants to attain pregnancy at a later stage. The quality of eggs remain intact (as they are 'frozen'). She talked of recurrent UTI and their preventions by not using products like Vwash. All of this was presented by the speaker through engaging and informative slides with pictorial representation and a demonstration by the gynecologist herself. The event finally ended with a question -answer round in which students asked personal queries. The students seemed quite interested in the session and were eager to interact more with the speaker. The session thus gave an eye-opening, vivid and enriched knowledge about female health issues. The session was attended by 6 faculty members and 47 students. Convener: Dr. Bhavna Sood, Coordinators: Dr. Bindu Dogra and Dr Ramandeep Kaur

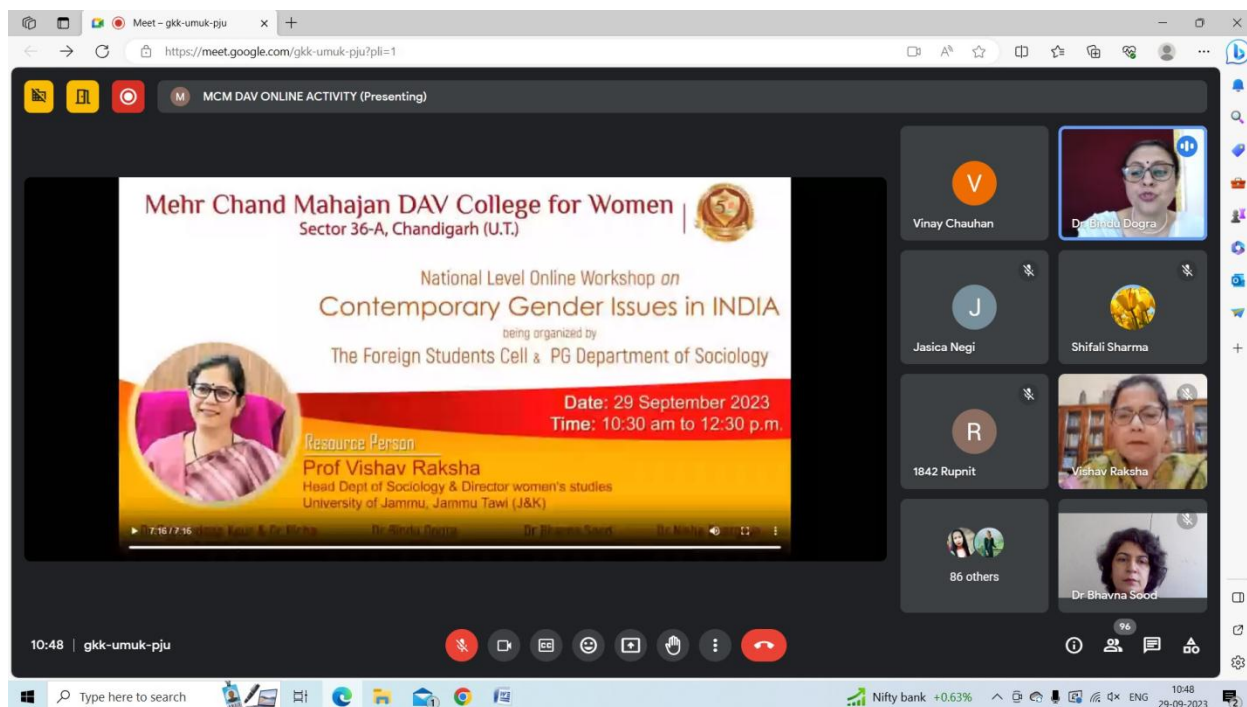


2. An Online National Workshop on Contemporary Gender issues in India: Some Reflections on 29th September, 2023.

The Department of Sociology and The Foreign Students cell of Mehr Chand Mahajan DAV College for Women in collaboration with knowledge partner Government Degree College, Chamba, Himachal Pradesh organised an online National Workshop on Contemporary Gender issues in India: Some Reflections on 29.9.23. The resource person of the workshop was Dr. Vishav Raksha Head Department of Sociology and Director of Women's Studies, University of Jammu is the event's keynote speaker. She talked about the privileges and affirmative actions for women like menstrual leave, maternity facilities etc. she also highlighted about *safai karamchari* and the problems faced by rural and urban women. She said that in rural areas the girls are not able to attend school due to security issues and there are other issues women face like, lack of sanitation etc. She also discussed the difference in celebrations when a girl or a boy child is born and there is always patriarchal pressure. She emphasized that crime against women is not even reported. It was an interactive and a learning session in which around 120 participants from different states participated. Co-Convenor Dr. Bhavna Sood and Dr. Bindu Dogra Coordinators Dr. Raman Deep kaur and Dr. Richa







3. The workshop on Navigating Success through Building Soft Skills and Critical thinking on 15 February, 2024

Student participants : 75

Teachers : 6

Resource person : Wemsley B.W. Okuku

After meeting with Principal mam the guest speaker Wemsley B.W. Okuku, who is a special Educator and Counselor from Kenya gave a wonderful address on how to navigate success through building soft skills and critical thinking. Soft skills can also be thought of as people skills. These can include good communication and interpersonal skills, leadership, problem solving, work ethic, time management, and teamwork. These are characteristics that can be carried over to any position. He even talked about the importance of choices and innate quality of individuals. He further elaborated that Soft skills are based on how you work and interact with people. They are non-technical skills that impact your performance in your workplace. A blend of both soft skills and critical thinking is imperative for success. These can be honed by emotional intelligence, problem solving, collaboration and teamwork, leadership skills, etc.

The importance of critical thinking and soft skills was highlighted throughout the workshop and with a number of captivating examples, Mr.Wemsley taught us the true value of what role they could play in our lives. The session saw the participation of 75 students and 6 faculty members.





Celebrating Bicentennial Birth Anniversary of Swami Dayanand Saraswati Ji

**Mehr Chand Mahajan
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Sector 36-A, Chandigarh (U.T.)

The Foreign Students Cell
in collaboration with
PG Department of Sociology
organizes a One-Day Workshop on

Navigating Success
through
Building Soft Skills
and
Critical thinking

Date: 15 February 2024 | Timings: 10:30 Am to 12:30 PM | Venue: Science Conference Hall

Resource Person
Mr. Wemsley B.W. Okuku
Special Educator and
Counselor from Kenya.

Dr Bindu Dogra
Dean, Foreign Students Cell

Dr Bhavna Sood
Head, Department of Sociology

Dr Nisha Bhargava
Convener & Principal

Mr Ashish Mudgal
Activity In-charge (Creative)

Ms Richa, Dr Amandeep Kaur and Dr Ramandeep Kaur
Coordinators

4. UGC NET workshop on 10th April, 2024

Attendees: 3 Staff members and 14 Students of Post-Graduation Department of Sociology.

On 10th April 2024, the Post-Graduation Department of Sociology of MCM DAV College for Women organized a comprehensive lecture on "UGC NET Preparation: Strategies and Tips" by PhD scholar Ms Manavjeet Kaur which proved to be an enlightening experience for all participants. The discussion encompassed the following key topics:

1. **Nature of Exam:** Participants gained insights into the nature of the UGC NET exam, including its format, duration, and the types of questions typically asked.
2. **Exam Pattern:** Detailed explanations were provided regarding the exam pattern, including the number of papers, marking scheme, and strategies to effectively navigate each section.
3. **Syllabus Coverage:** The lecture thoroughly covered the entire syllabus of the UGC NET examination, ensuring attendees gained a clear understanding of the subjects and topics to focus on.
4. **Study Material:** Recommended study materials and resources that can aid in effective preparation for the exam were also highlighted.

The UGC NET preparation lecture at MCM DAV College for Women was a resounding success, equipping participants with essential knowledge and resources to embark on their journey towards success in the examination.





