

MCM DAV College for Women, Sector – 36A, Chandigarh
Monthly Teaching Plan Session 2025-26

Semester-I

Course Code: HIS-VAC

Value Added Course (VAC)

Understanding India- 1

Credit:2

Dates (Monthly)		Topics to be Covered	Academic Activity / Teaching Methodology
From	To		
01 August 2025	31August 2025	Unity in Diversity; Six Schools of Philosophy	Lecture Method and Presentation
01 September 2025	30 September 2025	Theory of Universal Brotherhood	Lecture Method
01 October 2025	31 October 2025	Yoga; Theory of Karma; Theory of Ahimsa	Lecture Method
01 November 2025	13 November 2025	Purushartha- dharam, arth, kama, moksha	Lecture Method and Presentation

MCM DAV College for Women, Sector – 36A, Chandigarh

Monthly Teaching Plan Session 2025-26

Semester-II

Course Code: HIS-VAC

Value Added Course (VAC)

Understanding India- 2

Credit:2

Dates (Monthly)		Topics to be Covered	Academic Activity / Teaching Methodology
From	To		
10 Jan 2026	31 Jan 2026	Introduction to Course, Syllabus and Exam Pattern, Charvaka and lokayat	Lecture Method and Presentation
01 February 2026	28 February 2026	Bhakti movement - saguna and nirguna	Lecture Method
01 March 2026	31 March 2026	Female Saints of Medieval India	Lecture Method
01 April 2026	25 April 2026	Sufism-pir, samaand wahadat al wujud(Unit of being).	Lecture Method