

MCM DAV College for Women, Sector- 36/A, Chandigarh
Department of Psychology (Monthly Teaching Plans 2025-2026)

Name of the Teachers: Dr. Manjit Sidhu and Dr. Vidushi Jaswal

Class: BA I (Semester I)

Subject: General Psychology

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	24.07.2025	10.09.2025	Unit 1: Nature of Psychology as a science, scope and history	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	11.09.2025	15.10.2025	Unit 2: Method of Psychology: Observation, Experimental, Survey, Case Study	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	16.10.2025	14.11.2025	Unit 3: Emotions : Meaning, Nature, Types and Theories (James– Lange, Cannon Bard, Schacter-Singer Theory)	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

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Department of Psychology (Monthly Teaching Plans 2025-2026)

Name of the Teachers: Dr. Manjit Sidhu and Dr. Vidushi Jaswal

Class: BA I (Semester II)

Subject: General Psychology

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	10.01.2026	04.02.2026	Unit 1: Intelligence : Concept, Nature and Types, Factors affecting Intelligence. Measurement of Intelligence, Theories of Intelligence: Spearman, Thurstone, Cattell and Sternberg	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	05.02.2026	10.03.2026	Unit 3: Statistics: Measures of Central Tendency and Variability. Correlation – Product Moment and Rank Order	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	11.03.2026	25.04.2026	Unit 2 : Personality – Concept, nature, Types, Measurement, Theories (Trait Theories and Psychoanalytic Theory	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.