MCM DAV College for Women, Sector – 36A, Chandigarh

Monthly Teaching Plan: Session 2025–26

Department: Philosophy

Subject Teacher: Ms. Pooja Pagyal

Class: B.A. II Semester: III Subject: Philosophy

Title of Paper: *Indian Ethics*

Subject Code: PHI-DSC-3(MAJ-3/MIN-3)301

Dates (Monthly)	Topics to be Covered	Academic Activity / Teaching Methodology
06 August – 31 August 2025	Introduction to Indian Ethics: Nature, Scope and Sources. Salient Features of Indian Ethics with reference to <i>Puruṣārthas – Rita, Satya, Rina, Sreyas</i> and <i>Preyas</i> .	Lecture, Weekly Reflective Tasks, Readings, Philosophical Movie Clip, Group Discussions, Presentation.
01 September – 30 September 2025	<i>Varṇa Vyavasthā</i> and <i>Āśrama Dharma</i> : A Contemporary Analysis. Buddhist Ethics – Four Noble Truths, Eightfold Path, <i>Brahmavihāras</i> (<i>Karuna</i> , <i>Mudita</i> , <i>Maitri</i> , <i>Upekkha</i>).	Lecture, Self-reflection Exercises, Short Philosophical Write-ups, Group Discussion, Quiz, Mid-Semester tests.
01 October – 31 October 2025	Jaina Ethics – <i>Triratnas</i> (Śīla, Samādhi, Prajñā). Gītā Ethics – <i>Anāsakta Karma</i> , <i>Sva-Dharma</i> .Śrīharṣa's Lokasaṁgraha (Yajña).	Lecture, Philosophical Reading Circles, Snap Test, Documentary Viewing, Class Discussion, Audio-Visual Presentation
01 November – 13 November 2025	Yoga Ethics – Abhyāsa, Vairāgya, Yama, Niyama, Āsana. Prāṇāyāma, Pratyāhāra, Dharma, Dhyāna, Samādhi. Revision	Revision Lecture, Group Discussion, Class Test

MCM DAV College for Women, Sector – 36A, Chandigarh

Monthly Teaching Plan: Session 2025–26

Department: Philosophy

Subject Teacher: Ms. Pooja Pagyal

Class: B.A. II Semester: IV

Subject: Philosophy

Title of Paper: Western Ethics

Subject Code: PHI-DSC-5(MAJ-4/MIN-4)401

Dates (Monthly)	Topics to be Covered	Academic Activity / Teaching Methodology
10 January 2026 – 31 January 2026	Introduction to Western Ethics: Nature of Ethics, Virtue and Goodness, its concerns; Relation of Ethics with Aesthetics, Psychology and Religion.	Lecture, Readings from Plato & Aristotle, Group Discussion, Reflective Tasks
01 February – 28 February 2026	Object of Moral Judgement – Actions, Intentions, Situations and Character. Virtue Ethics: Eudaimonia, Golden Mean (Aristotle).	Lecture, Film Segment (The Pursuit of Happiness), Self- reflection Exercises, Quiz
01 March – 31 March 2026	Deontological Ethics: Categorical Imperative and Good Will (Kant).	Lecture, Philosophical Write-ups, Interactive Discussion, Snap Test, Mid-Semester Test
01 April – 30 April 2026	Consequentialism: Meaning and Types of Theories. Hedonism: Psychological and Philosophical.	Reading-based Lecture, Group Discussion, Reflective Tasks, Short Quiz
First Week of May 2026	Utilitarianism – J.S. Mill (Qualitative) and Jeremy Bentham (Quantitative). Revision and Class Test.	Lecture, Discussion on Moral Dilemmas, Revision Session