

Lesson Plan
Mehr Chand Mahajan DAV College for Women, Sector – 36A, Chandigarh
Monthly Teaching Plans- Even Semester (Semester-II)
Session – 2025-2026
Department- Zoology
Name of the Teacher- Dr. Sarabjeet Kaur
Subject- Zoology- Multi-disciplinary Course
Course Code: ZOO-MDC-2-201
Course Title: UNDERSTANDING HUMAN BODY

Month	Date		Topics to be Covered	Academic Activity to be Undertaken
	From	To		
January	10.01.2026	31.01.2026	Integumentary system Skin: Structure and functions Digestive System: Parts and functions of the Alimentary canal, Digestive Glands (Salivary glands, Liver and Pancreas), Basic Physiology of Digestion. Respiratory System: Parts and functions of the Respiratory tract, Breathing mechanism (Inhalation and Exhalation).	Power point presentation, group discussion, assignments, Flipped classroom method, Practical demonstration through anatomical models
Departmental Meeting on 28.01.2026 to review the progress of syllabus as per lesson plans				
February	01.02.2026	28.02.2026	Cardiovascular System: Structure of Heart, Types of blood vessels (Arteries and Veins), Blood groups, Rh factor, Functions of blood. Excretory System: Parts and functions of the excretory system.	Power point presentation, group discussion, assignments, Flipped classroom method, Practical demonstration through anatomical models
Departmental Meeting on 25.02.2026 to review the progress of syllabus as per lesson plans				
March	01.03.2026	31.03.2026	Skeletal System: Parts of Axial and Appendicular Skeleton, Ligaments, Tendons, Differences between Bone and Cartilage. Muscular System: Types of Muscles, Structure of Skeletal Muscle, Functions of the Muscular system. Nervous System: Major parts of the Brain, Structure of Neuron MST	Power point presentation, group discussion, assignments, Flipped classroom method, Practical demonstration through anatomical models
Departmental Meeting on 25.03.2026 to review the progress of syllabus as per lesson plans				
April	01.04.2026	25.04.2026	Reproductive System: Parts and functions of the Male and Female reproductive system. Endocrine System: Major Glands, their hormones and functions (Hypothalamus, Pituitary, Thyroid, Pancreas, Adrenal). Revision and Class test	Power point presentation, group discussion, assignments, Flipped classroom method, Practical demonstration through anatomical models
Departmental Meeting on 22.04.2026 to review the completion of syllabus as per lesson plans				
End semester Examination from 27.04.2026 to 05.06.2026				