

Lesson Plan
Mehr Chand Mahajan DAV College for Women, Sector – 36A, Chandigarh
Monthly Teaching Plans- Odd Semester (Semester-III)
Session – 2025-26
Department- Zoology
Name of the Teacher- Dr. Aanchal Batra
Subject- Zoology- Multi Disciplinary Course
Course Code: ZOO-MDC-3-301
Course Title: First Aid and Emergency Management

Month	Date		Topics to be Covered	Academic Activity to be Undertaken
	From	To		
July	24.07.2025	31.07.2025	Introduction to First Aid: First aid: Meaning, importance of first aid, first aider, laws of first aid, contents of an ideal first aid kit.	Power point presentation, group discussion, assignments, Flipped classroom method
August	01.08.2025	31.08.2025	Procedures and Techniques of First Aid: Dressing, bandaging, splinting, transportation of the injured, CPR (steps in performing CPR)	Power point presentation, group discussion, assignments, Flipped classroom method, Training Workshop
Departmental Meeting on 27.08.2025 to review the progress of syllabus as per lesson plans				
September	01.09.2025	30.09.2025	First Aid in Emergency: Drowning, fractures in bone, shock, wound, burns, haemorrhages, bleeding (types and prevention), accidents, poisoning, bites and stings.	Power point presentation, group discussion, assignments, Flipped classroom method
Departmental Meeting on 24.09.2025 to review the progress of syllabus as per lesson plans				
October	01.10.2025	31.10.2025	Community Emergencies First Aid during emergencies like fire explosions, famines, floods.	Power point presentation, group discussion, assignments, Flipped classroom method
Departmental Meeting on 29.10.2025 to review the progress of syllabus as per lesson plans				
November	01.11.2025	13.11.2025	Community Emergencies First Aid during emergencies like earthquakes, Disaster Management.	Powerpoint presentation, group discussion, assignments, Flipped classroom method
End semester Examination 14.11.2025 to 26.12.2025				