

**Mehr Chand Mahajan DAV College for Women, Sector – 36A,  
Chandigarh Monthly Teaching Plans (Odd Semester/Even Semester)**

**Session: 2025-2026  
(July to December 2025)**

**Name of the Teacher/s: Dr. Bindu Dogra**

**Department: Sociology**

**Class: BA I (First Semester) Multidisciplinary Course (MDC)**

**Subject: Understanding Contemporary Social Issues**

**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans**  
23<sup>rd</sup> July, 2025

<b>S. No.</b>	<b>Date (Monthly)</b>		<b>Topics to be Covered</b>	<b>Academic Activity Undertaken*</b>
	<b>From</b>	<b>To</b>		
1.	04.08. 2025	26.08.2025	<b>Unit 1:</b> Understanding Social Problems, When an issue becomes a Social Problem, Stages of Social Problem	Lectures, Class Presentations by students and PowerPoint Presentations (PPTs)
2.	27.08.2025	09.09.2025	Class presentations	Revision

**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans**  
27<sup>th</sup> August, 2025

3.	10.09.2025	30.09.2025	<b>Unit II:</b> Drug Addiction, Suicide, Problem of Adolescents	Lectures, Class Presentations, Focus group Discussion
4.	01.10. 2025	13.10.2025	Class Presentation by Students and Class Tests	Revision, Discussion, Question Paper Discussion, class test

**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans**  
27<sup>th</sup>September, 2025

**Mid-term Exams:(Tentative)**

5.	14.10.2025	28.10.2025	<b>Unit III:</b> Cyber Crime, Corruption, Poverty	Lectures, Class Presentations by students and PowerPoint presentations, class test
6.	29.10.2025	05.11.2025	Revision, class test	Presentations by students
<b>Departmental Meeting to Coordinate and Review the Monthly completion of Syllabus as per Lesson Plans</b> 29 <sup>th</sup> October, 2025				
7.	10.11.2025	12.11.2025	<b>REMEDIAL CLASSES</b>	
<b>Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans</b> 21 <sup>st</sup> November2025				
8.	14.11.2025	26.12.2025	<b>PU Exams</b>	
Winter Vacations 27 <sup>th</sup> December 2025–9 <sup>th</sup> January 2026				

**Mehr Chand Mahajan DAV College for Women, Sector – 36A,  
Chandigarh Monthly Teaching Plans (Odd Semester/Even Semester)**

**Session: 2025-2026  
(July to December 2025)**

**Name of the Teacher/s: Dr. Ketaki Diwedi**

**Department: Sociology**

**Class: BA I (First Semester) Multidisciplinary Course (MDC)**

**Subject: Women and Legal Rights**

<b>Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans</b> 23 <sup>rd</sup> July, 2025				
<b>S. No.</b>	<b>Date (Monthly)</b>		<b>Topics to be Covered</b>	<b>Academic Activity Undertaken*</b>
	<b>From</b>	<b>To</b>		
1.	04.08.2025	26.08.2025	<b>Unit 1:</b> Constitution of India and Women's Rights, Fundamental Rights, Directive Principles of State Policy, Fundamental Duties	Lectures, Class Presentations by students and PowerPoint Presentations (PPTs)
2.	27.08.2025	09.09.2025	Class presentations	Revision
<b>Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans</b> 29 <sup>th</sup> August, 2025				
3.	10.09.2025	30.09.2025	<b>Unit II:</b> Women's Legal Rights, Protection of Women from Domestic Violence Act, 2005, Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal), Act 2013, Maternity Benefits Act, Rape Laws (CrPC Amendment 2013)	Lectures, Class Presentations, Focus group Discussion

4.	01.10.2025	13.10.2025	Class Presentation by Students and Class Tests	Revision, Discussion, Question Paper Discussion, class test
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**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans**  
**27<sup>th</sup> September, 2025**

**Mid-term Exams: (Tentative)**

5.	14.10.2025	28.10.2025	<b>Unit III:</b> Women's Rights Issues in India: a) Cultural violations of women's rights (Casteism and Communalism), b) Violence against women, c) reproductive rights, d) Right to education, e) Right to livelihood	Lectures, Class Presentations by students and PowerPoint presentations, class test
6.	29.10.2025	05.11.2025	Revision, class test	Presentations by students

**Departmental Meeting to Coordinate and Review the Monthly Completion of the Syllabus as per Lesson Plans**  
**29<sup>th</sup> October, 2025**

7.	10.11.2025	12.11.2025	<b>REMEDIAL CLASSES</b>	
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**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans**

21<sup>st</sup> November 2025

8.	14.11.2025	26.12.2025	<b>PU Exams</b>	
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Winter Vacations 27<sup>th</sup> December 2025 – 9<sup>th</sup> January 2026

**Mehr Chand Mahajan DAV College for Women, Sector – 36A,  
Chandigarh Monthly Teaching Plans (Odd Semester/Even Semester)**

**Session: 2025-2026  
(July to December 2025)**

**Name of the Teacher/s: Dr. Minakshi Rana**

**Department: Sociology**

**Class: BA I (First Semester) Multidisciplinary Course (MDC)**

**Subject: Yoga and Meditation**

**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans**  
23<sup>rd</sup> July, 2025

<b>S. No.</b>	<b>Date (Monthly)</b>		<b>Topics to be Covered</b>	<b>Academic Activity Undertaken*</b>
	<b>From</b>	<b>To</b>		
1.	04.08. 2025	26.08.2025	<b>Unit 1:</b> Meaning, Definition, and Nature of Yoga according to Maharishi Patanjali	Lectures, Class Presentations by students and PowerPoint Presentations (PPTs)
2.	27.08.2025	09.09.2025	Class presentations	Revision

**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans**  
29<sup>th</sup> August, 2025

3.	10.09.2025	30.09.2025	<b>Unit II:</b> Types of Yoga: Karma Yoga, Jnana Yoga, Bhakti Yoga, Raja Yoga Swami Vivekananda: Meditation and Its Methods	Lectures, Class Presentations, Focus group Discussion
4.	01.10. 2025	13.10.2025	Class Presentation by Students and Class Tests	Revision, Discussion, Question Paper Discussion, class test

**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans**  
27<sup>th</sup> September, 2025

**Mid-term Exams: (Tentative)**

5.	14.10.2025	28.10.2025	<b>Unit III:</b> Astanga Yoga: Yama, Niyama, Asanas, Pranayama, Dharana, Dhyana, Samadhi	Lectures, Class Presentations by students and PowerPoint presentations, class test
6.	29.10.2025	05.11.2025	Revision, class test	Presentations by students

**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans**  
29<sup>th</sup> October, 2025

7.	10.11.2025	12.11.2025	<b>REMEDIAL CLASSES</b>	
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**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans**

21<sup>st</sup> November 2025

8.	14.11.2025	26.12.2025	<b>PU Exams</b>	
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**Mehr Chand Mahajan DAV College for Women, Sector – 36A,  
Chandigarh Monthly Teaching Plans (Odd Semester/Even Semester)**

**Session: 2025-2026  
(July to December 2025)**

**Name of the Teacher/s: Dr. Bindu Dogra**

**Department: Sociology**

**Class: BA III (3<sup>rd</sup> Semester) Multidisciplinary Course (MDC)**

**Subject: Society in India**

**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans**  
23<sup>rd</sup> July, 2025

<b>S. No.</b>	<b>Date (Monthly)</b>		<b>Topics to be Covered</b>	<b>Academic Activity Undertaken*</b>
	<b>From</b>	<b>To</b>		
1.	01.08.2025	23.08.2025	<b>Unit 1:</b> Indian Society: Features, Diversity: Linguistic, Social and Religious, Caste, Tribe, Race and Ethnicity	Lectures, Class Presentations by students and PowerPoint Presentations (PPTs)
2.	25.08.2025	04.09.2025	Class presentations	Revision

**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans**  
29<sup>th</sup> August, 2025

3.	05.09.2025	27.09.2025	<b>Unit II:</b> Traditional Hindu Social Organization: Ashrama System, Varna System, Purusharthas, Traditions, Customs Sanskaras	Lectures, Class Presentations, Focus group Discussion
4.	29.09.2025	09.10.2025	Class Presentation by Students and Class Tests	Revision, Discussion, Question Paper Discussion, class test

**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans**  
27<sup>th</sup> September, 2025

**Mid-term Exams: (Tentative)**

5.	10.10.2025	31.10.2025	<b>Unit III:</b> Types of Society: Tribal, Rural, and Urban, Features and Changes	Lectures, Class Presentations by students and PowerPoint presentations, class test
6.	01.06.2025	07.11.2025	Revision, class test	Presentations by students

**Departmental Meeting to Coordinate and Review the Monthly Completion of the Syllabus as per Lesson Plans**  
29<sup>th</sup> October, 2025

7.	08.11.2025	13.11.2025	<b>REMEDIAL CLASSES</b>	
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**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans**

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**Session: 2025-2026**  
**(July to December 2025)**

**Name of the Teacher/s: Dr. Ketaki Diwedi**

**Department: Sociology**

**Class: BA III (3<sup>rd</sup> Semester) Multidisciplinary Course (MDC)**

**Subject: Professional Ethics**

<b>Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans</b> 23 <sup>rd</sup> July, 2025				
<b>S. No.</b>	<b>Date (Monthly)</b>		<b>Topics to be Covered</b>	<b>Academic Activity Undertaken*</b>
	<b>From</b>	<b>To</b>		
1.	01.08.2025	23.08.2025	<b>Unit 1:</b> Professional Ethics: Meaning and Objectives of study of professional ethics Basic Concepts, Governing Ethics, Personal & Professional Ethics, Ethical Dilemmas, Life Skills, Emotional Intelligence	Lectures, Class Presentations by students and PowerPoint Presentations (PPTs)
2.	25.08.2025	04.09.2025	Class presentations	Revision
<b>Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans</b> 29 <sup>th</sup> August, 2025				
3.	05.09.2025	27.09.2025	<b>Unit II:</b> Thoughts of Ethics, Value Education, Dimensions of Ethics, Profession and professionalism, Professional Associations, Professional Risks, Professional Accountability	Lectures, Class Presentations, Focus group Discussion

			ties, Professional Success, Ethics and Profession.	
4.	29.09.2025	09.10.2025	Class Presentation by Students and Class Tests	Revision, Discussion, Question Paper Discussion, class test
<p><b>Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans</b>  27<sup>th</sup> September, 2025</p>				
<b>Mid-term Exams: (Tentative)</b>				
5.	10.10.2025	31.10.2025	<b>Unit III:</b> Basic Theories: Basic Ethical Principles, Moral Developments, Deontology, Utilitarianism, Virtue Theory, Rights Theory, Moral Absolution, Moral Rationalism, Moral Pluralism, Ethical Egoism, Feminist Consequentialism, Moral Issues, Moral Dilemmas, Moral Autonomy.	Lectures, Class Presentations by students and PowerPoint presentations, class test
6.	01.06.2025	07.11.2025	Revision, class test	Presentations by students
<p><b>Departmental Meeting to Coordinate and Review the Monthly Completion of the Syllabus as per Lesson Plans</b>  29<sup>th</sup> October, 2025</p>				
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