

**Skill Enhancement Course (Under NEP 2020)**  
**MCM DAV College for Women, Sector – 36A, Chandigarh**  
**Monthly Teaching Plan (Odd Semester)**  
**Session – (2025-26)**

**Class – SEC (Sem - I)**  
**Name of the Teacher – Dr RATI ARORA**  
**Department - Home Science**  
**Subject – Basics of Fashion designing (2+1)**  
**Theory**

S. No.	Date From	To	Topics to be covered	Academic activity Undertaken
1	July	August	<ul style="list-style-type: none"> <li>Equipment and supplies used for clothing construction - their use and care</li> <li>Sewing machine: (a) Parts of sewing machine and its accessories (b) Common defects in sewing machine and their remedies</li> </ul>	<ul style="list-style-type: none"> <li>Demonstration of parts of sewing machine</li> </ul>
2	August	September	<ul style="list-style-type: none"> <li>Care for a sewing machine</li> <li>Terminology - Grain, Bias, Selvedge, Ease, Seam Allowance, Dart, Apparel, Fashion, Fad, Classic, Boutique and Silhouette</li> </ul>	<ul style="list-style-type: none"> <li>Crochet workshop</li> <li>Talent hunt competition</li> </ul>
3	September	October	<ul style="list-style-type: none"> <li>Recording of Body Measurements and Precautions to be taken while taking body measurements</li> <li>Elements of Design such as Color, Form, Texture, Shape and Line</li> </ul>	

4	October	November	<ul style="list-style-type: none"> <li>Principles of Design such as Harmony, Balance, Rhythm, Emphasis and Proportion</li> </ul>	<ul style="list-style-type: none"> <li>Project based assessment</li> <li></li> </ul>
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**Practical Sem -I**  
**Subject – Basics of Fashion designing**

S. No.	Date From	To	Topics to be covered	Academic activity Undertaken
1	July	August	<ul style="list-style-type: none"> <li>Make samples of the following: (a). Tacking, Running Stitch, Hemming, Back Stitch, Fasteners using Buttonhole Stitch</li> <li>Seams -Flat Seams, Counter Hem, Mantua Maker, French Seam &amp; Run &amp; Fell Seam</li> </ul>	<ul style="list-style-type: none"> <li>Demonstration of parts of sewing machine</li> <li>Demonstration of working of sewing machine</li> </ul>
2	August	September	<ul style="list-style-type: none"> <li>Embroidery- any “10” fancy Stitches</li> </ul>	<ul style="list-style-type: none"> <li>Embroidery competition</li> <li>Talent hunt competition</li> </ul>

3	September	October	<ul style="list-style-type: none"> <li>Processes- Continuous Wrap, Two-Piece Placket Opening, Pleats, Gathers into a Band, Tucks</li> <li>Joining- Shaped Facing on V Neckline and Piping on Round Neck</li> </ul>	
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4	October	November	<ul style="list-style-type: none"> <li>Recording of your own body measurements for upper and lower garments.</li> </ul>	<ul style="list-style-type: none"> <li>Project based assessment</li> <li>Files submission</li> </ul>
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**MCM DAV College for Women, Sector – 36A, Chandigarh**  
**Monthly Teaching Plan (Odd Semester)**  
**Session – (2025-26)**

**Class – SEC (Sem - III)**  
**Name of the Teacher – Dr RATI ARORA**  
**Department - Home Science**  
**Subject – Basics of Apparel Construction (2+1)**

S. No.	Date From	To	Topics to be covered	Academic activity Undertaken
1	July	August	<ul style="list-style-type: none"> <li>Preparation of fabric for clothing construction- Shrinking and Straightening</li> <li>Drafting -Steps involved in drafting from measurements to garment construction; points to be kept in mind while making a draft.</li> </ul>	<ul style="list-style-type: none"> <li>Project/ file assessment of different garments</li> <li>Powerpoint presentation depicting various drafts and garments</li> </ul>
2	August	September	<ul style="list-style-type: none"> <li>Pattern Layout Planning and Fabric estimation and Instruction sheet.</li> <li>Linings, Interlinings, facings and interfacings.</li> </ul>	<ul style="list-style-type: none"> <li>Crochet workshop</li> </ul>
3	September	October	<ul style="list-style-type: none"> <li>Suitability of different fabrics for different articles.</li> <li>Handling of special fabrics- preparation, cutting and sewing (Crepe, georgette, satin, silk, denim.</li> </ul>	<ul style="list-style-type: none"> <li>Market survey of different types of fabrics.</li> </ul>

<b>4</b>	October	November	<ul style="list-style-type: none"> <li>• Handling of special fabrics- preparation, cutting and sewing- Canvas and velvet. Labelling and Packaging of Fashion goods.</li> </ul>	<ul style="list-style-type: none"> <li>• Project based assessment</li> <li>• Exhibition of created products/ articles</li> </ul>
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**Class – SEC (Sem - III)**  
**Name of the Teacher – Dr RATI ARORA**  
**Department - Home Science**  
**Subject – Basics of Apparel Construction**  
**Practical**

<b>S. No.</b>	<b>Date From</b>	<b>To</b>	<b>Topics to be covered</b>	<b>Academic activity Undertaken</b>
<b>1</b>	July	August	<ul style="list-style-type: none"> <li>• Drafting of A Line Frock and Yoked Frock.</li> </ul>	<ul style="list-style-type: none"> <li>• Power point presentation depicting various drafts and garments</li> </ul>
<b>2</b>	August	September	<ul style="list-style-type: none"> <li>• Construction of A Line Frock and Yoked Frock</li> </ul>	<ul style="list-style-type: none"> <li>• Embroidery competition</li> </ul>

3	September	October	<ul style="list-style-type: none"> <li>• Construction of different articles.</li> <li>• Bags</li> <li>• Cushions</li> <li>• Table linens</li> </ul>	<ul style="list-style-type: none"> <li>• Workshop on crochet</li> <li>• Workshop on fashion accessories</li> </ul>
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4	October	November	<ul style="list-style-type: none"> <li>• Fashion accessories</li> </ul>	<ul style="list-style-type: none"> <li>• Project based assessment</li> <li>• Exhibition of created products/ articles</li> </ul>
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