

Skill Enhancement Course (Under NEP 2020)
MCM DAV College for Women, Sector – 36A, Chandigarh
Monthly Teaching Plan (Odd Semester)
Session – (2025-26)

Class – SEC (Sem - I)
Name of the Teacher – Dr R ATI ARORA
Department - Home Science
Subject – Basics of Fashion designing (2+1)
Theory

S. No.	Date From	To	Topics to be covered	Academic activity Undertaken
1	July	August	<ul style="list-style-type: none"> • Equipment and supplies used for clothing construction - their use and care • Sewing machine: (a) Parts of sewing machine and its accessories (b) Common defects in sewing machine and their remedies 	<ul style="list-style-type: none"> • Demonstration of parts of sewing machine
2	August	September	<ul style="list-style-type: none"> • Care for a sewing machine • Terminology - Grain, Bias, Selvedge, Ease, Seam Allowance, Dart, Apparel, Fashion, Fad, Classic, Boutique and Silhouette 	<ul style="list-style-type: none"> • Crochet workshop • Talent hunt competition
3	September	October	<ul style="list-style-type: none"> • Recording of Body Measurements and Precautions to be taken while taking body measurements • Elements of Design such as Color, Form, Texture, Shape and Line 	

4	October	November	<ul style="list-style-type: none"> • Principles of Design such as Harmony, Balance, Rhythm, Emphasis and Proportion 	<ul style="list-style-type: none"> • Project based assessment •
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Practical Sem -I
Subject – Basics of Fashion designing

S. No.	Date From	To	Topics to be covered	Academic activity Undertaken
1	July	August	<ul style="list-style-type: none"> • Make samples of the following: (a). Tacking, Running Stitch, Hemming, Back Stitch, Fasteners using Buttonhole Stitch • Seams -Flat Seams, Counter Hem, Mantua Maker, French Seam & Run & Fell Seam 	<ul style="list-style-type: none"> • Demonstration of parts of sewing machine • Demonstration of working of sewing machine
2	August	September	<ul style="list-style-type: none"> • Embroidery- any “10” fancy Stitches 	<ul style="list-style-type: none"> • Embroidery competition • Talent hunt competition

3	September	October	<ul style="list-style-type: none"> • Processes- Continuous Wrap, Two-Piece Placket Opening, Pleats, Gathers into a Band, Tucks • Joining- Shaped Facing on V Neckline and Piping on Round Neck 	
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4	October	November	<ul style="list-style-type: none"> • Recording of your own body measurements for upper and lower garments. 	<ul style="list-style-type: none"> • Project based assessment • Files submission
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Skill Enhancement Course (Under NEP 2020)
MCM DAV College for Women, Sector – 36A, Chandigarh
Monthly Teaching Plan (Odd Semester)
Session – (2025-26)

Class – SEC (Sem - III)
Name of the Teacher – Dr R ATI ARORA
Department - Home Science
Subject – Basics of Apparel Construction (2+1)

S. No.	Date From	To	Topics to be covered	Academic activity Undertaken
1	July	August	<ul style="list-style-type: none"> Preparation of fabric for clothing construction- Shrinking and Straightening Drafting -Steps involved in drafting from measurements to garment construction; points to be kept in mind while making a draft. 	<ul style="list-style-type: none"> Project/ file assessment of different garments Powerpoint presentation depicting various drafts and garments
2	August	September	<ul style="list-style-type: none"> Pattern Layout Planning and Fabric estimation and Instruction sheet. Linings, Interlinings, facings and interfacings. 	<ul style="list-style-type: none"> Crochet workshop
3	September	October	<ul style="list-style-type: none"> Suitability of different fabrics for different articles. Handling of special fabrics- preparation, cutting and sewing (Crepe, georgette, satin, silk, denim. 	<ul style="list-style-type: none"> Market survey of different types of fabrics.

4	October	November	<ul style="list-style-type: none"> Handling of special fabrics- preparation, cutting and sewing- Canvas and velvet. Labelling and Packaging of Fashion goods. 	<ul style="list-style-type: none"> Project based assessment Exhibition of created products/ articles
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Class – SEC (Sem - III)

Name of the Teacher – Dr RATI ARORA

Department - Home Science

Subject – Basics of Apparel Construction

Practical

S. No.	Date From	To	Topics to be covered	Academic activity Undertaken
1	July	August	<ul style="list-style-type: none"> Drafting of A Line Frock and Yoked Frock. 	<ul style="list-style-type: none"> Power point presentation depicting various drafts and garments
2	August	September	<ul style="list-style-type: none"> Construction of A Line Frock and Yoked Frock 	<ul style="list-style-type: none"> Embroidery competition

3	September	October	<ul style="list-style-type: none"> • Construction of different articles. • Bags • Cushions • Table linens 	<ul style="list-style-type: none"> • Workshop on crochet • Workshop on fashion accessories
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4	October	November	<ul style="list-style-type: none"> • Fashion accessories 	<ul style="list-style-type: none"> • Project based assessment • Exhibition of created products/ articles
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