

**Mehr Chand Mahajan DAV College for Women, Sector – 36A,
Chandigarh Monthly Teaching Plans (Odd Semester/Even Semester)**

**Session: 2025-2026
(July to December 2025)**

Name of the Teacher/s: Dr. Ramandeep Kaur

Department: Sociology

Class: BA I (Ist Semester) Value Added Course- I (VAC)

Subject: Indian Traditions and Values

**Departmental Meeting to Coordinate and Review the Monthly Completion of the Syllabus
as per Lesson Plans
23rd July, 2025**

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1.	01.08. 2025	29.08.2025	Unit I: Historical Moorings of Indian Values Ashrama and Purushartha	Lectures, Class Presentations by students and PowerPoint Presentations (PPTs)
2.	30.08.2025	19.09.2025	Class presentations	Revision

**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as
per Lesson Plans
29th August, 2025
Mid-term Exams: (Tentative)**

3.	20.09.2025	17.10.2025	Unit II: Customs and Traditions- Meaning, Significance of Vasudev Kutumbakkam	Lectures, Class Presentations, Focus group Discussion
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**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as
per Lesson Plans
27th September, 2025**

4.	18.10.2025	31.10.2025	Class Presentation by Students and Class Tests	Revision, Discussion, Question Paper Discussion, class test
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**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per
Lesson Plans**
29th October, 2025

5.	01.11.2025	08.11.2025	REMEDIAL CLASSES	(Tentative)
Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans				
6.	14.11.2025	26.12.2025	PU Exams	
Winter Vacations 27 th December 2025–9 th January 2026				

**Mehr Chand Mahajan DAV College for Women, Sector – 36A,
Chandigarh Monthly Teaching Plans (Odd Semester/Even Semester)**
Session: 2025-2026
(July to December 2025)

Name of the Teacher/s: Dr. Minakshi Rana

Department: Sociology

Class: BA I (Ist Semester) Value Added Course- I (VAC)

Subject: Philosophy of Swami Dayanand

**Departmental Meeting to Coordinate and Review the Monthly Completion of the Syllabus
as per Lesson Plans**
23rd July, 2025

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1.	01.08. 2025	29.08.2025	Unit 1: Swami Vivekananda, his early life, and his making under Sri Ramakrishna	Lectures, Class Presentations by students and PowerPoint Presentations (PPTs)
2.	30.08.2025	19.09.2025	Class presentations	Revision

**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as
per Lesson Plans**
27th August, 2025
Mid-term Exams: (Tentative)

3.	20.09.2025	17.10.2025	Unit II: Bhakti Yoga, Gyan Yoga, Raj Yoga Swami Vivekananda and his message to Youth	Lectures, Class Presentations, Focus group Discussion
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**Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as
per Lesson Plans**
27th September, 2025

4.	18.10.2025	31.10.2025	Class Presentation by Students and Class Tests	Revision, Discussion, Question Paper Discussion, class test
Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans 29 th October, 2025				
5.	01.11.2025	08.11.2025	REMEDIAL CLASSES	(Tentative)
Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans 21 st November 2025				
6.	14.11.2025	26.12.2025	PU Exams	
Winter Vacations 27 th December 2025 – 9 th January 2026				

**Mehr Chand Mahajan DAV College for Women, Sector – 36A,
Chandigarh Monthly Teaching Plans (Odd Semester/Even Semester)**
Session: 2025-2026
(July to December 2025)

Name of the Teacher/s: Dr. Bhavna Sood

Department: Sociology

Class: BA I (Ist Semester) Value Added Course- I (VAC)

Subject: Indian Knowledge Tradition II

Departmental Meeting to Coordinate and Review the Monthly Completion of the Syllabus as per Lesson Plans 23 rd July, 2025				
S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1.	04.08. 2025	01.09.2025	Unit 1: Aurobindo: Spiritual Nationalism Tagore: Nationalism and Internationalism	Lectures, Class Presentations by students and PowerPoint Presentations (PPTs)
2.	02.09.2025	15.09.2025	Class presentations	Revision
Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans 27 th August, 2025 Mid-term Exams: (Tentative)				
3.	16.09.2025	20.10.2025	Unit II: Gandhi: Ahimsa and Satya Ambedkar: Nyaya (Social Justice)	Lectures, Class Presentations, Focus group Discussion
Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans 27 th September, 2025				

4.	21.10.2025	03.11.2025	Class Presentation by Students and Class Tests	Revision, Discussion, Question Paper Discussion, class test
Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans 29 th October, 2025				
5.	04.11.2025	11.11.2025	REMEDIAL CLASSES	(Tentative)
Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans 21 st November 2025				
6.	14.11.2025	26.12.2025	PU Exams	
Winter Vacations 27 th December 2025 – 9 th January 2026				

**Mehr Chand Mahajan DAV College for Women, Sector – 36A,
Chandigarh Monthly Teaching Plans (Odd Semester/Even Semester)**
Session: 2025-2026
(July to December 2025)

Name of the Teacher/s: Dr. Ramandeep Kaur

Department: Sociology

Class: BA I (Ist Semester) Value Added Course- I (VAC)

Subject: Indian Cultural Matrix

Departmental Meeting to Coordinate and Review the Monthly Completion of the Syllabus as per Lesson Plans 23rd July, 2025				
S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1.	04.08.2025	01.09.2025	Unit 1: Contemporary Understanding of Values in Transition- Family and Marriage	Lectures, Class Presentations by students and PowerPoint Presentations (PPTs)
2.	02.09.2025	15.09.2025	Class presentations	Revision
Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans 29th August, 2025 Mid-term Exams: (Tentative)				
3.	16.09.2025	20.10.2025	Unit II: Sociological Relevance of Spirituality in India	Lectures, Class Presentations, Focus group Discussion
Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans 27th September, 2025				
4.	21.10.2025	03.11.2025	Class Presentation by Students and Class Tests	Revision, Discussion, Question Paper

				Discussion, class test
Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans 29 th October, 2025				
5.	04.11.2025	11.11.2025	REMEDIAL CLASSES	(Tentative)
Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans 21 st November 2025				
6.	14.11.2025	26.12.2025	PU Exams	
Winter Vacations 27 th December 2025 – 9 th January 2026				

Chandigarh Monthly Teaching Plans (Odd Semester/Even Semester)
Session: 2025-2026
(July to December 2025)

Name of the Teacher/s: Dr. Gurjeet Virk

Department: Sociology

Class: BA III (Third Semester) Value Added Course- 3 (VAC)

Subject: Philosophy of Mahatma Gandhi

Departmental Meeting to Coordinate and Review the Monthly Completion of the Syllabus as per Lesson Plans 23 rd July, 2025				
S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1.	06.08.2025	03.09.2025	Unit 1: Gandhi's Life at a glance, influence of different religions- Hinduism, Jainism, Buddhism, Christianity, Islam and others on Gandhi. Gandhi's Concept of Truth (Satya) and Non-Violence (Ahimsa)	Lectures, Class Presentations by students and PowerPoint Presentations (PPTs)
2.	04.09.2025	17.09.2025	Class presentations	Revision
Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans 27 th August, 2025 Mid-term Exams: (Tentative)				
3.	18.09.2025	22.10.2025	Unit II: Concept of means and ends, Concept of Sarvodaya and Satyagraha Gandhi's Conception of Self, God (Truth is God, God is Truth)	Lectures, Class Presentations, Focus group Discussion

Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans
27th September, 2025

4.	23.10.2025	05.11.2025	Class Presentation by Students and Class Tests	Revision, Discussion, Question Paper Discussion, class test
Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans 29 th October, 2025				
6.	06.11.2025	13.11.2025	REMEDIAL CLASSES	(Tentative)
Departmental Meeting to Coordinate and Review the Monthly Completion of Syllabus as per Lesson Plans				
21 st November 2025				
7.	14.11.2025		PU Exams	
Winter Vacations 27 th December 2025 – 9 th January 2026				