

Lesson Plan

MCM DAV College for Women, Sector – 36A, Chandigarh

Monthly Teaching Plans (Even Semester)

Session – (2025-26)

Name of the Teachers: Dr. Aanchal Batra

Department: Zoology

Class: BSc II, BCom II

Subject: Reproductive Health (VAC)

Course Title: Reproductive Health	Credits: 02
Course Code: ZOO-VAC-3-401	Contact hours: 45 (Theory=15 + Practical=30)

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	12-01-2026	31-01-2026	1. Basic Biology of Human Reproduction: Male Reproductive system, Female Reproductive system, Menstrual cycle, Fertilization and implantation, Pregnancy and embryonic development, Parturition and lactation	Lecture method; Online Sources & Group Discussion
3	02-02-2026	28-02-2026	Infertility: Causes of Infertility in males and females Assisted human reproduction: Intrauterine insemination, In vitro fertilization	Lecture method; Online Sources & Group Discussion
4	02-03-2026	30-03-2026	Methods of contraception: Sterilization, Hormonal, Barrier methods, Chemical methods,	Lecture method; Online Sources &

			Intrauterine devices, Coitus interruptus Birth defects: Symptoms and causes of Congenital heart disease, Cleft lip, Spina bifida, Down’s syndrome	Group Discussion
5	01-04-2026	25-04-2026	Sexually Transmitted Diseases (STDs): Symptoms and causes of Syphilis, Gonorrhea, Human Immunodeficiency Virus (HIV) Infection, Human Papilloma Virus (HPV) Infection	Lecture method; Online Sources & Group Discussion
Departmental Meeting to Coordinate and Review the Monthly completion of Syllabus as per lesson plans				
28 th Jan, 2026	The teachers have completed the scheduled chapters and topics as shown in the lesson plan			
Departmental Meeting to Coordinate and Review the Monthly completion of Syllabus as per lesson plans				
25 th Feb, 2026	The teachers have completed the scheduled chapters and topics as shown in the lesson plan			
Departmental Meeting to Coordinate and Review the Monthly completion of Syllabus as per lesson plans				
25 th March, 2026	The teachers have completed the scheduled chapters and topics as shown in the lesson plan			
Departmental Meeting to Coordinate and Review the Monthly completion of Syllabus as per lesson plans				
22 nd April, 2026	The teachers have completed the scheduled chapters and topics as shown in the lesson plan			

***Any of these** – (i) Lecture Method; (ii) PPT; (iii) Online Sources; (iv) Group Discussion; (v) Case Studies etc. Other Methods adopted by the teacher – Please write the specific teaching meth