

## Lesson Plan

**MCM DAV College for Women, Sector – 36A, Chandigarh**

**Monthly Teaching Plans (Even Semester)**

**Session – (2025-26)**

**Name of the Teachers:** Dr. Aanchal Batra

**Department:** Zoology

**Class:** BSc II, BCom II

**Subject:** Reproductive Health (VAC)

<b>Course Title:</b> Reproductive Health	<b>Credits:</b> 02
<b>Course Code:</b> ZOO-VAC-3-401	<b>Contact hours:</b> 45 (Theory=15 + Practical=30)

<b>S. No.</b>	<b>Date (Monthly)</b>		<b>Topics to be Covered</b>	<b>Academic Activity Undertaken*</b>
	<b>From</b>	<b>To</b>		
1	12-01-2026	31-01-2026	<b>1. Basic Biology of Human Reproduction:</b> Male Reproductive system, Female Reproductive system, Menstrual cycle, Fertilization and implantation, Pregnancy and embryonic development, Parturition and lactation	Lecture method; Online Sources & Group Discussion
3	02-02-2026	28-02-2026	<b>Infertility:</b> Causes of Infertility in males and females <b>Assisted human reproduction:</b> Intrauterine insemination, In vitro fertilization	Lecture method; Online Sources & Group Discussion
4	02-03-2026	30-03-2026	<b>Methods of contraception:</b> Sterilization, Hormonal, Barrier methods, Chemical methods,	Lecture method; Online Sources &

			Intrauterine devices, Coitus interruptus  <b>Birth defects:</b> Symptoms and causes of Congenital heart disease, Cleft lip, Spina bifida, Down's syndrome	Group Discussion
5	01-04-2026	25-04-2026	<b>Sexually Transmitted Diseases (STDs):</b> Symptoms and causes of Syphilis, Gonorrhea, Human Immunodeficiency Virus (HIV) Infection, Human Papilloma Virus (HPV) Infection	Lecture method; Online Sources & Group Discussion
<b>Departmental Meeting to Coordinate and Review the Monthly completion of Syllabus as per lesson plans</b>				
28 <sup>th</sup> Jan, 2026	The teachers have completed the scheduled chapters and topics as shown in the lesson plan			
<b>Departmental Meeting to Coordinate and Review the Monthly completion of Syllabus as per lesson plans</b>				
25 <sup>th</sup> Feb, 2026	The teachers have completed the scheduled chapters and topics as shown in the lesson plan			
<b>Departmental Meeting to Coordinate and Review the Monthly completion of Syllabus as per lesson plans</b>				
25 <sup>th</sup> March, 2026	The teachers have completed the scheduled chapters and topics as shown in the lesson plan			
<b>Departmental Meeting to Coordinate and Review the Monthly completion of Syllabus as per lesson plans</b>				
22 <sup>nd</sup> April, 2026	The teachers have completed the scheduled chapters and topics as shown in the lesson plan			

\*Any of these – (i) Lecture Method; (ii) PPT; (iii) Online Sources; (iv) Group Discussion; (v) Case Studies etc. Other Methods adopted by the teacher – Please write the specific teaching meth